

# LAKE OF THE WOODS LIONESS LIONS

## LOW DOWN

Volume 37 Number 9 - March 2022



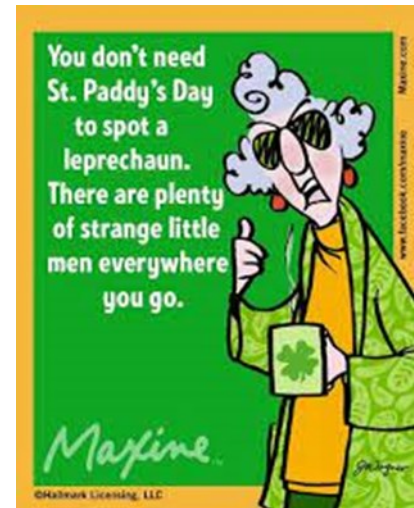
### President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

[www.lowlioness.org](http://www.lowlioness.org)

March is the Month of Expectation— and expectations can be unpredictable. More often than not, quotes about the month of March mention some aspect of nature. Some discuss wind and rain, others mention blooming flowers (noting that Daffodil is the March flower) and budding trees, and a few ponder blue skies and white clouds. If only nature would arrange them in the right order and dispense them in appropriate amounts to create pleasant, comfortable days! But, March is "unpredictable." (Hoping we don't get more snow!)

Some of the Holidays in the Month of March include—March 1 Mardi Gras (aka "Fat Tuesday" or Shrove Tuesday), with the following day, Ash Wednesday (March 2, 2022). March 7 is Clean Monday. Also called Pure Monday. This day is similar to Ash Wednesday of the Western Church. March 8 is International Women's Day, which is a day that celebrates the achievements of women and the progress made toward women's rights, March 13 is the start of Daylight Saving Time, March 15 is the Ides of March! Legend surrounds this ill-fated day. Beware the Ides of March! March 17 is St. Patrick's Day. March 20 brings about the beginning of spring. March 29-31 are known as the Borrowing Days. According to lore, the last three days of March have a reputation for being stormy.



We appreciated and enjoyed Alison Macpherson's demonstration of her chair aerobics exercise class at our February meeting. Thank you to the Lionesses that participated in the demonstration  
Emily Florence, Judy Ludvigsen, and MaryLou Ambrose.



## President's Letter (Continued)

Mardi Gras Dinner and Dance on Saturday, March 5th was sold out in less than an hour. I am sure this will be a special and fun event. Thank you to all the Committee Members for all the work they have poured into the planning of this event. Looking forward to seeing you.

Reminder Spring Yard Sale - April 23rd, 9:00-1:00 – bring gently used household items, home decor, handbags, jewelry, etc. No clothing, please. Items can be dropped off between 7:30-10:00 at the Sweet Briar pavilion or members can sell stuff from their trunks in the parking lot. All money collected will go to Lioness activities in the community. Joan Leichardt has offered her garage for early drop off of items. Check with Joan, Gail Stoner or Helene Burns to arrange for a date/time for drop off.

Save the Date for May 14th for our Rock N & Roll N Dance: Arlene Rich is heading up the dance committee. Date for purchasing tickets will be announced – the Cost is \$30.00/person. Entertainment will be Sherri Lasover and Bill Feterle. Questions, please contact Arlene.

We now have a direct Email address -- [lowlionessclub@lowlioness.org](mailto:lowlionessclub@lowlioness.org) has been activated. All messages will go to our Secretary, Gina Davies, who will then respond and/or refer to the appropriate Lioness for further response.

The BOD voted to contribute \$200 to the District 24L Foundation Fighting Blindness (FFB) for the FFB Vision Walk to raise funds on Saturday April 30 in Washington DC. A Walk is, also, being scheduled in May (DTBD) in Alexandria. It was suggested that it may be fun for a group of Lioness to plan to participate in the Walk, either in DC or in Alexandria. More on this event as soon as we have a date for the May Walk. However, in the meantime if you are interested let me know and I will send the written information received from the FFB.

Our membership Chairs, Donalda Lovelace and Jan Stockman are pleased to advise that we have 97 members and still pushing hard to get to the 100 mark which will be accomplished in the next few months. Thank you, ladies, for all your hard work.

Thank you to Karin Mollard for entertaining us on the piano during the social gathering!



On a local matter, most of you probably have heard of the young man Charlie (Cheers for Charlie) and his need for a specialized service dog. In our effort to assist, the BOD voted to contribute to this worthy need. Also, we are suggesting personal donations from our Members to be collected at our March 10th meeting. If you plan to write a check for your donation, please write the check payable to the LOW Lioness and "Charlie" in the memo line. Thanks in advance for your donations.

March 13th -- Don't forget daylight savings time. You spring forward, then you fall back.  
Wishing you a wonder March! Kathy

### MARCH GUEST SPEAKER



800-825-8876

Lana Smith of SAFE will be our guest speaker at our dinner meeting on March 10. The Mission Statement of this organization is below:

Services to Abused Families, Inc. (SAFE)

Provide shelter, support and advocacy to survivors of domestic violence and sexual assault.

SAFE's services are free and confidential. Our agency offers a variety of services designed to empower victims and survivors by using a wide range of agency specific and community based support resources.

We provide services to the following areas: Culpeper, Fauquier, Madison, Orange and Rappahannock VA.

**Lake of the Woods Lioness  
Lions Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club  
House on the 2nd Thursday of each  
month. Social hour at 5:15 p.m.

**2021—2022 Board of Directors**

**President**

**Kathy Merritt**  
405 Gold Valley RD  
Locust Grove, VA 22508  
(540) 972-5219

**Secretary**

**Gina Davies**  
101 Windy Lane  
Locust Grove, VA 22508  
(229) 669-3666

**Treasurers**

**Loretta LaTerra**  
**Diane Pittman**

**1st Vice President**

**Nicki Buell**

**2nd Vice President**

**Gail Hardin**

**3rd Vice President**

**Darcy Jennings**

**Lioness TAMERS**

**Rani Manhard**  
**Ann Wood**

**Tail Twister**

**Colleen Cameron**

**Membership**

**Donalda Lovelace**  
**Jan Stockman**

**Directors**

**Barbara Francis**  
**Arlene Rich**  
**Gail Stoner**

**Past President**

**Jayne Owiesny**

**THE INSIDER'S VIEW**

**Minutes from the  
February 22, 2022  
BOD Meeting**

The meeting was called to order at 7:02 pm on Thursday, February 24, 2022 by President, Kathy Merritt. The following board members were present: President Kathy Merritt, Secretary Gina Davies, Treasurers Loretta LaTerra and Diane Pittman, 1st Vice President Nicki Buell, 2<sup>nd</sup> Vice President Gail Hardin, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Directors Donalda Lovelace and Jan Stockman, Director Arlene Rich and Immediate Past President Jayne Owiesny (via phone.) Also attending Lynne Travis, Publicity Chair & LOW DOWN acting editor.

IMMEDIATE PAST PRESIDENT: Jayne Owiesny (via phone)

Jayne presented the slate of officers for the 2022-2023 year. She motioned for the BOD to accept the slate and Loretta seconded it. The motion was adopted. The slate is as follows:

President - Nicki Buell	Foundation Treasurer - Loretta LaTerra
1st VP - Barbara Tomayko	Tamers - Heidi Brown, Benita Forrest
2nd VP - Gail Hardin	Tail Twister - Mary Lou Ambrose
3rd VP - Darcy Jennings	Membership - Jan Stockman, Donalda Lovelace
Secretary - Judy Ludvigsen	Directors - Arlene Rich, Susan Bergner, Toni Keating
Administrative Treasurer - Diane Pittman	
Immediate Past President - Kathy Merritt	

**OLD BUSINESS:** Lynne Travis

- A free Lioness email has been secured: lowlionessclub@lowlioness.org. The email can be set up with forwarding to one or more people. The BOD secretary will be responsible for monitoring and forwarding any emails that arrive.

**SECRETARY'S REPORT:** Gina Davies

- The minutes of the January 27, 2022 BOD meeting, which were previously distributed and accepted, were approved. Motion made by Gina and seconded by Jan. Motion adopted.
- Committee Chairpersons monthly reports: January - people served=1,167; Lioness Lions involved=97
- Volunteer hours=396.
- Member Questionnaire - Please download, fill out, and bring the questionnaire with you to the March dinner meeting so that we will be able to collate and report on the results.

**TREASURER'S REPORT:** Loretta LaTerra

- Foundation report : Closing balance \$53,104.98 as of 2/24/22. Dance expenses are still outstanding.

**TREASURER'S REPORT:** Diane Pittman

- Administrative report: Closing balance \$14,216.88 as of 2/24/22.

**PRESIDENT'S REPORT:** Kathy Merritt

- LCIF (Lions Clubs International Foundation) – Guest Speaker Mar 10, James V. Cech. BOD to discuss
- possible donation to LCIF after hearing from Mr. Cech.

## THE INSIDER'S VIEW(Cont'd)

## BOD Meeting Minutes Cont'd)

- FFB (Foundation Fighting Blindness) – Letter forwarded to BOD members from Davida Luehrs asking for a donation for their FFB Vision Walk. Ann made a motion to give \$200.00 as requested by Davida and Arlene seconded it. The motion was adopted. Discussion ensued about sending a group to participate in the walk as well. Kathy will bring this up at the March dinner meeting once we have more information.
- Fundraiser for local boy: Cheers for Charlie – donation towards providing a Service Dog. Lioness Pat Licata is helping with this fundraiser for Charlie Wright who is a young boy who lives in LOW. He has many medical issues and a service dog would make his life much easier and safer. We will be collecting donations at our March Dinner meeting for Charlie. The BOD will also be discussing a donation from our Lioness Foundation Treasury at the March BOD meeting.
- Insurance for Rock N Roll Dance: Kathy checked into the costs for insurance and an ABC license for our dance in May. The costs are not prohibitive. More information about the dance will be announced soon.
- The need for a credit card for the Lioness Lions was raised. After discussion, Kathy made a motion to procure a credit card for the club. Donaldda seconded it. The motion was adopted. Loretta will check with the bank and have the foundation treasurer, the president and the 1st VP listed on the card.

**2ND VICE PRESIDENT:** Gail Hardin

- Gail reported that Val Protiva wanted to thank the members of LOW Lioness Lions for the many product donations and the \$215.00 collected for SAFE House.

## DIRECTORS

- Arlene Rich: Arlene gave budget information for the May 14th Dance. The ticket price will be \$30.00 per person.

**MEMBERSHIP:** Jan Stockman and Donalda Lovelace

- Committee Report: Jan submitted two new names for membership. A motion for acceptance was made by Colleen and Gail H. seconded the motion. The motion was adopted. Diane Wiard (Val Protiva) and Pamala Derreberry (Julie Phend) will be accepted into membership at the March dinner meeting.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 9:07pm. Motion made by Loretta and seconded by Arlene. Motion adopted.

Respectfully submitted,

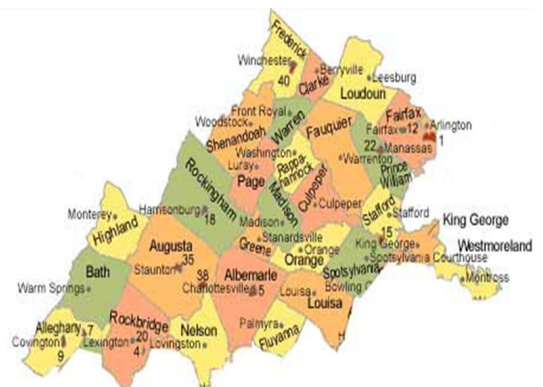
Gina Davies, Secretary



**Did you know that LOW Lioness Lions was a club in District 24L?**

**Did you know that District 24L is composed of 90 clubs in the following counties?**

District leadership is composed of a District Governor and a First Vice District Governor and a Second Vice District Governor and a Cabinet. Your own Lioness Donaldda Lovelace is SVDG of District 24L and is running for FVDG. In a meeting this year, you met FVDG Rose Burrus who will be running for District Governor at the State Convention April 28-May 1, 2022, in Chesapeake, VA. As a club we are entitled to 10 delegates, however, voting takes place at the Convention so attendance is a must. I do hope that that you will be able to attend and that you will vote for me.





## Congratulations

To the Lionesses who received acknowledgement and congratulations from Lions Club International for their years as charter members. Chevrons are issued in recognition of long periods of membership as a Lion. The first chevron is earned starting with the tenth year of membership and in multiples of five years thereafter.

Not pictured, Roselynn Edward, Caroline Caldwell and Bonita Doubleday at 10 years.



Jean Maclellan 15 years



Loretta LaTerra 10 years



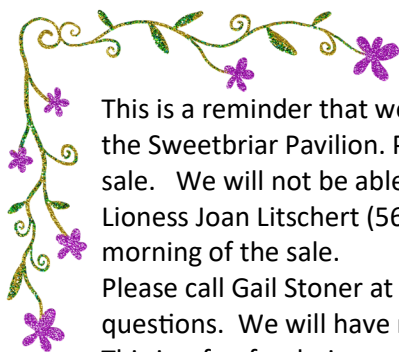
Hilda Valenta Seary - will receive her 45th year chevron next year!



Sherri Lasover 10 years

# Committees & Activities (continued)

## Spring Yard Sale Reminder



This is a reminder that we will be having the Lioness Yard Sale on Saturday, April 23, from 9:00-1:00 at the Sweetbriar Pavilion. Please save nice housewares, jewelry, toys, small tools, purses, etc., for our sale. We will not be able to accept clothing.

Lioness Joan Litschert (561-398-3554) has offered to hold some donations if you can't bring them the morning of the sale.

Please call Gail Stoner at 540-207-9517 (cell) or Helene Burns at 540-412-0798 (home) if you have any questions. We will have more information as it gets closer to the date.

This is a fun fundraiser and, also, helps us donate items we no longer need and the proceeds benefit our many local charities! **Please make note of the date, April 23.**

Thank You so much!! Gail Stoner

## Rockin' & Rollin' Dance

The Rockin' & Rollin' Dance is coming up on **May 14<sup>th</sup>**, from 7:00pm -10:00 pm.

Tickets go on sale Saturday, April 2nd for \$30 per person.

Please get your tables together and think about sponsoring a table for \$100.

Anyone who would like to contribute money in advance to defer the cost of liquor, insurance fees, sound system, decorations etc., it would be greatly appreciated.

**Please contact, Arlene Rich (973-670-9678) with questions.**

**Rockin' & Rollin' Dance**  
*Saturday, May 14, 2022*  
*7:00 - 10:00 pm*  
*At the Lake of the Woods Community Center*  
**Featuring Bill Federle and Sherri LaRue Lasores**  
Join us for a night of 50's & 60's music, dancing, contests & prizes, photo prop background, cash bar & snacks!  
**Tickets: \$30.00**  
Order tickets online beginning April 2, at [www.lowlioness.org](http://www.lowlioness.org)  
Contact Arlene Rich: (973) 670-9678  
All proceeds support the Lioness Lions Foundation, Inc. to serve our community

## **Eyeglass Recycling has begun again**

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the Tom Walker building (the same building where the book sale takes place). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways! Also, you are not committed to come every Monday, just when it is convenient. Thank you.





# Lioness Lions Committees & Activities

## Membership



Let me introduce our February inductee, Deborah Raines. Deborah was born in Delaware and has lived in Washington, D. C. and various places in Virginia. She is married and has two grown children. Deborah chose to move to the lake for retirement and to be close to her kids who live in Northern Virginia.

Prior to retirement Deborah as a computer trainer, staff member for the U. S. Senate, a real estate attorney, and special education teacher. Previously her volunteer experiences were organizing and leading a weekly girls reading group, Christmas in April, and working at a mental health hotline.

Deborah's activities include reading and walking. She has also traveled to many countries and U. S. states.

She looks forward to meeting new friends in Lioness. Her projects of interest include volunteering at the eye glass sorting, food bank, and school related projects. Welcome Deborah!



Bev Kuhn, guest of Karin Mollard

## Prospective Lionesses



Nancy Purk, guest of Theresa DiCicco

**SHARE AND CARE** is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

**Carol Lee** 540/972-8920 or [carol.lee4@comcast.net](mailto:carol.lee4@comcast.net)



## From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club March 10th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$22.00 if you are unable to attend this meeting.

**NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.**

Rani Manhard (540) 972-7859 Email: ranilow@verizon.net

## MARCH DINNER MENU

### DINNER

- \* Clubhouse garden salad with garlic ranch and balsamic vinaigrette
- \* Rolls and butter
- \* Corned beef and cabbage
- \* Crinkle cut carrots
- \* Scalloped potatoes

### ALTERNATE CHOICE

- \* Tortellini primavera with white sauce served with asparagus

## Twister Corner

By Colleen Cameron

One of my favorite jokes is, What is the only date that gives a command? - March 4th!

I would be remiss if I did not mention my beloved St Patrick's Day on March 17th. In

Massachusetts, March 18th was a state holiday as it observed Paul Revere's ride. Many people thought it was to nurse hangovers from 3/17.

It has been a pleasure to be on the Dinner Dance committee and such a validation from both our organization and sooooo many merchants as they donated goods and table sponsorships. Hope to see many of you there!



**March 1**

Teresa Wisniewski

**March 18**

Anne LeHuray

**March 3**

Sharon Thornton

**March 19**

Gail Stoner

**March 5**

Mary Simmons

**March 24**

Darcy Jennings

**March 17**

Gina Davis  
Julia Davis  
Pat Licata

**March 25**

Arlene Desimone





# March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Food Pantry 9-10:30 AM	5
6	Eyeglass Recycle 9:30-11:00 AM 7	8	9	10 LIONESS DINNER MEETING	11 Food Pantry OVERSTOCK 9:-00 'til gone	12
13	Eyeglass Recycle 9:30-11:00 AM 14	15	16	17	18 Food Pantry 9-10:30 AM	19
20	Eyeglass Recycle 9:30-11:00 AM 21	22	23	24 BOARD MEETING	25 Food Pantry 9-10:30 AM	26 Lioness Book Sale 8:30—1:00 PM
27	Eyeglass Recycle 9:30-11:00 AM 28	30	31			

# April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	Eyeglass Recycle 9:30-11:00 AM 4	5	6	7 LIONESS DINNER MEETING	8 Food Pantry 9:00-10:30 AM	9
10	Eyeglass Recycle 9:30-11:00 AM 11	12	13	14	15 Food Pantry 9:00-10:30 AM	16
17	Eyeglass Recycle 9:30-11:00 AM 18	19	20	21 BOARD MEETING	22 Food Pantry 9:00-10:30 AM	23 Spring Yard Sale 9:00—1:00 PM
24	Eyeglass Recycle 9:30-11:00 AM 25	26	27	28	29 Food Pantry 9:00-10:30 AM	30 Lioness Book Sale 8:30—1:00 PM

**From the Acting Editor**

By Lioness Lions Lynne Travis  
Acting Editor, Lioness Lions LOW DOWN  
Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Friday, March 25th**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

**Email:** Emily Florence at [emilyjflorence@aol.com](mailto:emilyjflorence@aol.com)

**REMINDER:**

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew  
Emily Florence  
Lynne Travis

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**TO HELP KEEP A SAFE ENVIRONMENT DURING THIS "IFFY" TIME WITH COVID, WEARING OF MASKS IS REQUESTED AT ALL TIMES EXCEPT WHILE EATING. THANK YOU.**

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions  
LOW DOWN  
PO Box 811, Locust Grove, VA 22508  
[www.lowlioness.org](http://www.lowlioness.org)

**Eyeglass Recycling**

Nancy Strain, 972-7141

**Wilderness Food Pantry**

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

**Book Sale**

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338