

LAKE OF THE WOODS LIONESS LIONS

LOW DOWN

Volume 37 Number 6 - November 2021



President's Corner

By Lioness Lion Kathy Merritt, LOW Lioness Lions President

www.lowlioness.org

President's Letter

By Kathy Merritt President LOW Lioness Lions



November is the month of Thankfulness and Gratitude.

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

-Oprah Winfrey.

Being thankful by expressing gratitude and thankfulness is an important part of being happy in life. We are conscious in the month of November of celebrating Thanksgiving which gives a spin on being thankful. Veterans Day is celebrated in November and we are very thankful for the service our Veterans have given for our country. To the members of our Club that have served in the military, we express a special "Thank You."

I am thankful for our Membership – YOU. Thankful for your generosity in giving your time, efforts and yourself as a member of our Club. For friendship, kindness and companionship to each other and most of all, just thankful for YOU and to have the opportunity to be your President.

We welcome our newest member Linda Corsones who was inducted at our October meeting. It is nice to have you as part of our Lioness Family.



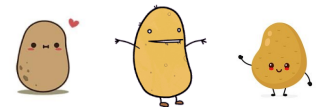
Thanks for participating in the Halloween Dinner Meeting. The creativity of the costumes was great this year -- quite amusing and entertaining. It was nice to see many of our newest members participating. Thank you, Darcy Jennings, for donating the prizes for the winners.



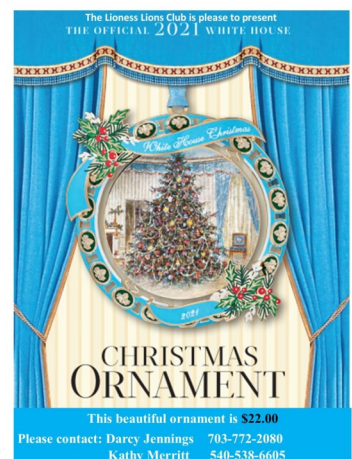
Our special guest, John Beisheim, was most interesting in giving us an update on the services of LOW Link. Thank you to Emily Slunt for arranging for this interesting and informative presentation.



LIVING INDEPENDENTLY IN OUR COMMUNITY ...enabling older adults to be healthy, happy and connected on their own terms as they age



The Wilderness Food Pantry will be collecting CASH (\$5) at our November 11th meeting to buy fresh potatoes!



This beautiful ornament is \$22.00
Please contact: Darcy Jennings 703-772-2080
Kathy Merritt 540-538-6605

REMINDER: Bring your new Lioness pin to our November meeting. Theresa will meet you, with her drill, at about 5:15 in the office area of the dining room to make a hole in your name tag for that new pin.



President's Letter (Continued)

Thank you all for donating the bags of candy for our "Halloween on the Point" participation. I am sure there will be a big turnout as we resume Halloween this year. Also, thanks for the donations of the coats, sweaters, hats, and gloves which were distributed to those in need on Saturday October 30th.

At our next Dinner meeting, we would like to collect Cash, around \$5.00 per member, for bags of potatoes, both white and sweet, for the Wilderness Food Pantry Thanksgiving Baskets. The Pantry is planning on preparing approximately 75 Thanksgiving baskets to give to our local families and the Pantry would like to include "fresh" potatoes this years. Thanks for your help.

White House Ornaments are for sale – see the flyer for details and ordering. The cost is \$22.00 each.

Collection for the Toy Box for Orange County Children will commence on November 4th—check the flyer for collection box locations.

Hoping to see you at our next meeting (don't forget to call our Tamers if you cannot make the dinner meeting.) Our planned guests will be fun and entertaining!

Wishing you and your family a Blessed and Happy Thanksgiving.

Kathy
It was fun being the mystery Santa!



It is suggested that we wear masks (vaccinated and nonvaccinated) at least during our social hour to keep a somewhat safe environment for all.



**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2021—2022 Board of Directors

President

Kathy Merritt
405 Gold Valley RD
Locust Grove, VA 22508
(540) 972-5219

Secretary

Gina Davies
101 Windy Lane
Locust Grove, VA 22508
(229) 669-3666

Treasurers

Loretta LaTerra
Diane Pittman

1st Vice President

Nicki Buell

2nd Vice President

Gail Hardin

3rd Vice President

Darcy Jennings

Lioness TAMERS

Rani Manhard
Ann Wood

Tail Twister

Colleen Cameron

Membership

Donalda Lovelace
Jan Stockman

Directors

Barbara Francis
Arlene Rich
Gail Stoner

Past President

Jayne Owiesny

THE INSIDER'S VIEW

**Minutes from the
October 28, 2021
BOD Meeting**

The meeting was called to order at 7:10 pm on Thursday, October 28, 2021, by President, Kathy Merritt. The following board members were present: President Kathy Merritt, Secretary Gina Davies, Treasurer Diane Pittman, 1st Vice President Nicki Buell, 2nd Vice President Gail Hardin and 3rd Vice President Darcy Jennings, Tamers Ann Wood and Rani Manhard, Tail Twister Colleen Cameron, Membership Directors Donalda Lovelace and Jan Stockman, Directors Arlene Rich, Gail Stoner and Barbara Francis and Immediate Past President Jayne Owiesny.

SECRETARY'S REPORT: Gina Davies

- The minutes of the 9/23/21 BOD meeting, which were previously distributed, were approved. Motion made by Donalda Lovelace and seconded by Ann Wood. Motion adopted.
- Committee Chairpersons monthly report for September: People served=833 Lioness Lions involved= 170 Hours volunteered=656 Money raised =\$3733.04
- Reminder that the combined November/December BOD meeting is on December 2, at the Community Center, at 7:00 pm.

TREASURER'S REPORT: Loretta LaTerra

Foundation report - our ending balance as of 9/30/21 is \$35,626.76.

TREASURER'S REPORT: Diane Pittman

- Administrative report - closing balance as of 10/26/21 is \$18,066.62.
- Diane Pittman made a motion that the Administrative account pay for the induction dinner meeting costs for new members. Arlene Rich seconded it and the motion was adopted. This policy will begin in February 2022.

PRESIDENT'S REPORT: Kathy Merritt

- Scholarships - The LOW Lions donated \$3,000.00 towards the Lioness Scholarships from the Golf Tournament held on 10/1/21. Many Lioness Lions provided help with the tournament. The money will be used to increase the monetary value of scholarships that we provide each year.
- Website - we have had problems with the website for a while. The bill for hosting the site is \$431.00 and is due now. A motion to pay was made by Colleen Cameron and seconded by Darcy Jennings. The motion was adopted. Kathy Merritt pointed out that we will be looking for someone who is capable of maintaining the site and that she would look into the tech help available from the site itself.
- Member at large status - Debby Attilis and Jan Lemieux
- Veterans Day - our November Dinner meeting falls on Veterans Day this year. We will be recognizing our Lioness Lions who are veterans.

1st VICE PRESIDENT: Nicki Buell

- The Food Pantry will be serving 75 families for Thanksgiving. Turkeys and most of the fixings are in good supply. It was suggested that the Lioness Lions bring a \$5.00 donation to the November Dinner Meeting to be used to purchase fresh potatoes and sweet potatoes for the families. Fresh vegetables would make the meals that much better.

TAMERS: Rani Manhard, Ann Wood

- Rani Manhard was informed by the Clubhouse that the cost of our dinners was increasing. The charge per dinner will be \$21.33 including tax and gratuity. Darcy Jennings made a motion to change the member price per dinner to \$22.00 to cover this increase. Arlene Rich seconded the motion and the motion was adopted. Starting with the 2/10/22 dinner meeting, the cost will be \$22.00. The year will be 2022 and the cost will be \$22.00. This should be an easy way to remember!
- Attendance at 10/14 dinner meeting
 - * Members-50; non-paying guests-1; member guests-5, inductees-1 no shows-7

DIRECTORS:

Gail Stoner

- Christkindlmarkt will be Saturday, 12/4/21 from 9:00am to 3:00 pm. Setup will be Friday 12/3 from 5:00 pm-8:00 pm and Saturday, 12/4 from 8:00 am - 10:00 am. Signup sheets for volunteers will be at the November dinner meeting. Any gently used Christmas decorations can be donated. Members can mark the prices themselves or the committee will do that for you. Prices should be low for quicker sales. If you need to drop off your donations early, we will have space starting 11/20/21. Please contact Helene Burns 412-0798 or Gail Stoner 388-2540 for that option
- A lively discussion about our April fundraiser ensued. The committee will be looking into having a "Junk in the Trunk" event. More information will be forthcoming as the plans are finalized. Stay tuned!
Barbara Francis
- The boxes for the OC Toy Box campaign will be delivered next week. Lake Currents will be advertising this event. Members can bring new, unwrapped toys or monetary donations to our November Dinner Meeting.

MEMBERSHIP: Donalda Lovelace and Jan Stockman.

- Committee Report
 - Kathy Gillespie, sponsored by Darcy Jennings and Madelyn Smith, sponsored by Donalda Lovelace will be inducted at the November Dinner Meeting. The motion to accept these new members was made by Donalda Lovelace and seconded by Jayne Owiesney. The motion was adopted.
- It was suggested that membership information flyers could be kept at the sign-in table at Dinner Meetings in case a member had a friend who might be interested in joining. The Membership committee will handle this.

OTHER BUSINESS

- Donalda Lovelace was contacted about a donation for a Locust Grove woman who needs hearing aids. Our Lioness Lions District 24 L has a Hearing Aid Bank Foundation. To qualify, applicants must be low income and provide documentation. This has been done. The woman's daughter was a recipient of one of our scholarships in the past. Donalda Lovelace made a motion to donate up to \$250.00 from our Foundation account to the Hearing Aid Bank in this woman's name. This should cover the expenses she is unable to pay. Diane Pittman seconded the motion, and the motion was adopted.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned at 8:50 pm. Motion made by Kathy Merritt and seconded by Colleen Cameron.

Respectfully submitted,
Gina Davies, Secretary

Halloween Costumes at the October Lioness Dinner



Darcy Jennings & Guest Karen Gillespie



Jan Stockman



Donalda Lovelace & Guest Madeline Smith



Betty Beck, Guest, Pam Derreberry
Julie Phend



Barbara Tomayko



Donna Morrissey & Mary Tait



Darcy Jennings Linda Corsones



Loretta LaTerra, Sue Powers & Marti Legge



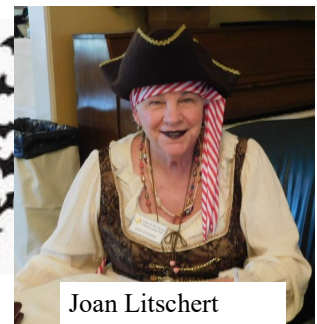
Heidi Brown, Mary Lou Ambrose,
Benita Forrest



MaryLou McFarland



Sharon Thornton, Emily Florence, Roselyn
Edwards, Arlene DeSimone, Karin Mollard,
Lynne Travis



Joan Litschert

Lioness Lions Committees & Activities

BRIDGES



We will be participating again this year with a Bridges Christmas Project. Marylou McFarland will pass out the cards with the items needed at our November 11 meeting, and collecting the wrapped gifts in December.

Christkindlmarkt

Saturday, December 4, 2021

The Lake of the Woods Annual Christkindlmarkt will be held on Saturday, December 4, from 9:00am - 3:00pm at the Community Center. This event is sponsored by the Lake of the Woods Association. The Lioness Lions Club reserves a few tables each year and sells gently used Christmas decorations, ornaments, cards, wrapping paper etc. Many talented local arts and crafts vendors and Lake of the Woods authors participate making this a fun Christmas event.

We will soon be thinking about decorating for Christmas, so please keep us in mind as you decorate and find you have nice decorations you no longer need or use. Lioness Joan Litschert has offered some storage space in her garage for us to use prior to the event. She does have limited space, so please call Gail Stoner (540-207-9517), or Helene Burns (540-412-0798) to arrange early donations. We will also accept donations the evening before the event at the Community Center from 5:00-7:30 or the day of the event from 8:00am - 9:00am to give us time to price them. We will be needing a few helpers for sorting and pricing items if you would like to help.

We have decided not to include the bake sale in the event this year due to COVID concerns.

Set up for Christkindlmarkt will be on Friday, December 3, from 5:00pm - 7:30pm at the Community Center. We will set up and accept and price items donated at that time. We can also accept them on the morning of the event from 8:00am - 9:00am. We would prefer to have the donations ahead of time, if possible, for pricing.

The event will open at 9:00 am on Saturday, December 4. Sign-up sheets will be at our November dinner meeting for helpers to work 2 hour shifts for Friday evening and Saturday.

Thank you so much for all of your help making Christkindlmarkt a very successful fundraiser for our many local charities. We always have a lot of fun participating in this event. Your help and your wonderful donations of decorations are so appreciated!! We couldn't do it without your help.

Call Gail Stoner (540-388-2540 home) (540-207-9517 cell) or Helene Burns (540-412-0798 home) (303-553-4591 cell) if you have any questions or would like to help. Thank you!!

Committees & Activities (continued)

FOOD PANTRY HELP NEEDED

We are looking for some volunteers to pick up donated food at Food Lion **once a month** to deliver to the food pantry on route 20. It is a quick way to help and is much needed and appreciated.

It entails going to Food Lion between 8:30 and 9:00 AM, picking up the donated food, and delivering it to the pantry. This takes less than an hour. You will be scheduled once a month on a Wednesday, Thursday or Friday.

I will furnish instructions and a key to the pantry.

Please call me at 540 972-9043 if interested.

Thank you
Karen Cakouros



MEMBERSHIP: A Big WELCOME to a new Lioness who was inducted at the October Meeting



Linda Corsones: Linda comes to us from NY state. She has two children and 4 grandchildren. She moved to Lake of the Woods to be closer to family. She also is happy to live in a lake and golf community. She became involved with water aerobics (and Carol Greeney!) after moving here from NY in July of 2020.

In her career she has worked at SUNY Ulster, where she was Program Coordinator. She oversaw their GED program. She also has been a Girl Scouts leader and has been involved in many other activities because she has been a Girl Scout most of her life.

Linda's hobbies include quilting, puzzles, reading, and being a grandmother. She is interested in working with children and at the food pantry as well as other volunteer work. She says she is looking forward to serving with a wonderful group of women. Very sweet, Linda! Welcome to our club!

SHARE AND CARE is a way for our Lioness Club to let the members know when someone is ill, in the hospital or has had a death in the family.

The only way to let our members know is if you let me know by phone or email. I would appreciate your call or email so that I can get a message out right away. I will then send a card to them that is signed from The Lioness Lion Club.

Thank you so much for your help with this.

Carol Lee 540/972-8920 or carol.lee4@comcast.net



From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club November 11th, Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m.

Please remember to call or email the Tamers by Monday, November 8th, if you are not attending or need a special meal.

Dinner will be buffet style. A no-call or no-show will cost you \$20.00 if you are unable to attend this meeting,

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Rani Manhard (540-972-7859) Email: ranilow@verizon.net
Ann Wood (540-972-3326) Email: callwood@aol.com

NOVEMBER DINNER MENU

Dinner

- * Garden Salad w/Ranch or Blueberry Pomegranate dressing
- * Roasted Turkey w/gravy on the side, cranberry sauce, turkey stuffing, & buttered corn
- * Buttered croissants

Alternate Choice

- * Cheese Ravioli topped with wild mushrooms & sherry cream sauce
- * Asparagus

Dessert

- * Pecan Pie

PLEASE REFRAIN FROM TALKING WHEN SOMEONE IS AT THE PODIUM,

ESPECIALLY OUR GUEST SPEAKER.

Twister's Corner

By Lioness Lion Colleen Cameron

Because the Roman calendar started in March, November is from the Latin word for nine, nove.

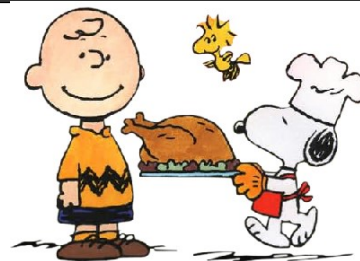
Regardless of the retail calendar putting Christmas decorations out in October, November begins our holiday season with Thanksgiving always on the 4th Thursday of November.



The US often has an election in November. This year Virginia will elect a new governor on November 2. In my house, if you do not vote, you cannot complain about the outcome.

Have a wonderful holiday season, fill your belly in November, and count your blessings in December.

Submitted by
Colleen Cameron



HAPPY BIRTHDAY

MONTH

November 2

November 10

NAME

Jan Lemieux

Karin Goetz

MONTH

November 16

November 20

NAME

Connie Skelton-Devons

Anne Walker

November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Collection begins for Toy Box	5 Food Pantry 9-10:30 am	6
7	8 Eyeglass Recycle	9	10	11 Dinner Meeting 5:15 pm	12 OVERSTOCK FRIDAY Food Pantry 9-until gone	13
14	15 Eyeglass Recycle	16	17	18	19 Food Pantry 9-10:30 am	20
21	22 Eyeglass Recycle	23	24	25 Happy Thanksgiving	26	27 Food Pantry 9-10:30 am Lioness Book Sale 8:30—1:00 pm
28	29 Eyeglass Recycle	30				

December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Combined Nov & Dec Board Meeting Community Ctr. 7:00 pm	3 Food Pantry 9-10:30 am Christkindlmarkt Set up 5-8 pm Community Ctr.	4 Christkindlmarkt 9-3 Community Ctr. Toy Box collecting ends
5	6 Eyeglass Recycle	7	8	9 Dinner Meeting 5:15 pm	10 OVERSTOCK FRIDAY Food Pantry 9-until gone	11
12	13 Eyeglass Recycle	14	15	16	17	18 Food Pantry 9-10:30 am
19	20 Eyeglass Recycle	21	22	23	24 Food Pantry CLOSED	25 Food Pantry CLOSED
26	27 Eyeglass Recycle	28	29	30	31 Food Pantry 9-10:30 am	

From the Editor

By Lioness Lions Vicky Shew
Editor, Lioness Lions LOW DOWN
Phone: (540) 972-0889

Please submit information, articles and photographs for the LOW DOWN to Emily Florence no later than **Friday, November 26th**. The newsletter will be distributed on or about the first of the month. Forward your articles or information by email at the address below, or call Emily if you don't have access to email..

Email: Emily Florence at emilyjflorence@aol.com

REMINDER:

If you know of anyone not receiving the LOWDOWN please have them contact any one of us.

Vicky Shew
Emily Florence
Lynne Travis

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Vicky Shew, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org

Eyeglass Recycling—Nancy Strain, 972-7141

Wilderness Food Pantry

Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale—Helene Burns, 412-0798, Sherri Lasover, 412-9854,
and Ann Walker, 972-4338