

# LAKE OF THE WOODS LIONESS LIONS

## LOW DOWN

Volume 34, Number 5 — November 2018



### President's Corner

By Lioness Lion Linda Shnayer LOW Lioness Lions President

[www.lowlioness.org](http://www.lowlioness.org)



Fall is here and there is a lot going on!

I would first like to encourage all Lionesses to vote on Nov 6<sup>th</sup>. It's difficult to believe women in the U.S. have only had the right to vote for 98 years. To find a woman in my family who didn't have the right to vote when she reached the voting age, I have to go back to my maternal great-grandmother Mary. My great-grandmother was 36 years old when, in 1920, the 19<sup>th</sup> amendment to the Constitution was ratified granting women the right to vote. Unfortunately, by that time, she was in poor health from giving birth to, and raising, 11 children. She died two years later giving birth to her 13<sup>th</sup> child and, I seriously doubt, she ever had the time or energy to travel to vote as voting places were not as convenient as they are today. Thankfully, due in part to women giving their voices at the ballot box, few women today in the U.S. experience this tragic lifestyle so please get out and vote.

Since childhood, we've all heard the stories of the Pilgrims and Thanksgiving. Did you know our modern day Thanksgiving holiday began in 1863 when Abraham Lincoln proclaimed a day of national Thanksgiving in the midst of the Civil War? Every subsequent President has followed Lincoln's example. Thanksgiving has always been a time for family and gratitude. Americans of all religious faiths, and of none, pause to give thanks.

To share some holiday spirit and help those less fortunate, along with the LOW Lions Club, we will have a charity dinner at Harry's Alehouse on Monday, November 19<sup>th</sup>. All proceeds (10% of dinners) will go to the Wilderness Pantry to provide Thanksgiving dinner items to needy families. In addition, we will partner with the Orange County Children's Toy Box, an Orange County non-profit public charity, to provide Christmas toys to the needy children in Orange County. You will find more information on these events in this issue of the LOWDOWN.

November is American Diabetes Awareness and Diabetic Eye Disease Month. One of the Lions Clubs global causes is to fight against diabetes. Diabetes is one of the most pervasive and fastest-growing diseases in the world today. It affects people of all races, income levels, and ages—even children.

MORE—See Pg. 3

### WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

**Lake of the Woods Lioness  
Lions Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club  
House on the 2nd Thursday of each  
month. Social hour at 5:15 p.m.

**2018—2019 Board of Directors**

**President**

**Linda Shnayer**  
107 Fairfax Lane  
Locust Grove, VA 22508  
(540) 412-1021

**Secretary**

**Claudia Low**  
116 Eagle Court  
Locust Grove, VA 22508  
(540) 412-1304

**Treasurers**

**Jean McLallen**  
**Jane Owiesny**

**1st Vice President**

**Nicki Buell**

**2nd Vice President**

**Ann Walker**

**3rd Vice President**

**Sharon Thornton**

**Lioness TAMERS**

**Nancy Fogg**  
**Marian Rood**

**Tail Twister**

**Jonnie Feterle**

**Membership**

**Arlene Rich**  
**Doris Williams**

**Directors**

**Betty Beck**  
**Carolyn Gordon**  
**Carol Greeney**

**Past President**

**Donalda Lovelace**

**The Insider's View**

Minutes from the  
October 25, 2018  
BOD Meeting

The meeting of the LOW Lioness Lions Club was called to order at 7:00 p.m. on Thursday, October 25, 2018, and the following were present: President Linda Shnayer, Treasurers Jean McLallen and Jayne Owiesny, First Vice President Nicki Buell, Second Vice President Ann Walker, Third Vice President Sharon Thornton, Tamers Nancy Fogg and Marian Rood, Directors Betty Beck and Carol Greeney, and Immediate Past President Donalda Lovelace.

**SECRETARY'S REPORT:**

The minutes of the September 27, 2018 meeting, which were previously distributed, were approved.

**TREASURER'S REPORT:**

Lioness Jean McLallen presented a revised report of the Administrative Fund for September and October, including the addition of the WEB hosting item and a post office box budgeted item. A question was raised with respect to the difference between the new member fee and membership dues. In the absence of the Membership Directors, this will be addressed at a later date.

Lioness Jayne Owiesny presented the Foundation budget report.

Both the Administrative and the Foundation budget reports were accepted for audit.

**PRESIDENT'S REPORT:**

- President Linda Shnayer stated that we have \$50.00 in our Administrative Budget allocated for flowers as a bereavement gift. With this in mind, it was moved by Donalda Lovelace and duly seconded by Nicki Buell that a donation of \$50.00 be made to the Alzheimer's Foundation in memory of Marue Biggs. Motion carried.
- Linda reminded us that there will be a fund-raiser held at Harry's Ale House on November 19<sup>th</sup> to benefit the Wilderness Food Pantry for Thanksgiving supplies.

**FIRST VICE PRESIDENT'S REPORT:**

Nicki Buell reported on the recent Lions Zone Meeting, and highly recommended everyone attend the next gathering, which will be held at Lake of the Woods on December 5. Donalda Lovelace emphasized the importance of attending and stated that it was an excellent way of sharing club activities and fund-raising efforts. It will be a buffet dinner at the LOW Clubhouse and our Tamers will handle the dinner arrangements, including determination of the price.

**SECOND VICE PRESIDENT'S REPORT:**

Orders for the White House Christmas tree ornaments will be taken at the upcoming book sale, this Saturday, October 27.

**THIRD VICE PRESIDENT'S REPORT:**

We will be handing out candy at the Halloween on the Point event, with a budget allocation of \$200.00.

MORE See Pg. 3

## **The Insider's View (Cont'd from pg. 2)**

### **TAMERS' REPORT:**

Every month we are picking up the excess cost of slightly over \$2.00 per person for the Lioness meals at the club house, which is causing heavy indebtedness to our budget. With this in mind, it was moved by Ann Walker and duly seconded by Nancy Fogg that the meal price be increased to \$20.00 per member, effective in February 2019. Motion carried.

### **DIRECTOR'S REPORT**

Carol Greeney stated that the Dinner Dance Committee is forming and will hold its initial meeting immediately following our November dinner meeting.

### **PRESIDENT'S PROPOSALS:**

President Linda Shnayer stated that in our survey only 56 percent of the members felt that mentoring was available. After a brief discussion, it was decided that our Directors will accept the additional responsibility as mentors. All agreed this would enhance the introduction and integration of new members into our club.

Continuing, she proposed that in lieu of strictly making a \$200.00 donation and selling raffle tickets for the Lions of Virginia Foundation that we begin the three-year budgeting process for a sum of \$750.00 in order to be eligible to present the Lions Humanitarian Award to an individual selected by our club. We have already paid \$400.00 to LOVF over a two-year period. With this in mind, it was moved by Carol Greeney and duly seconded by Donalda Lovelace that \$350.00 be allocated to complete funds for the Humanitarian Award this year and that future funds to reach \$750.00 be allocated over a three-year budgetary period. Motion Carried. It was noted that we will still continue to sell the raffle tickets on an individual basis.

A Locust Grove Middle School mathematics teacher is seeking \$259.00 to purchase headphones for sixth grade students working on the Chromebooks who are struggling with math concepts. It was moved by Jayne Owiesny and duly seconded by Nancy Fogg that the Lionesses provide the teacher with the requested funds of \$259.00. Motion carried.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting was adjourned.

Respectfully submitted, Ann Walker, Acting Secretary

## **The President's Letter (Cont'd from pg. 1)**

It's a cruel irony that American Diabetes Awareness Month is in the same month as Thanksgiving, the beginning of a season of over eating carbs, salty and sugary delights. Although our Thanksgiving table usually has turkey, which is fine for a diabetic, those wonderful side dishes of mashed potatoes, macaroni and cheese, vegetable casseroles, candied yams, stuffing, gravy, and pies, are not. In fact, this entire holiday season is a huge struggle for a diabetic. As a diabetic, I know all these goodies pose a risk to my health but, even knowing the dangers, it doesn't take much encouragement from my family or friends for me sample it all!

Late in October, several Lionesses attended the celebration of life for Lioness Marue Biggs. Marue was a Lioness for 16 years and in her last years struggled with Alzheimer's. Carol Greeney gave a moving memorial tribute, sharing stories about Marue's enthusiastic personality, social and entertaining skills, and her love of family, friends, and the Lioness Club. Marue brought all her wonderful qualities to every committee and board position she held in the Lioness Club. In memory of Marue, and in accordance with the family wishes, the Lioness Club has made a donation to the Alzheimer's Association. Our thoughts and prayers are with her husband, Jim, and family during this difficult time.

I can't possibly express how thankful I am for my wonderful Lioness friends. I've been a Lioness for only 5 years and I don't believe I've ever met such a caring, talented, fun group of women. I wish you and your family a very happy and healthy Thanksgiving!

# Lioness Lions Committees & Activities

## Share and Care

By Lioness Jean Ann Daniels

Nancy Johnston had thumb & joint reconstructive surgery along with carpal tunnel release surgery last week. We wish her a quick and successful recovery.

Please contact Ann Walker (972-4338) if you have any concerns from November 4th through 11th as I will be unavailable.

## See's Candy Fundraiser

By Lioness Linda Shnayer

At our November 8<sup>th</sup> dinner meeting, you may reserve your See's 4 oz. Mini-Holly Assortment boxes of candy. This sweet box is stuffed with some of See's Candies finest milk and dark chocolates for just the right amount of holiday delight. Claudia Low will take your order at the meeting or you may call her at 540-412-1304 to reserve your boxes. These candies are great for hostess gifts, stockings, neighbors, delivery people, etc. \$7.00 per box. Fresh boxes will be shipped to us on November 15<sup>th</sup> and available prior to Thanksgiving. Don't wait – last year we sold out before Thanksgiving!



## Toys for Local Orange County Children

By Lioness Linda Shnayer



LOW Lioness Lions are teaming with the Orange County Children's Toy Box, a locally run, non-profit, public charity, to provide Christmas gifts to the children of needy families in Orange County, VA. These children, without our help, will otherwise go without.

Lioness Santa's Pat Licata and Kathy Merritt have volunteered to lead this effort. We have limited time to help.

Please consider bringing a new toy (do not wrap) or cash/check donation (made out to Orange County Children's Toy Box) to our November 8<sup>th</sup> dinner meeting or when attending our Wilderness Pantry charity dinner at Harry's Alehouse on November 19<sup>th</sup>. Very shortly, more locations will be identified and disseminated.

Toys and cash donations are for children 0-17 years old. Some suggested toys are family games, sporting equipment (soccer balls, basketballs, etc.), art supplies, dolls, and ANY other age appropriate toy. A list of the Hottest Toys of 2018 can be found at <https://www.goodhousekeeping.com/childrens-products/toy-reviews/g19502721/best-new-toys-2018/> or at any major retailers website. The cash funds are used by Orange County Children's Toy Box to shop at the Locust Grove Walmart for specific child desires and clothing.

Please consider helping out by donating and sharing this opportunity with your other clubs. It's heart-breaking to think a child in our County would not have gifts on Christmas morning.

# Lioness Lions Committees & Activities

## Christkindlemarkt

By Lioness Gail Stoner

The 8th Annual LOW Christkindlemarkt will be held on Saturday, December 1st from 9:00am-3:00pm at the Community Center. The Lionesses reserve a few tables each year and sell gently used Christmas decorations, ornaments, cards, wrapping paper, etc. We will also have a wonderful bake sale table with cakes, cookies and candy, generously donated by our members. Please keep us in mind if you have some nice Christmas decorations you no longer use. We received many beautiful items from our generous Lionesses last year which all heled to contribute to our Benevolent Foundation!

Many local crafters, artists and authors participate in this event making for a fun day and great way to get into the Christmas spirit and find some special gifts!!

Helene Burns has kindly offered to accept donated items ahead of time and store them in her garage. We will mark these items for the sale. We will also receive items on Friday, November 30th from 5:00pm-8:00pm at the Community Center.

We will need helpers to mark items and set up on the Friday evening before and on Saturday, December 1st marking and selling decorations. Sign up sheets will be on the tables at the November dinner meeting. Thank you so much for all your help in making this a successful fundraiser!! And we all have a great time doing it!!

Please call Gail Stoner at 540-388-2540 or Helene Burns at 540-412-0798 if you have any questions or would like to help! Thank You So Much!!

## Bake Sale

By Lioness Claudia Low



It's the most wonderful time of the year, time to bake and to be with family and friends. We look forward to a very successful Christkindlemarkt and Bake Sale. While you are baking for family events, please consider baking extra to share with us to support all our community service projects. We always look forward to all the different goodies that are provided by our Lioness. If you can't, we understand that time constraints on all of us at this time of the year and ask that you consider a small cash contribution. The students and others who benefit from this will greatly appreciate your generosity.

See you on all on Saturday, December 1 at the Community Center. Please bring your baked goods to the Community Center on Friday, November 30 from 5-7pm for set-up and pricing or by 9:30am on Saturday, December 1<sup>st</sup>. If you have any questions or need assistance delivering baked goods, please call Claudia Low @540-412-1304 (email at [Claudia.low@comcast.net](mailto:Claudia.low@comcast.net))

We encourage bakers to label their baked goods with ingredients (peanut butter, nuts, no nuts, etc.) and description (i.e. lemon pound cake, chocolate chip cookies, etc.) we ask that you not to put a price on the items so that we can make all prices consistent. Here's to another successful fundraising event for LOW Lioness Lions club.



# Lioness Lions Committees & Activities



## Charity Monday November 19

Harry's Alehouse is partnering with the

## LOW Lions & LOW Lioness Lions Clubs

on Monday November 19, to help raise money for these charitable service organizations.

The Lake of the Woods (LOW) Lions and Lioness Lions Clubs will receive 10% of all sales at Harry's on that day from 4:00 pm to closing at 9:00 pm

All proceeds are going to The Wilderness Food Pantry to provide food for those in need during the holiday season.

So please spread the word, invite some friends, and head over to Harry's on the 19<sup>th</sup> for great food and libation! Never has supporting the good works of the Low Lions and Lionesses been easier or more fun!

**Harry's Alehouse** is located at 5737 Plank Road /  
Harrison Crossing  
in the Giant / Home Depot Center

# Lioness Lions Committees & Activities

## LOW Lioness Lions Support Locust Grove Middle School Math Teacher

By Lioness Linda Shnayer

Recently, the Lioness became aware of a teacher at Locust Grove Middle School reaching out for classroom help through DonorsChoose.org. Ms Brown a sixth grade math teacher, wanted to give her 75 students their own set of headphones for use in her classroom. As Ms Brown described her project and students:

*I would love to enhance the opportunities my students have with working on their Chromebooks. Being able to offer each student a set of headphones while working on their device is very important. Unfortunately, not all of my students have their own set of headphones in my classroom and are therefore limited to what they can complete. It would be great to be able to have a classroom set.*

*My students are eager to learn and are always up for a challenge. Some require a lot of one-on-one assistance as they struggle with many math concepts.*

*I love how my students are always challenging each other to do their best.*

To support Ms Brown and help her students be successful, the Lioness contributed \$258.45 to fully fund her project. In response, we immediately received the following message:

*Dear Linda Shnayer,*

*I want to take a moment to personally thank you all for funding my project to get headphones in the hands of each student in my classroom!*

*My students will be so excited to use these headphones to help them focus on their Chromebook activities. I'm anxious to see how they will allow for the students to be in charge of their own learning. They will be able to access the information they need, without interrupting others around them.*

*Thank you again for supporting this project, you have made a tremendous impact in our classroom!*

*With gratitude, Ms. Brown*

## What is a Lions Milestone Chevron Award?

By Lioness Linda Shnayer

Chevron Awards for the current fiscal year were automatically sent to our district governor in the first quarter for presentation to the recipients. At our Charter Night Dinner last month, District Governor Wilma Murphy presented a Chevron Award to those present who met the years of service requirement for this fiscal year. For some present at the meeting, they weren't quite sure what a Chevron award is.



Anniversaries are a reminder of the milestones in our lives. They give us the opportunity to celebrate, commemorate and reflect. They demonstrate the passage of time, and our commitment to someone or something – whether it is a loved one, job or membership in an organization.

Lions Clubs International recognizes the anniversaries of our members with Chevron Awards. Acknowledging our members with these awards gives LCI the chance to thank Lions for their years of service and encourage them to continue making a difference in their local communities and worldwide.

The Chevron Awards are issued at the following years of service: 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75 and over. For charter members, our time as a Lioness member counts towards our service years for a Chevron.

For those recipients not present at the October dinner meeting, you will receive your award at our November meeting.

# Lioness Lions Committees & Activities

## November Speaker

By Lioness Theresa Diccio

Exercise and movement is so important when trying to control diabetes, so in recognition of Diabetes Awareness Month we have invited Joel Webber and Angie Rosetti of Fredericksburg Gotta Swing to give us a demo of how much fun swing dance can be. Rupert Farley will also be on hand to dance with those who would like to take a whirl on the floor, so wear your soft soled shoes and join in if you can.

Also, Theresa will have her drill available to make a hole in your name tag for that new Lions pin. See her at the end of the evening's meeting.

## Lioness Lions New Members — October Inductees

By Lioness Arlene Rich

**Emily Florence**  
**109 Pleasant Grove Road**

**Phone: 412-9277**  
**DOB: September 9**

**email: [emilyjflorence@aol.com](mailto:emilyjflorence@aol.com)**

Emily moved to Lake of the Woods 3 years ago. She moved here from Chantilly Virginia. She was born in D.C. and raised on the Eastern Shore of Maryland.

She is married to David who is retired now and they have a daughter and son.

Emily retired as a teacher but now works part time as a social studies teacher for 2nd and 4th and 5th graders. She has a unique way of teaching these children. She has trunks filled with artifacts so the children can learn by touching and feeling them. For the 2nd grade she teaches about the Powhatans Indian culture and for the 4th graders she teaches about Jamestown through the Revolutionary War.

She loves to read, go to the movies, the beach and boating. She loves history and enjoys decorating her home on the lake.

We welcome Emily to LOW Lioness Lions Club!

**Suzanne Herr**  
**127 Monticello Circle**

**Phone: 388-4533**  
**DOB: October 31**

**email: [suzannesmessages@outlook.com](mailto:suzannesmessages@outlook.com)**

Suzanne and her husband Dave moved to LOW in 2017 from Annandale in Fairfax County. She has a daughter, son-in-law, and two grandchildren who live in Woodland Hills, CA.

An architect, Suzanne has spent her career in architecture and building in Washington, D.C. and Virginia, before managing the design and construction of commercial tenant space as developer's representative. When her father retired from his residential building company, Suzanne took the reins, adding her architectural design skills.

She loves the outdoors, wildlife, writing, horseback riding, kayaking, audio books, art, Civil War history, and re-purposing "found" items. A new favorite is playing Hand and Foot. Suzanne's volunteer experience has centered on helping animals. She worked with Tails High and Cats Crossing assisting homeless cats, as well as starting AdvoCAT Foundation in order to rescue 67 cats from a hoarding situation.

We welcome Suzanne to LOW Lioness Lions Club!





# Lioness Lions Committees & Activities

## Did You Know — Connie Skelton Devens

By Lioness Mary Simmons



Encore! Encore! Encore! This best describes Connie's initial attempts to retire.

A seasoned Arlington County Public School educator, Connie was poised, along with her husband, to retire in September of 2012. Fortune had other plans. For her first encore she was recruited to fill an emergent need as an Assistant Superintendent. Connie agreed to take on the challenge, rescinded her retirement papers and forged ahead with the new and very challenging position. Meanwhile her husband made the transition to their now retirement home on the small lake in Lake of the Woods. Connie stayed in Northern Virginia and commuted regularly to the Lake.

Three years later Connie set a new retirement date, only to have the replacement for her position tragically pass away. Encore! Connie extended yet another year and then "retired". That was before the call to be a Principal came in March of 2017. So back to living in the condo they owned in Northern Virginia. She loved the job and finished out the year. The third and final Encore! came in 2018 when Connie agreed to fill an unexpected vacancy as a Principal at an elementary school. Though she enjoyed all her encores, Connie has finished her assignments and is happily transitioning into a full retirement.

From a military family, Connie was initially expected to be born in Japan. Fate had other plans! When her father faced a health crisis they returned to the states for his treatment and follow-on discharge from the service and Connie joined the world at Walter Reed Hospital in Washington DC. Growing up in College Park, Maryland, Connie went on to complete an undergraduate degree in Health and a Masters in Health Science and started work with a consulting firm. Transitioning to academia she began her career teaching in parochial schools. After getting her second Masters, in Education, she joined the public school system.

A University of Kentucky grad, Connie was always looking for ways to connect with the kids in her classroom. College basketball and basketball in general were the answer. As an avid hoops fan, she can talk ball and stats with the best of them. Even workmen at the school where she taught knew she was an ardent BB fan and follower. Though Kentucky, "Go Wildcats!" is the favorite, she can also "talk" North Carolina and Duke.

She met her husband while taking her daughter Beth to pre-school where Arthur Lithgow Devens III, better known as "Miff" was the Director. Miff is well known in the Lake as one of the pickleball instructors.

Her daughter Beth, a pediatric nurse practitioner spent a year at the Lake with Connie and Miff and is now at the University of North Carolina at Chapel Hill getting a PhD so she can teach nursing. Beth is joined by Annie, a unique rescue with Dachshund and Chow lineage; known as a Chowhound!

Connie and Miff are happy they didn't go with their first retirement location; Chincoteague, VA. That location was out when they watched as a friend's mother with a health emergency couldn't get off the island. With Chincoteague out of the running, they drew a circle on a map around daughter Beth, who was living in the DC area, and started their weekend house hunts. They bought at the Lake in 2012--the Year of the Midatlantic Derecho.

Connie and Miff are enjoying life at the lake and the friends they've made here. Travel with neighbors and friends, boat tie outs and tie ins (with covered dishes and, of course, libations!) are part of life on the small lake. Now really and truly "retired", Connie is taking a deliberative and measured approach to retirement, exploring options like European river cruising, bridge, pickleball and volunteer work. She assisted with this year's Lioness card party planning and is very interested in becoming involved with the Lioness Scholarship Committee.

## From the Tamers

By Nancy Fogg and Marian Rood

The Lake of the Woods Lioness Lions Club November 8th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by **Monday, November 5th if you are not attending or need a special meal.** Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

**NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up. Also, if you are bringing a guest, please call the Tamers.**

Nancy Fogg (540-755-2957) Email: entredeux3@hotmail.com

Marian Rood (540-412-0214 Email: bfrood@earthlink.net

**OUT OF RESPECT AND COURTESY TO ALL, PLEASE REFRAIN FROM TALKING WHEN ANYONE IS AT THE PODIUM, ESPECIALLY OUR GUEST SPEAKER.**

**In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning the salad until after the invocation and introduction of guests. Thank you.**

Dinner  
Served salad with ranch or white balsamic dressing  
Rolls and butter  
Carved roasted turkey with gravy  
Corn bread stuffing  
Garlic mashed potatoes  
Seasonal vegetable medley  
Pumpkin pie  
Coffee & tea

### Alternate Meal:

Stuffed pepper with jasmine rice, mushrooms, tomato and onion filled red pepper topped with a balsamic glaze

## Twister's Corner

By Lioness Lion Jonnie Feterle

We have two very special days this month of November:

We value the freedom and rights secured by veterans, the military and their families. Your service and sacrifices will never be forgotten. Let us not forget those men and women that have served this **Veterans Day!**

Let us celebrate this **Thanksgiving Day** with our families and loved ones.

Thanksgiving is celebrated on the fourth Thursday in November. The American tradition of Thanksgiving dates back to 1621, when the pilgrims gave thanks for their first bountiful harvest in Plymouth Rock. Let us all be thankful!

Our greeters for this month will be: Arlene Rich and Suzanne Herr

## LOW Lioness Lions 2018-2019 Calendar

Nov 8	Dinner Meeting
Nov 24	Book Sale
Dec 1	Christkindlemarkt

## Happy Birthday Lioness Lions

November 2	Jan Lemieux	November 20	Ann Walker
November 3	Barbara York	November 23	Flo Clarke
November 10	Karin Goetz		

**From the Editor**

By Lioness Lions Gail Hardin  
Editor, Lioness Lions LOW DOWN

Please get information and articles for the December LOW DOWN to me by November 27th or as soon thereafter as possible. The newsletter will be distributed on or about December 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**New members:  
See Pg. 8**

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

PO Box 811, Locust Grove, VA 22508

[www.lowlioness.org](http://www.lowlioness.org)