



## President's Corner

By Lioness Barbara Hernan LOW Lioness President

[www.lowlioness.org](http://www.lowlioness.org)

When I think of November the first thing that comes to mind is Thanksgiving. I like to think of November the end of the best weather to come for a long while. It is a reminder that the year is almost over already, and how did that happen so quickly. A few days ago LOW Lionesses participated in Halloween at the Point and saw a large number of enthusiastic children in costume hoping to fill their bags with treats. At our October Dinner Meeting we had a fair number of ladies in costume and we all enjoyed seeing them. Hoping for even more in costume next year.

Most everyone looks forward to celebrating Thanksgiving with family and friends, making Thanksgiving weekend the heaviest traveled weekend of the year. We often overindulge at dinner and swear we will never eat again.

Back in 1621 when Pilgrims celebrated their first harvest with their friends the Wampanoag Indians it is said that their celebration lasted three days. A lot of Americans do that to this day. It is said that there were 90 Indians and 53 Pilgrims.

At what is called the "first

Thanksgiving" a lot of the same food we eat today was also on their menu. Of course with the passing of time the food that is the same is prepared differently. Also their fruits and vegetables were only what was indigenous to New England. In 1621 they did have cranberries but they did not have sugar to make cranberry relish or jelly. Their pumpkin was more in the form of mush not pie because they had no ovens. Here comes the worse, they had no potatoes because potatoes did not come to this country till many years later.

How well the pilgrims were treated by the Indians at that time. The Pilgrims might have

starved to death if the Indians hadn't taught them how to grow food and tricks of survival. I find it very sad that with growth, so many fights ensued between the new Americans and the Indians.

If you are going away for the Thanksgiving holiday stay safe and have a wonderful time. If you are staying at home, think of someone that may be alone. Take them a meal or invite them to join you. You will be doing more than just making their day.

Have a Happy Thanksgiving!

God bless our country during and after this trying election!

## WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients. Also, please bring egg cartons.

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

#### **2016—2017 Board of Directors**

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**Barbara Hernan**  
1104 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-7575

##### **Secretary**

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**There was no BOD Meeting on October 27.**

## **Lioness Committees & Activities**

### **Share and Care**

**By Lioness Ann Walker**

- We wish Flo Clarke a speedy and successful recovery from her surgery on October 21.
- Carol Lee's daughter, Cathy, is tolerating her initial chemotherapy treatments well.
- Our deepest sympathy to Beth and Bruce Sundberg, whose daughter, Sara Sicks, passed away October 29 after a long battle with cancer.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338.

### **Lions Tree of Love Campaign**

**By Lioness Su Bielmeier**

The LOW Lions Club annual Tree of Love campaign has begun and continues until Nov 30. Please consider making a donation in the name of individuals whom you wish to remember or honor for a minimum of \$5 for each individual named. The Tree will be dedicated and lit with red and white lights on Saturday, December 10 at 2:00 p.m. at the Wilderness Center at the intersection of Routes 3 and 20. One Hundred percent of the money raised goes to families and individuals in LOW and Orange County whom the Lions identify as being in financial difficulties, especially those with young children. The donations are made in the form of Walmart gift cards. Last year the money raised was shared by 4 families. Donation forms will be on the tables at the November Lioness meeting or contact Peter Williams 540-972-7117.

### **Lioness Food Drive for the Lions Wilderness Food Pantry Results**

**By Lioness Claudia Low**

I would like to thank the following Lioness for their support of the Lioness Food Drive on Saturday, October 22: Susan DeMalio, Nicki Buell, Betsy Flanigan, Joann Deem, Norma Ervin and Carleen Delio.

We collected 994 lbs of food and \$390 in cash/checks.

# Lioness Committees & Activities

## White House Christmas Ornament

By Lioness Gail Hardin

We are still taking orders for the 2016 White House Christmas Ornament for \$21 each. Perfect for every tree, this year's official *White House Christmas Ornament* honors Herbert Hoover and is inspired by the fire engines that responded to the 1929 Christmas Eve fire at the White House. The ornament is crafted from shiny brass plated with nickel and 24-karat gold, and the engine carries a Christmas tree for delivery to the White House.



They will be ready for pick up in late November/early December. This is a great ornament to place on your tree or to give as a special gift. The proceeds will go to the Benevolence Fund.

I will not be at the November meeting. If you would like to order ornaments please call me at 972-5698 or send an email to [gail\\_hardin@yahoo.com](mailto:gail_hardin@yahoo.com) by November 17th, as I will place the order on November 18th.

## Christkindlmarkt

By Lionesses Karin Goetz and Isabella Irwin

LOW Lioness will participate in the **LOW Christkindlmarkt to be held at the Community Center on December 3 from 9:00 am-3:00 pm**. We will be selling holiday themed items such as Christmas decorations and crafts. Proceeds of the sale will go to the benevolence fund, and we are looking for high quality items that can be resold. **Please drop off your almost new donations at the Community Center Marion Pronk Hall on Friday December 2 (5:00–7:00 pm)**. Sign-up sheets to help with set-up and pricing on Friday, December 2 and with the sale on Saturday, December 3 will be available at the November meeting. If you have to miss the meeting, but would like to participate, please contact Karin Goetz at 540-972-0955 ([kbgoetz2@gmail.com](mailto:kbgoetz2@gmail.com)) or Isabella Irwin at 703-298-3174 ([isabellairwin@gmail.com](mailto:isabellairwin@gmail.com)). Thanks for all you do!

Lioness who need a ride to the Dinner Meeting please call Lioness  
Donalda Lovelace  
540-412-2857

## From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club November 10th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, November 7th, if you are not attending or need a Special meal. Dinner will be buffet style. **If you order the alternative Meal, the house salad and buffet items are not included.** A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net

Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

**In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.**

### Dinner

Turkey and Gravy  
Green Beans  
Butter Mashed Potatoes  
Pumpkin Pie  
Coffee & Tea

### Vegetarian Menu

Pasta Primavera

## Twister's Corner

By Lioness Kathy Walters

Thanksgiving is such a wonderful Holiday. Here is something I would love to share with all of you.

May your stuffing be tasty  
May your turkey be plump,  
May your potatoes and gravy have nary a lump.  
May your yams be delicious and your pies take the prize,  
and may your Thanksgiving dinner Stay Off your Thighs.  
\_\_\_\_Unknown

This months greeters are Norma Ervin and Sue Merna

## LOW Lioness 2016-2017Calendar

Nov 10	Lioness Dinner Meeting
Nov 26	Lioness Book Sale
Dec 3	Chriskindmart

Happy Birthday  
Lionesses!

November 2	Jan Lemieux
November 3	Barbara York
November 10	Karin Goetz
November 11	Pat Confroy
November 15	Mary Nolan

November 20	Marilyn Buttimer
November 20	Ann Walker
November 23	Flo Clarke
November 23	Sharon Hutto

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

Please get information and articles for the December LOW DOWN to me by November 26th or as soon thereafter as possible. The newsletter will be distributed on or about December 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

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