# LOW DOWN





Volume 37 Number 7 - January 2022

# **President's Corner**

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

www.lowlioness.org

## **President's Letter**

# \*Happy New Year\*

January, the first month in the new year, is named after the Roman god Janus, the god of beginnings and transitions. As the days get shorter and the temperature gets colder, we could all use a few extra reasons to celebrate in January. From holidays like New Year's Day to National Cheese Lovers Day and National Pie Day, there are plenty of opportunities to enjoy some warmth and cheer. Here are 31 reasons to celebrate during the month of January. Forget the traditional "Diet" month!



# President's Letter (Continued)

Thank you to Sherri Lasover, Karin Mollard and Nancy King for the fun Holiday Songs and Sing-Along to kick off the Holiday Season at our December meeting.

Reminder – No meeting in January. The **next meeting will be Thursday, February 10, 2022** with special guest, personal trainer, Alison Macpherson (and some other familiar faces to assist her). Be sure to RSVP to our Tamers if you will NOT be attending. **The new dinner price will be \$22.00.** 

Wishing you a cozy, safe and warm January. Kathy

# A very merry December Dinner Meeting!



Karin Mollard



Sherri Lasover & Nancy King (Guest)



December Lioness birthdays!



"The 12 Days of Christmas"



"Musical Hats"



Musical Hats Winner Emily Florence



"Name that Holiday Tune" winner Lynne Travis

# Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

## 2021—2022 Board of Directors

President Kathy Merritt 405 Gold Valley RD Locust Grove, VA 22508 (540) 972-5219

Secretary Gina Davies 101 Windy Lane Locust Grove, VA 22508 (229) 669-3666

Treasurers Loretta LaTerra Diane Pittman

1st Vice President Nicki Buell

2nd Vice President Gail Hardin

3rd Vice President Darcy Jennings

Lioness TAMERS Rani Manhard Ann Wood

Tail Twister Colleen Cameron

Membership Donalda Lovelace Jan Stockman

Directors Barbara Francis Arlene Rich Gail Stoner

Past President Jayne Owiesny

#### THE INSIDER'S VIEW

Minutes from the December 2, 2021 BOD Meeting

The meeting was called to order at 7:03 pm on Thursday, December 2, 2021 by 1st Vice President, Nicki Buell. The following board members were present: Secretary Gina Davies, Treasurer Diane Pittman, 1st Vice President Nicki Buell, 2nd Vice President Gail Hardin, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Directors Donalda Lovelace and Jan Stockman, Directors Arlene Rich, Gail Stoner and Barbara Francis. Also present was Lynne Travis.

## **SECRETARY'S REPORT:** Gina Davies

- No meeting in November no minutes. October minutes accepted motion Barbara Francis, second Gail Hardin (already approved before being published in the November LOW Down)
- Committee Chairpersons monthly reports for October 2021: people served 922; Lioness Lions involved 148; hours 662; money donated \$405.00
- Diane Ogranovitch resignation from club due to medical concerns. Resignation accepted.

# TREASURER'S REPORT: Loretta LaTerra

Foundation report - closing balance as of 11/30/21 \$43,462.62.

TREASURER'S REPORT: Diane Pittman

Administrative report - closing balance as of 12/2/21 \$17,425.54

# **1ST VICE PRESIDENT:** Nicki Buell

- Lynne Travis website and domain name (Lowlioness.org)- we are paid up until 2024. We need an email and debit/credit card for paying bills. Lynne will set up a gmail account. (LOWLionessclub@gmail.com) but we need a volunteer with website experience to take over this job. We will be letting the members know about this at the next dinner meeting.
- Lynne Travis The Mardi Gras Dinner Dance preparations are moving along nicely. The Reunion Band will be playing and more information will be available in the January Lake Currents, LowDown, lowlioness.org and social media
- Miss Orange Pageant Nicki Buell reported that the beauty pageant is very important to the Orange County High School community. It has been around since 1934. We pay the costs of the sashes, tiara, and scholarship award. She is not aware of any admission charge. The date is set for 3/11/22. A discussion about pageants ensued. Nicki suggested that we look into other ways to get involved in the OC schools as well. Leo clubs that include both males and females were mentioned.
- Leftover potato money Nicki reported that the Pantry had \$250.00 leftover from the potato money collection. They served 72 dinners to families who were not getting help from elsewhere. It was suggested that the money be used for Christmas needs. The board was in agreement for this plan.

# 2ND VICE PRESIDENT: Gail Hardin

- Child Help wrapping 12/15/21. Volunteers have already signed up.
- Food Pantry still looking for volunteers to pick up food from Food Lion once a month and deliver it to the pantry. This is a 1 hour commitment once per month.

TAMERS: Rani Manhard, Ann Wood

• attendance at 11/11/21 dinner meeting: members-61; member guests-6; inductees-2; District 24C reps-2; no shows-2

#### DIRECTORS

Gail Stoner

- Christkindlmarkt status report ready to go volunteers have already signed up.
- Junk in the Trunk no go on the Clubhouse lower level parking lot, so we will be using the Sweet Briar Pavilion and the members' cars can be in that parking lot if they want to use their trunks.

Barbara Francis - OC Toy Box status report - donations going well, boxes will be picked up next Wednesday.

## MEMBERSHIP: Donalda Lovelace and Jan Stockman.

• Committee Report - No inductees for December

#### New Business:

- Endorsement for FVDG for Donalda Lovelace for next year. A motion was made by Barbara Francis to endorse Donalda and seconded by Diane Pittman. Motion was adopted. Donalda has the letter already written and it will be submitted.
- The Conflict of Interest Policy was read to the Board. Diane Pittman will check her records to see if she has a copy of the page that has to be signed by each board member. Gina Davies will try and check with past secretary Claudia Low.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 8:30 pm. Motion made by Nicki Buell and seconded by Arlene Rich.

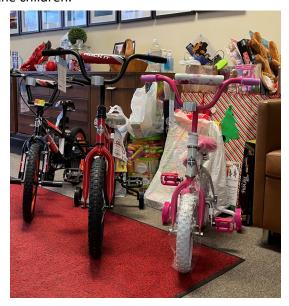
Respectfully submitted, Gina Davies, Secretary



TO HELP KEEP A SAFE ENVIRONMENT DURING THIS "IFFY" TIME WITH COVID, WEARING OF MASKS IS REQUESTED AT ALL TIMES EXCEPT WHILE EATING. THANK YOU.

# **Lioness Lions Committees & Activities**

The LOW Lioness Lions Club and the Lake of the Woods Association jointly sponsor the collection of toys each year for families in Orange County. We would like to thank everyone in our community and outside the lake for their generous donations to the Orange County Children's Toy Box. Donna Waugh Robinson, President of Orange County Children's Toy Box, reported that the number of needy families greatly increased this year, and she was most grateful for our Community's generosity. Anyone who visited the clubhouse before December 8th when the toys were transported to the town of Orange couldn't have missed the growing stacks of toys and the large box filled to the brim, extending from the front door to the Christmas tree. Ten two-wheel bicycles, also in the lobby, will provide hours of fun to lucky recipients. Cash and checks were used mainly to purchase clothing for the children.





Toys were collected in decorated boxes at the LOWA Clubhouse, Velona and Ferris buildings and Fareways from early-November until December 4th. We greatly appreciated the help of Ryan Richardson and the Clubhouse staff and our community's volunteers. Additionally, we are most grateful to The Licata Group and to Coldwell Banker Elite (Kathy Merritt and staff) who collected toys in their offices as well.

Our community has, under the auspices of various LOWA clubs, supported the Toy Box for approximately 20 years. We are known for our generosity and this year was no exception. Thank you for supporting this very important and worthwhile initiative. By: Barbara Francis, LOW Lioness Lions Orange County Children's Toy Box Chairperson

**Eyeglass Recycling** 

**CANCELLED FOR JANUARY** 



# **Committees & Activities (continued)**

# **Guests at the December Dinner Meeting**



Catherine Hillis, guest of Barbara Tomayko



Vicki Galyen, guest of Teresa Wisniewski

# THE FOOD PANTRY STILL NEEDS HELP!

We are still looking for some volunteers to pick up donated food at Food Lion **once a month** to deliver to the food pantry on route 20. It is a quick way to help and is much needed and appreciated.

It entails going to Food Lion between 8:30 and 9:00 AM, picking up the donated food, and delivering it to the pantry. This takes less than an hour. You will be scheduled once a month on a Wednesday, Thursday or Friday.

I will furnish instructions and a key to the pantry.

Please call me at 540 972-9043 if interested.

Thank you Karen Cakouros



\*\*All volunteers must wear masks, gloves and be fully vaccinated and boosted\*\*

**SHARE AND CARE** is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

Carol Lee 540/972-8920 or carol.lee4@comcast.net



# **Committees & Activities (continued)**



# Get Your Tickets to the Lioness Mardi Gras Dinner Dance By Julie Phend, Lioness Club Member

Plans are well underway for the Lioness Lions Club's Mardi Gras Dinner Dance on Saturday, March 5, at Lake of the Woods Clubhouse. The festive evening begins with a cocktail hour at 6:00 p.m., followed by dinner at 7:00. The Reunion Band will play from 8:00-11:00 p.m. for your dancing and listening enjoyment. Dress is semi-formal, with Mardi Gras masks optional.

Tickets go on sale online February 5th, and the cost is \$60/person. When you purchase your ticket, you will be asked to choose your entrée and table.

Entrées include:

Chicken Jambalaya Southern Fried Catfish Flank Steak with Wine and Mushroom Gravy Vegetarian Étouffée

In addition, the menu includes Mardi Gras appetizers, salad, and a dessert buffet of New Orleans favorites.

There will be a silent auction and some fun raffles to raise money for the Lioness Foundation, which supports local causes including Wilderness Food Pantry, Orange County Animal shelter, Living Waters Free Health Clinic, Piedmont Dental Clinic, LOW Fire and Rescue, SAFE House, and scholarships to local students, as well as the Lions Hearing Foundation, Sight Foundation, LOVF Disaster Relief, and others.

You can purchase tickets online beginning February 5th, at lowlioness.org. For further information or questions regarding ticket purchase, please call Nicki Buell at 703-217-5615, or Ellen Bearden at 540-222-7390.

Mark your calendar for Saturday, March 5! Invite your friends and join us for a fun evening that supports worthy causes in our community.

# **Publicity:**

The LOW Lioness webpage is up and running. We are hoping to find a creative Lioness to manage the upkeep and maintenance of our website.

Please contact Lynne Travis lynnetravis@gmail.com (540) 920-8528



# From the Tamers

By Rani Manhard and Ann Wood

# There is NO JANUARY DINNER MEETING.

The next meeting will be Thursday, February 10, 2022.

The new dinner price will be \$22.00.



# **Twister Corner**

Here we are at the beginning of a brand new year. We all have big hopes and dreams that life will be better at this point of a fresh start. Living at LOW often showers us with reasons to be happy!

There are reasons for everyone to celebrate in January. We have Hot Tea Month and then Martin Luther King Day, 1/4 is National Spaghetti Day, 1/8 is Bubble Bath Day and 1/14 is Dress Your Pet Day.





So have a good month regardless!

Submitted by Colleen Cameron







January 5Loretta La TerraJanuary 10Mary Lou AmbroseJanuary 16Jan StockmanJanuary 25Shellee William

# January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 NO DINNER MEETING	7	8
9	Eyeglass 10 Recycle CANCELLED	11	12	13	<i>14</i> Food Pantry 9-10:30 am	15
16	Eyeglass 17 Recycle CANCELLED	18	19	20	<i>21</i> Food Pantry 9-10:30 am	22
23	Eyeglass 24 Recycle CANCELLED	25	26	27	28	<i>29</i> Food Pantry 9-10:30 am
30	31					

# February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Food Pantry TBD	5
6	7	8	9	10 DINNER MEETING	11 Food Pantry TBD	12
13	14	15	16	17	17 Food Pantry TBD	19
20	21	22	23	24	25	26 Food Pantry TBD Lioness Book Sale 8:30—1:00 pm
28						

## From the Acting Editor

By Lioness Lions Lynne Travis
Acting Editor, Lioness Lions LOW DOWN
Phone: (540) 920, 8528

Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Monday, January 24th.** The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

Email: Emily Florence at emilyjflorence@aol.com

## **REMINDER:**

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew Emily Florence

# **Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

# **Eyeglass Recycling**

Nancy Strain, 972-7141

# **Wilderness Food Pantry**

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

## **Book Sale**

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338