



President's Corner

By Lioness Maureen Otero LOW Lioness President

www.lowlioness.org

In the end it's not the years in your life but the life in your years. Abraham Lincoln

A few weeks ago I took a trip to Ct. to spend time with my son and his family, what a beautiful state. The foliage is ahead of ours so the leaves were bright red and beautiful yellow. I was there to teenage sit for a few days; they sure keep the place hopping. I almost started a sign in and out book, to be aware of their whereabouts; it was easier to keep track of the two large dogs and their comings and goings. It seemed before I turned around it was time to come home.

Now that I am home and November is around the corner we are all thinking about Thanksgiving, gathering the family, spending time with friends and appreciating so many things we are fortunate enough to have in our lives. Many of us will be preparing a big meal be it a Turkey or Ham or any other favorite

food. While we are gathering all the ingredients for a special holiday, pause and give a thought to those less fortunate than us, those who do not have the means to celebrate. This year there is a need for our pantry to get help from the surrounding community, the best way to help is to spread the word in the community and to friends. If people ask how to help suggest monetary donations, to Lioness or Lions of LOW for us to buy the coupons they need to get Turkeys and the trimmings. Working together we can do it.

December will be a busy month: Mary Szadvari will continue to take orders for Xmas White House ornaments on sale for \$19 dollars, and she will also take orders for them at the November dinner meeting. Kriskindlemarkt will take place on Dec. 5 at the community center; try to attend and let's make it a success. Our last big event is our Xmas House Tour on Dec. 12th from 11 to 3. Joyce Moran and Julie Phend have worked hard to set up a fun day for all of us—come join us on the Xmas house tour.

HAPPY THANKSGIVING!!

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2015—2016 Board of Directors

President

Maureen Otero
609 Stratford Circle
Locust Grove, VA 22508
(540) 972-0077

Secretary

Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Treasurers

Norma Ervin & Barbara Tomayko

1st Vice President

Barbara Hernan

2nd Vice President

Michelle Senft

3rd Vice President

Betsy Rath

Lioness TAMERS

Ellen Bearden
Nicki Buell

Tail Twister

Melissa Daly

Membership Director

Kathi Martin

Directors

Pat Berry
Sherri Lasover
Arlene DeSimone

Past President

Karen Cakouros

Lion Liaison

Betty Beck

The Insider's View

Minutes from the
October 22, 2015
BOD Meeting

Attendance: Maureen Otero, Barbara Hernan, Norma Ervin, Barbara Tomayko, Kathi Martin, Michelle Senft, Melissa Daly, Nikki Buell, Ellen Bearden, Betsy Rath, Karen Cakouros, Donalda Lovelace, Pat Berry and Betty Beck

Secretary's Report: Minutes were approved as presented. Donalda Lovelace reminded everyone that the November 2015 Board of Directors meeting would be held on the first Thursday in December.

Treasurer's Report: Norma Ervin and Barbara Tomayko presented the financials for the Administrative and Benevolence funds. The reports were accepted and filed for audit. LOW Lions filed 2013 and 2014 and Lioness, Elaine Freeland will be doing 2015.

President's Report:

- President Maureen Otero received a request from Jan Lemieux indicating that 54 people participated in her bridge classes for a grand total of \$2,180. She would like as in past years to have designated \$1,500 for a college scholarship for a local high school student. In addition, she requested to be placed on MAL status until May. Both requests were approved.
- Lioness Betty Girman contacted President Otero and resigned. Her resignation was accepted with regrets.
- Kathi Martin received a call from Germanna College indicating that one of the scholarship recipients did not enroll. Emily Slunt, chairperson of the Scholarship Committee will be contacted to obtain further information from the college and student. A decision relative to the funds will be tabled until next meeting.
- Region 24-C Zone 1 will be conducting a Zone meeting in Louisa on November 10th 2015. Donalda Lovelace, Karen Cakouros, Barbara Hernan and Maureen Otero will be attending.

DIRECTORS REPORTS:

2nd Vice President

- Michelle Senft indicated that Carolyn Gordon will be having a gift wrapping session for Child Help at Child Help on December 16th.
- Holiday House Tours of five homes will occur on December 12th from 11:00 A.M to 3:00 P.M. Attendees will pick up their tickets at LOW Church. Tickets are only \$10.00. We need to make a concerted effort to sell all 200+ tickets. It was suggested that if any White House ornaments remain unsold they could be sold at the church when people come to pick up house tour tickets.

3rd Vice President

- Betsy Rath reported that plans for Halloween at the Point are underway. Four club members will be supporting this event. Betsy understands that it is a very intense one hour.

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- In addition, Betsy made a request that we consider developing job descriptions/procedures for all officers and committee chairman. In the past, it was expected that each chairman would provide for the incoming chairman procedures for the committee or position. This is not being consistently provided. Betsy Rath would take responsibility this year for collecting all procedures for all committee chairman and officers as a central depository. It would be especially helpful for the Nominating Chairperson, (Past President) when recruiting for positions. The motion to develop procedures was approved as submitted by Karen Cakouros and seconded by Melissa Daly.

Tamers-

- Nikki Buell and Ellen Bearden reported that the Lioness Club is losing .25 cents on each dinner and considering that we have over 100 members this is getting costly, therefore a need to increase the dinner fee. It was determined that the Tamers will try to contact the Clubhouse Manager and request the fee for 2016. A determination will be made by the board at the December meeting.
- We will have invited guests at the November meeting, 2nd Vice Governor Region 24- C Selven Powell and his wife, the Region 24-C Zone Chairman and the Region 24-C Lioness liaison have also been invited.
- Greeters for November will be Mary Szadvari and Arlene DeSimone.

Membership:

- Kathi Martin will be disseminating sponsor responsibilities in the LOWDOWN and will issue a copy to all Lionesses who propose new members.
- There will be five people for Orientation and Induction will be held in December for potential new members.

LOW Lions Liaison:

- Betty Beck reported that on Friday November 30th 2015 from 9:00 am to 12 pm Lions International will be taking a video of all LOW Lions activities. She would like to encourage LOW Lioness Club members to attend. Please wear your pin.
- Betty Beck announced that she will retire from the Pantry at the end of December. The board commended her for her 15 years as Co-Chair of the Lions and Lioness Wilderness Pantry and the tremendous work she has done for the community during that time. As part of her transition, she will have sessions to train interested club members on some of the reporting that is required. Co-Chair Lion Dave Francis will continue to need Lioness support.

NEW BUSINESS Norma Ervin, Treasurer made a motion that with surplus funding over the budget LOW Lioness Club donate \$500 additional funds to The Pantry; \$250 additional to Safe House, and \$250 to Service Dogs. The motion was seconded by Ellen Bearden.

Lioness Committees & Activities

Share and Care**By Lioness Ann Walker**

- Elaine Freeland's mother had been hospitalized, and is now recovering at Dogwood.
- Our deepest sympathy to Nancy Doseff and her family on the loss of her great-grandson.
- We wish Carol Lee the very best as she undergoes knee replacement surgery on Monday, November 2.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338.

Lioness Committees & Activities

Christkindlmarkt

By Lioness Caroline Caldwell

Lionesses will participate in this year's Christkindlmarkt which will be held on **Saturday, December 5, at the Community Center from 9:00 a.m. to 3:00 p.m.**, with set-up on Friday evening, December 4, from 5:00 to 7:00 p.m. We will be selling Christmas themed articles and decorations donated by the Lioness members. As you prepare to decorate your house, if you find decorations you would like to contribute, please bring them to the Community Center on Friday, Dec. 4th between 5:00 and 7:00 p.m. If you need to make other arrangements to donate items, please call me at 972-7688, or leave them at my house—428 Westover Parkway. We will also need people to help set up and price items on Friday evening and help sell on Saturday (two hour shifts). Sign-up sheets will be available at the November meeting, or if you will not be at the meeting, please give me a call or email me at jazziecaroline@yahoo.com. Let's all make this another great and profitable event for the Lioness benevolence fund. Thanks for all you do! WE SERVE!!

Christkindlmarkt—Bake Sale

By Lioness Carol Greeney

Once you have separated those older, unused Christmas items from the others and donated them for the Lioness Christkindlmarkt Table, it is time to bake! All homemade goodies are welcome, but pies and cakes seem to be VERY popular and Christmas cookies, of course, sell extremely well at this time of the year. When baking for your family, simply make a couple dozen more for this important fund- raising event. If you can't bake (we know it's a busy time of the year), please consider giving a donation of \$10 toward the Bake Sale to benefit our Benevolence Fund.

Lionesses will be at the Community Center on Friday, December 4, from 5-7 P.M. to collect your baked goods or you may bring the items by 9 A.M. on Saturday morning, December 5. Call JoAnn Zwickl if you need to make alternative arrangements at 412-1666.

REMEMBER: WE SERVE=WE BAKE!

2015 Lioness Holiday Fund Raiser Official White House Ornament

By Lioness Mary Szadvari

The LOW Lioness Club will be selling the 2015 White House Christmas Ornament for \$19 each. Perfect for every tree, this year's official *White House Christmas Ornament* is a depiction of the first National Christmas tree, crafted from shiny brass plated with nickel and 24k gold. Hung with ornaments representing the events of 30th President Calvin Coolidge's unique life and presidency, the ornament is illuminated from within. It was made in the USA by a veteran-owned small business.



The LOW Lioness Club is taking orders until November 14th and all orders placed from Lake of the Woods will be ready for you to pick up by early December. This is a great ornament to place on your tree or to give as a special gift. Orders can be placed by calling Mary Szadvari (972-4572). The proceeds will go to the Lioness Benevolence Fund which supports a variety of charitable activities right here in our community. The LOW Lioness Club wishes to thank the community for their continued generous support.

Lioness Committees & Activities

Holiday House Tour

By Lioness Diane Ogranovitch

Get ready for the Holiday House Tour on Saturday, December 12, 2015, which will be held from 11:00am – 3:00pm. We have some beautiful homes on the tour. Tickets will be \$10.00 prior to the event and \$12.00 the day of the tour. We will be selling tickets at the Lioness dinner meetings on October 8, November 12, and December 10. Buy your tickets early for yourself, your family, and your friends...and please volunteer as a hostess if you can. If you have not yet signed up to be a hostess, please contact Julie Phend at julie.phend@gmail.com or 540-412-9952, or Joyce Morlan at jmorla@ilstu.edu or 309-533-9227.

Lioness Sponsor Responsibilities

By Kathi Martin

The information below will be included as a permanent part of the LOW Lioness Website

LAKE OF THE WOODS LIONESS CLUB *SPONSORS' RESPONSIBILITIES*

Sponsoring a new Lioness is important in that it helps to maintain the vitality of our club with new perspectives, ideas and enthusiasm. It is a role that should be taken seriously and demands the following responsibilities

- * Accompany the prospective member to two meetings and two activities before her induction.
- * It is the responsibility of the prospective sponsor to make the reservation for the dinner meetings with the Tamers. Whether or not the prospective sponsor pays for the prospective Lioness is a matter to be decided between them. Usually, the sponsor invites the prospect and pays for the first dinner; prospects would pay for subsequent dinners.
- * Introduce her to the club's members and make certain to identify the various officers and their responsibilities.
- * Review the club's Constitution and By-Laws with her.
- * Answer any questions that she may have regarding the operation of the club and its goals.
- * Attend the REQUIRED orientation meeting with her. (The orientation meeting is required by the prospective Lioness, but although every effort to attend on the part of the sponsoring Lioness should be made, in the event of an emergency the sponsor may have a substitute attend.)
- * Review the membership kit that she receives upon induction with her and answer any questions she may have.
- * Remind officers and committee chairs to provide her with assignments which will enable her to become an active Lioness immediately.
- * Call her prior to her first few meetings and offer to accompany her to the meeting.

Help her to become the best Lioness she can be!

Did You Know—Barbara York

By Lioness Elaine Freeland

Barbara Cobleigh was born in West Chesterfield, NH, a small New England village on the Connecticut River. Barbara fondly remembers spending time with her grandparents on their farm, Cobleigh Estate, where she picked blueberries and raspberries. She grew up with her two sisters and one brother. Barbara, whose mother passed away when she was eleven, was raised by her father and nannies. Her lifelong connection with the outdoors began as a child with baseball, sledding and skiing. As a teenager during the Swing era, Barbara loved the foxtrot, swing, waltz, tap, and jitterbug. She attended elementary school in New Hampshire and high school in Brattleboro, VT (the nearest high school). After graduation she went to work for New England Telephone & Telegraph in Brattleboro where she met Frederick York, who was home on leave from WWII. They were married in 1944 and shortly afterward he left the Marine Corps only to be recalled during the Korean conflict. By this time their children, Jimmy and Theresa, were born. Barbara's first assignment as a military wife was Camp Lejeune, NC. They initially lived in Wilmington, not far from the beach. Adapting well to Marine life, Barbara joined the Wives Club, the bowling league, golf, and the PTA.



The next assignment was Korea. The young family and Freddy's mother drove to California sightseeing along the way. The return to Vermont was a dreary drive for Barbara, her mother-in-law, 6 year-old Jimmy and 3 year-old Theresa – without her husband. After safely returning from Korea, Freddy chose to remain in the Corps and was stationed at the Marine Corps Supply Center in Albany, GA. Again, Barbara became an active member of the Wives Club, PTA, and this time, the Gray Ladies, a volunteer organization at the hospital at Turner AFB where she assisted a doctor. Activities of the Wives Club were similar to those of the Lioness. Barbara was always a model in their fashion shows. After a couple of years, she went to work in the telephone office at the Marine base. Their home was near the Flint River and with a group of friends, who all had power boats, they spent most weekends boating, water skiing and picnicking.

After Freddy was transferred to Headquarters Marine Corps in Arlington, they bought a house in Alexandria, and Barbara went to work at the Pentagon's telephone office. She was soon re-assigned to the office of the Secretary of the Army. Barbara had the opportunity to meet public figures including John Eisenhower, President Johnson and Ava Gabor. However, the most fascinating was Jean McArthur, widow of General McArthur. Barbara served as liaison with Mrs. McArthur leading up to dedication of the McArthur Memorial Corridor in the Pentagon, September 11, 1981.

Barbara remained in Alexandria when her husband transferred to Philadelphia for his last Marine Corps assignment. They bought a lot at LOW in 1967 and camped here every weekend. They had reservations at the Clubhouse each Friday, played golf and took square dance lessons. In 1972 they built a house and moved permanently in 1976. Barbara continued the commute to the Pentagon for 12 years before retiring as private secretary to the Administrative Assistant to the Army Secretary. The Yorks loved living here.

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Did you Know—Barbara York (Cont'd)

The draw of winter sports continued through Barbara's adult years. Their ski group of 10-12 couples, the Mogul Musers, traveled to Vermont, Colorado (Vale and Aspen), Utah and Austria (where she won \$3000 in the casino). Their golf group took them to many courses in the Bahamas and throughout the US.

As a Pearl Harbor survivor, Freddy, along with Barbara, were guests of the Marines in 1991 for the 50th anniversary of the attack. A week of organized activities on Oahu was followed by a week of private sight-seeing and relaxation on Maui. Frederick York passed away January 30, 2001.

It's evident that Barbara has lots of strength and is a survivor. After insertion of 3 stents, triple by-pass surgery, a carotid endarterectomy and multiple pacemaker placements, Barbara continues to greet everyone with a beautiful soft-spoken voice and lovely smile.

Barbara was walking her dog in February, when she slipped, fell and broke her right tibia and fibula. After a lengthy recovery she has returned to her bridge games and activities of 'Just Friends', a LOW group of widows and widowers who met at GriefShare and continue to have breakfast every Saturday and enjoy dinner and plays at other times. She continues to be a part of the LOW Church family.

Barbara's daughter, Theresa, who lives near Indianapolis has two daughters, Maria and Marty. Her son, Jimmy, lives in Falmouth and has two sons, Kory and Timothy. There are 4 great grandchildren: Kia, Makaela, Nathaniel, and baby, Audrey.

As a charter member of the Lioness Club, Barbara has served the organization well in multiple offices including 1st, 2nd and 3rd Vice President, Director and Tamer.

Barbara, thank you for your 28 years of service to the LOW Lioness Club. We Love You!

From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club November 12th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, November 9th, if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$17.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net

Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

Dinner

House Salad
Roast Turkey
Honey Glazed Carrots
Butter Mashed Potatoes
Cranberry Sauce
Pumpkin Pie
Coffee & Tea

Vegetarian Menu

Pasta Primavera
Plus sides from the buffet

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Twister's Corner

By Lioness Melissa Daly

Often when we think of November our minds immediately jump to Thanksgiving. As much as I love Thanksgiving, there is another November date that is even more noteworthy. That is Veteran's Day. A Veteran is any person, who served honorably on active duty in the armed forces of the United States. It is this day that we want to make sure to thank, honor, and remember those who have served us all.

Our November trivia questions are:

1. Out of our past 5 Presidents, name the 3 who are veterans.
2. Why is Veteran's Day celebrated on November 11th?

Our November greeters will be Mary Szadvari and Arlene DeSimone

LOW Lioness 2015-2016 Calendar

Nov 12	Lioness Dinner Meeting
Nov 28	Lioness Book Sale
Dec 5	Christkindlmarkt
Dec 12	Holiday House Tour
Dec 16	Child Help Gift Wrapping

Happy Birthday Lionesses!

November 2	Jan Lemieux	November 15	Mary Nolan
November 3	Barbara York	November 20	Marilyn Buttimer
November 10	Karin Goetz	November 20	Ann Walker
November 11	Pat Confroy	November 23	Flo Clarke
November 12	Jean Priest		

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the December LOW DOWN to me by November 24 or as soon thereafter as possible. November 29th is the deadline for submissions for the December newsletter. Forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation: Betty Girman

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

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