

LAKE OF THE WOODS LIONESS LIONS LOW DOWN



Volume 38 Number 12 - June 2023

President's Corner

By Lioness Lion Nicki Buell, LOW Lioness Lions President

www.lowlioness.org

*J*ohn F. Kennedy wrote:

"The Highest appreciation is not to utter words but to live by them." This line comes from a speech he gave in November 1963 shortly before he was assassinated. JFK was an advocate for peace and inspired millions.

So, my simple last letter as LOW Lioness President is this: Thank you for letting me have the honor of being President of the LOW Lionesses. It truly was a year I will never forget. Meeting new people, always being inspired by Julie's invocation, working with a board that did wonderful things. We are so lucky to have so many wonderful ladies in one group.

To Barbara, I hope you enjoy your time as much as I did. I know you will be a great President.

Nicki



IMPORTANT

Dues are due!

**Please bring a check
for
\$80.00 to the dinner
meeting next week**



From the Tamers:

Just a couple of reminders for you all. If you leave a phone message or send an email or text to one of the tamers, you will ALWAYS get a confirmation that we received the message and you are excused from dinner.

If you don't receive the confirmation, we did not get the message. Additionally, all lionesses attending the dinner meeting are expected to pay for the meal. We are not allowing lionesses to skip the meal and attend the meeting.

**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2022—2023 Board of Directors

President

Nicki Buell
113 Edgemont Lane
Locust Grove, VA 22508
(540) 412-0104

Secretary

Judy Ludvigsen
104 Gold Valley Road
Locust Grove, VA 22508
540-972-1514

Treasurers

Loretta Lafley
Open

1st Vice President

Barbara Tomayko

2nd Vice President

Gail Hardin

3rd Vice President

Darcy Jennings

Lioness TAMERS

Heidi Brown
Ellen Bearden
Claire Donohoe

Tail Twister

Mary Lou Ambrose

Membership

Donalda Lovelace
Jan Stockman

Directors

Susan Bergner
Toni Keating
Arlene Rich

Past President

Kathy Merritt

THE INSIDER'S VIEW

**Minutes from the
May 25th, 2023
BOD Meeting**

The meeting was called to order at 7:02 by President Nicki Buell. The following Board Members were present: President Nicki Buell, Secretary Judy Ludvigsen, Treasurer Loretta Lafley, 1st Vice President Barbara Tomayko, 2nd Vice President Gail Hardin, 3rd Vice President Darcy Jennings, Directors Susan Bergner, Twister Mary Lou Ambrose, Tamers Heidi Brown, Ellen Bearden, Claire Donohoe, Past President Kathy Merritt, Membership Chairs Donalda Lovelace and Jan Stockman, Diane Pittman and incoming Secretary Gloria Oliveri.

Secretary's Report:

The minutes of the April BOD meeting, which were previously distributed, were approved. Motion made by Darcy Jennings and seconded by Susan Bergner to approve the minutes were approved unanimously.

Committee Chairpersons monthly totals for April were announced as follows:

PS – 300 L – 31 H – 158 \$ - 0

Treasurer Loretta Lafley reported a balance as of today of \$86,856.80.

Donalda announced that she is working on the Miss Orange County Scholarship funding issue. We are also to receive money from the Selven Powell Tournament. Heidi reported that the issue of the sales tax percentage for dinner meetings and for other Lioness events has been corrected. Also, those members who did not notify her if they were not attending a dinner meeting have been prompt in making payment.

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Barbara Tomayko announced that she is starting preparation for the annual Card Party/Fashion Show and will be held on the 4th Friday in September.

Mary Lou Ambrose will be her Co-Chair and Cabi will be here again with their beautiful clothing. Barbara will put a Save the Date announcement in the Lowdown and she will have a sign up sheet at the June Dinner Meeting for those who would like to be on this committee.

Gail Hardin has received information from Teresa Wisniewski that the School Supplies Committee will be collecting food, clothing and monetary donations from June through August. She has been working closely with both schools to see what other ways we can assist the schools, such as financial assistance for children's lunches, etc.

Darcy Jennings asked if we would have a Sock Hop this year. In addition, we will need someone to take over the White House Ornament sales. There will be a sign up sheet at the next dinner meeting.

THE INSIDER'S VIEW (Continued)

**Minutes from the
May 25, 2023
BOD Meeting**

Nicki suggested that we have a Committee Fair at the July dinner meeting. Members could sign up for the committees they would like to work in.

Emily Florence has signed up our club to participate in the 4th of July Parade. Tim Grant will be running this parade and Stan Lasover will be the Grand Marshall. Darcy will be purchasing red, white and blue leis for members to hand out to the children at the parade.

Mary Lou Ambrose announced that the three High School Scholarship recipients will be at our next meeting and the recipients can invite both of their parents to attend. Each recipient will be asked to say a few words.

Nicki reminded the BOD that the June meeting would have present BOD members and new BOD members attend. Current BOD members would be excused about half way through the meeting and the new BOD members would then take over.

Donalda Lovelace announced that her installation as District Governor would take place of Saturday, July 22nd at noon at the Clubhouse,

Kathy Merritt's next event will be at the Wilderness 1776 Winery (Date to be announced). Darcy suggested we have the corn hole game and Bocci Ball at this event.

We will be selling 50/50 tickets at the July 28th Concert on the Point.

Nicki commented on our upcoming dues to LCI that have been increased to \$83. She would like to keep our dues at \$80 per member and have our Club absorb the extra \$3 per person for this year. Heidi Brown made a motion, seconded by Ellen Bearden to approve this suggestion and the motion was passed unanimously.

Nicki and Heidi requested that we support the Junior Golf Summer Camp Program by purchasing golf shirts for the participants. Eric Barnes will be the Instructor. Donalda made a motion and seconded by Kathy Merritt to fund this program for \$300 to cover the cost of the shirts. The motion passed unanimously. Loretta will write a check to Eric so that the shirts can be ordered promptly as the first class begins on June 17.

Nicki and Darcy announced that there will be a basket at the June dinner meeting to hold sympathy cards from members for Arlene Rich and her family.

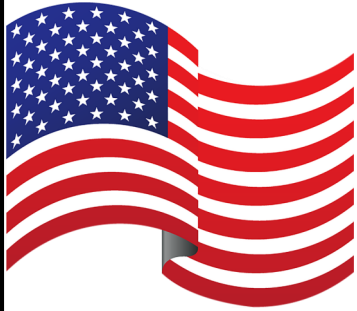
Finally, Barbara Tomayko made a motion, seconded by Ellen Bearden, to accept Diane Pittman's resignation from our Club. The motion passed unanimously.

There being no further business to discuss, the meeting was adjourned at 8:35 pm.

Respectfully Submitted

Judy Ludvigsen

Lioness Lions Committees & Activities



Independence Day Parade
Saturday, July 1, 2023
10:00 a.m.

Come walk or ride with us and show your Lioness spirit!
Contact Emily Florence if interested in participating.

emilyjflorence@aol.com



Annual Lioness Lions Club

Card Party, Luncheon and Fashion Show

**Join us for Cards, Mahjong, Dominos, Luncheon,
a Silent Auction, Raffles, Fashion & FUN!**

Friday, September 22, 2023
9:00 AM to 3:00 PM



Lioness Lions Committees & Activities



Claudia Keys Low

May 27, 1944 – October 2, 2022

CLAUDIA LOW MEMORIAL SCHOOL SUPPORT DRIVE

It's that time of year again for the School Support Drive. The School Support Drive Committee will be collecting new school supplies and new clothes for Locust Grove Secondary and Locust Grove Primary at the June, July, and August dinner meeting in front of the club house.

You may also donate cash or checks for The Lioness to purchase the items listed below:

(Make checks payable to LOW Lioness Foundation and write School Support Drive.

SUPPLIES NEEDED

- ◆ Composition notebooks and Single Spiral notebooks (Wide Ruled only); Pocket folders; Color Folders.
- ◆ 1" Binders; Crayons; Colored pencils.
- ◆ Colored markers.
- ◆ Handheld sharpeners for colored pencils.
- ◆ Black dry erase markers; Highlighters.
- ◆ Glue Sticks; Pencil boxes; Plastic Pencil Pouches.
- ◆ Pencil top erasers; Pink Erasers.
- ◆ Scissors 5" (Blunt Point); Headphones/ears buds (Dollar Tree Store); Refillable water bottles (Dollar Tree Store); Disinfectant wipes.
- ◆ Hand sanitizer & wipes; Tissues.
- ◆ Ziploc bags (only quart and gallon size)

CLOTHES (These clothes are used when children have accidents at school.)

- ◆ Shorts and Sweatpants Size 5 to 14
- ◆ Tee Shirts Size 4 to 14
- ◆ Underwear Size 5 to 14

(Note: They need these emergency clothes for both girls and boys.)

If you have any questions, please call or text Teresa Wisniewski 703-901-9023

or Judy Ludvigsen 540-760-4982.

Thanks again for your continued support of this very important project.

Lioness Lions Committees & Activities

MEMBERSHIP

Rosemary Butcher:

Rosemary and her husband of 44 years, Tony, came to the lake to enjoy their retirements. Born in Leavenworth, Kansas, Rosemary has lived all over as the daughter and wife of United States Air Force men. She has 3 daughters and sons-in-law and 8 grandchildren.

Rosemary's interests include playing board games, cards, cooking, eating out, and visiting her grandkids.

Kathy Phillips:

Kathy Phillips was born in Lynchburg, VA and has also lived in Gaithersburg and Waldorf, MD. She and husband, Thayer, came to the lake to enjoy their retirements and for the central location to their families.

Kathy has 2 children, a grown son and daughter, both living out of state.

In her spare time, Kathy likes cards, swimming, golfing, traveling, and touring wineries. She enjoys service-oriented projects like the Food Pantry. While working she spent 31 years as a data analyst for the American Physical Therapy Association.

Gayla Crow:

Gayla was born in Tulsa, Oklahoma and has also lived in other Oklahoma towns, Kentucky, Germany, South Carolina, Texas, Arkansas, and Woodbridge, VA. After following her to Northern VA, Gayla's son bought a house at the lake, and she followed suit. He is one of her two sons. Her other son and granddaughter are in Arizona.

Gayla enjoys watching sporting events and outdoor activities like hiking, camping, and kayaking.

Gayla's professional background was in an administrative role but her spiritual gift is nurturing.



PLEASE WELCOME OUR NEW LIONESSES!!!

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lions Club.

Thank you so much for your help with this.

Jean Ann Daniels (540) 412-2872 or (732)-672-1198



Lioness Lions Committees & Activities

Yard Sale

Hello all!

I just wanted to thank you again for your help with the Yard Sale and to let you know how well we did! Starting back in April, we had 6 Lionesses help with pricing for 17 hours and in May we had 14 Lionesses price items for 25 hours. On the day of the sale, we had 16 Lionesses helping for a total of 54

A special thank you goes to Billie and Joan for letting us use their garages. Also, special thanks to Teresa's husband Stan, my husband Dave, and Jan's husband Bob for packing up and transporting all our "stuff" over to the pavilion and for helping set up with us. The Lions helped at the end taking all our leftovers over to their buildings.

hours. We raised \$1,600.09 minus expenses of \$73.69 (Lake Currents Ad - \$50.00, new cash box - \$23.69) giving us a grand total of \$1526.40 raised for our projects.

A fun time was had by all!

Eyeglass Recycling

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the Tom Walker building (the same building as the Book Sale). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways for lunch!

You are not committed to come every Monday, just when it is convenient! Thank you.



From the Tamers

By Heidi Brown



The Lake of the Woods Lioness Lions Club
Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal. Dinner will be buffet style. **A no-call or no-show will cost you \$25.00** if you are unable to attend this meeting.

NOTICE: We reply to E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Heidi Brown: (703) 402-8773 hvbrown59@gmail.com
Ellen Bearden: (540) 222-7390 bebearden@verizon.net
Claire Donahoe: (703) 447-0235 cfdonohoe@hotmail.com

If you are bringing a guest, please call the Tamers

DINNER MENU

DINNER

- * Caesar Salad
- * Rolls & Butter
- * Pasta on the Point (Linguine Pasta in Pesto Sauce w/Shrimp)
- * Broccoli

ALTERNATE CHOICE

- * Risotto with Roasted Red Peppers, Mushrooms & Coconut milk (no cheeses).

DESSERT

- * Tiramisu

Dinner price is \$25.00.

Twister Corner By Marylou Ambrose

It doesn't matter
if the glass is
half empty or half full...
Be grateful that
you have a glass,
and there is something in it...hopefully wine.



If some of you don't start forgetting your badges once in a while...I'll be out of a job.



Billie Cooke
Nancy Doseff
Donna Morrissey
Gail Hardin
Susan Bergner
Carolyn Gordon

June 1st
June 7
June 8
June 21
June 28
June 29

JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2 Food Pantry 9-10:30 AM	3	4
5 Eyeglass Recycling 9:30-11:00 AM	6	7	8 LIONESS DINNER MEETING	9 Food Pantry OVERSTOCK 9:00 until gone	10	11
12 Eyeglass Recycling 9:30-11:00 AM	13	14	15	16 Food Pantry 9-10:30 AM	17	18
19 Eyeglass Recycling 9:30-11:00 AM	20	21	22 BOARD MEETING	23 Food Pantry 9-10:30 AM	24 Lioness Book Sale 8:30-1:00 PM	25
26 Eyeglass Recycling 9:30-11:00 AM	27	28	29	30 Food Pantry OVERSTOCK 9:00 until gone		

JULY 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Independence Day Parade & Fireworks	2
3	4 Independence Day 	5	6	7 Food Pantry 9-10:30 AM	8	9
Eyeglass Recycling 9:30-11:00 AM	11	12	13 LIONESS DINNER MEETING	14 Food Pantry 9-10:30 AM OVERSTOCK	15	16
17 Eyeglass Recycling 9:30-11:00 AM	18	19	20	21 Food Pantry 9-10:30 AM	22	23
24 Eyeglass Recycling 9:30-11:00 AM	25	26	27 BOARD MEETING	28 Food Pantry 9-10:30 AM	29 Lioness Book Sale 8:30-1:00 PM	30

FROM THE EDITOR

Lynne Kovach
Editor, Lioness Lions LOW DOWN
Phone: (540) 920-8528
Email: lynnebkovach@gmail.com

Please submit information, articles and photographs for the LOW DOWN to **EMILY FLORENCE** no later than **the Friday before the newsletter comes out**. The newsletter will be distributed on or about the first of the month.

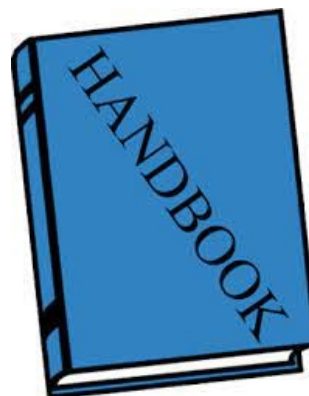
Forward your articles or information by email at the address below, or call Emily if you don't have access to email.

Email: emilyjflorence@aol.com
Phone: (571) 239-0591

HANDBOOK CORRECTIONS

Please forward any additions, changes, or corrections to your Handbook/Directory to

Christine Getty at
fcfmgetty@comcast.net



The LOW DOWN is published monthly by the
Lake of the Woods Lioness Lions Club
Lynne Kovach, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Marian Rood, 540-412-0214

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338