

LAKE OF THE WOODS LIONESS LIONS

LOW DOWN



Volume 37 Number 8 - February 2022

President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

www.lowlioness.org

President's Letter



Here's hoping that February is not a repeat month of snow events for Lake of the Woods as January was!! I am sorry for the hardships that many of our members experienced during the snowstorm in early January but grateful that everyone is well and hopefully warm. Thank you to all of our members who offered help to those in need. Our condolences to the Locust Grove family that lost family members and the family that lost their home to fire due to events caused by conditions from the snowstorm .

February Celebrates many important dates including, Chinese New Year (1st), Groundhog Day, (2nd) Abraham Lincoln's Birthday (12th), of course, most importantly, Valentine's Day (14th), President's Day (21st) and African-American History Month.



Following are a few important administrative matters and upcoming events to keep in mind which may also be included with more detail in this LOWDOWN:

First, a reminder that our dinners will now be \$22.00. If you are writing a check, please write the check in BLACK or BLUE ink and note the purpose of your check in the memo line, i.e. Dinner Meeting and Date (even if your check date is the same as meeting), paying for a guest and name, for a missed dinner and date, or any item i.e. Tee Shirt, etc.

Plans are developing for our Mardi Gras Dinner-Dance currently scheduled for March 5th so watch for updates on this Event.

The Spring Yard Sale is scheduled for April 23, 9:00-1:00, at the Sweet Briar Pavilion. Save your gently used household items, home décor, handbags, jewelry, etc. – **NO CLOTHING**. and, you are welcome to participate in a JUNK IN THE TRUNK and sell your items for the Lioness Club from your car trunk. If you plan to do the "Junk in the Trunk" or have any questions re: storage or pricing, please contact Gail Stoner (540-388-2540) or Helene Burns (303-662-3591).

Save the date -- Saturday, May 14th will be our "Rockin & Rollin" Event with Sherri Lasover and Bill Feterle. Volunteers are needed to organize this fun event – Please contact Arlene Rich, 973-670-9678). Your help is appreciated.

President's Letter (Continued)

Our program for the upcoming meeting on Thursday, February 10th includes collecting for Safe House. Val Protiva will arrange for a car to be in the Portico of the Clubhouse for collections. We are pleased to have Karin Mollard bringing us pre-dinner background music during our Social Hour, and our featured guest will be Alison Macpherson, instructor for Forever Fit. Don't forget to RSVP to our Tamers, Rani Manhard or Ann Wood if you want the alternate dinner or if you are not attending. See the Tamers' Corner for menu and contact info.

As we all know, Covid 19 is still around, old and new strains, so we are requesting that masks be worn while socializing. Thank you for considering others.

Wishing you a safe and warm February.

Fondly,
Kathy

NOT EVERYTHING IS CANCELLED

sunshine is not cancelled
spring is not cancelled
love is not cancelled
relationships are not cancelled
reading is not cancelled
naps are not cancelled
devotion is not cancelled
music is not cancelled
dancing is not cancelled
imagination is not cancelled
kindness is not cancelled
conversations are not cancelled
hope is not cancelled



#keeplookingup
SimpleStencils.com

Things to bring to the February Dinner Meeting

S.A.F.E. House needs the following items:

- Household cleaning products and supplies.
- Ladies' personal items
- Warm hats, gloves, and scarves are appreciated.

Val Protiva will be collecting at the front door of the Club House before the next meeting. Thank you very much!

Mardi Gras Dinner Dance: Darcy needs the following donations for baskets: have questions, call or text Darcy Jennings 703-772-2080.

- Angels Among Us Basket— inspiration books, note pads, ornaments
- Wine, Liquor/Spirits, Beer, Cosmo Cocktails,
- Lights Out Basket (batteries, candles, chargers),
- Items for various other themed baskets i.e.
 - candy, nuts, scented soaps, lotions, St Patty's Day, Easter Items, Kids i.e.
- Marvel/DC Comics (superhero), Dessert, Chocolate, Ethnic baskets i.e. Italian,
- Asian, Greek, etc. and wine and more wine to be tucked in the baskets.



February Guest Speaker

Our guest speaker for the February 10 dinner meeting is Alison Macpherson, instructor for "Forever Fit Seated Fitness Class". She will present a class demo with some of her participants, just before dinner is served at 6:00 p.m.

TO HELP KEEP A SAFE ENVIRONMENT DURING THIS "IFFY" TIME WITH COVID, WEARING OF MASKS IS REQUESTED AT ALL TIMES EXCEPT WHILE EATING. THANK YOU.

**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2021—2022 Board of Directors

President

Kathy Merritt
405 Gold Valley RD
Locust Grove, VA 22508
(540) 972-5219

Secretary

Gina Davies
101 Windy Lane
Locust Grove, VA 22508
(229) 669-3666

Treasurers

Loretta LaTerra
Diane Pittman

1st Vice President

Nicki Buell

2nd Vice President

Gail Hardin

3rd Vice President

Darcy Jennings

Lioness TAMERS

Rani Manhard
Ann Wood

Tail Twister

Colleen Cameron

Membership

Donalda Lovelace
Jan Stockman

Directors

Barbara Francis
Arlene Rich
Gail Stoner

Past President

Jayne Owiesny

THE INSIDER'S VIEW

**Minutes from the
January 27, 2021
ZOOM BOD Meeting**

The meeting was called to order at 7:00 pm on Thursday, January 27, 2022 by President, Kathy Merritt. The following board members were present on Zoom: President Kathy Merritt, Secretary Gina Davies, Treasurer Diane Pittman, 2nd Vice President Gail Hardin and 3rd Vice President Darcy Jennings, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Director Jan Stockman, Directors Arlene Rich, Gail Stoner and Barbara Francis and Immediate Past President Jayne Owiesny.

SECRETARY'S REPORT: Gina Davies

- The minutes of the Dec 2 , 2021 BOD meeting, which were previously distributed and accepted, were approved. Motion made by Rani and seconded by Darcy. Motion adopted.
- Committee Chairpersons monthly reports: November - people served=1,038; Lioness Lions involved=85
- Volunteer hours=324; Money raised=\$485.00 December - ps=1093; LL=118; H=496; \$=\$1200.00

TREASURER'S REPORT: Loretta LaTerra

- Foundation report : Closing balance \$44,781.74 as of 1/24/22. \$1,500.00 collected for the Paula Hornaday scholarship. Profit from White House ornaments \$2,727.25.

TREASURER'S REPORT: Diane Pittman

- Administrative report: Closing balance \$13,811.78 as of 1/24/22.
- Check writing reminders: 1. Please use blue or black ink when writing your checks
2. Please use the memo line to let the treasurer know what the check is for (dinner, guest dinner, dues, t-shirt, etc.)

PRESIDENT'S REPORT: Kathy Merritt

- Paula Hornaday Fund: Kathy has tried to contact Paula's daughter about the use of the money. Kathy made a motion to have the Scholarship Committee decide (with the daughter's knowledge) how best to use the money collected in Paula's memory. Gina seconded the motion, and the motion was adopted.
- February Meeting: Will be held at the Clubhouse as planned. Ryan has said that as of right now, the Lioness Lions dinner is a go.
- Questionnaire: District 24 L has asked each club to survey its membership. We will have a questionnaire sent to all members in the near future. Jan, Gina and Darcy will be in charge of collating and disseminating the results.

- Dinner Dance: the committee is still hard at work. They are meeting again on Jan. 31st, and an update will be coming soon. Darcy is still looking for items for the "Lights Out" basket (batteries, candles, chargers, wine, spirits, candy, etc.,) also scented soaps, lotions, wines or liquors that can be tucked into other kinds of baskets.
- LOWLINC will be having an Open House at the Community Center in April. LOW Lioness Lions will have a table showcasing what we do for the community and how to become a member. Jan will check with Donalda about the updated pamphlets describing LOW Lioness Lions and our activities.
- We are looking forward to welcoming back recent member Denise Russell. She hopes to be back with the club within the next two months. We are so glad to hear how well she is doing!

2ND VICE PRESIDENT: Gail Hardin

Safe House Collection at February dinner meeting

DIRECTORS

- Gail Stoner - Spring Yard Sale - April 23rd, 9:00-1:00 - remind members to save gently used household items, home decor, handbags, jewelry, etc. No clothing, please. Items can be dropped off between 7:30-10:00 at the Sweet Briar pavilion or members can sell stuff from their trunks in the parking lot. All money collected will go to Lioness activities in the community. Gail is checking about early drop off of items but as of now does not have storage.
- Arlene Rich - Save the Date for May 14th Rock N & Roll N Dance: Arlene Rich is heading up the dance committee. Anyone who would like to help, please contact Arlene at 973-670-9678. The committee will be deciding on decorations, food, price etc. The entertainment, our very own Sherri Lasover and Bill Feterle (Jonnie's husband) will be grand, and a good time will be had by all! More information will be coming soon.

MEMBERSHIP: Jan Stockman

- Committee Report: Jan submitted one new name for membership. Diane seconded the motion for acceptance and Deborah Raines will be accepted into membership at the February dinner meeting. Motion: Jan; second Diane; motion adopted.

IMMEDIATE PAST PRESIDENT: Jayne Owiesny

- Jayne is in charge of the nominating committee for next year. All positions have nominees except for 1st Vice President. This position is a three year commitment: 1st year - 1st VP; 2nd year - President; 3rd year - Immediate Past President. If anyone is interested please get in touch with someone on the Board of Directors who will be able to give you more information.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 8:30pm. Motion made by Jan and seconded by Jayne. Motion adopted.

Respectfully submitted,

Gina Davies, Secretary

Committees & Activities (continued)

It's Time to Get Tickets to the Mardi Gras Dinner Dance

By Julie Phend

It's time to get your tickets for our fabulous Mardi Gras Dinner Dance, which will be held on March 5. The cost is **\$60/person**.

Ticket sales begin online February 5 at lowlioness.org.

"Early Bird" tickets are available to Lionesses at 9:30 AM.

When you purchase your ticket, you will be asked to choose your entrée and table. So get a table of eight or ten together and purchase your tickets before the event sells out!

Entrée choices include:

- Chicken Jambalaya
- Southern Fried Catfish
- Flank Steak with Wine and Mushroom Gravy
- Vegetarian Etouffée

In addition, the menu includes Mardi Gras appetizers, salad, and a dessert buffet of New Orleans favorites.

For further information or questions regarding tickets please call Nicki Buell at 703-217-5615, or Ellen Bearden at 540-222-7390. If you can't get a whole table together, don't worry. There will be spaces available, and it's fun to meet new people.

This festive event begins with a cocktail hour at 6:00 p.m., followed by dinner at 7:00. The Reunion Band will play from 8:00-11:00 p.m. for your dancing and listening enjoyment.

Dress is semi-formal, with Mardi Gras masks optional—but encouraged!

As you know, this is our biggest fundraiser of the year. There will be a silent auction and some fun raffles to raise money for the Lioness Foundation, which supports worthy local causes and scholarships for area students. Even if you can't come to the dance, you can help out by donating items for baskets or to raffle off. Get creative—you might want to offer a dinner, boat ride, or other fun event for the Silent Auction.

Mark your calendar for Saturday, March 5! Invite your friends and join in the fun!



Publicity:

The LOW Lioness webpage is up and running. We are looking for a creative Lioness to manage the upkeep and maintenance of our website.

Please contact Lynne Travis
lynnetravis@gmail.com
(540) 920-8528



Committees & Activities (continued)



Spring Yard Sale Reminder

Our SPRING YARD SALE is scheduled for Saturday, April 28, from 9:00 – 1:00 at the Sweetbriar Pavilion. As you do any spring cleaning, please save any nice household items, jewelry, purses, etc. **We will NOT be accepting clothing.** If you have questions, you may contact Gail Stoner, 540-207-9517 (cell).

Rockin' & Rollin' Dance by Arlene Rich

Please Save the Date - **May 14th** - for our Rockin' & Rollin' Dance!

Our very own, Sherri Lasover and Bill Feterle will entertain us with their melodious voices.

It's never too early to start planning for who will be at your table. Tickets go fast so plan to buy yours as soon as they go up for sale!



Eyeglass Recycling has begun again

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. We meet from 9:30 to 11:00 every Monday morning at the Tom Walker building (the same building where the book sale takes place). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways! Also, you are not committed to come every Monday, just when it is convenient. Thank you.



Lioness Lions Committees & Activities

THE FOOD PANTRY STILL NEEDS HELP!

We are still looking for some volunteers to pick up donated food at Food Lion **once a month** to deliver to the food pantry on route 20. It is a quick way to help and is much needed and appreciated.

It entails going to Food Lion between 8:30 and 9:00 AM, picking up the donated food, and delivering it to the pantry. This takes less than an hour. You will be scheduled once a month on a Wednesday, Thursday or Friday.

I will furnish instructions and a key to the pantry.

Please call me at 540 972-9043 if interested.

Thank you, Karen Cakouros



We would like to thank all of you who helped with Christkindlmarkt this year!

We had a very successful event on December 4th at the Community Center and all had a great time working together to sell our used Christmas decorations to benefit our many local charities.

Thank you to Joan Litschert for offering the use of her garage for storing and pricing donations ahead of the event.

Several husbands/friends helped, the Lions kindly picked up items we didn't sell for their yard sale, and many of you helped on Friday for set up and pricing and also on Saturday for the sale and clean up! Many worked many more



hours than they signed up for!! And we couldn't have done it without all of your generous donations!! Thank all of you so much!! I'm so sorry I couldn't get a picture with everyone in it, but we appreciated all of your help!!

Gail and Helene

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

Carol Lee 540/972-8920 or carol.lee4@comcast.net



From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club February 10th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$22.00 if you are unable to attend this meeting,

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Rani Manhard (540-972-7859) Email: ranilow@verizon.net
Ann Wood (540-972-3326) Email: callwood@aol.com

FEBRUARY DINNER MENU

DINNER

- * Taco bar: with soft flour and crunchy corn tortillas
- * Ground beef, guacamole, sour cream, onion, tomato, black olives, lettuce, Mexican cheese, peppers and Pico de Gallo
- * Spanish rice & refried beans

ALTERNATE CHOICE

- * "Beyond Beef" Tacos with the same accompaniments.

DESSERT

- * Cinnamon churros & rainbow sherbet.

The new dinner price will be \$22.00.

Twister Corner

Colleen Cameron

Here we are looking one more time at February. Do not feel bad if February 14 comes and goes with no valentines for you. February is also Hot Breakfast Month, Doggie Date Month, National Crepe Day, and National Homemade Soup Day. Something for everyone to enjoy.

In addition, we go back to our monthly dinner meetings, and get to see everyone's smiling face! I am looking forward to that. See you then.

Submitted by
Colleen Cameron



February

HAPPY BIRTHDAY

February 5	Betsy Flanigan	February 6	Millie Davis
February 8	Susan Oldach	February 10	Cathy Hix
February 12	Helene Burns	February 20	Lynne Travis

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Food Pantry 9:00-10:30 AM	5
6	Eyeglass Recycle 9:30-11:00 AM	7	8	9	10 LIONESS DINNER MEETING	11 Food Pantry OVERSTOCK 9:00 'til gone
13	Eyeglass Recycle 9:30-11:00 AM	14	15	16	17	18 Food Pantry 9:00-10:30 AM
20	21	22	23	24 BOARD MEETING	25 Food Pantry 9:00-10:30 AM	26 Lioness Book Sale 8:30—1:00 PM
27	Eyeglass Recycle 9:30-11:00 AM	28				

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Food Pantry 9-10:30 AM	5
6	Eyeglass Recycle 9:30-11:00 AM	7	8	9	10 LIONESS DINNER MEETING	11 Food Pantry OVERSTOCK 9:00 'til gone
13	Eyeglass Recycle 9:30-11:00 AM	14	15	16	17	18 Food Pantry 9-10:30 AM
20	Eyeglass Recycle 9:30-11:00 AM	21	22	23	24 BOARD MEETING	25 Food Pantry 9-10:30 AM
27	Eyeglass Recycle 9:30-11:00 AM	28	29	30		31 Lioness Book Sale 8:30—1:00 PM

From the Acting Editor

By Lioness Lions Lynne Travis
Acting Editor, Lioness Lions LOW DOWN
Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Monday, February 21st**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

Email: Emily Florence at emilyjflorence@aol.com

REMINDER:

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew
Emily Florence
Lynne Travis

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Nancy Strain, 972-7141

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338