

LAKE OF THE WOODS LIONESS LIONS

LOW DOWN

Volume 35, Number 11 — May 2020



President's Corner

By Lioness Lion Linda Shnayer LOW Lioness Lions President

www.lowlioness.org

I hope this message finds everyone well and free of coronavirus. I, for one, will be very happy to see this time pass! This year I missed the tulips at Burnside Farms but thankfully my daughter was able to go and she left dozens of gorgeous tulips on my porch. Now, I know it is Spring! I do hope I'll be able to pick the sunflowers in July.

While we wait for Virginia cases to level, we unfortunately will not be able to have a May dinner meeting. Should this downtime continue past May, how many of you might like to try a virtual meeting in June where we would induct and congratulate our Lioness Board for 20/21? As a reminder, the 20/21 slate of officers is as follows:

President – Jayne Owiesny
Secretary – Claudia Low
Treasures- Loretta LaTerra and Diane Pittman
1st Vice President – Kathy Merritt
2nd Vice President – Gail Hardin
3rd Vice President – Darcy Jennings
Tamers – Rani Manhard and Ann Wood
Tail Twister – Colleen Cameron
Membership Directors – Donalda Lovelace and Mary Simmons
Directors – Arlene Rich, Barbara Francis and Gail Stoner
Past President – Linda Shnayer

There will be a Lioness Wilderness Food Pantry pop up food drive on May 6th. You can drop off on Karen Cakouros' front porch (106 Tallwood Trail) or call Nicki Buell (412-0104) and she will pick up your donation at your home. You may also consider a cash donation – checks should be written to Wilderness Food Pantry. The Wilderness Food Pantry operates entirely on food donations and financial support by generous businesses and individuals in the community. It costs about \$3,000 a month to provide food to the neediest in our community.

You may recall the Lioness Board unanimously voted to purchase the tables/benches for the new Holyfield Park pavilion. The tables have been ordered, received, and paid for (\$6,500). Let's hope we get to enjoy the new pavilion soon!

Connie Skelton-Devens and the Scholarship Committee have been working extra hard this year to identify students for the high school and community college awards. With schools closed this has been an especially difficult undertaking. The committee has identified a plan for the college scholarships and has received high school applicants. Awarding the scholarships may be a bit later this year but it will happen!

Don't forget your Lioness Dues for 2020/2021 are due. Please send a check for \$80.00 (or \$40.00 for half-year) to LOW Lioness Lions Club, P.O. Box 811, Locust Grove, VA. 22508.

MORE — See Pg. 3

NO MAY MEETING

**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2019—2020 Board of Directors

President

Linda Shnayer
107 Fairfax Lane
Locust Grove, VA 22508
(540) 412-1021

Secretary

Claudia Low
116 Eagle Court
Locust Grove, VA 22508
(540) 412-1304

Treasurers

Loretta LaTerra
Jean McLallen

1st Vice President

Jayne Owiesny

2nd Vice President

Ann Walker

3rd Vice President

Ellen Bearden

Lioness TAMERS

Rani Manhard
Ann Wood

Tail Twister

Donna Steffensmeier

Membership

Emily Florence
Mary Szadvari

Directors

Betty Beck
Barbara Francis
Gail Stoner

Past President

Linda Shnayer

The Insider's View

Minutes from the
April 23, 2020
BOD Meeting

The meeting was called to order by President Linda Shnayer.

The following 2019-2020 Board of Director members were in attendance on the telephone conference call: President Linda Shnayer, Treasurers Loretta LaTerra and Jean McLallen, First Vice President Jayne Owiesny, Second Vice President Ann Walker, Lioness Tamers Rani Manhard and Ann Wood, Tail Twister Donna Steffensmeier, Membership Director Mary Szadvari, Directors Barbara Francis and Gail Stoner, and Immediate Past President Donaldal Lovelace.

Minutes from the March 26, 2020, meeting had been previously distributed, and the board accepted them as written.

Membership – Mary Szadvari

- New member Donna Morrissey, accompanied by her sponsor Julie Phend, was inducted into the LOW Lioness Club by Immediate Past President Donaldal Lovelace.

Treasurer's Report – Loretta LaTerra and Jean McLallen

- The current Administrative and Foundation Budgets were presented and accepted for audit.
- The reconciliation of the Foundation bank account for April 21, 2020, was presented.
- Thank you letters for our club's contributions have been received from the following: Piedmont Dental Clinic, Orange County Animal Shelter, Orange County Head Start, LOW Fire and Rescue, Childhelp, Locust Grove Primary School, Safe House, Orange County Free Clinic, Locust Grove Middle School, and the Orange County High School Library. Additionally, the Orange County Youth After Prom Program wishes to know if we would wish to receive a refund.

First Vice President's Report – Jayne Owiesny

- The Administrative and Foundation Budgets for 2020-2021 were presented. IT WAS MOVED by Donaldal Lovelace and DULY SECONDED by Linda Shnayer that the Administrative Budget for 2020-2021 be accepted. MOTION CARRIED. Furthermore, IT WAS MOVED by Loretta LaTerra and DULY SECONDED by Mary Szadvari that the 2020-2021 Foundation Budget be accepted. MOTION CARRIED.

Second Vice President's Report – Ann Walker

- With respect to our monthly newsletter, the *LOWDOWN*, it will be an abbreviated version inasmuch as no meeting is scheduled for May. Besides the President's Letter and the meeting minutes, the board was asked if anything else should be included, and other than the possibility of a Share and Care Report, it was determined there were no additions.
- A collection for the Food Pantry will take place on Wednesday, May 6. Items are to be dropped off on Karen Cakouros' front porch (106 Tallwood) or Niki Buell (540-412-0104) will pick up donations. Checks to the Wilderness Food Pantry are also appreciated.

MORE—See pg. 3

The Insider's View (Cont'd)

- Scholarship Committee Chairman Connie Skelton-Devens has spoken to the Financial Aid Officer at Germanna Community College and they will be happy to work with our club to determine the three recipients of \$1,500 scholarships. The board felt this was an appropriate way to proceed.
- With respect to the high school scholarships, we have received a total of five applications. Additionally, Connie is working with a guidance counselor who is the scholarship coordinator at the school and believes we will be receiving several more applications. After a brief discussion, the board determined that it was feasible to proceed with awarding these scholarships.

Directors' Report – Barbara Francis and Gail Stoner

- Gail Stoner asked that the board consider moving the Spring Craft Show/Flea Market to another location in the interest of lowering expenses. It was determined that the Community Center was a possibility for this fund-raiser.

New Business

There will be no May Lioness dinner meeting and the Book Sale for both April and May have been canceled.

There being no further business to come before the LOW Lioness Lions Board at this time, the meeting was adjourned.

Respectfully submitted,
Ann Walker
Acting Secretary

The President's Letter (Cont'd)

Mother's Day this year may be different. Let's face it: Social distancing, a measure put in place to stop the spread of the coronavirus, has made celebrating major holidays with friends and families hard. Fortunately, even if you can't celebrate Mother's Day in person because of the quarantine, you can still virtually commemorate the occasion. Now is a great time to make new traditions. Along with allowing you to celebrate Mother's Day from a safe and healthy distance, a virtual bash has other upsides, too – no cleaning the house or cooking for a crowd - you can sit back and relax. Hoping to throw an online celebration for this Mother's Day but not sure how to pull it off? It's as easy as sitting in front of your computer and enjoying your family from all over the country. Zoom, FaceTime, or Skype are great fun and easy applications to get multiple family members together. Another virtual possibility is Houseparty, a free video calling application which allows "party members" to play interactive quizzes and games during calls. If unsure about these applications, you only need to ask your children or grandchildren how it works!

In closing, Happy Mother's Day to each of you whether a mother or a mother figure. Hopefully, by Memorial Day, May 25th, we'll begin to see a downturn of coronavirus cases and we can begin to slowly ease back into some of our social events. Just remember - No storm lasts forever.



Dues Reminder**By Lioness Jean McLallen**

Many thanks to all our members who have sent their dues. I suspect some others either didn't see the notice in the April LOW DOWN or put it aside to do later. Although we won't meet in May, we need to send our Membership list and dues payment to LCI on time.

Checks should be made out to LOW Lioness and mailed to:

Lake of the Woods Lioness
Attn: Dues
PO Box 811
Locust Grove, VA 22508

Because of the unusual circumstances we're all facing, for this year we are offering the option to pay the annual fee of \$80.00 as usual, or pay \$40.00 to cover only the first half of the year and pay the remainder in December.

If you have any questions, please contact Jean McLallen at 972-5793.

**Wilderness Food Pantry Donations
MAY 6th****By Lionesses Nicki Buell, Claudia Low, and
Karen Calouros**

Our community food drive in early May was cancelled but we have decided to have a one day drive for our members to donate food or money for our Wilderness Food Pantry. We are still providing food to our clients 4 times a month so our need is great. Our recipients are most grateful and our clubs efforts along with the Lions is really a blessing for all.

Many groups in our Community have been very generous with donations including LGA, AARP, and Garden Club. We do live in a wonderful place!

The date we have chosen is **Wednesday, May 6th**. You can drop items off on Karen Cakouros' front porch (106 Tallwood Trail) or call Nicki Buell 540 412-0104 and she will pick up your donations at your home. Checks to the Wilderness Food Pantry can be included in your donation. No need to mail your checks.

Admin Budget**By Lioness Jayne Owiesny**

Members should have received an email about April 26 with the Admin Budget for 2020-2021. Members need to vote to accept it for the coming fiscal year. If you have not voted, please do so as soon as possible via email to Claudia Low at Claudia.Low@comcast.net, as the results are needed by May 15 so it can be published in the June LOWDOWN. If you have not received it, please ask Karen Cakouros to resend it to you.

New Member — Donna Morrissey

By Lioness Claudia Low

Donna G. Morrissey
123 Jefferson Avenue
Locust Grove, VA

Cell: 703-409-7721
Spouse: Tom Morrissey
Email: LIFSGOOD@outlook.com



Donna was born in Cincinnati, Ohio but was raised in Crab Orchard, KY (near Lexington). Prior to coming to LOW one year ago she and her husband of 36 years, Tom lived in Fairfax, VA.

Donna served 12 ½ years with the United States Navy as a cryptologic technician and spent 2 years in Japan. She proudly supported DIA under General Powell in Pentagon and Joint Military Services. Following, she worked for a military contractor with AT&T Government Solutions for 16 years as Technical Support and Customer Service Manager. She spent 2 years with Bosch and Lomb and 2 years with Bank of America.

In Donna's spare time she and her husband love sailing on the Chesapeake Bay. She also enjoys photography, baking and cooking, loves music and she and her husband walking and exercising together. She enjoys craft shows, reading, and gardening.

Care 'N Share

By Lioness Jean Ann Daniels

Claudia Low recently fell and has a severe sprain in her wrist. Arthritis and gout are adding to her pain. Please remember Claudia with prayer during this time.

Joyce Morlan had successful knee replacement surgery right before the pandemic. She is doing physical therapy and reports she is doing well. Joyce is appreciative of her Lioness friends during this recovery time.

Mary Szadvari is waiting to be scheduled for back disc fusion surgery. This will be when selective surgeries can occur. She is requesting prayer and positive thoughts.

The last few weeks have been very difficult for our Lionesses. Many have been experiencing the loss of close friends and relatives, some due to this virus and some not. It is a trying time for us. If we have kept in touch, it has been with the phone. Our weekly and monthly get-togethers have ceased. It will be wonderful when we can get back to seeing each other and enjoying each others' company. Our Lioness club is full of so many wonderful and caring ladies! Please hang in there.

Please contact me at 540-412-2872 if you know of a member who needs to be placed on our Care 'N Share.

New Email Address

Please note that Lynne Travis has a new email address. It is:
lynnehbtravis@gmail.com

In Memory of Barbara York



Barbara Cobleigh York, a charter member of LOW Lioness, passed away on Thursday, April 30th. Barbara was our remaining charter member. She had been a LOW LIONESS for over 30 years. She and her late husband, Freddy, purchased a lot in 1967 and had been LOW property owners for 50 years. Originally, she and her husband were campers and then they built their home here in 1972 and permanently established residency in 1976. She was one member of the original women to be chartered as LOW LIONESS CLUB. Barbara before coming to LOW had traveled all over the country and the world with her late husband who was an officer in the Marines Corps. She commuted for twelve years between LOW and the Pentagon. During her career, Barbara went to work at the Pentagon serving in the Office of the Secretary of the Army, where she had an opportunity to meet many public figures such as President Johnson, John Eisenhower and Ava Gabor. She served as liaison with Jean McArthur, widow of General Douglas McArthur, leading up to the dedication of a McArthur Memorial in the Pentagon. As a charter member of the LOW Lioness Club, Barbara served the organization well in multiple offices including 1st, 2nd and 3rd Vice President, Director and Tamer.

Barbara will be cremated and buried at Quantico. Her son will let us know if there will be a Celebration of Life at a later date.

As Karen Cakouros stated, Barbara will always be remembered for her beautiful smile and wonderful laugh. She was a great lady who will be missed but always remembered.

From the Editor

By Lioness Lions Gail Hardin
Editor, Lioness Lions LOW DOWN

Please get information and articles for the June LOW DOWN to me by May 29th or as soon thereafter as possible. The newsletter will be distributed on or about 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Email Address:

Lynne Travis—lynnehbtravis@gmail.com

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

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