

LAKE OF THE WOODS LIONESS

LOW DOWN

Volume 30, Number 5 — November 2014



President's Corner

By Lioness Karen Cakouros LOW Lioness President

www.lowlioness.org



***As we express our gratitude,
we must never forget that the
highest appreciation is not to
utter words, but to live by
them. ~***

John Fitzgerald Kennedy

Our mild and colorful October is behind us. There is a new crispness in the air. I think it brings us all to think of the many good things in our lives---no matter what challenges we face.

You ladies are so giving all year of your time, dedication, and talents. The Community yard sale a few weeks ago was fun and successful. There were many of you involved---too many to mention. Special thanks to Carol Greeney and Linda Shnayer for their leadership in this new endeavor. We plan to do it again next Fall. The book sale is well established now and continues to serve our community and give us needed funds for our many charitable endeavors.

We were pleased to welcome our distinguished Lion guests for Charter Night in October. I think they enjoyed our Hallow-

een Parade. There were so many original costumes---judging was soooooo difficult. Looking forward to next year's Parade.

As I prepare this letter, we are looking forward to distributing treats (not all candy) to our growing youth population on Halloween night. We will see some happy children and adults at the Point!!

The food pantry continues to get busier each month with the cooler weather and fewer job opportunities. It's wonderful to watch Betty and her many helpers serving all these families with smiles from everyone, Lionesses and clients. You all should be so proud of what we do to "SERVE".

This month we have our 1st excursion outing to the James River Plantations. The idea seems to have been very well received in the community. The committee had a good response with a nearly full bus of Lionesses and their friends heading off on November 5th ! We are surely looking to some more day trips. Thanks to Kathi, Joan, Su and Jean for their diligent planning.

In December, we will be at Kriskindlmarkt selling our donated Christmas items and our wonderful baked goods at the

Community Center on December 6th. Claudia hopes to have her quilt ready for viewing in order to sell chances with proceeds going for our scholarship fund. Caroline Caldwell will accept items to sell and Mary Vilalobos and Margarita Rodriguez will be selling your bake sale goodies. Mary Szavardi is taking care of White House ornaments again for us.

Please check out the minutes (recorded very ably by Donalda) of our BOD meeting every month in the LOWDOWN to stay informed on current and upcoming Lioness plans and events. The next Board Meeting will be December 4th at LOW Church. It is the combined November and December meeting and as always, you are invited to attend.

Every day, but especially on Thanksgiving day, I have a special place in my heart for all of you and wish you, your family, and friends a Blessed and Happy Thanksgiving.

Remember to VOTE November 4th.....

See you November 13th at our dinner meeting.

**See Pg. 3 for What Do I
Bring Checklist?**

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2014—2015 Board of Directors

President
Karen Cakouros
106 Tallwood Trail
Locust Grove, VA 22508
(540) 972-9043

Secretary
Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Treasurers
Elaine Freeland & Norma Ervin

1st Vice President
Maureen Otero

2nd Vice President
Mary Altman

3rd Vice President
Linda Shnayer

Lioness TAMERS
Roselynn Edwards
Carolyn Gordon

Tail Twister
Carol Greeney

Membership Director
Kathi Martin

Directors
Pat Berry
Sherri Lasover
Arlene DeSimone

Past President
Beth Sundberg

Lion Liaison
Betty Beck

The Insider's View

Minutes from the
October 23, 2014
BOD Meeting

ATTENDANCE: Karen Cakouros, Elaine Freeland, Maureen Otero, Mary Altman, Linda Shnayer, Roselynn Edwards, Carolyn Gordon, Kathi Martin, Sherri Lasover, Arlene DeSimone, Donalda Lovelace and Lioness and Lion Liaison Betty Beck.

CALL TO ORDER: The meeting was called to order by President Karen Cakouros.

SECRETARY'S REPORT: The minutes were approved as presented by Donalda Lovelace.

TREASURER'S REPORT: Elaine Freeland read the treasurer's report which was accepted and will be filed for audit.

PRESIDENT'S REPORT:

- President Cakouros received on behalf of the Lionesses three letters thanking us for donations. The letters were from: LOW Headstart, LOW Church and LOW Lions.
- She received a letter of resignation from Martha Grandy which was accepted with regrets. Affiliate status requests were received from Lois Ward and Helen Desarmeaux and a request for MAL status from Sharon Kaltenmark.
- Karen Cakouros reported on the Lion Zone Meeting which she and Carolyn Gordon attended on October 14, 2014. It was a well-attended meeting with representatives from various Lion Clubs throughout the region. At the meeting we received several patches for the volunteer work we do with eye glass recycling and fund raising for sight and hearing programs.
- An honorarium of \$50 will be sent to LOW Fire and Rescue in memory of Margaret Findell.

OFFICER'S REPORTS

- A. 1st Vice President- Maureen Otero reported on an idea of a golf tournament as a fund raiser. She would be conducting more research and discussing the idea with people who have chaired a tournament.
- B. 3rd Vice President-
- Linda Shnayer reported on a successful Yard Sale with proceeds going to the Benevolent Fund. She indicated that we should try to provide coffee and baked goods next year.
 - She is gearing up for Halloween on the Point, volunteers have been identified and candy purchased.
 - She wanted to also thank Helene Burns for donating an area in her garage to store Lioness supplies for our various projects.
- C. MEMBERSHIP- Kathi Martin, Chairperson recently had New Member Orientation with four new candidates who will be inducted at our November meeting.
- D. DIRECTORS-
- Sherri Lasover, Arlene DeSimone reported on the Christmas Sale to be held on Saturday, December 6th.

MORE

See pg. 3

- Sherri Lasover talked about our participating in the Lions Annual Tree of Love. We discussed the possibility of honoring those Lioness's who have passed during the year.
- E. Lion Liaison- Betty Beck indicated that everything is on course for the new units for the Wilderness Pantry. An opening date has not been identified.

COMMITTEE REPORTS

- Excursions – The committee is ready for its first venture on November 5th to The James River Plantations. Lunch has been reserved, and we received sufficient response to charter the bus.
- Child Help- Carolyn Gordon reported that Christmas Wrapping of presents will take place on Wednesday, December 17, 2014.

ADJOURNMENT: The meeting was adjourned with our next Board of Directors meeting to be held on Thursday, December 4, 2014.

Lioness Committees & Activities

Monthly Dinner Program

By Lionesses Carol Lee and Flo Clarke

Well, we have some good news and some bad news. First the bad news, our December program was going to be the Orange County High School Singers with a wonderful holiday program. However, due to a scheduling conflict, they cannot be here in December. The good news is that they will be here for our November meeting. They will help us get in the holiday spirit by performing their program (maybe a little early but the stores are already stocked, after all!). As you know from past years, this will be a great program.

ChildHelp Christmas wrapping

By Lioness Carolyn Gordon

The ChildHelp Christmas Wrapping will take place on Wed., Dec. 17th., from 10 am till approx. 2 pm. There will be one (1) sign up sheet on the "check in" table at the Nov. Meeting. Please sign up.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. Especially needed packaged side dishes (rice-a-roni, pasta sides, hamburger helper, etc.) Also, if you have children's books you could donate, they are always welcome, especially at Christmas time. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Lioness Committees & Activities

New Members

By Lioness Kathi Martin

The following new members will be inducted at the November dinner meeting:

Susan DeMailo	Sponsor:	Claudio Low
107 Eagle Court	DOB:	July 4
540-412-1706	email:	demailo.susan@yahoo.com

Joyce Morlan	Sponsor	Karen Cakouros
307 Green Street	DOB:	October 5
309-533-9227	email:	jmorla@ilstu.edu

Susan Oldach	Sponsor:	Carol Lee
246 Washington Street	DOB:	February 28
540-846-6140	email:	scdoldach@hotmail.com

JoAnn Zwicky	Sponsor:	Bonniebeth Foltz
1210 Eastover Parkway	DOB:	March 23
540-412-1666	email:	jwzwick1323@gmail.com

Kriskindlmarkt—Christmas Sale Items

By Lioness Caroline Caldwell

Lionesses will participate in this year's Kriskindlmarkt which will be held on **Saturday, December 6, at the Community Center from 9:00 a.m. to 3:00 p.m.**, with set-up on Friday evening, December 5, from 5:00 to 8:00 p.m. We will be selling Christmas themed articles and decorations donated by the Lioness members. As you prepare to decorate your house, if you find decorations you would like to contribute, please bring them to the Community Center on Friday, Dec. 5th between 5:00 and 8:00 p.m. If you need to make other arrangements to donate items, please call me at 972-7688. We will also need people to help set up and price items on Friday evening and help sell on Saturday. Sign-up sheets will be available at the November meeting, or if you will not be at the meeting, please give me a call or email me at jazziecaroline@yahoo.com. Let's all make this another great and profitable event for the Lioness benevolence fund. Thanks for all you do! WE SERVE!!

Did you Know: Hilda Valenta Seary

By Lioness Beth Sundberg

Though impossible as it may seem, Hilda Valenta Seary just celebrated her 80th birthday in September, glamorous as ever. She was born in Chadbourn, North Carolina and was the middle of five children. Her father owned farms in North Carolina so summers were spent on one of the farms at her great grandmother's home. After graduating from high school, she came to Washington, DC to the Patricia Stevens Finishing and Modeling School. As a result she began modeling for newspaper advertisements and department stores around the DC area such as Garfinkels, Woodies, Hecht's, and Saks.

Hilda made her way into the Management Training program for Montgomery Ward's catalog division. At the time there were no retail stores. Her first years with the company were spent traveling around the East coast opening, hiring, and training the staff. Eleven catalog stores were opened in the DC area.

Her first date with Harry Valenta was a Redskins game joining a party including the president of the Norfolk Southern Railroad followed by dinner and dancing at the Mayflower Hotel. Harry was an accountant with the railroad at the time. After marrying Harry in 1955, they settled in the DC area. Two children were born, Susan and Charles, now residing in Virginia with their own families. Hilda eventually was managing several stores in Washington and later transferred to the Retail Personnel division out of Falls Church. This position found her organizing and opening a central phone unit for the catalog business in Wheaton employing 130 clerks for all orders in the DC area. She was the first woman to advance to the Executive level in the company and was promoted to the position of Washington area District Fashion Merchandise Manager, directing all ladies fashions and accessories for Montgomery Ward's 10 stores. She frequently travelled to New York to meet with designers, buyers, and manufacturers in addition to arranging newspapers advertisements and fashion shows in various downtown hotels.

She was involved in the Business and Professional Women's Club in Washington and served as President in 1972-73. She remained active until she retired in 1991.

Hilda joined Lioness in 1978 as one of the charter members of the Oxen Hill club. She was a member at St. Barnabas in Oxen Hill serving on the board and Women's Guild. In 1982, she opened Valenta Properties with her son. This involved buying and remodeling houses for rental or sale.

In '91, she and Harry decided to move to Lake of the Woods at their son's urging. They enjoyed square dancing and she took up painting, and among many other activities, she was an elder at Lake of the Woods Church and now serves on the Flower Guild making arrangements for services. She is a member of the Republican Women's Club, and is still active in Lioness having filled all chairmanship positions and serving on committees.

After Harry's death, she met Tom Seary four years later at Lake Waccmaw in North Carolina. They happened to be at a function together and upon meeting one another, never stopped talking! Another gentleman at the table finally gave up trying to talk with Hilda saying, "Well, I can tell a couple who is courting!" By then, Tom was retired having worked in the Aerospace industry for a number of years in New York. Both had been widowed for 7 years, knew a good thing when they saw it, and were married on July 2, 2006. They are still enjoying life together and love to travel especially to the European countries.

From the Tamers

By Roselynn Edwards and Carolyn Gordon

The Lake of the Woods Lioness Club Nov. 13th dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, Nov. 10th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$17.00 if you are unable to attend this meeting,

Tamers:

Roselynn Edwards (972-2128) Email: rcdedwards@comcast.net

Carolyn Gordon (972-4656) Email: wpcegordon@aol.com

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Garden Salad
Roast Turkey w/Gravy
Buttered Corn
Mashed Potatoes
Apple Strudels
Coffee or Tea

Vegetarian Menu

Oriental Salad—fresh greens w/almonds, scalions, man.org., edamame & crisp noodles

OR

Garden Salad
Plus sides from the Buffet

Twister's Corner

By Lioness Carol Greeney

HAPPY TURKEY DAY

May your stuffing be tasty
May your turkey be plump
May your potatoes and gravy
Have nary a lump.
May your yams be delicious
May your pies take the prize.
May your Thanksgiving dinner
Stay off your thighs!!

HAPPY THANKSGIVING!!

Which item was not served at the first Thanksgiving Feast?

1. Duck 2. Carrots 3. Potatoes 4. Venison 5. Peas

If you would like to be a Greeter at our November meeting, please call Carol at 972-6739

DON'T forget to wear you name tags

LOW Lioness 2014-2015 Calendar

Nov 13 Lioness Dinner Meeting
Nov 29 Lioness Book Sale
Dec 4 Nov/Dec BOD Meeting
Dec 6 Kriskindlmarkt
Dec 17 ChildHelp Christmas
Wrapping

Happy Birthday Lionesses!

November 2	Jan Lemieux	November 15	Mary Nolan
November 3	Barbara York	November 20	Marilyn Buttimer
November 10	Karin Goetz	November 20	Ann Walker
November 11	Pat Confroy	November 23	Flo Clarke
November 12	Jean Priest		

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the December LOW DOWN to me by November 20th or as soon thereafter as possible. November 28th is the deadline for submissions for the newsletter. Forward articles either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:

Martha Grandy

New Members:

See Pg. 4

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

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