LOW DOWN

Volume 33, Number 3 — September 2017



President's Corner

By Lioness Donalda Lovelace LOW Lioness President

www.lowlioness.org

What a relief to have the 90-degree weather behind us. Despite such weather, we had three successful events last month. The Book Sale, manned by awesome Lionesses who work month after month to help us support our benevolent activities. More about them in the coming months. We also had a beyond successful Food Drive which collected over 1800 lbs. of food and over \$300 of donations. It was a lovely



day. The picture shows you just one shift of ladies; Lionesses Claudia and Nikki worked all shifts. We even had a Lionessto-be, Doris Williams, working to make this an event we can all be proud. All donors received a baked goods gift and a custom card created and baked by Lioness Claudia with her indomitable spirit.

For the first time, LOW Lioness Club hosted the Concert on the Point. This event allows the host to have one fund raiser. It provides visibility for the club as well as in our case proceeds from a 50-50 raffle. On the down side, the hosting club must ensure that the Point is clear of any trash that may have been left behind. We are fortunate in having neighbors who

pick up after themselves and want to keep our grounds lovely. So that part of the responsibility was relatively easy. You can see the Lionesses again are having fun and fellowship while we worked this newest fundraiser.

September, we look forward to our Card Party, Lunch and Fashion Show--always a sold-out event. We also have our Dinner Meeting on September 14th which this year we have our historic chartering as a Lions Club. We have some surprises for you all, this is a not to be missed event. I would also like to ask all our golfers to support our fellow Lions Club for their Golf Tournament on September 15th. We have supported the tournament by the purchase of a Tee sign. It will proclaim our new name and status.



And of course, please support the Book Sale on September 30th.

Anyone who has not mailed in your dues, please do so today--final notices will soon be mailed.

"One reason people resist change is because they focus on what they have to give up not what they have to gain"

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

SAFE House — See Pg. 4

Large Baskets & Basket Items—See Pg. 3

Lake of the Woods Lioness Club The Insider's View

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2017—2018 Board of Directors

President Donalda Lovelace 1013 Eastover Parkway Locust Grove, VA 22508 (540) 412-2857

Secretary Janite Hamilton 202 Stratford Circle Locust Grove, VA 22508 (540) 809-0193

Treasurers Karin Mollard Jane Owiesny

1st Vice President Linda Shnayer

2nd Vice President Nikki Buell

3rd Vice President Vacant

Lioness TAMERS Karen Cakouros Carol Lee

Tail Twister Jonnie Feterle

Membership Joyce Morlan Julie Phend

Directors Millie Davis Carolyn Gordon **Carol Greeney**

Past President Maureen Otero

Minutes from the August 24, 2017 **BOD Meeting**

ATTENDANCE: Donalda Lovelace, Janite Hamilton, Linda Shnayer, Jonnie Feterle, Maureen Otero, Joyce Morlan, Carolyn Gordon, Millie Davis, Jayne Owiesny, Karen Cakouros, Karin Mollard, Su Bielmeier, Carol Greeney, Nikki Buell and Carol Lee.

CALL TO ORDER: President Donalda Lovelace called the meeting to order at 7:00 P.M.

SECRETARY'S REPORT: The August minutes, which were previously distributed, were approved.

TREASURER'S REPORT: The Administrative Financial Statement for August was accepted for auditing. The Benevolence Financial Statements for July and August were provided and accepted for auditing.

PRESIDENT'S REPORT:

- Resignations were received from Joanne Hurst, Gayla Gamble, Peggy Dowd, and Helen Desarmeaux. All resignations were accepted with
- A request for a MAL status was received and accepted for Wendy Gwaltney.
- A waiver of Bylaws request for Associate Membership was received and accepted for Su Bielmeier.
- A Letter was received from the LOW General Manager regarding the posting of signs. The appropriate members will be notified of the rules regarding signs.
- Su Bielmeier volunteered to work at Concert on the Point on August 25.
- Binders were presented to each board member with information specific to their duties as officers.
- The President urged each member to read the revised Draft LOW Lioness Lions Constitution and Bylaws for approval at the next meeting.
- Announcements on Charter Night will be limited to birthdays and a spokeswoman from the Card Party and Luncheon.
- The auditor issue was discussed. A suggestion was made to contact Ginny Thoms, a former Lioness, for training of a Lioness or perhaps performing the audit herself. The President will contact her and report later.
- AARP made a request to speak before our club. "A motion was approved to suggest that they place flyers on the coffee table outside the entrance of the Clubhouse President's room and that we would place a notice about their fundraiser in our LOWDOWN".

OFFICER'S REPORTS:

1ST Vice President-Linda Shnayer

- · Preparation for Card Party and Luncheon for September fundraiser are progressina.
- The White House Ornament fundraiser was discussed. The decision was made to keep the price at \$21.00 this year and order now.

2nd Vice President –Nikki Buell

• The food drive on August 19 was a success with 1800 pounds of food collected. Claudia Low and her volunteers were phenomenal.

MORE See Pg. 3 Minutes from the August 24th BOD Meeting

From Pg. 2

TAMERS-Karen Cakouros and Carol Lee

• Karen Cakouros and Carol Lee discussed the cost of the dinners. The price for the dinner meeting meals will remain at \$18.00 this year. The menu for Charter Night was read.

TAIL TWISTER—Jonnie Feterle

Jonnie Feterle announced that \$5.25 was collected and turned in to the Administrative Treasurer.

MEMBERSHIP-Joyce Morlan

• Three new members will be inducted at September 14 dinner meeting. Membership pins were discussed for Lioness Lions. More information on options will be obtained and presented later.

Without further business the meeting was adjourned.

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

As of this writing, Paula Hornaday is recovering at Health South after an accident.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338

Baskets, Baskets

By Loness Carol Greeney

It's that time again! Our annual Card Party and Fashion Show is scheduled for September 22, which is right around the corner. This means that our contributions for the very popular Basket Raffle need to be donated at our September meeting. As you gather the items, please think themes such as Italian, golf, tennis, wine and cheese, garden, spa, etc.—you get the idea. It is always a good idea to get together with a fellow Lioness or two and complete your theme together.

We also need some larger baskets. I have plenty of medium and small. Please bring these to the meeting if you have any and are willing to part with them.

Finally, I will be needing several Lionesses to help complete the baskets. We will work on these at my house on Friday, September 15 at 1:00 P.M. I will be asking for volunteers at the meeting. Be prepared! Remember, many hands make light work!!

If you have items for the baskets and are unable to attend the meeting, contact me and we can make alternative arrangements at 972-6739 or rcgreeney@comcast.net.

Volunteers Needed for Food Pantry

By Lioness Karen Cakouros

We are looking for more volunteers to work on distribution days at the Food Pantry. That's the 1st and 3rd Friday and last Saturday of each month from 9 a.m. to 12 noon. The pantry is serving more and more families each month. It is very rewarding work!

Please call me at 972-9043 if you can help.

Lioness Committees & Activities

SAFE House Collection

By Lioness Michelle Senft

Donations will be collected for SAFE House at our September meeting. We will be parked in front of the Club House for collection before the meeting.

Needs include diapers, paper towels, tissues, garbage bags, powdered laundry detergent, liquid dish soap, antibacterial wipes.

If you aren't able to shop, please consider donating a check made out to S.A.F.E., with "LOW Lioness" in the memo line.

Thanks, as always, for your generosity toward those less fortunate and the organizations providing them crucial support.

2017 White House Christmas Ornaments

By Lionesses Arlene Rich and Marian Rodd

It's not too early to think about Christmas! We will be selling the 2017 White House Christmas Ornament for \$21 each. (Same price as last year!) Perfect for every tree, this year's official ornament honors Franklin D. Roosevelt, who served as the thirty-second president for four terms from 1933 to 1945.

The ornament was designed using elements unique to the life and legacy of President Roosevelt. The eagle cartouche emblazoned on the speaker's stand at President Roosevelt's first inauguration is the inspiration for the main element of the 2017 ornament. The two flags below have forty-eight stars each, representing the number of states in the union during Roosevelt's four terms. The shape of the ornament is reminiscent of the silhouette of a tabletop radio similar to those many Americans had in their homes and used to listen to the president's reassuring Fireside Chats. Roosevelt's beloved Fala is pictured on the back of the ornament, sitting next to a festive Christmas tree and presents. A white leaf motif accenting the ornament edges is based on exterior stone molding that adorning the White House north entrance. Four stars toward the top of the ornament represent Roosevelt's historic four terms as president and the chevron border recalls the design of a card case he carried while serving in office. The ornament is crafted from shiny brass plated with nickel and 24-karat gold.





They will be ready for pick up in early December. This is a great ornament to place on your tree or to give as a special gift. You may wish to order a few extra for those last minute gifts. Order forms will be available at the dinner meeting or you can call either Lioness Arlene Rich (540) 755-2628 or Lioness Marian Rood at (540) 412-0214 to pre-order your ornaments.

Lioness Committees & Activities

Halloween Costumes

By Lioness Linda Shnayer

Get your costumes ready for our October 12th Halloween celebration and costume contest. We welcome most costumes - horror, humorous, pirates, superheroes, time period, occupation, group, etc. - use your Lioness imagination! Prizes will be awarded!

Food Drive Results from Saturday, August 19th

By Lioness Claudia Low

I would like to thank the following Lioness for helping with the Food Drive on Saturday, August 19: Nicki Buell, Betsy Flanigan, Susan DeMalio, Val Protiva, JoAnn Buttimer, Donalda Lovelace, Ann Wood, Rani Manhard, Betty Beck, Barbara Young, Gail Hardin and Doris Williams. I would also like to thanks those Lioness who donated to the food drive.

With all the wonderful donations from our community we collected 1,850 lbs of food and \$315 in cash/checks. All proceeds will be donated directly to the Lions Lioness Wilderness Food Pantry. We had a great day.

OUR COMMUNITY ROCKS!!

School Supply Drive

By Lioness Claudia Low

I would like to thank all the Lioness that donated school supplies, backpack money and cash contributions. Michelle and David Senft helped me deliver all 18 backpacks loaded with the supplies that they will need to get a head start on this school year. We also gave each grade a box loaded with tissues, wipes, assorted sizes of plastic storage bags, hand sanitizers and assorted other supplies.

The teachers were delighted with all the colorful backpacks and the supplies and asked that I pass along their thanks.

Job well done Lioness!

August Speaker

By Lioness Linda Shnayer

For those of you who missed the August dinner meeting, our speaker was Kay Branford from MemoryBanc located in Arlington, VA. Kay discussed ways to manage and organize your important documents and accounts to ensure your wishes are met for the life you desire should someone need to be your spokesperson and/or advocate due to health issues. For those of us at the meeting, we agreed this was one of our more interesting and relevant presentations!

We encourage you to go to memorybanc.com to view a free video. At the website you will find additional information and organization tools. Kay also provided a check-list handout which we will have available at our October meeting.

From the Tamers

By Karen Cakouros and Carol Lee

The Lake of the Woods Lioness Club September 14th Dinner meeting will be held at the Clubhouse with a **5:30 p.m.** social gathering followed by dinner at **6:00 p.m.** Please remember to call or email the Tamers by Monday, September 11th if you are not attending or need a Special meal. Dinner will be a plated meal. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Due to the activities planned for Charter Night, social hour will be from 5:30—6:00 p.m.

Tamers:

Karen Cakouros (972-9043) Email: karencak@comcast.net Carol Lee (972-8920) Email: carol.lee4@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

- Chopped Sirloin
- Garlic Mashed Potatoes
- Seasoned Vegetable Medley
- Pound Cake w/Cherry Sauce
- Coffee & Tea

Vegetarian Menu

For vegetarian meal, please call the Tamers

Twister's Corner

By Lioness Jonnie Feterle

September is an important month where we celebrate Labor Day

What it Means. **Labor Day**, the first Monday in September, is a creation of the **labor** movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country ...

- 1. Who was the US President who signed the bill making Labor Day a National Holiday and the Year?
- 2. Where was the first Labor Day parade held in the United States?

LOW Lioness 2017-2018 Calendar

Sept 14 Lioness Dinner Meeting Sept 22 Lioness Card Party

Luncheon & Fashion Show

Sept. 28 BOD Meeting

Sept. 30 Lioness Book Sale

appy Birthda Lionesses!

September 1	Joan Mills	September 18	Mary Altman
September 8	Ellen Bearden	September 18	Donalda Lovelace
September 9	Melissa Daly	September 19	Betty Beck
September 10	Janite Hamilton	September 19	Bonita Doubleday
September 14	Ann Wood	September 25	Nancy Fogg
September 17	Hilda Valenta Seary	September 26	Frances Bloss

From the Editor

By Lioness Gail Hardin Editor, Lioness LOW DOWN

Please get information and articles for the October LOW DOWN to me by September 27th or as soon thereafter as possible. The newsletter will be distributed on or about October 1. Forward them by email at the address below, or call me if you don't have access to email.

Email: gail hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignations:

Helen Desarmeaux PeggyDowd Gayla Gamble Joanne Hurst

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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