

# LAKE OF THE WOODS LIONESS LIONS

## LOW DOWN

Volume 35, Number 5 — November 2019



### President's Corner

By Lioness Lion Linda Shnayer LOW Lioness Lions President

[www.lowlioness.org](http://www.lowlioness.org)

As we've watched the beautiful fall colored leaves fall from our trees, we say our final goodbyes to the refreshing smells of summer and welcome November with all its wonderful aromas of hot mulled cider, pumpkin pies, Thanksgiving turkeys, fireplace logs, and soups simmering in crockpots. We'll spend more time inside with good friends and family. Enjoy every minute!

On October 31<sup>st</sup>, Ellen Bearden led the Lioness participation in the LOW sponsored Halloween event. Ellen, Karen Cakouros, Shellee Williams, Loretta LaTerra, Lynne Travis, and Nicki Buell handed out candy and other treats to local costumed children. Due to inclement weather, the event was moved from the "Point" to the community center.



I'd like to give a special thanks to those who make our monthly dinner meetings a great success: Theresa DiCicco for the informative programs she continues to bring us; our Tamers Ann Wood and Rani Manhard for coordinating our meals with the Clubhouse staff; Tail Twister Donna Steffensmeier for providing the birthday flowers and coordinating greeters; Melissa Daly who prepares and delivers the inspirational invocation; Kathy Walters who sells 50/50 tickets; Lynne Travis who takes pictures of special events; and, of course, the entire Clubhouse staff. Due to the dedication of these ladies and the Clubhouse staff, our dinner meetings run smoothly every month.

After 20 years of teaching Bridge, Jan Lemieux has decided to retire from teaching. If you ever took Bridge lessons from Jan, you know she always provided excellent instruction and great fun. It always amazed me how Jan could have so many players tromping through her home several days of the week, through all kinds of weather, and not only keep a perfectly clean home but always make the players feel welcomed and comfortable. Each year, \$1,500 of her proceeds from her lessons has gone to the Lioness Bridge Scholarship. Over 20 years, the lessons have earned over \$29,000 for the Lioness Benevolence/Foundation Fund. We thank Jan for all she has done through the years to support the Lioness Club and, specifically, the local students of Orange County. Bravo!

Upcoming events: To participate, please contact the Chair/Co-Chair listed in the current Lioness Handbook.

November 7<sup>th</sup> - Hollywood Casino Trip

December 7<sup>th</sup> - Christkindlmarkt/Bake Sale at the LOW Community Center

December 18<sup>th</sup> - ChildHelp Gift Wrapping

February 8<sup>th</sup> - Amore Dinner & Dance at the  
LOW Clubhouse

March 21<sup>st</sup> - Spring Craft Show/Bake Sale at  
Locust Grove Middle School

MORE — See Pg. 3

### WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—Plastic bags, double bagged if possible, which saves the workers time when they are helping the clients.

**Lake of the Woods Lioness  
Lions Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club  
House on the 2nd Thursday of each  
month. Social hour at 5:15 p.m.

**2019—2020 Board of Directors**

**President**

**Linda Shnayer**  
107 Fairfax Lane  
Locust Grove, VA 22508  
(540) 412-1021

**Secretary**

**Claudia Low**  
116 Eagle Court  
Locust Grove, VA 22508  
(540) 412-1304

**Treasurers**

**Loretta LaTerra**  
**Jean McLallen**

**1st Vice President**

**Jayne Owiesny**

**2nd Vice President**

**Ann Walker**

**3rd Vice President**

**Ellen Bearden**

**Lioness TAMERS**

**Rani Manhard**  
**Ann Wood**

**Tail Twister**

**Donna Steffensmeier**

**Membership**

**Emily Florence**  
**Mary Szadvari**

**Directors**

**Betty Beck**  
**Barbara Francis**  
**Gail Stoner**

**Past President**

**Linda Shnayer**

**The Insider's View**

Minutes from the  
October 24, 2019  
BOD Meeting

The meeting was called to order by President Linda Shnayer.

The following 2019-2020 Board of Director members were in attendance: President Linda Shnayer, Treasurer Jean McLallen, 1<sup>st</sup> Vice President Jayne Owiesny, 2<sup>nd</sup> Vice President Ann Walker, Lioness Tamers Rani Manhard and Ann Wood, Tail Twister Donna Steffensmeier, Membership Directors Emily Florence and Mary Szadvari, and Director Gail Stoner.

Minutes from the September 26, 2019, meeting had been previously distributed, and the board accepted them as written.

The Administrative Budget was presented and accepted for audit.

**President's Report – Linda Shnayer**

- Jan Lemieux requested Member-at-Large status from November until May, as did Debbie Attiliis from November through January. Both requests were approved.
- Jan Lemieux will be retiring from teaching bridge, which will affect the Scholarship Program and hence the budget for next year.
- Our club received a lovely thank you note from SAFE House, expressing their appreciation for our continued generosity, which was shared with the Board.
- Carol Greeney has offered to lead the effort to decorate trees and wreaths for an auction that will benefit the Living Waters Free Clinic.
- Our club will be donating \$2,000.00 to the Wilderness Food Pantry in accordance with our budget.

**First Vice President's Report – Jane Owiesny**

- The card party cleared slightly over \$2,600.00. Next year's party is scheduled for September 25.
- The Child Help wrapping party is scheduled for December 18.

**Tamer's Report – Rani Manhard and Ann Wood**

- Many favorable compliments were received with respect to the October meal.
- Theresa DiCicco, Program Chairman, reported that an individual will be working on the speaker system at the clubhouse.

**Membership Report – Emily Florence and Mary Szadvari**

- A written list has been established defining the responsibilities for each Membership Chairperson.
- A discussion was conducted with respect to the number of inductions that are done. The Board saw no difficulty with doing them as frequently as needed.
- It was stated that a Lioness is not considered an active member until she is officially inducted.
- It was determined that our club will stay with the current nametag.
- A bill for \$30.00 for badges from four years ago will be handled by requesting a current invoice.
- A discussion ensued with respect to the ordering of new membership kits and it was determined that our club needs to request a minimum of 10 to place an order with the Lions.

MORE

See Pg. 3

## Minutes for the October 24, 2019, Board of Directors Meeting (Cont'd)

### Directors' Report – Gail Stoner

- A mixer will be held at the November meeting with a theme of college football.

### New Business

- With respect to the Spring Flea Market, the Locust Grove Middle School has raised the fee to \$530.00. With this in mind, IT WAS MOVED by Ann Walker and DULY SECONDED by Donna Steffensmeier that the charge to the vendors be increased from \$25.00 to \$30.00. MOTION CARRIED.
- Possible venues and advertising were discussed for promoting and selling the White House Christmas ornaments.
- Possibilities for expanding our fund-raising activities were discussed among the board members.

There being no further business to come before the LOW Lioness Lions Board at this time, the meeting was adjourned.

Respectfully submitted,  
Ann Walker  
Acting Secretary

## The President's Letter (Cont'd)

I still have several 2019-2020 Lioness Handbooks. For those of you who did not claim your new Handbook at our October dinner meeting, please plan to attend the November meeting or ask a friend to pick it up for you.

Good wishes for you this Thanksgiving! Good food that fills your table, Good health as you work hard, Good times with family and friends. May you get all the best delights in life. Happy Thanksgiving!

"Candy Girls" - getting ready to hand out Halloween candy at the Community Center— Since due to inclement weather it was moved from the Point.



# Lioness Lions Committees & Activities

## Information for September Inductees

By Lioness Mary Szadvari

Julie S. Davis  
542 Harrison Circle  
Locust Grove, VA  
Phone: 717-253-1187  
Birthday: March 17  
Email: pvandj49@gmail.com

Rosemarie Rynkiewicz  
5384 Williams Flank Ct.  
Locust Grove, VA  
Phone: 607-738-5362  
Birthday: December 3  
Email: phf57@hotmail.com  
Spouse: Paul Mosher

### Welcome Julie Davis

Julie was born and raised in Petersburg, VA. She went to boarding school in Charlottesville and then attended the University of Georgia. After college she worked for United Airlines as a Flight Attendant for 28 years. Prior to moving to LOW she lived on a farm outside of Gettysburg, PA and has resided here since 2016. Julie loves to read, play Mah Jongg, participate in politics, and help organize houses. She has a cat named Eloise who "allows me to live with her". She is looking forward to making new friends and becoming involved in the community.

### Welcome Dr. Rosemarie Rynkiewicz

Dr. Rosemarie Rynkiewicz is a board-certified podiatrist in practice with Rappahannock Foot & Ankle Specialists in Fredericksburg, Virginia. She grew up in Philadelphia, PA and eventually moved to Upstate New York where she and her family had a horse farm for 20 years. After traveling to Virginia to visit family, she fell in love with the horse-speckled countryside and nice weather of Central Virginia. She currently resides in Locust Grove with her family, three dogs, five cats, and three horses. Dr. Rynkiewicz enjoys walking her dogs on her farm, cooking, and spending time with family and friends. She is looking forward to making new social connections and being part of the Lioness community.

## October Inductee

By Lioness Mary Szadvari

Gina Davies  
101 Windy Lane  
Locust Grove, VA  
Phone: 229-669-3666  
Birthday: March 17  
Email: ginadaviesga@gmail.com  
Spouse: David

### Welcome Gina Davies

Gina was born in Quantico, VA, but prior to coming to LOW in 2018 had been living in several other states. She spent a year in CA, 8 years in GA, 6 years in TX, and 26 years in PA. It has taken her three tries to retire from 20 years in a pre-school, 5 years as a librarian in GA, and 1 year as a librarian in CA. She is presently volunteering her time in the reading program at St. Patrick's School.

Gina's husband is semi-retired but works from home for a head hunter company. They have 2 sons. One son lives in Alexandria, VA with his wife and beautiful granddaughter Emily who is quick to point out that she is 5 and 3/4 years old. Her second son lives in Philadelphia, PA with his wife.

Gina loves to read. When asked what her favorite book is, she responded as any good school librarian would, "Oh, I love a children's book titled 'ISH'."



# Lioness Lions Committees & Activities

## Christkindlmarkt

By Lioness Gail Stoner

The 9<sup>th</sup> annual "LOW Christkindlmarkt" will be held on Saturday, December 7<sup>th</sup> from 9:00am – 3:00pm at the Community Center. This event is sponsored by the Lake of the Woods Association. The Lioness Lions Club reserves a few tables each year and sells gently used Christmas decorations, ornaments, cards, wrapping paper, etc. We also have a wonderful bake sale table with cakes, cookies, and candy generously donated by our members. Many local art and craft vendors and Lake of the Woods authors participate making this a fun Christmas event.



We will all soon be thinking about decorating for Christmas, so please keep us in mind as you decorate and find you have nicer decorations you no longer need or use. Helene Burns has kindly offered her garage again this year to mark and store donations ahead of time. Please call Helene at 540-412-0798 to arrange a convenient time to bring your donations. We will be needing a few helpers for sorting and marking items if you would like to help out.

The Bake Sale this year is co-chaired by Loretta LaTerra (970-218-4010) and Shellee Williams (571-277-8618). Claudia Low will be helping as she can since she is recovering from recent surgery. Information will be coming soon with recommendations for baked goods to prepare and how many cookies per baggie, etc. The items must be marked "Nuts" or "NO NUTS" due to customers with allergies. Please call Loretta or Shellee if you have any questions about the bake sale.



Set up for the event will be on Friday December 6<sup>th</sup> from 5:00pm-8:00pm at the Community Center. We will be there setting up that evening and will take donations for the bake sale and the decorations if you can't get them to us ahead of time. We can also accept them on Saturday morning before the event by 9:00am. We would really prefer receiving decoration donations at Helene's garage ahead of time so we can get everything priced. The Community Center will open at 8:00am on Saturday morning for set-up. The event will open at 9:00am.

Sign-up sheets will be at the next dinner meeting for the decoration sale and the bake sale. We will need helpers for Friday evening and Saturday.

Thank you so much for all of your help making Christkindlmarkt a very successful fundraiser for our Lioness Foundation which helps support many local charities. We always have a lot of fun participating in this event. Your help and your donations of decorations and baked goods are so appreciated!! We couldn't do it without your help!

Call Gail Stoner at H) 540-388-2540 C) 540-207-9517 or Helene Burns at H) 540-412-0798 or C) 303-552-4591 if you have any questions or if you'd like to help. Thank You!

## ChildHelp Holiday Wrapping Party

By Lioness Jayne Owiesny

The ChildHelp holiday wrapping party will take place on Wednesday, December 18<sup>th</sup> at the Alice P. Tyler school in Lignum beginning at 10:00 a.m.. The sign up sheets will be at the December meeting. This is a fun service event so if you are available that morning, please join us.





# Lioness Lions Committees & Activities

## Share and Care

**By Lioness Jean Ann Daniels**

Barbara York is recuperating at Carriage Hill following her release from MWH. She suffered a stroke during her last surgical heart procedure. Barbara has enjoyed receiving cards and visits from her Lioness friends. She will be happy to return to LOW, too early to predict at this time.

Claudia Low had recent neck surgery. She is in a cast for six weeks and that will be followed by a neck brace for six additional weeks. Claudia is missing everyone and will be happy to be able to drive and get back to spending time with her friends. She has asked for us to keep her in our thoughts and prayers.

If you need to contact Care 'N Share from November 8th through 15th, please contact Ann Walker at 972-4338 as I will be on vacation.

## November Speaker

**By Lioness Theresa DiCicco**

Who, What and How are we inspired to become who we are? Julie Phend, our speaker and fellow Lioness, will share with us her life's journey on becoming a writer and author of children's books. She is very enthusiastic and looking forward to being our presenter.

## White House Ornaments

**By Lioness Mary Szadvari**

There are still White House Ornaments left, and Mary Szadvari will have them at the November meeting. They are \$21 each. If you will not be at the meeting, you can contact Mary at 540-972-4572 to order an ornament.

This year's ornament is in honor of Dwight D. Eisenhower, who in 1957 became the first President to employ a helicopter while in office. Eisenhower's embrace of air transport, including helicopters, forever changed how America's chief executive conducts the nation's business.



# Lioness Lions Committees & Activities

## October Birthdays



## HALLOWEEN COSTUMES



The Adams Family!!



## October Speaker—Dr. Alex Kieger, Interventional Radiologist with Vascular Institute of Virginia



# Lioness Lions Committees & Activities

November 2019						
Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Mondays— Eyeglass Recycling  
 Nov 7—Hollywood Casino Trip  
 Nov 8—Wilderness Food Pantry  
 Nov 13—Wilderness Food Pantry  
 Nov 14—Dinner Meeting  
 Nov 22—Wilderness Food Pantry  
 Nov 30—Book Sale  
 Nov 30—Wilderness Food Pantry  
 NOTE: No BOD meeting in November

December 2019						
Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Mondays— Eyeglass Recycling  
 Dec 5—Nov/Dec Board Meeting  
 Dec 6—Wilderness Food Pantry  
 Dec 7—Christkindlmarkt/Bake Sale  
 Dec 11—Wilderness Food Pantry  
 Dec 12—Dinner Meeting  
 Dec 18—ChildHelp Gift Wrapping  
 Dec 20—Wilderness Food Pantry  
 Dec 28—Wilderness Food Pantry

January 2020						
Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Mondays— Eyeglass Recycling  
 Jan 3—Wilderness Food Pantry  
 Jan 8—Wilderness Food Pantry  
 Jan 17—Wilderness Food Pantry  
 Jan 23—BOD Meeting  
 Jan 25—Wilderness Food Pantry  
 NOTE: No dinner meeting in January

## Volunteer & Information POCs for Above Lioness Events

Eyeglass Recycling—Nancy Strain, 972-7141

Wilderness Food Pantry—Nicki Buell, 412-0104 or Karen Cakouros, 972-9043

Book Sale—Helene Burns, 412-0798, Sherri Lasover, 412-9854, and Ann Walker, 972-4338

Hollywood Casino Trip—Helene Burns, 412-0798

Christkindlmarkt—Gail Stoner, 540-388-2540 or Helene Burns, 540-412-0798; Bake Sale—Loretta LaTerra, 970-218-4010 or Shellee Williams, 571-277-8618

ChildHelp Gift Wrapping—Jayne Owiesny, 708-224-8897



## From the Tamers

By Rani Manhard and Ann Wood

The Lake of the Woods Lioness Lions Club November 14th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by Monday, November 11th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$20.00 if you are unable to attend this meeting,

**NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.**

Rani Manhard (540-972-7859) Email: ranilow@verizon.net  
Ann Wood (540-972-3326) Email: callwood@aol.com

**Dinner**  
**Garden Salad with**  
**Garlic Ranch & White**  
**Balsamic Dressings**  
**Roasted Turkey Breast**  
**Garlic Mashed Potatoes**  
**Corn Bread Stuffing**  
**Seasonal Vegetable**  
**Medley**  
**Turkey Gravy**  
**Rolls & Butter**  
**Pumpkin Pie w/Whipped**  
**Cream**  
**Coffee & Tea**  
**Alternative Meal**  
**Stuffed Shells in Red**  
**Sauce**

**OUT OF RESPECT AND COURTESY TO ALL, PLEASE REFRAIN FROM TALKING WHEN ANY-ONE IS AT THE PODIUM, ESPECIALLY OUR GUEST SPEAKER.**

**In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning the salad until after the invocation and introduction of guests. Thank you.**

## Twister's Corner

By Lioness Lion Donna Steffensmeier

Three November questions to answer this month, (and if you don't use the internet to answer), and you get all 3 questions right, you'll get a November prize when you see me at the meeting!

- 1) What are the 3 calendar holidays in November?
- 2) What are the two special shopping days in November called?
- 3) What is the most American thing to do in November?

Greeters for November are:  
Pat Licata  
Donalda Lovelace

## LOW Lioness Lions 2019-2020 Calendar

Nov 7	Hollywood Casino Trip
Nov 14	Dinner Meeting
Nov 30	Book Sale
Dec 5	Nov/Dec BOD Meeting
Dec 7	Christkindlmarkt

## Happy Birthday Lioness Lions

November 2	Colleen Cameron	November 10	Karin Goetz
November 2	Jan Lemieux	November 20	Ann Walker
November 3	Barbara York	November 23	Flo Clarke

**From the Editor**

By Lioness Lions Gail Hardin  
Editor, Lioness Lions LOW DOWN

Please get information and articles for the December LOW DOWN to me by November 29th or as soon thereafter as possible. The newsletter will be distributed on or about December 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**New Members — See Pg. 4**

**New Phone Number:**

**Lynne Travis—540-920-8528**

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

[www.lowlioness.org](http://www.lowlioness.org)