

# LAKE OF THE WOODS LIONESS LIONS LOW DOWN



Volume 38 Number 8 - February 2023

## President's Corner

By Lioness Lion Nicki Buell, LOW Lioness Lions President

[www.lowlioness.org](http://www.lowlioness.org)

*Happy February!*

It will be so nice to see everyone again. Let me be the first to wish to wish everyone A Happy Valentine's Day. I can't wait to see everyone again.

So many great things coming up for us! Those of you who attended the Old House Bunch. I hope you had a great time. From what I heard It was great. Thank you Karen, Kathy and Ellen for all the effort you have put in to make this happen.

February will be a busy month. First Billie Cooke has presented me with an idea for a possible new fund raiser. "Slingo", a combination of Bingo and Singing. We will be trying this game out at our meeting. Prizes and a drink will be provided. I can't wait to try!

Tickets will be going on sale for the Mardi Gras Dance Saturday, February 11, 2023 at 9:00a.m. The dance will be held on March 4, 2023. If you have attended the last dance you know what a great night it is. Don't worry, you will hear all about the event at our meeting.

Let's all remember shorter days and longer nights sometimes plays games on our minds. So if you have a free minute please call a lioness just to say Hi! It's amazing what a little gesture of kindness will do. Can't wait to see everyone again.

Nicki



Beginning  
March 2023, the  
cost of the  
Lioness Club  
Dinner per  
member will be  
**\$25.00**

**S.A.F.E**  
Household cleaning  
products, paper  
products, trash bags,  
and personal  
hygiene products are  
always appreciated.  
Also cold weather  
accessories and  
Valentine tokens  
would be nice; and,  
of course, checks, gas  
cards, or cash  
donations go a long  
way. Thanks for  
your generosity!

**Lake of the Woods Lioness  
Lions Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club  
House on the 2nd Thursday of each  
month. Social hour at 5:15 p.m.

**2022—2023 Board of Directors**

**President**

**Nicki Buell**  
113 Edgemont Lane  
Locust Grove, VA 22508  
(540) 412-0104

**Secretary**

**Judy Ludvigsen**  
104 Gold Valley Road  
Locust Grove, VA 22508  
540-972-1514

**Treasurers**

**Loretta LaTerra**  
**Open**

**1st Vice President**

**Barbara Tomayko**

**2nd Vice President**

**Gail Hardin**

**3rd Vice President**

**Darcy Jennings**

**Lioness TAMERS**

**Heidi Brown**  
**Ellen Bearden**  
**Claire Donohoe**

**Tail Twister**

**Mary Lou Ambrose**

**Membership**

**Donalda Lovelace**  
**Jan Stockman**

**Directors**

**Susan Bergner**  
**Toni Keating**  
**Arlene Rich**

**Past President**

**Kathy Merritt**

**THE INSIDER'S VIEW**

**Minutes from the  
January 26, 2023  
BOD Meeting**

**SECRETARY'S REPORT:** Ellen Bearden for Judy Ludvigsen

- The minutes of the December 1, 2022 BOD meeting, previously distributed, were approved. Committee Chairperson's report totals for December 2022: PS-900, L-55, H-185.

**TREASURER'S REPORT:** Loretta Lafley

- Loretta Lafley reported Foundation total of \$74,086. Administration total of \$19317. \$1602.72+ room charge of \$300 will be paid to Old House Winery for the January 27<sup>th</sup> brunch.

**1st VICE PRESIDENT:** Barbara Tomayko

- Barbara Tomayko had no report at this time.

**3rd VICE PRESIDENT:** Darcy Jennings

- Darcy Jennings reported that she will be sending Valentine cards to all members and asked for volunteers to help. All 500 White House ornaments were sold.

**TAMERS:** Heidi Brown, Claire Donohoe and Ellen Bearden

- Tamers Heidi Brown, Claire Donohoe and Ellen Bearden reported that the menus for the February- July meetings have been chosen. The clubhouse will raise the cost of a meal from \$16.50 to \$17.50. After discussion, a motion was made by Darcy Jennings and seconded by Susan Bergner to raise the cost per member to \$25 beginning in March 2023. Vote passed. Following much discussion regarding members who want to attend the meeting but not participate in the dinner, it was decided that there will be no change in current policy. Special situations will be addressed as they come up.

**TAIL TWISTER:** Mary Lou Ambrose

- Mary Lou Ambrose reported that she will turn in money collected for several months rather than monthly. She also suggested having Allison from Old House Winery for a speaker. Decisions will be made regarding how and when that will occur.

**MEMBERSHIP:**

- Jan Stockman reported no new member for this month.

**DIRECTORS:**

- Directors Toni Keating, Susan Bergner, Arlene Rich had nothing to report. Heidi Brown raised a question regarding information given to the BOD prior to the meeting. Discussion followed.

**PRESIDENT:** Nicki Buell

- reported that the Lioness will recognize the school bus drivers with a gift certificate for coffee from Witches Brew along with brownies or cookies. On February 23, 2023 Lionesses will meet buses coming into the Lake at both the front and back gates to present the certificate.
- At the March meeting we will welcome a speaker regarding the Dolly Parton Book Donation and Distribution Program.
- It was decided to raise the Germanna CC scholarships from \$1500 to \$2000 for 3 recipients.
- Our next social will take place on April 18, 2023. This will be the Fredericksburg Home and Garden Tour and will include lunch. All plans to attend and payments for the tour and lunch will be paid by the member.

**PAST PRESIDENT:**

- Kathy Merritt reported that there were 60 reservations for the Old House Winery brunch.
- There being no further business, the meeting was adjourned at 8:37 PM.

# Lioness Lions Committees & Activities

You are invited!

## *Mardi Gras Dinner Dance*

AT LOW CLUBHOUSE

Sponsored by LOW Lioness Lions Club

*Saturday, March 4, 2023*

**6:00 PM –11:00 PM**



- ◆ 6:00 PM Cocktails
- ◆ 7:00 PM Dinner
- ◆ 8:00 PM Music by Reunion Band
- ◆ Silent Auction
- ◆ 50/50 Raffle
- ◆ “Best Of” Raffles

Purchase tickets online at [lowlioness.org](http://lowlioness.org) starting February 11th

Questions please contact:

Nicki Buell (703) 217-5615  
or Ellen Bearden (540) 222-7390

***\$65 Per Person***

*All proceeds support the Lioness Lions Foundation, Inc. to serve our community*

# Lioness Lions Committees & Activities



Plans are well underway for the Lioness Club's Mardi Gras Dinner Dance on Saturday, March 4, at Lake of the Woods Clubhouse. The festive evening begins with a cocktail hour at 6:00 p.m., followed by dinner at 7:00. The Reunion Band will play from 8:00-11:00 p.m. for your dancing and listening enjoyment. Dress is semi-formal, with Mardi Gras masks optional, (but so much fun).

Tickets go on sale online February 11th, and the cost is **\$65 per person** plus a processing fee. When you go online to purchase your ticket, you will be asked to choose your entrée and table number.

## MENU

### New Orleans style appetizers.

#### Mardi Gras Salad:

A mix of baby spinach and romaine with carrot, red onion, mandarin orange, and bacon served with blueberry pomegranate dressing. Served with Corn bread and butter.

#### A Choice of Entrées:

Chicken Jambalaya  
Blackened Catfish  
Beef Medallions

or a vegetarian option of Mushroom Wellington.

All entrée's served with red beans and rice and French green beans

#### Dessert: French Quarter Apple Torte

There will be a silent auction and raffles to raise money for the Lioness Foundation, which supports local causes including Wilderness Food Pantry, Orange County Animal shelter, Living Waters Free Health Clinic, Piedmont Dental Clinic, LOW Fire and Rescue, SAFE House, and scholarships to local students, as well as the Lions Hearing Foundation, Sight Foundation, and others.

You can purchase tickets online beginning **February 11<sup>th</sup>**, at **lowlioness.org**. For further information or questions regarding ticket purchase, please call Nicki Buell at 703-217-5615, or Ellen Bearden at 540-222-7390.

Mark your calendar for Saturday, March 4th! Invite your friends and join us for a fun evening that supports many worthy causes in our community.

**We need volunteers for various tasks at the dance.  
Please sign up on the volunteer list at the February meeting! Thank you!**



# Lioness Lions Committees & Activities



## We are collecting for SAFE (Services to Abused Families)

Household cleaning products, paper products, trash bags, and personal hygiene products are always appreciated. Also cold weather accessories and Valentine tokens would be nice; and, of course, checks, gas cards, or cash donations go a long way. Thanks for your generosity!

## Eyeglass Recycling

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the Tom Walker building (the same building as the Book Sale). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways for lunch!

You are not committed to come every Monday, just when it is convenient! Thank you.



**SHARE AND CARE** is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

**Carol Lee 540/972-8920 or [carol.lee4@comcast.net](mailto:carol.lee4@comcast.net)**



## From the Tamers

By Heidi Brown



The Lake of the Woods Lioness Lions Club Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$25.00 if you are unable to attend this meeting.

**NOTICE: We reply to E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.**

Heidi Brown: (703) 402-8773 hvbrown59@gmail.com  
Ellen Bearden: (540) 222-7390 bebearden@verizon.net  
Claire Donahoe: (703) 447-0235 cfdonohoe@hotmail.com

**If you are bringing a guest, please call the Tamers**

## DINNER MENU

### DINNER

- \* Clubhouse Garden Salad w/White Balsamic & Ranch Dressing
- \* Rolls & butter
- \* Chicken Chardonnay
- \* Seasonal Vegetable Medley & Rice Pilaf

### ALTERNATE CHOICE

- \* Roasted Acorn Squash stuffed w/Mushrooms, Tomato & Spinach topped with Fig reduction

### DESSERT

- \* Lemon Berry Mascarpone
- \* Apple Pie

**Beginning MARCH dinner will be \$25.00.**

## Twister Corner

Roses are red,  
Violets are blue.  
I love being a Lioness  
And I love all of you!



I will be circulating throughout the cocktail hour portion of our meeting checking for badges.  
As you know, there is a donation if you forget your badge!

I look forward to getting to know all of you!



## January

January 5 Loretta LaTerra  
January 5 Toni Keating  
January 10 Mary Lou Ambrose  
January 16 Jan Stockman  
January 25 Shellee Williams

## February

February 5 Betsy Flanigan  
February 6 Millie Davis  
February 10 Cathy Hix  
February 12 Helene Burns  
February 20 Lynne Kovach  
February 23 Joan Litschert  
February 23 Sue Powers

# FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3 Food Pantry 9-10:30 AM	4	5
6 Eyeglass Recycling 9:30-11:00 AM	7	8	9 <b>LIONESS DINNER MEETING</b>	10 Food Pantry OVERSTOCK 9:00 until gone	11 Mardi Gras Tickets on sale 9:00 a.m. lowlioness.org	12
13 Eyeglass Recycling 9:30-11:00 AM	14 	15	16	17 Food Pantry 9-10:30 AM	18	19
20 	21	22	23 <b>BOARD MEETING</b>	24 Food Pantry 9-10:30 AM	25 Lioness Book Sale 8:30-1:00 PM	26
27 Eyeglass Recycling 9:30-11:00 AM	28					

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### FROM THE EDITOR

Lynne Kovach  
Editor, Lioness Lions LOW DOWN  
Phone: (540) 920-8528  
Email: [lynnebkovach@gmail.com](mailto:lynnebkovach@gmail.com)

Please submit information, articles and photographs for the LOW DOWN to **EMILY FLORENCE** no later than **Monday, February 20th**. The newsletter will be distributed on or about the first of the month.

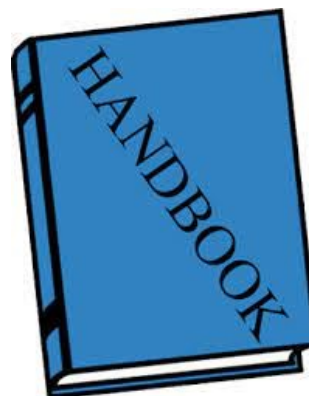
Forward your articles or information by email at the address below, or call Emily if you don't have access to email.

Email: [emilyjflorence@aol.com](mailto:emilyjflorence@aol.com)  
Phone: (571) 239-0591

### HANDBOOK CORRECTIONS

Please forward any additions, changes, or corrections to your Handbook/Directory to

Christine Getty at  
[fcfmgetty@comcast.net](mailto:fcfmgetty@comcast.net)



The LOW DOWN is published monthly by the  
Lake of the Woods Lioness Lions Club  
Lynne Kovach, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

[www.lowlioness.org](http://www.lowlioness.org)

### Eyeglass Recycling

Nancy Strain, 972-7141

### Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

### Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338