LOW DOWN





Volume 37 Number 10 - April 2022

President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

www.lowlioness.org



April is associated with springtime, new beginnings, and a time to bloom. That's not a coincidence either. April comes from the Latin verb "Aperire" which means "to open." Like the flowers and trees, it's a time to start fresh and shed those cool weather layers. When I left the Lake for a cruise, a few daffodils were beginning to bloom in spite of the cold temperatures but by the time I returned a week later, it seemed like everything popped—the Bradford Pear trees, forsythia and daffodils in full bloom along with a few of the early ornamental cherry trees. This immediately reminded me of how beautiful the Lake of the Woods is in the spring, and how lucky we are to live in such a natural, beautiful environment.

With the month comes a wide array of holidays and observances to make every day a reason to celebrate. April 1 is of course known for April Fool's Day. Starting the month with some friendly pranks always reminds us to not take everything so seriously. Of course, more importantly we celebrate Easter, Orthodox Easter and Passover this April.

I am pleased to report that our Board voted to send the proceeds of the March 26th Book Room sales to the Lions Clubs International Refugees and Displaced Persons Funds for the people of Ukraine. Thanks to all that made a Donation to our young LOW resident Charlie for the Special Needs Dog. We appreciated our two guest speakers at last month's meeting – Lana Smith of SAFE, an update on the purpose, status and needs, as our Club activity supports SAFE. And, also Jim Cech, District 24 LCIF Chair.



Lana Smith, SAFE

It is again worth mentioning what a great and successful event the Mardi Gras Dinner Dance was, and again a big thank you to the Mardi Gras Dance Committee.

Looking forward to the Yard Sale on April 23rd at Sweetbriar Pavilion - still time to donate your items – contact Helene Burns or Gail Stoner.



Jim Cech, Mont Clair Li-

Get ready for the May 14th Rockin' & Rollin' Dance – Tickets are on sale. Need further information contact Arlene Rich. Hope to see you "Dancing at the Dance!"

Our meeting this month will be April 14th, and I look forward to seeing you all.

Wishing you all a happy spring.

My best, Kathy

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2021—2022 Board of Directors

President Kathy Merritt 405 Gold Valley RD Locust Grove, VA 22508 (540) 972-5219

Secretary Gina Davies 101 Windy Lane Locust Grove, VA 22508 (229) 669-3666

Treasurers Loretta LaTerra Diane Pittman

1st Vice President Nicki Buell

2nd Vice President Gail Hardin

3rd Vice President Darcy Jennings

Lioness TAMERS Rani Manhard Ann Wood

Tail Twister Colleen Cameron

Membership Donalda Lovelace Jan Stockman

Directors
Barbara Francis
Arlene Rich
Gail Stoner

Past President Jayne Owiesny

THE INSIDER'S VIEW

Minutes from the March 24, 2022 BOD Meeting

The meeting was called to order at 7:05 pm on Thursday, March 24, 2022 by 1st Vice President, Nicki Buell. The following board members were present: Secretary Gina Davies, Treasurers Loretta LaTerra and Diane Pittman, 1st Vice President Nicki Buell, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Director Jan Stockman, Directors Arlene Rich, Gail Stoner

SECRETARY'S REPORT: Gina Davies

- The minutes of the February 24, 2022 BOD meeting, which were previously
- distributed, were approved. Motion made by Diane and seconded by Arlene. The motion was adopted.
- Committee Chairpersons monthly reports for February: ps=733; L=252; H=622; \$=\$10,346.36
- Questionnaire results will be collated and announced soon.

TREASURER'S REPORT: Loretta LaTerra

- Foundation report: the balance as of 3/24/22 is \$47,413.31.
- Donations report: Checks were sent out this month for the various donations listed in the projected 2021-2022 budget. The money for the food pantry will stay as a budget item but because of the many donations this year, it was not needed. A few other donations that were budgeted have not been requested as of yet and therefore have not been sent.
- Credit card report: Atlantic Union Bank offers a community credit card specifically for non-profit groups. It has a 1% cash back program. Loretta will fill out the paperwork and get the card for LOW Lioness Lions.

TREASURER'S REPORT: Diane Pittman

• Administrative report: balance as of 3/24/22 is \$14,165.21. An explanation of the costs incurred for dinner meetings was presented. The board felt that these expenses were within our budget.

PRESIDENT'S REPORT: Kathy Merrit (via email)

- ABC license issued for the dance
- Insurance for Rockin' & Rollin' dance has been requested
- Concert on the Point 6/24/22. A motion was made by Nicki to host the concert and seconded by Loretta. Gina will let Pat Licata know since she is scheduling the event.

1ST VICE PRESIDENT: Nicki Buell

 Nicki spoke with Ann Walker, a co-chair of the Book Room, about sending the proceeds of the 3/26/22 sale to Lions Clubs International Refugees and Displaced Persons Fund for the people of Ukraine. A motion was made by Loretta to allow this and seconded by Ann. The motion was adopted.

DIRECTORS

- Arlene Rich
 - Tickets go on sale at 10:00 am on 4/2/22 for the Rockin' & Rollin' Dance to be held at the Community Center. Tickets can be purchased online at the Lioness website. (lowlioness.org).

THE INSIDER'S VIEW(Cont'd)

BOD Meeting Minutes Cont'd)

♦ The Germanna Community College Scholarship Committee has narrowed the candidates from thirty to fourteen. Individual meetings with these women will occur between now and April 13th when the three final winners will be chosen.

Gail Stoner

We are one month out from our Yard Sale. The sale will take place at the Sweetbriar Pavilion, beside the Community Center, on April 23rd from 9:00 am to 1:00 pm. Donations will be accepted starting at 7:30 on that day. If you have donations in advance, you can call Joan Litschert (561) 398-3554, Helene Burns (540) 412-0798 or Gail Stoner (540) 207-9517. There will be sign-up sheets for volunteers at the April dinner meeting

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 7:50 pm. Motion made by Arlene and seconded by Jan. The motion was adopted.

Respectfully submitted, Gina Davies, Secretary



APRIL GUEST SPEAKER

The Guest Speaker at our April dinner meeting will be Nancy Merritt (Kathy Merritt's daughter-in-law). Nancy will be speaking about Downsizing, the physical and emotional aspects of the undertaking. This is an issue with which many of us can use some support and help.

March Lioness Dinner Guests Left to Right: Nancy Perk's 2nd dinner! (Theresa DiCiccio), Sandy Davis (Darcy Jennings), Linda Bowyer (Barbara Francis), Joanne Lambert & Billie Cook (Kathy Merritt).





Lioness Lions Committees & Activities

Membership

Diane Wiard (pronounced Wired) is originally from New York state. She has also lived in North Carolina and, now, Virginia. Diane and her husband have 3 grown children. She has been a nurse for 44 years and is an Army nurse Veteran. She continues to work in nursing, currently with Kaiser Permanente. She has also volunteered in her field for the Red Cross Capital Region.

Diane likes gardening, tennis, dog walking, and boating. She hopes to continue her interests with our Lioness Club through the Christkindlmarkt. She might also be interested in a bunco party and a blood pressure clinic.

Pam Derreberry (pronounced Deer Berry) is hails from Michigan. She has lived in many places like Nebraska, Connecticut, South Dakota, San Diego, California, Newport News, and Venezuela. She is married and has 3 grown sons. She has worked in restaurant management.

Pam has some experience in volunteering at Lake of the Woods already as she has been in the Garden Club and has worked on the Pool Committee. She has said she is committed to multiple groups and family. She would like to continue working at the Food Pantry and with Darcy's basket making. Pam's other hobbies include cooking, gardening, and crafts.

Please welcome Diane & Pam!





Pam Derreberry, sponsor Julie Phend, Val Protiva sponsor of Diane Wiand

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

Carol Lee 540/972-8920 or carol.lee4@comcast.net



Committees & Activities (continued)

Rockin' & Rollin' Dance

Tickets go on sale Saturday, April 2nd for \$30 per person

Order them online at

www.lowlioness.org

The Rockin' & Rollin' Dance is on May 14th, from 7:00pm -10:00pm.

Please get your tables together and think about sponsoring a table for \$100.

Anyone who would like to contribute money in advance to defer the cost of liquor, insurance fees, sound system, decorations etc., it would be greatly appreciated.

Please contact, Arlene Rich (973-670-9678) with questions.



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Spring Yard Sale Reminder

This is a reminder that we will be having the Lioness Yard Sale on Saturday, April 23, from 9:00-1:00 at the Sweetbriar Pavilion. Please save nice housewares, jewelry, toys, small tools, purses, etc., for our sale. We will not be able to accept clothing.

Lioness Joan Litschert (561-398-3554) has offered to hold some donations if you can't bring them the morning of the sale.

Please call Gail Stoner at 540-207-9517 (cell) or Helene Burns at 540-412-0798 (home) if you have any questions. We will have more information as it gets closer to the date.

This is a fun fundraiser and, also, helps us donate items we no longer need and the proceeds benefit our many local charities! **Please make note of the date, April 23**.

Thank You so much!! Gail Stoner

Eyeglass Recycling

The **Eyeglass Recycling** committee needs a few volunteers to help wash and dry glasses on Monday mornings. **We meet from 9:30 to 11:00 every Monday morning** at the

Tom Walker building (the same building where the book sale takes place). We wash, dry, and have good conversations. It is a great way to start the week and we usually finish the morning with a trip to Fareways! Also, you are not committed to come every Monday, just when it is convenient. Thank you.



The First Annual Mardi Gras Dinner Dance—2022





The First Annual Mardi Gras Dinner Dance—2022

(Continued)



From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club April 14th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by the Monday, prior to the dinner, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$22.00 if you are unable to attend this meeting.

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact

Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Rani Manhard (540) 972-7859 Email: ranilow@verizon.net

APRIL DINNER MENU

DINNER

- * Clubhouse garden salad
- Roasted Pork w/Apple Chutney
- * Broccoli

ALTERNATE CHOICE

Protein based Chicken Stir Fry over Rice

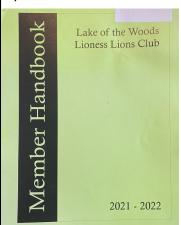
DESSERT

* Carrot Cake

If you are bringing a guest, please call the Tamers

Twister Corner

By Colleen Cameron



In the past my contributions have looked at the lighter side of life. This month and for the next couple, I am going to focus on another aspect, the **Member Handbook**.

I am sure many of you have referenced the member photos, addresses and phone numbers and emails!

We also list members who have been past charter officers, past presidents and the current board of directors. Let's say you want to get involved with a volunteer program, but don't know where to start. Look on page 5 of your handbook for the list of current committee chairs.

Stay tuned to the May Lowdown for more information available in your handbook



April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	Eyeglass 4 Recycle 9:30-11:00 AM	5	6	7	8 Food Pantry 9:00-10:30 AM	9
10	Eyeglass 11 Recycle 9:30-11:00 AM	12	13	LIONESS DINNER MEETING	15 Food Pantry Overstock 9:00-until Gone	16
17	Eyeglass 18 Recycle 9:30-11:00 AM	19	20	21	22 Food Pantry 9:00-10:30 AM	23 Spring Yard Sale 9:00—1:00 PM
24	Eyeglass 25 Recycle 9:30-11:00 AM	26	27	28 BOARD MEETING	29 Food Pantry 9:00-10:30 AM	30 Lioness Book Sale 8:30—1:00 PM

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 Food Pantry 9-10:30 AM	7
8	Eyeglass 9 Recycle 9:30-11:00 AM	10	11	LIONESS DINNER MEETING	13 Food Pantry OVERSTOCK 9:-00 'til gone	14
15	Eyeglass 16 Recycle 9:30-11:00 AM	17	18	19	<i>20</i> Food Pantry 9-10:30 AM	21
22	Eyeglass 23 Recycle 9:30-11:00 AM	24	25	26 BOARD MEETING	<i>27</i> Food Pantry 9-10:30 AM	28 Lioness Book Sale 8:30—1:00 PM
29	Eyeglass 30 Recycle 9:30-11:00 AM	31				

From the Acting Editor

By Lioness Lions Lynne Travis Acting Editor, Lioness Lions LOW DOWN

Phone: (540) 920-8528

Please submit information, articles and photographs for the LOW DOWN to **Emily Florence** no later than **Friday**, **April 25th**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

Email: Emily Florence at emilyjflorence@aol.com

REMINDER:

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew Emily Florence Lynne Travis

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Lynne Travis, Acting Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling

Nancy Strain, 972-7141

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale

Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338