

LAKE OF THE WOODS LIONESS LIONS LOW DOWN



Volume 39 Number 6 - December 2023

President's Corner

By Lioness Barbara Tomayko, LOW Lioness Lions President

www.lowlioness.org

Important



Now that Thanksgiving is over, I am sure most of you are busy getting ready for the upcoming holidays, whether it be Christmas, Hanukkah, Kwanzaa or any other that you may celebrate.

The last few weeks have been very busy for me. I attended the fall Lions conference in Fredericksburg and came back with some great ideas for our club. I will talk about them further down in this newsletter.

One of the biggest challenges the Lioness Club has is the Ferris Building. We had been informed by Carolyn Broder, Phil Rodenburg's assistant, that an inspection revealed there was mold in the crawlspace and mouse droppings in the attic and insulation, leading to unhealthy conditions. As a result, the building has been closed and we are unable to use it.

Several Lionesses, the Lion's president, a representative from the LOW Players, Phil, Carolyn and two people from maintenance had a meeting. Phil stated that two years ago it was decided that the building had outgrown its useful life. He also stated that Lake of the Woods would NOT put any money into repairing the building. The Board will be discussing what we want to do.

It is my recommendation that we not to pay for the repairs, which could be in the range of \$10,000 to \$15,000 depending on what LOWA would require us to do to get the building cleared to inhabit. We can discuss this at the next dinner meeting.

Hope to see everyone at the next meeting. We will be singing Christmas carols and having a great time!

Barbara

THINGS TO BRING TO THE DINNER MEETING



We are still collecting!



PLEASE BRING
NEW
UNWRAPPED
TOYS FOR THE
TOY DRIVE



Don't forget to
bring your
wrapped BRIDGES
gifts to the
meeting!

Information

The **Lake of the Woods Lioness Lions Club** was recently recognized in the December 2023 “Paw Prints” Lions newsletter for our outstanding new memberships for this year!

Welcome New Members

2023-2024 Membership Measure

CLUB	GOAL	ACTUAL
Alexandria Asian-American		2
Aquia Harbour Host		3
Aquia Evening	15	1
Baileys Crossroads Host		1
Basye Bryce Mountain		5
Broadway		1
Clifton		1
Edinburg		2
Fairfax Host		1
Fredericksburg Host	24	7
Front Royal		1
Greater Falls Run		7
Greene County		1
Lake of the Woods		8
Lake of the Woods Lioness		12
Louisa		3
Manassas Host		2
Montclair	The only way to achieve a goal is to make one.	3
Monterey		3
Park West		1
Palmyra Rivanna		1
Purcellville		2
Remington		2
Scottsville		1
Spotsylvania		1
Springfield Franconia Host		2
Springfield Global		7
Staunton		1
Sterling		1
Stephens City	5	0
Virginia Gateway		1
Warrenton		1
Waynesboro		3
Winchester Host		8
Woodbridge		1
TOTAL TO DATE		97

**The only way
to achieve a
goal is to
make one.**

Greater Falls Run
Pam Patton
Sponsor: Christine Frescas

Lake of the Woods
Margaret E. Keating
Sponsor: Candice
Hovanetz

Lake of the Woods Lioness

Nancy Bidus
Sponsor: Lynne Kovach

Maggie Broadwater
Sponsor: Cindy Dussinger

Mary J. Damone
Sponsor: Katherine Phillips

Congratulations to the Lake of the Woods Lioness Club, the first to get to double digits!

Club News

New members bring fresh ideas and personality to a club. We hope they enjoy a long and event-filled membership.

Cheryl Murray
Sponsor: Cindy Dussinger

Mina Snead
Sponsor: Yvette Ruiz

Bobbie Stone
Sponsor: Sheran Marks

Susie Wright
Sponsor: Arlene Rich

Manassas Host
Samuella Faulkner
Sponsor: John Beere

Waynesboro
Kevin Wasilewski



QTY		COST
12 OZ SALTED PEANUTS	X \$10.00	
20 OZ SALTED PEANUTS	X \$15.00	
12 OZ UNSALTED PEANUTS	X \$10.00	

Information

Be The Change

Both Barbara Tomayko and I had the opportunity to attend the 24L 2023-2024 Fall Conference on November 17-19th at the Holiday Inn and Conference Center in Fredericksburg. I'm sure Barbara will share her own experiences with you!

For me, it was indeed a great experience. I met Lions from other locations within our 24L district and listened to great speakers and shared ideas on how we can serve and grow.

I learned that our very own, LOW Lioness Lions Club is one of the largest clubs in our district! AND, I very proudly reported that we just inducted 8 new members at our November 9th Dinner Meeting, with our 9th new member soon to be inducted. I attributed this to our dedicated Membership Committee and our wonderful Lionesses willing to reach out to friends and neighbors and sharing what our club is all about and all the many ways we promote serving our community and beyond!

I was asked what made our Membership Committee so special. I shared that Billie Cooke and Cindy Coover have an orientation for all new Lionesses, preparing a folder with information, such as current BOD and how to contact us, providing them with information of current committees and how they can become part of those committees. Billie and Cindy also encourage their sponsors to continue to embrace and guide these new Lionesses.

I attended sessions all day Saturday and gleaned ideas on promoting our club and encouraging growth and mentoring our newest members to get involved in service.

I saw our very own Donalda Lovelace, our 24L District Governor, in action and witnessed her love and dedication to her district and all who she serves, our club included. She motivated and encouraged all of us to "Be The Change" and get involved!

I was very proud to represent our club and encourage all our members to "Be The Change"!

Gloria Bishop Oliveri
LOW Lioness Lions Secretary

We still have some Ornaments available!

Ask your relatives, friends and neighbors if they would like to purchase one, two or many!

To purchase an ornament, please **Call or Text:**

Kathy Merritt, (540) 538-6605 or Jan Stockman, (703) 943-9314

If paying by cash, please have the exact payment. Checks should be made payable to LOW Lioness Lions w/memo "WH Ornaments."



Announcements



The December Dinner Program will include a Christmas program featuring the LOW Players Singers. The group includes 5 singers; (Steve Hein, Debby Evans, Lauren Pullin, Tim Witherspoon, and Chris Cain) accompanied by pianist Victoria Suich.

We could use some more volunteers at **THE FOOD PANTRY** each Friday morning from **8:30 to 10:30** to hand out food items to our clients. You can volunteer one Friday a month or more if you like. Lion Dan Porter sends out an email before the beginning of each month asking for the date(s) you would like to volunteer.

It is a very rewarding activity !



FERRIS BUILDING CLOSURE



IMPORTANT

Until further notice, the Ferris Building (**Book Store and Eye Glass recycling center**) is still closed. Membership will be kept informed with any updates. (See this month's President's letter on page 1). If you have specific questions or concerns, please contact any of the Lioness Board members. Thank you.



Upcoming Events



The Annual **TOY DRIVE** is *still actively collecting*.
Collection boxes are at the **Clubhouse**,
The Licata Group (next to Food Lion), **Fairways**
and the foyer of the **Holcomb Building**.
The cut off date for collection is December 10th.

Please contact **Kathy Merritt** If you would like to help!
(540) 538-6605



CHILDELP GIFT WRAPPING



Christmas presents wrapping for Childhelp will be on
Wednesday, December 20th.

Meet at the lower Clubhouse parking lot at **8:45 AM.**

Bring **scissors**, and when we are finished wrap-
ping, the staff at
Childhelp will provide a lovely lunch!



Upcoming Events



We still have 40 seats (or 4 tables) available for
The Mardi Gras Dinner Dance March 9, 2024
If you would like a seat, a couple of seats
or a whole table, please contact
Nicki Buell or Ellen Bearden!
(703) 217-5615 or (540) 222-7390

**INVITE YOUR RELATIVES, NEIGHBORS AND FRIENDS
to the event of the year and our most profitable fundraiser!**

THE MARDI GRAS COMMITTEE NEEDS YOUR HELP



Items are needed for Silent Auction

Have you anything to donate or know someone who does?
In the past, we've had items such as handmade quilts, Lladro figurines,
special bottles of wine, boat trips with wine and cheese,
gym classes or memberships, and
salon packages, to name a few.

Feel free to get creative.

We also need **WINE DONATIONS** for the baskets this year.
If you have something to donate, or have a question about donations,
please call

Kathy Merritt – (540) 538-6605

Announcements

Thanking all the wonderful Lionesses

who contributed potatoes for the Thanksgiving Dinner for Wilderness Food Pantry clients. Many families very grateful for their amazing dinner of turkey, potatoes, stuffing, cranberry sauce, green beans, oil, butter, eggs, pies, among other things....

A real feast!

~ Karen Cakouros



Lioness Lions T-shirts and Polo Shirts are Available for Sale!

Karen Cakouros is accepting orders at the following prices:



T-shirts

\$15

Polo shirts 2 styles \$22 and \$25

Karen will deliver your shirts at our monthly meetings, or you can go to Karen's house and check out sizes and shirt type at 106 Tallwood Trail.

Email: karencak@comcast.net

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lions Club.

Thank you so much for your help with this.

Karen Cakourus: 540-972-9043 or 540-840-4692



Membership

EIGHT new members were inducted into our fabulous club at the November Dinner Meeting! We currently hold the highest new membership for our District this year!



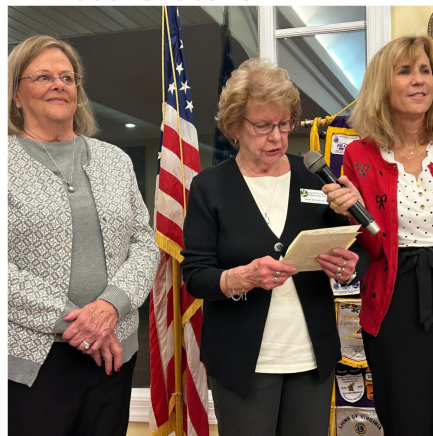
Bobbie Stone



Nancy Bidus



Susie Wright



Cheryl Murray & Maggie Broadwater



Mina Snead



Mary Damone



Nicole Pappas



Membership

BOBBIE STONE: Bobbie came to LOW about 5 ½ years ago from Arlington, VA where we were neighbors for 26 years. She is married, has one daughter, two sons, and two grandsons. She moved to LOW for a different pace of life and is now closer to all her children.

Bobbie was a Travel Agent for 32 years and still enjoys traveling. She also enjoys her Book Club and Bible Study Groups. She is looking forward to being involved in the Lioness Club and is interested in being a volunteer for Meet and Greet, School Supplies, and the Food Pantry.

NANCY BIDUS: Nancy was born in "Hell's Kitchen" NY (Manhattan) and has lived in Long Island, NY, Fairfax, VA and El Salvador, Central America. She married Ted, her first love when they were 18 & 21! They reconnected and were married at the Kenmore Inn, Fredericksburg, 2 years ago. Nancy & Ted have lived in Lake of the Woods for one year as of October. Looking for their perfect house between Richmond & Fairfax, they found it in Lake of the Woods! Nancy has two children from her first marriage, Daniel, 33 and Julianne, 26.

A teacher for 34 years, Nancy is passionate about early childhood education and is eager to help the Lioness Club with their efforts to help our community. She enjoys reading, shopping, kayaking and theatre and hopes to be involved in eyeglass recycling, the Food Pantry, School Supplies & ChildHelp.

SUSAN WRIGHT: Susie started coming to the Lake with her parents over 50 years ago. For 15 years Susie and her husband, Boggs, have had a house on the main lake.

Susie loves to shop and finds the best deals. She can be spotted with her trademark wide brim hat, color matching shoes and purse, either playing hand and foot, Samba, Mahjong, or golf.

CHERYL MURRAY: Born and raised in the DC area, Cheryl and her husband of 50 years, Greg, come to us from the DC area. They have 2 children and have lived here for 22 years.

Cheryl is a retired nurse who enjoys golfing, jigsaw puzzles, mahjong, and cross stitching.

MARGARET (MAGGIE) BROADWATER: Born in Tennessee, Maggie has lived here for 8 years. She has 3 daughters and a degree in Criminology. She has a gift for interior design (reflected by her beautiful home), plays cards, enjoys bowling, cruises, and walking.

MINA SNEAD: Mina was born in Ohio and has lived in W. Virginia and Richmond, VA. She has two children, two grandchildren and 2-year-old lab, Gracie. She has lived in LOW for 12 years.

Though Mina is still working full time, she has started a candle business in anticipation of retirement. She is interested in helping the Lionesses with fund raising and book sales.

MARY DAMONE: I am honored to introduce to the Lioness Club. You may already know Mary, as she has jumped right in and volunteered for several jobs. From helping to organize and set up baskets at the Card Party, going to Darcy's to help clean up all the basket "stuff" to volunteering with Treats on the Point, she has been involved.

Mary is from Massachusetts, but life led her down to the Charlottesville area and on to Florida. Wanting to come back to Virginia about a year ago, she and her husband decided to retire in Lake of the Woods. And we are so lucky they did! Mary has a blended family with five children.

She enjoys sewing and quilting, cooking, reading, traveling, all-things-family, water fitness, Stretch and Flex - just to name a few.

NICOLE (NIKKI) PAPPAS: Chance made us neighbors, fun and laughter made us friends. We are blessed to have Nikki join our club. She will be an asset bringing with her, her zest for life, her love for people and her passion to make good things happen and get the job done.

Nicole has lived in Lake of the Woods with her husband, Scott, for 7 years. She is proud of her two children, Chandra and Michael, who both serve our country. She has 2 beautiful grandchildren.

When she is not in the kitchen baking, she enjoys traveling, gardening, and kayaking. She is the perfect example of "good things come in small packages".

From the Tamers

By Heidi Brown



The Lake of the Woods Lioness Lions Club Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal. Dinner will be buffet style. **A no-call or no-show will cost you \$25.00** if you are unable to attend this meeting.

NOTICE: We reply to E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please **DO NOT** contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Heidi Brown: (703) 402-8773 hvbrown59@gmail.com
Claire Donahoe: (703) 447-0235 cfdonohoe@hotmail.com
Karin Mollard: (540) 412-0420 kmollard@comcast.net

If you are bringing a guest, please call the Tamers

DINNER MENU

DINNER

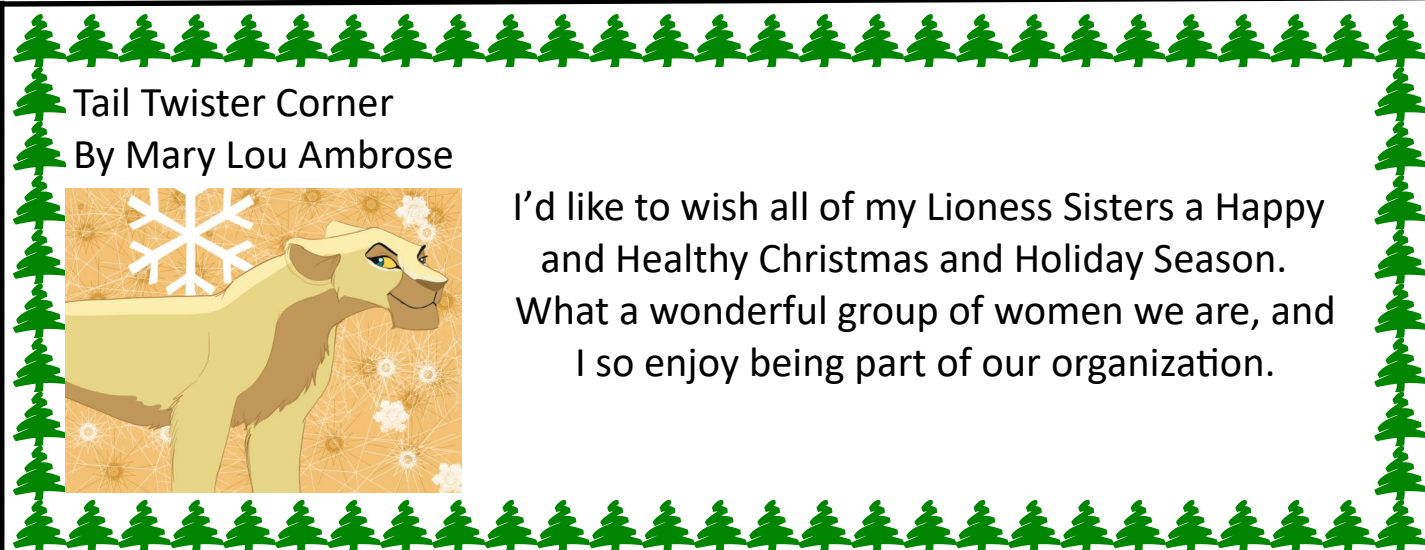
- * Caesar Salad
- * Rolls and Butter
- * Top round of beef. Au jus, Horseradish cream
- * Asparagus
- * Roasted Red Potatoes

ALTERNATE CHOICE

- * Mushroom Wellington
- * Portabella mushroom stuffed with onions, peppers, and mushrooms wrapped in phyllo dough and topped with red pepper cream sauce

DESSERT

- * Lemon Berry Mascarpone



Tail Twister Corner

By Mary Lou Ambrose



I'd like to wish all of my Lioness Sisters a Happy and Healthy Christmas and Holiday Season. What a wonderful group of women we are, and I so enjoy being part of our organization.



DECEMBER BIRTHDAYS

Brenda Agnew	12/2
Karen Cakouros	12/6
Kathleen Walters	12/6
Mary Lou McFarland	12/12
Ann Rosenfeld	12/13
Linda Corsones	12/19
Cindy Dussinger	12/23
Roselynn Edwards	12/25

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Food Pantry 9:00-10:30	2 Christkindlemarkt	3
4	5	6	7 BOARD MEETING Hanukka begins 	8 Food Pantry 9:00-10:30	9	10
11	12	13	14 LIONESS DINNER MEETING	15 Food Pantry 9:00-10:30 Hanukka ends	16	17
18	19	20	21	22 Food Pantry OVERSTOCK 9:00 until gone	23	24 Christmas Eve
25 Christmas Day 	26 	27	28	29 Food Pantry OVERSTOCK 9:00 until gone	30	31 New Year's Eve

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1  Happy New Year!	2	3	4	5 Food Pantry 9:00-10:30 AM	6	7
Clubhouse is closed						
8	9	10	11	12 Food Pantry OVERSTOCK 9:00-GONE	13	14
Clubhouse is closed						
15	16	17	18	19 Food Pantry 9:00-10:30 AM	20	21
Clubhouse is closed						
22	23	24	25	26 Food Pantry 9:00-10:30 AM	27	28
Clubhouse is closed						
29	30	31				
Clubhouse is closed						

FROM THE EDITOR

Lynne Kovach
Editor, Lioness Lions LOW DOWN
Phone: (540) 920-8528
Email: lynnebkovach@gmail.com

Please submit information, articles and photographs for the LOW DOWN to **EMILY FLORENCE** **no later than the Friday before the newsletter comes out.** The newsletter will be distributed on or about the first of the month.

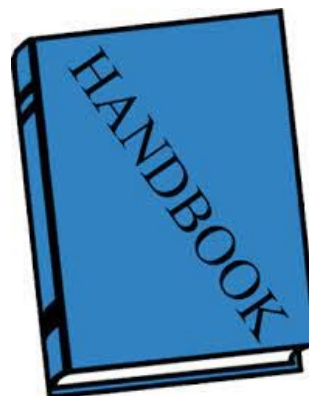
Forward your articles or information by email at the address below, or call Emily if you don't have access to email.

Email: emilyjflorence@aol.com
Phone: (571) 239-0591

HANDBOOK CORRECTIONS

Please forward any additions, changes, or corrections to your Handbook/Directory to

Christine Getty at
fcfmgetty@comcast.net



The LOW DOWN is published monthly by the
Lake of the Woods Lioness Lions Club
By Lynne Kovach & Emily Florence



[Click HERE to find us on Facebook](#)

Lake of the Woods Lioness Lions
LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Marian Rood, 540-412-0214

Wilderness Food Pantry

Nicki Buell, 703-217-5615 or Karen Cakouros, 540-972-9043

Book Sale

Helene Burns, 540-412-0798, Sherri Lasover, 540-412-9854, and Ann Walker, 540-972-4338

Notes



Thank you Lioness Club for your readership,
compliments, input and edits.

Emily and I spend a lot of time on each
edition, and strive to make the Low Down an
interesting, informative and fun publication.

It is a pleasure and an honor to be a part of
this wonderful club

~ Editors Lynne Kovach & Emily Florence

