

# LAKE OF THE WOODS LIONESS LIONS

## LOW DOWN



Volume 37 Number 11 - June 2022

### President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

[www.lowlioness.org](http://www.lowlioness.org)



In keeping with my theme of starting my letter with the current month, June represents the first days of summer (and school vacation!) and claims the Rose as its flower. This may be reason enough for the celebration of June, but believe it or not, there's actually more fun to be had. From quirky food holidays and pet appreciation days to notable times in history, June provides us with many opportunities to smile. The notable dates that come immediately to mind are of course, June 6th D-Day, June 14th Flag Day, June 20th Father's Day; and then several other fun days, like Hug Your Cat Day, Daniel Boone Day, Donald Duck Day and food days like Lobster and Ice Cream Days. A month of fun!

Congratulations to Arlene Rich and the entire Rockin' & Rollin' Dance Committee on a very successful fundraiser event. Sherri Lasover and Bill Feterle were phenomenal. Thank you all for all the hard work and dedication.

Welcome to our newest member, Claire Donohoe. We are pleased to have you as a member of our Lioness family.

This is my last letter as President. I want to say how honored and privileged I have been over the past year to have had this opportunity to serve as your President. The experience has been rewarding in many ways. I want to first thank the Board of Directors for their support and commitment during the year. And, most of all I want to thank the membership – YOU-- for your dedication and work in making the past year memorable and successful. I am proud to know such a special group of ladies with such devotion and energy to serve our community. Thank you!

I pass the gavel to our next President, a special and devoted member, Nicki Buell. Nicki and her husband Ken will be the first to serve simultaneously as Presidents of the LOW Lioness and Lions Clubs. I wish Nicki and the incoming Board of Directors congratulations and the best for a successful upcoming year. Again, thank you and Blessings to All.

Love, Kathy



### Things to Bring to the June Dinner Meeting

**\$\$ DUES \$\$**  
**\$80.00**

**S.A.F.E**  
**House cleaning**  
**products, women's**  
**hygiene products, etc.**

**SCHOOL**  
**SUPPLY DRIVE**

**See page 7 for a list of**  
**supplies**

# Making a Difference



An old man walking along the beach came upon a child sifting through debris left by the night's tide. Every so often, he would pick up a starfish and toss it back to the sea.

The old man asked him the purpose of his efforts.

"The tide has washed the starfish onto the beach. They will die unless I throw them back."

The old man looked around at the miles of beach.

"There are more starfish than you can ever save. You cannot make a difference."

The child bent to pick up another starfish and sent it back to the ocean. Then he looked up at the old man, smiled and replied, "I can make a difference to this one."

## You make a difference!

Adapted from The Star Thrower by Loren Eiseley

Inkfish & Co.

**Lake of the Woods Lioness  
Lions Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club  
House on the 2nd Thursday of each  
month. Social hour at 5:15 p.m.

**2021—2022 Board of Directors**

**President**

**Kathy Merritt**  
**405 Gold Valley RD**  
**Locust Grove, VA 22508**  
**(540) 972-5219**

**Secretary**

**Gina Davies**  
**101 Windy Lane**  
**Locust Grove, VA 22508**  
**(229) 669-3666**

**Treasurers**

**Loretta LaTerra**  
**Diane Pittman**

**1st Vice President**

**Nicki Buell**

**2nd Vice President**

**Gail Hardin**

**3rd Vice President**

**Darcy Jennings**

**Lioness TAMERS**

**Rani Manhard**  
**Ann Wood**

**Tail Twister**

**Colleen Cameron**

**Membership**

**Donalda Lovelace**  
**Jan Stockman**

**Directors**

**Barbara Francis**  
**Arlene Rich**  
**Gail Stoner**

**Past President**

**Jayne Owiesny**

**THE INSIDER'S VIEW**

**Minutes from the  
May 26, 2022  
BOD Meeting**

The meeting was called to order at 7:02 pm on Thursday, May 26, 2022 by President, Kathy Merritt. The following board members were present: President Kathy Merritt, Secretary Gina Davies, Treasurers Loretta LaTerra and Diane Pittman, 1st Vice President Nicki Buell, 2nd Vice President Gail Hardin, 3rd Vice President Darcy Jennings, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Directors Donalda Lovelace and Jan Stockman, Director Arlene Rich. Also present were Babara Tomayko, Judy Ludvigsen, Heidi Brown, Benita Forrest, Mary Ann Ambrose, Susan Bergner, and Toni Keating.

**SECRETARY'S REPORT:** Gina Davies

The minutes of the April 28, 2022 BOD meeting, which were previously approved before being distributed, were accepted. Motion made by Gina and seconded by Darcy to officially accept the minutes. Motion adopted.

Committee Chairpersons April monthly reports: ps= 955; L= 181; H= 709; \$= \$2516.75

**TREASURER'S REPORT:** Loretta LaTerra

Foundation report: balance as of 5/26/22 is \$46,080.91

The proposed budget for the 2022-2023 year was presented. After some discussion, a few changes were made. Gail made a motion to accept the proposed budget with the corrections and Arlene seconded it. The motion was adopted.

**TREASURER'S REPORT:** Diane Pittman

Administrative report: balance as of 5/26/22 is \$18,615.21

Please note when you are writing your check for your dues: no post-dated checks; black or blue ink; note "dues" in the memo line.

**PRESIDENT'S REPORT:** Kathy Merritt

Kathy has been in contact with Stan Lasover about the parade. The Lioness Lions will be up front in the parade.

Next year's new board members were introduced to this year's board at this meeting. New members were invited to attend the meeting to see what occurs at board meetings. They will assume their new positions at the July 28th BOD meeting.

**2ND VICE PRESIDENT:** Gail Hardin

Report from Val Protiva: collection of house cleaning products, women's hygiene products, etc for SAFE will occur at the June Dinner Meeting.

Report from Marion Rood and Ellen Bearden: they met with 4 scholarship applicants and chose 3 recipients who will be attending the June Dinner Meeting.

**3RD VICE PRESIDENT:** Darcy Jennings

Fourth of July Parade report: Darcy informed the board that the theme of our parade floats, signs, etc. will be "Ways We Serve." She will pull together a committee soon and give us more information. She suggested that we use the parade to gather non-perishable food for the food bank, using their shopping carts. She will look into permissions needed for our parade activities.



**TAIL TWISTER:** Colleen Cameron

Report from Pools and Community Activity Committee of LOW: The committee was looking for a group to help them put on an adults only activity at the Clubhouse pool. Kathy pointed out the liability risk to the club. Nicki suggested that the LOW committee bring a proposal to our next meeting (sending it beforehand so members can read it) with all the plans outlined so that we can make an informed decision.

**MEMBERSHIP:** Donalda Lovelace and Jan Stockman.

Committee Report: The names Cathi O'Brien (Gina Davies) and Cindy Coover (Kathy Merritt) were brought before the board for induction into the Lioness Lions Club. Carol Wood (Ann Wood) was approved last month. Jan made a motion to accept Cathi and Cindy into the Club. Arlene seconded it and the motion was adopted. Cathi and Carol will be inducted in June, Cindy in July.

On behalf of the members of the BOD, Donalda presented a dinner gift certificate to Kathy Merritt to thank her for her services this past year.

**DIRECTORS**

Arlene Rich - Rockin' & Rollin' Dance report: The dance was a huge success. \$4,368.58 was raised, 164 tickets were sold. Arlene kept fastidious notes to pass on for the next time we hold that dance.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 8:15 pm. Motion made by Kathy and seconded by Colleen. Motion adopted.

Respectfully submitted,

Gina Davies, Secretary

## FINAL PROPOSED BUDGE FOR 2022 –2023

	PROPOSED 2022-2023 BUDGET			
<b>RECEIPTS</b>				
Book Sales	\$ 3,500.00			
Card Party Luncheon	\$ 7,650.00			
Dinner Dance /Mardi Gras	\$ 15,000.00			
Rock n' Roll Dance	\$ -			
Flea Market	\$ 2,500.00			
Golf Selven Powell Tournament (Food Pantry)	\$ -			
Kristkindlemarkt	\$ 1,000.00			
Miscellaneous Projects/Donations/Amazon Smile	\$ -			
Ms. Orange County Contest (MOCC)	\$ 3,000.00			
Paula Hornaday Scholarship	\$ -			
School Supplies	\$ 2,500.00			
Scavenger Hunt	\$ 600.00			
White Cane Days	\$ -			
White House Ornaments	\$ 12,000.00			
Wilderness Food Pantry				
<b>Total Receipts</b>		<b>\$ 47,750.00</b>	<b>Total Income</b>	
<b>EXPENSES OF FUNDRAISERS/SERVICE PROJECTS</b>				
Foundation Fees	\$ 25.00			
Ticket sale fees	\$ 500.00			
Book Sale Expense	\$ 50.00			
Card Party Luncheon Expense	\$ 4,800.00			
Dinner Dance /Mardi Gras	\$ 7,200.00			
Flea Market Expense	\$ 60.00			
Kristkindlemarkt expense	\$ 150.00			
School supplies	\$ 2,500.00			
Square Fees	\$ 250.00			
Supplies/Stamps/Checks	\$ 100.00			
Trick or Treat on the Point/Scavenger Hunt	\$ 150.00			
White House Ornaments Purchase	\$ 9,000.00			
<b>Subtotal</b>		<b>\$ 24,785.00</b>		
<b>VISION &amp; HEARING</b>				
Lions Hearing Aid Bank Foundation	\$ 500.00			
Lions Sight Foundation	\$ 700.00			
Foundation Fighting Blindness				
<b>Subtotal</b>		<b>\$ 1,200.00</b>		
<b>DIABETES</b>				
Diabetes Association	\$ 500.00			
<b>Subtotal</b>		<b>\$ 500.00</b>		
<b>HUNGER</b>				
Wilderness Food Pantry	\$ 2,000.00			
<b>Subtotal</b>		<b>\$ 2,000.00</b>		
<b>OTHER LIONS</b>				
Lions Leader Dog	\$ 500.00			
Lions Service Dogs of Virginia	\$ 300.00			
Lions of VA Fund (LOVF) Disaster Relief	\$ 250.00			
Golf Hole/Selven Powell Tournament	\$ 100.00			
<b>Subtotal</b>		<b>\$ 1,150.00</b>		
<b>LOCAL COMMUNITY</b>				
Child Help (ice cream social) Expense reimbursement only	\$ 100.00			
Germana Heights Senior Community (Expense Reimbursement only)	\$ 200.00			
Junior Golf League	\$ 200.00			
LOW Fire & Rescue	\$ 2,000.00			
LOW fishing Tournament (\$100)	\$ 100.00			
Orange County Animal Shelter	\$ 200.00			
Orange County Free Health Clinic	\$ 750.00			
Piedmont Dental Clinic	\$ 250.00			
SAFE	\$ 750.00			
<b>Subtotal</b>		<b>\$ 4,550.00</b>		
<b>EDUCATION/SCHOOLS</b>				
Head Start	\$ 200.00			
Locust Grove Primary School Library	\$ 200.00			
Locust Grove Elementary School Library	\$ 200.00			
Locust Grove Middle School Library	\$ 200.00			
Orange County High School Library	\$ 200.00			
Orange County HS After Prom Party	\$ 100.00			
Orange County HS Robotics Team	\$ 100.00			
<b>Subtotal</b>		<b>\$ 1,200.00</b>		
<b>HIGHER EDUCATION SCHOLORSHIPS</b>				
Ms. Orange County Contest (MOCC)	\$ 3,250.00			
Germanna Students3 (1500)	\$ 4,500.00			
High School 3(\$1000)	\$ 3,000.00			
<b>Subtotal</b>		<b>\$ 10,750.00</b>		
<b>Total Expenses</b>		<b>\$ 46,135.00</b>	<b>Total Expense</b>	
<b>Unallocated Income</b>		<b>\$ 1,615.00</b>		
<b>Balanced</b>		<b>\$ 47,750.00</b>		

# Lioness Lions Committees & Activities

## Membership



Dear LOW Lioness Lions Club Members,

Our Fiscal New Year 2023 starts July 1, 2022. Members' annual dues are payable to Lions Club International and Lions of Virginia by that same date.

We are happy to report the dues amount, **\$80.00**, has remained unchanged, as has the new member initiation fee of \$35.00. **For those of you who have not paid your dues yet, please mail them to LOW Lioness Lions Club, PO Box 811, Locust Grove, VA 22508.**

- **Please write "dues" in the memo line and on the back of the envelope.**
- Checks may be made payable to LOW Lioness Lions Club—**BLUE** or **BLACK** ink only.
- **PLEASE DO NOT post date your checks.**

Thank you for your membership and service to the community.

Thank you,  
Diane Pittman, Admin. Treasurer, LOW Lioness Lions Club

# Lioness Lions Committees & Activities



*Lake of the Woods Lioness Lions Club*

## SCHOOL SUPPLY DRIVE

*School starts **AUGUST 10, 2022***

The LOW Lioness Lions Club holds an annual School Supply Drive to support the **Locust Grove Primary and Elementary Schools**. We help these two schools by providing supplies needed to ensure a successful school year for the teachers and students.



### Donations will be collected at the FRONT GATE

**Saturday, July 23<sup>rd</sup> from 9:00 AM to 12:00 Noon**

Or you may donate a check for The Lionesses to purchase the items listed below

Please mail checks to P.O. Box 811, Locust Gove, VA 22508

(Make checks payable to "LOW Lioness Foundation" and write "School Supply" in the check memo section)

**Please donate *ONLY* the items listed below:**

Locust Grove Primary School (Grades K-2)	Locust Grove Elementary School (Grades 3-5)
<ul style="list-style-type: none"><li>• Composition Notebook (Wide Ruled)</li><li>• Crayons (24 pack)</li><li>• Plastic Pencil Box</li><li>• Pocket Folders</li><li>• Scissors 5" Blunt Point</li><li>• Dry Erase Markers (Black and Blue)</li><li>• Markers</li><li>• Tissues</li><li>• Hand Sanitizer</li><li>• Disinfectant Wipes</li><li>• Glue Sticks</li><li>• Construction Paper</li><li>• Ziploc Bags (only Quart &amp; Gallon sizes)</li><li>• Refillable Water bottles (Dollar Store)</li></ul>	<ul style="list-style-type: none"><li>• Composition Books &amp; Single Subject Spiral Notebooks</li><li>• Colored Pencils and Markers</li><li>• Highlighters</li><li>• Glue Sticks</li><li>• Headphones/Ear Buds (Dollar Tree \$1.00)</li><li>• Plastic Pencil Boxes &amp; Pencil Pouches</li><li>• Pencils</li><li>• Protractors</li><li>• Black Dry Erase Markers</li><li>• Colored Folders</li><li>• Crayons (24 pack)</li><li>• Hand Sanitizer</li><li>• Disinfectant Wipes</li><li>• Ziploc Bags (only quart and gallon sizes)</li><li>• Tissues</li><li>• Refillable water bottles (Dollar Store \$1.00)</li></ul>

**Thank you for your continued support of this important project.**

**Questions: Teresa Wisniewski 703-901-9023 or Judy Ludvigsen at 540-760-4982**



## Lioness Lions Committees & Activities



The organizers of this monthly event changed the days of this fun event to the 1st Thursday of each month, especially so that Lionesses could attend! No partner required—come and have some dancing fun!



Sherri Lasover sang the national anthem accompanied by Karin Mollard at the LOW Veterans Club Memorial Day Celebration

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆  
 ☆ Lynne Travis will NOT be attending the ☆  
 ☆ June Meeting to take photographs. ☆  
 ☆ However, Lynne KOVACH will be ☆  
 ☆ taking DIRECTORY PHOTOS again ☆  
 ☆ at the **JULY** dinner meeting! ☆





## Membership

### New Member: Claire Donohoe

Claire was born in Needham, Massachusetts and has also lived in Boston, Cape Cod, and Springfield, Virginia. She is married and has 3 children. Professionally, Claire was an educator in preschool Montessori, elementary school, and a substitute teacher. She has been involved in volunteer organizations in both Massachusetts and Virginia.

Claire and her husband, Steve, love the location of LOW and thought it would be a beautiful place to retire. She enjoys walking, reading, cooking, and spending time with her grandchildren.

Her Lioness projects included working at the Food Pantry and Eyeglass Recycling. She looks forward to meeting new people and being a part of our community.

WELCOME CLAIRE!



Scholarship Committee Colleen Cameron, Ellen Bearden, Marian Rood and Arlene Rich

The Lake of the Woods Lioness Lions Club has recently awarded a total of 6 scholarships. Three Students who are senior in High School and reside at Lake of the Woods, each were awarded \$1500. scholarships. Those recipients were Juliet Daniel, who will be attending Savannah College of Art and Design in Savannah, Georgia. Sarah Johnson will also be attending Savannah College of Art and Design in the Fall. Both Juliet and Sarah will be majoring in the areas of Fashion. Sydney Wynn will be attending St. Joseph's University in Philadelphia, Pennsylvania with a major in Sports Medicine.

Three students attending Germanna Community College were each awarded \$2000. This scholarship is specifically for students in good academic standing who are single parents. Those students were Amber Winn, Latishia Durham and Cayce Sinclair.





# Committees & Activities (continued)

## Rockin' & Rollin' Dance

Saturday, May 14th









# Lioness Lions Committees & Activities

## Eyeglass Recycling

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the Tom Walker building (the same building where the book sale takes place). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways! Also, you are not committed to come every Monday, just when it is convenient. Thank you.



**SHARE AND CARE** is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family. The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club. Thank you so much for your help with this.

**Carol Lee 540/972-8920 or [carol.lee4@comcast.net](mailto:carol.lee4@comcast.net)**



Congratulations to Donalda Lovelace,  
1st Vice District Governor of the Lions Clubs of Virginia District 24-L

## From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club June 9th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$22.00 if you are unable to attend this meeting.

**NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.**

Rani Manhard (540) 972-7859 Email: ranilow@verizon.net  
Ann Wood (540-972-3326) Email: callwood@aol.com

## JUNE DINNER MENU

### DINNER

- \* Clubhouse garden salad with garlic ranch and Blueberry pomegranate dressing
- \* Corn bread muffins
- \* Chef Robert's BBQ Chicken w/clubhouse recipe BBQ sauce
- \* Potato Salad & Cole Slaw
- \* Green Beans w/red peppers
- \* Molasses baked Beans

### ALTERNATE CHOICE

- \* House-made ravioli stuffed w/porcini mushrooms w/a sherry cream sauce, shaved
- \* parmesan, served with asparagus.

### DESSERT

- \* Cherry pie
- \* Apple pie

## Twister Corner

More Helpful Details in the Handbook

By Colleen Cameron, Tail Twister

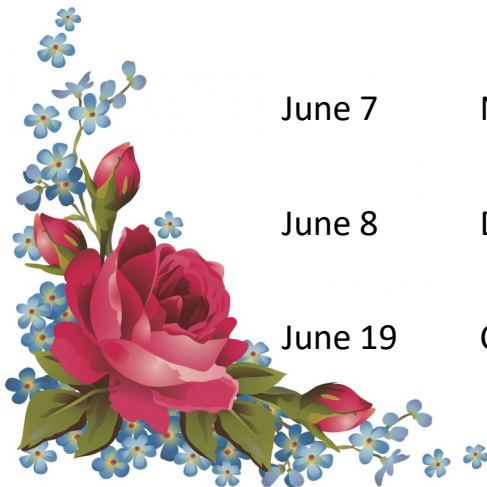
Page 10 details our administrative budget. This is how we spend our money for the year.

Page 11 details the Foundation budget. Some of our fund raisers go to this budget and this is where you will find donations we make (scholarships, local community, etc.).

Page 13 details our policies and standing rules.

This monthly summary has helped me know where to look for information.

I hope it has also helped you.



June 7

Nancy Doseff

June 21 Gail Hardin

June 8

Donna Morrissey

June 28 Susan Bergner

June 19

Caroline Caldwell

June 29 Carolyn Gordon

# June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Food Pantry 9:00-10:30 AM	4
5	Eyeglass Recycle 9:30-11:00 AM	7	8	9 LIONESS DINNER MEETING	10 Food Pantry Overstock 9:00-until Gone	11
12	Eyeglass Recycle 9:30-11:00 AM	14	15	16	17 Food Pantry 9:00-10:30 AM	18
19	Eyeglass Recycle 9:30-11:00 AM	21	22	23 BOARD MEETING	24 Food Pantry 9:00-10:30 AM	25 Lioness Book Sale 8:30—1:00 PM
26	Eyeglass Recycle 9:30-11:00 AM	28	29	30		

# July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Food Pantry 9-10:30 AM	2 Independence Day Parade
3	4	5	6	7	8 Food Pantry OVERSTOCK 9:-00 'til gone	9
10	Eyeglass Recycle 9:30-11:00 AM	12	13	14 LIONESS DINNER MEETING	15 Food Pantry 9-10:30 AM	16
17	Eyeglass Recycle 9:30-11:00 AM	19	20	21	22 Food Pantry 9-10:30 AM	23 School Supply Drive
24	Eyeglass Recycle 9:30-11:00 AM	26	27	28 BOARD MEETING	29	30 Lioness Book Sale 8:30—1:00 PM
31						



**From the Acting Editor**

By Lioness Lions Lynne Travis  
Acting Editor, Lioness Lions LOW DOWN  
Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Friday, June 24th**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

**Email:** Emily Florence at [emilyjflorence@aol.com](mailto:emilyjflorence@aol.com)

**REMINDER:**

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew  
Emily Florence  
Lynne Travis

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

[www.lowlioness.org](http://www.lowlioness.org)

**Eyeglass Recycling**

Nancy Strain, 972-7141

**Wilderness Food Pantry**

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

**Book Sale**

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338