

LAKE OF THE WOODS LIONESS LIONS LOW DOWN



Volume 38 Number 11 - May 2023

President's Corner

By Lioness Lion Nicki Buell, LOW Lioness Lions President

www.lowlioness.org



Who would have guessed the closeness we shared at the last Lioness dinner meeting would have ended as it did? I am happy we all survived the sharing of Covid. I truly thank the Lionesses that stepped up to let us know. Me, personally, I enjoyed a few days off from work. I am most thankful we all made it through safe and sound... I thank you all for keeping in touch with all of us! Once again, I am amazed to be part of such a great group of ladies. Thank you for all you do.

I am thinking about me and my comfort zone. Strange right? When we were children, it seemed like every day brought a new opportunity to be brave-whether we wanted to be or not. Maybe it was sitting at the lunch table with new classmates or trying out a new sport or school play. Whatever the situation, we were expected to muster the courage to try.

As adults, we often shy away from circumstances that require us to step outside our comfort zone and try something different. After all, one of the goals of adulthood is to build the life we want for ourselves which, for some of us, means avoiding the uncomfortable and unfamiliar. Trying new things requires us to be vulnerable and attempt something even if we don't exactly know what we're doing and even if we risk failure by trying. That has been me trying to be president. Thank you all for the support you have given me this year as I stepped out to be the President of a club I love! It is a true pleasure being part of the LOW LIONESS Club!!!

Congratulations to Donalda for her new role as District Governor for District 24L!

To our new Lionesses being inducted at our May, Covid Free (fingers crossed), meeting, Gayla, Kathy, and Rosemary, welcome. We look forward to you being part of a great group of ladies.

Once again, I'm here if you need me.

Nicki

My thought of the month: A quote from Neil Gaiman

"Make New Mistakes. Make glorious, amazing mistakes. Make Mistakes nobody ever made before. Don't freeze. Don't stop, don't worry that it isn't good enough, or it isn't perfect...Whatever it is you're scared of doing. DO IT!"

IMPORTANT



Contact Jean Ann Daniels
(540) 412-2872 or
(732)-672-1198

S.A.F.E

**Collection for May
Dinner**

**Household cleaning
products, paper
products, trash bags,
and personal hygiene
products are
always
appreciated.
Also checks, gas
cards, or cash
donations go a long
way.**

**Thanks for your
generosity!**

**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2022—2023 Board of Directors

President

Nicki Buell
113 Edgemont Lane
Locust Grove, VA 22508
(540) 412-0104

Secretary

Judy Ludvigsen
104 Gold Valley Road
Locust Grove, VA 22508
540-972-1514

Treasurers

Loretta Lafley
Open

1st Vice President

Barbara Tomayko

2nd Vice President

Gail Hardin

3rd Vice President

Darcy Jennings

Lioness TAMERS

Heidi Brown
Ellen Bearden
Claire Donohoe

Tail Twister

Mary Lou Ambrose

Membership

Donalda Lovelace
Jan Stockman

Directors

Susan Bergner
Toni Keating
Arlene Rich

Past President

Kathy Merritt

THE INSIDER'S VIEW

**Minutes from the
April 27th, 2023
BOD Meeting**

The meeting was called to order at 7:25 pm by President Nicki Buell. The following Board Members were present: President Nicki Buell, Secretary Judy Ludvigsen, Treasurer Loretta Lafley, 1st Vice-President Barbara Tomayko, 3rd Vice President Darcy Jennings, Directors Arlene Rich, and Toni Keating, Twister Mary Lou Ambrose, Tamer Ellen Bearden and Diane Pittman.

SECRETARY'S REPORT: Judy Ludvigsen

- The minutes of the March 23rd BOD meeting
- Committee Chairpersons monthly totals for March
- PS - 250 L - 33 H - 150 \$ - \$ 187

TREASURER'S REPORT: Loretta Lafley—Foundation

- Annual report year to date – Balance \$85,359.40 at end of month.

PRESIDENT: Nicki Buell

- Nicky reported that the Lions should be sending us \$2000 for our portion of the funds collected for the Golf Tournament.

A discussion was held regarding the three new members : Rosemary Butcher and Kathryn Phillips (sponsored by Billie Cooke) and Gayla Crow (sponsored by Lynne Kovach). The BOD voted unanimously to have them become new Lioness members. Their induction would be at the May dinner meeting.

The Slate of Officers for the coming year will be inducted at the June dinner meeting. Ellen Bearden Announced that there will be one Germanna scholarship in the amount of \$2000 awarded to Theresa Lewis. She is a single parent, has 3 dependents, and has 49 credits toward her degree, has an excellent GPA and will attend our dinner meeting to receive her award.

The BOD decided to name the scholarships the PAULA HORNADAY SCHOLARSHIP and to invite Paula's family to attend. We will also ask Millie Davis, who was a good friend of Paula's, to speak about Paula.

Arlene Rich met with High School Scholarship applicants and discussed the High School Scholarships to be awarded in June. In the past, each student has been allowed to bring one guest and we discussed the possibility of allowing both parents to attend.

Darcy Jennings was asked about the 4th of July Parade. Our presence in last year's parade was not as large as previous years, in part due to the LGA's 50th anniversary and the fact that many of our members were also golfers who participated in the golf group. The BOD members felt we should participate in this event.

Arlene Rich brought up the issue of our \$80 dues and how much of that money goes to Lions. Nicki gave a breakdown of the dues and of the history of our becoming a Lioness Lions Club. In addition, she explained why we sometimes need "Day of Insurance" for some of our events and why our club cannot be "just a Lioness Club".

Ellen Bearden made a motion to adjourn, seconded by Darcy Jennings and passed unanimously.

Judy Ludvigsen
Secretary

Lioness Lions Committees & Activities



Yard Sale Reminder

All yard sale drop-offs from **May 1st to May 11th** go to **Joan's garage at 320 Yorktown Blvd.** She has various times available so please call ahead, (561) 398-3554 to make sure she is there to accept your donations. She will be accepting donations from the 11th to the 16th as well.

The **BIG Annual Yard Sale** is **BACK!**
Saturday, May 20th, from 9:00-1:00

Sweetbriar Pavilion beside The Community Center
Everything must go!



Sponsored by the LOW Lioness Lions Club

Billie will be accepting donations at **127 Harrison Circle** on **May 16th** from **10:00-12:00** or call her, (804) 914-0666 for other availability after the 11th.

We will be accepting donations at the **Pavilion by the Community Center** starting at **7:30am on May 20th**. If you have your items priced, that's great, if not, we'll do it as we set up.
Thanks!

Eyeglass Recycling

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the Tom Walker building (the same building as the Book Sale). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways for lunch!

You are not committed to come every Monday, just when it is convenient! Thank you.



Lioness Lions Committees & Activities

Letters From School Principals regarding the School Supply Drive

Good morning!

Yes! We are grateful for the partnership between the Lioness Club and our schools. I the following information helps you in your upcoming planning.

We also are grateful for school supplies and clothing. I would rely on Ms. Linda and our school nurse to help direct what items can be purchased for the highest impact.

Any assistance to help school field trips would be welcomed. An allotment per grade level would help supplement the cost of trips for our students.

Lee Finger

Principal | Locust Grove Primary School
31230 Constitution Highway, Locust Grove, VA 22508
Phone 540.661.4420 | Fax 540.661.4419



We are so thankful for the generosity of the Lioness club. We sincerely appreciate your continuous efforts to support our schools. For LGES, we always need the school supplies and clothing for students. Your idea of providing funds for field trips would also be appreciated as we begin expanding our trips again. Costs associated with travel are tremendous now, but these trips are highly valuable in our students' learning.

Thanks again!

Sincerely,

Eileen Oliver-Eggert, Ed.D.

Principal
Locust Grove Elementary School
31208 Constitution Hwy
Locust Grove, VA 22508
(540)661-4440

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lions Club.

Thank you so much for your help with this.

Jean Ann Daniels (540) 412-2872 or (732)-672-1198



Guests & Presentations



Orange County Planning Commission member Bryan Nicol gave the Lionesses an informative overview on the Germanna-Wilderness Area Plan (GWAP).

Some of Mr. Nicol's concerns about this plan are the proposed reduced access points on Route 3, proposed Data Centers, large distribution centers (i.e. Amazon), the impact on the LOW front gate, traffic and water for existing residents. Mr. Nicol encouraged us to learn as much as we could about the plans, to write to our supervisor and to attend the April 25th Orange County Board of Supervisor's meeting to voice our opinions.

Update: In spite of overwhelming community opposition, the Board of Supervisors voted 4-1 to approve the rezoning request for the GWAP.

Documents pertaining to the April 25th meeting are available on the [Orange County website](#)

Click here on [GWAP](#) if you are not familiar with this plan.

Our Supervisor is Lee H. Frame. Mr. Frame can be reached at lframe@orangecountyva.gov, and (540-972-6385)

Fabulous and informative "Show & Tell" presentation by our very own **Friends of Wildlife at the Lake (FOWL)**, Melissa Kovach & Deanne Lawrence shared some valuable tips and pointers for living with the many species of animals with which we are lucky enough to share our environment at LOW.

The mission of the Friends of Wildlife at the Lake is to foster positive relationships between Lake of the Woods' residents and the wildlife that coexist here, to help preserve and protect habitats and species, and to offer assistance to residents and the Association in gaining a deeper understanding of the natural environment in our community.

if you are seeking immediate assistance with an animal. You may reach them at (540) 395-3205. Please leave a message.

If you find an injured animal please contact a local rehabber from the resources below or search via this link (select nearby counties as Orange currently does not have one):

<https://dwr.virginia.gov/wildlife/injured/rehabilitators/>



From the Tamers

By Heidi Brown

The Lake of the Woods Lioness Lions Club Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal. Dinner will be buffet style. **A no-call or no-show will cost you \$25.00** if you are unable to attend this meeting.



NOTICE: We reply to E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please **DO NOT** contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Heidi Brown: (703) 402-8773 hvbrown59@gmail.com
Ellen Bearden: (540) 222-7390 bebearden@verizon.net
Claire Donahoe: (703) 447-0235 cfdonohoe@hotmail.com

If you are bringing a guest, please call the Tamers

DINNER MENU

DINNER

- * Clubhouse Garden Salad w/White Balsamic & Ranch Dressing
- * Rolls & butter
- * Tilapia with Lobster Cream Sauce
- * Baby Baked Potatoes
- * Honey Glazed Carrots

ALTERNATE CHOICE

- * Basil Pesto Pasta w/Sundried Tomato & Artichoke Hearts

DESSERT

- * Sherbert w/Sugar Cookie
- * Vanilla Ice Cream/Chocolate Cookie

Dinner is \$25.00.

Twister Corner

Family isn't always blood.
It's the people in your life
who want you in theirs.
The ones who accept you for
who you are.
Th ones who would do
anything to see you smile, and
who love you no matter what.



Deborah Baird	5/1
Mary Tait	5/1
Val Protiva	5/8
Christine Getty	5/10
Beth Newton	5/10
Joyce Whitfield	5/10
Rani Manhard	5/12
Sandra Loudon	5/18
Deborah Raines	5/20

MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Eyeglass Recycling 9:30-11:00 AM	2	3	4	5 Food Pantry 9-10:30 AM	6	7
8 Eyeglass Recycling 9:30-11:00 AM	9	10	11 LIONESS DINNER MEETING	12 Food Pantry OVERSTOCK 9:00 until gone	13	14
15 Eyeglass Recycling 9:30-11:00 AM	16	17	18	19 Food Pantry 9-10:30 AM	20 YARD SALE 9:00-1:00 PM	21
22 Eyeglass Recycling 9:30-11:00 AM	23	24	25 BOARD MEETING	26 Food Pantry 9-10:30 AM	27 Lioness Book Sale 8:30-1:00 PM	28
29 MEMORIAL DAY	30	31				

JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2 Food Pantry 9-10:30 AM	3	4
5 Eyeglass Recycling 9:30-11:00 AM	6	7	8 LIONESS DINNER MEETING	9 Food Pantry OVERSTOCK 9:00 until gone	10	11
12 Eyeglass Recycling 9:30-11:00 AM	13	14	15	16 Food Pantry 9-10:30 AM	17	18
19 Eyeglass Recycling 9:30-11:00 AM	20	21	22 BOARD MEETING	23 Food Pantry 9-10:30 AM	24 Lioness Book Sale 8:30-1:00 PM	25
26 Eyeglass Recycling 9:30-11:00 AM	27	28	29	30 Food Pantry OVERSTOCK 9:00 until gone		

FROM THE EDITOR

Lynne Kovach
Editor, Lioness Lions LOW DOWN
Phone: (540) 920-8528
Email: lynnebkovach@gmail.com

Please submit information, articles and photographs for the LOW DOWN to **EMILY FLORENCE** no later than **Monday, May 22th**. The newsletter will be distributed on or about the first of the month.

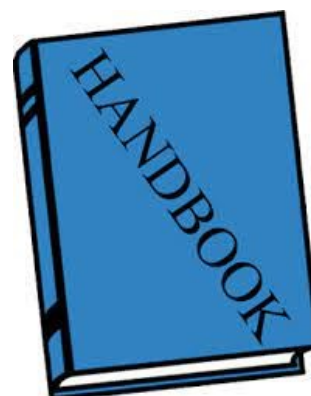
Forward your articles or information by email at the address below, or call Emily if you don't have access to email.

Email: emilyjflorence@aol.com
Phone: (571) 239-0591

HANDBOOK CORRECTIONS

Please forward any additions, changes, or corrections to your Handbook/Directory to

Christine Getty at
fcfmgetty@comcast.net



The LOW DOWN is published monthly by the
Lake of the Woods Lioness Lions Club
Lynne Kovach, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Marian Rood, 540-412-0214

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338