LOW DOWN





Volume 37 Number 11 - May 2022

President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

www.lowlioness.org

Hello MAY

MAY acts as the bridge between spring and summer, hinting at warmer weather. May is likely named for the Roman goddess Maia, who oversaw the growth of plants. Very appropriate since the saying goes "April showers, brings May flowers." In spite of having very few rain showers in April, we are off to a "blooming" start with all of the May flowers popping out. Many celebrations in May, namely the most popular, May Day, Cinco de Mayo, Mother's Day, Armed Forces Day and, of course,

Memorial Day (opening day for picnics and barbeques).

Well, have you taken heed to the suggestions from our last month's guest speaker, Nancy Merritt, to start to down size and get rid of (or give back) those doodads and gifts that our kids gave us that we no longer want to dust? Or, save those items, especially Christmas items, for our next Christkindlmarkt in November.

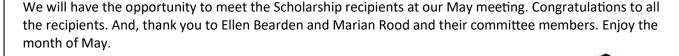
Gail Stoner and Helene Burns knocked the Yard Sale out of the park with an outstanding profit of \$2,033.00.

Thank you, Gail and Helene, for your organization and hard work, and thank you to all of the members that

helped on April 23rd. A special thanks to Joan Litschert for making her garage available for storing items.

Looking forward to the Rockin' & Rollin' Dance event featuring Bill Feterle and Sherri LaHay Lasover on Saturday, May 14th. Arlene Rich and Committee members are getting things in place for a fun and "jumping" night. Get the word out to your friends and neighbors. Tickets are still available. So, if you haven't purchased your ticket, contact longic Feterle.

available. So, if you haven't purchased your ticket, contact Jonnie Feterle (330)-921-9287.



Fondly, Kathy 

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2021—2022 Board of Directors

President Kathy Merritt 405 Gold Valley RD Locust Grove, VA 22508 (540) 972-5219

Secretary Gina Davies 101 Windy Lane Locust Grove, VA 22508 (229) 669-3666

Treasurers Loretta LaTerra Diane Pittman

1st Vice President Nicki Buell

2nd Vice President Gail Hardin

3rd Vice President Darcy Jennings

Lioness TAMERS Rani Manhard Ann Wood

Tail Twister Colleen Cameron

Membership Donalda Lovelace Jan Stockman

Directors
Barbara Francis
Arlene Rich
Gail Stoner

Past President Jayne Owiesny

THE INSIDER'S VIEW

Minutes from the April 28, 2022 BOD Meeting

The meeting was called to order at 7:03 pm on Thursday, April 28, 2022 by President, Kathy Merritt. The following board members were present: President Kathy Merritt, Secretary Gina Davies, Treasurers Loretta LaTerra and Diane Pittman, 1st Vice President Nicki Buell, 2nd Vice President Gail Hardin and 3rd Vice President Darcy Jennings, Tail Twister Colleen Cameron, Membership Director Jan Stockman, Directors Arlene Rich, Gail Stoner and Barbara Francis.

SECRETARY'S REPORT: Gina Davies

- The minutes of the March 24, 2022 BOD meeting, which were previously distributed, were approved. Motion made by Gail Hardin and seconded by Darcy.
- Committee Chairpersons monthly reports for the month of March: ps=721, l=132, h= 543, \$800.00 for Ukraine relief through LCI.
- Questionnaire report: The member questionnaire from LCI was sent out to all 100 members of the LOW Lioness Lions Club. Despite numerous appeals, only twelve members responded. A summary is below. Although statistically insignificant, some of the responses are worth reporting. Most respondents indicated that they joined the Club to serve their community. Others joined to meet other women and some joined because a friend invited them. The Food Pantry and Scholarships were the top two most important service projects. Most respondents felt all projects were important. Projects that directly benefit our community such as grief support, mental health, and any projects dealing with local youth were suggested as new initiatives. Respondents felt that activities to make new, old, and prospective members feel included and welcome, more dances/activities involving significant others, and mixers at dinner meetings would improve the Lioness Lions Club experience. It was also suggested that we should get our events, endeavors and services as public as possible, "toot our own horns" more than we do now.
- The slate of officers for the 2022-2023 Board of Directors of the LOW Lioness
 Lions Club was voted on at the April 14th Dinner Meeting. A motion to approve
 the slate was made by Karen Cakouros and seconded by Anne LeHuray. The
 motion was adopted. The newly elected officers will officially start on July 1,
 2022.

President Nicki Buell, 1st VP Barbara Tomayko, 2nd VP Gail Hardin, 3rd VP Darcy Jennings, Secretary Judy Ludvigsen, Administrative Treasurer Diane Pittman, Foundation Treasurer Loretta LaTerra, Tamers Heidi Brown and Benita Forrest, Tail Twister Mary Lou Ambrose, Membership Directors Jan Stockman and Donalda Lovelace, Directors Arlene Rich, Susan Bergner and Toni Keating, Immediate Past President Kathy Merritt.

TREASURER'S REPORT: Loretta LaTerra

Foundation report: The closing balance as of 4/28/22 is \$46,743.82.

TREASURER'S REPORT: Diane Pittman

Administrative report: The closing balance as of 4/28/22 is \$14,180.48.

THE INSIDER'S VIEW (Cont'd)

BOD Meeting Minutes

PRESIDENT'S REPORT: Kathy Merritt

- July 4th parade we will use Jan Stockman's truck and Nicki will look into borrowing some golf carts for our parade on July 2nd. We will be using posters, signs, banners, etc. to highlight what we do as a service club. We will have walkers and riders in the parade. More information will be coming.
- Eyeglass playground equipment Donalda asked Kathy to introduce an idea for having a piece of playground equipment placed somewhere in LOW that would be a gift from the LOW Lioness Lions. Pictures were sent to the board through email. Discussion followed and was subsequently tabled.

2ND VICE PRESIDENT: Gail Hardin

- Scholarship Committee report from Marian Rood
 - ♦ 3 recipients for the \$2,000 scholarships have been chosen. They are: Cayce Sinclair, Latishia Durham, Amber Winn. They will be attending the dinner meeting on May 12th along with a representative from Germanna Community College.
 - ♦ Three applications have been received for the High School level scholarships. Interviews will be done in May. All three are excellent candidates. Scholarships will go out in June

MEMBERSHIP: Donalda Lovelace and Jan Stockman.

- Committee Report
 - The names of Claire Donohoe, Sponsor Kathy Merritt and Carol Wood, sponsor Ann Wood were brought to the board for membership in the Club. Jan made a motion to accept the candidates and Arlene seconded it. The motion was adopted.

DIRECTORS

- Gail Stoner
 - ♦ Yard Sale report A good time was had by all! There were good crowds, we raised over \$2,000.00 and many Lioness Lions pitched in to help either at the sale or beforehand, marking the merchandise as it came in.
- Arlene Rich
 - Rockin' & Rollin' Dance Report 145 tickets have already been sold. Only 55 are left call your friends so they don't miss this fun event!

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There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 8:35 pm. Motion made by Gail Hardin and seconded by Loretta LaTerra. Motion adopted.

Respectfully submitted, Gina Davies, Secretary



Lioness Lions Committees & Activities

Membership



Dear LOW Lioness Lions Club Members,

Our Fiscal New Year 2023 starts July 1, 2022. Members' annual dues are payable to Lions Club International and Lions of Virginia by that same date.

We are happy to report the dues amount, **\$80.00**, has remained unchanged, as has the new member initiation fee of \$35.00. Please bring your dues to the May 12 dinner meeting. This leaves the June 9 dinner meeting as a back-up payment date for those who are not attending the May meeting. If you are unable to attend either meeting, you may mail your dues to LOW Lioness Lions Club, PO Box 811, Locust Grove, VA 22508. Please write "dues" on the back of the envelope. Checks may be made payable to LOW Lioness Lions Club. Thank you for your membership and service to the community.

Thank you,
Diane Pittman, Admin. Treasurer, LOW Lioness Lions Club

Membership

Visitors to our April Dinner Meeting included the following:

Billy Cooke / Nancy King Carol Wood /Ann Wood Cathi Obrien / Gina Davis Laurie Tryfates / Teresa DeCicco



Nancy Merritt (Speaker) guest of Kathy Merritt

Eyeglass Recycling

The Eyeglass Recycling committee needs a few volunteers to help wash and dry glasses on Monday mornings. We meet from 9:30 to 11:00 every Monday morning at the Tom Walker building (the same building where the book sale takes place). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways! Also, you are not committed to come every Monday, just when it is convenient. Thank you.

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family. The only way to let our members know is if you let me know by phone or email. I would

appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club. Thank you so much for your help with this.

Carol Lee 540/972-8920 or carol.lee4@comcast.net



Committees & Activities (continued)



Rockin' & Rollin' Dance

Saturday, May 14th

Do you know how hearing a favorite old song brings back a sweet memory? Or perhaps you hear a nostalgic fun song that makes you want to get up and dance to the beat of it? Well then all you need to do to relive these golden moments is to hop on over to the Lake of the Woods Lioness Club page which is Lowlioness.org and purchase your tickets before they sell out. Then you can look forward to a night of 50's & 60's music, dancing, contests and prizes, cash bar & snacks. Tickets are \$30 (adults 21 & over) Seats are filling quickly so don't be disappointed by hesitating. Buy Now!

For info call Jonnie Feterle at (330) 931-9287

By Arlene Rich

SPRING YARD SALE

Thanks to all of our Lioness Club ladies, we had a very successful Lioness Yard Sale, and a great time on Saturday, April 23rd at the Sweetbriar Pavilion!

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We had many wonderful donations from many of you to sell for the benefit of the many local charities we support. Some signed up to help for a two hour shift and ended up helping all day! Thank you to Lynne Travis for promoting our sale so well!

Special thanks to Joan Litschert for letting us use half of her garage for storing and pricing

Marty Legge made a wonderful display window for donated and hand made jewelry! Thanks taking the extra time and lovely display!!

Also thanks to the honorary Lioness' husbands who helped transport and unload donations early Satur-

day morning- Bob and Jan Stockman, Bruce Rood, Mark Hunter, Greg Stoner and more. Thank You!!

Thank You all so much!! We are lucky to have a wonderful community supporting our event, too! It was really fun and great fellowship as well. We couldn't have done it without your help!!

Co-chairs Helene Burns and Gail Stoner



From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club May 12th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$22.00 if you are unable to attend this meeting.

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Rani Manhard (540) 972-7859 Email: ranilow@verizon.net Ann Wood (540-972-3326) Email: callwood@aol.com

MAY DINNER MENU

DINNER

- * Caesar Salad w/croutons & parmesan cheese
- * Garlic Bread Sticks
- Classic Lasagna with beef, ricotta & mozzarella cheeses featuring clubhouse-made marinara sauce

ALTERNATE CHOICE

- Vegetarian Lasagna includes spinach & roasted red pepper w/ creamy alfredo sauce served with crushed red pepper, cracked black pepper, parmesan cheese and fresh herbs.
- Seasonal Vegetable Medley

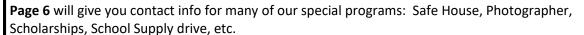
DESSERT

Fresh baked cookies & brownies

Twister Corner

By Colleen Cameron

Continuing my review of the Lioness handbook:



Also on Page 6 are days and hours for the food pantry, Book Sale and eyeglass recycling.

Page 7 details Foundation Fund Raising.

Moving on to **Page 10**, you will find our two budgets. One is for Admin Expenses and the other is for The Foundation.

More to come in June!





May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Eyeglass 2 Recycle 9:30-11:00 AM	3	4	5	6 Food Pantry 9-10:30 AM	7
8	Eyeglass 9 Recycle 9:30-11:00 AM	10	11	LIONESS DINNER MEETING	13 Food Pantry OVERSTOCK 9:-00 'til gone	14 ROCKIN' & ROLLIN' DANCE
15	Eyeglass 16 Recycle 9:30-11:00 AM	17	18	19	<i>20</i> Food Pantry 9-10:30 AM	21
22	Eyeglass 23 Recycle 9:30-11:00 AM	24	25	26 BOARD MEETING	<i>27</i> Food Pantry 9-10:30 AM	28 Lioness Book Sale 8:30—1:00 PM
29	30	31				

June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Food Pantry 9:00-10:30 AM	4
5	Eyeglass 6 Recycle 9:30-11:00 AM	7	8	9 LIONESS DINNER MEETING	10 Food Pantry Overstock 9:00-until Gone	11
12	Eyeglass 13 Recycle 9:30-11:00 AM	14	15	16	17 Food Pantry 9:00-10:30 AM	18
19	Eyeglass 20 Recycle 9:30-11:00 AM	21	22	23 BOARD MEETING	24 Food Pantry 9:00-10:30 AM	25 Lioness Book Sale 8:30—1:00 PM
26	Eyeglass 27 Recycle 9:30-11:00 AM	28	29	30		

From the Acting Editor

By Lioness Lions Lynne Travis Acting Editor, Lioness Lions LOW DOWN

Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Friday**, **June 27th**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

Email: Emily Florence at emilyjflorence@aol.com

REMINDER:

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew Emily Florence Lynne Travis

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Nancy Strain, 972-7141

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338