LOW DOWN





Volume 34, Number 11 — May 2019

President's Corner

By Lioness Lion Linda Shnayer LOW Lioness Lions President

www.lowlioness.org



Welcome May! This time of the year it's so nice walking through our community - seeing and smelling the flowers and fully leaved trees and hearing the soothing sounds of nature in anticipation of summer joys.

At our April meeting the new slate of officers for 2019-2020 was presented. Past President Donalda Lovelace thanked 1st Vice President Nicki Buell for her contributions over this fiscal year. Unfortunately pressing

family demands preclude Nikki from fleeting up to be our 2019-2020 President as planned. Following Nicki's withdrawal, the nominating committee and current board members decided to extend my term to maintain continuity. At our May meeting, we will formally approve the slate of officers. A reminder, the slate as announced is as follows:

President – Linda Shnayer
Secretary – Claudia Low
Treasures- Loretta LaTerra and Jean McLallen
1st Vice President – Jayne Owiesny
2nd Vice President – Ann Walker
3rd Vice President – Ellen Bearden
Tamers – Rani Manhard and Ann Wood
Tail Twister – Donna Steffensmeier
Membership Directors – Emily Florence and Mary Szadvari
Directors – Betty Beck, Barbara Francis and Gail Stoner

In May we will be very busy with the community Food Drive (May 4th) and Lions/Lioness Golf Tournament (May 17th). Both of these events support our Wilderness Food Pantry. A fact you may not be aware of is, in 2018 the Lions/Lioness Wilderness Food Pantry served approximately 150 households (about 400 individuals) each month. More than 50 community volunteers distributed 76,000 pounds of free food to qualified persons in need. The Wilderness Food Pantry operates entirely on food donations and financial support by generous businesses and individuals in the community. It costs about \$3,000 a month to provide food on this scale to the neediest in our community.

Moving ahead, we will be working to establish 2019-2020 committee chairs and co-chairs. Our various committees can be found in your Lioness Member Handbook on pages 5 and 6. We will add a community service committee for the Orange County Toy Box; a wonderful project that works to ensure the less fortunate children in our county have a Christmas. I want to remind all members that our club exists, functions, and survives due to our members volunteering to support our community service and fundrais-

ing events. Too often, the same members continue to chair, co-chair, and participate in events. We love their dedication

MORE — See Pg. 3

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—Plastic bags, double bagged if possible which saves the workers time when they are helping the clients.

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2018—2019 Board of Directors

President Linda Shnayer 107 Fairfax Lane Locust Grove, VA 22508 (540) 412-1021

Secretary Claudia Low 116 Eagle Court Locust Grove, VA 22508 (540) 412-1304

Treasurers Jean McLallen Jayne Owiesny

1st Vice President Nicki Buell

2nd Vice President Ann Walker

3rd Vice President Sharon Thornton

Lioness TAMERS Nancy Fogg Marian Rood

Tail Twister Jonnie Feterle

Membership Arlene Rich Doris Williams

Directors Betty Beck Carolyn Gordon Carol Greeney

Past President Donalda Lovelace The Insider's View

Minutes from the April 25, 2019 BOD Meeting

FOUNDATION

The meeting was called to order at 7:00pm on Thursday, April 25, 2019 by President Linda Shnayer. The following members were present: President Linda Shnayer, Secretary Claudia Low, Treasurer Jean McLallen, 2nd Vice President Ann Walker, Tamer Marian Rood, Tail Twister, Jonnie Feterle, Membership Arlene Rich, Director, Carol Greeney. Debby Attiliis attended to work towards her new member Proud Lion pin.

SECRETARY'S REPORT: The minutes of the March 28, 2019 meeting, which were previously distributed, were amended to reflect the change in the Slate of Officers for 2019-2020. Motion made by Ann Walker and seconded by Carol Greeney to accept the minutes as corrected.

TREASURER'S REPORT: Jane McLallen for Jayne Owiesny The Foundation budget report was accepted for audit.

PRESIDENT'S REPORT: Linda Shnayer

- We had a very successful collection for the Locust Grove Middle School dance of \$700. This included a \$250 donation from the Lions Club.
- Locust Grove Middle School "Necessities Closet" (community service project) is in need of everyday personal hygiene products for their students, i.e., soap, deodorant, shampoo, tooth brushes, tooth paste, powder, feminine products, etc. Further details will be given at a later date.
- Orange Country Toy Box (community service) will be in the need of volunteers and shoppers to help later this year.
- Don't forget the Food Drive, Saturday, May 4, 8am 1pm, parking area across from the front gate security area.
- Lions Lioness Golf Tournament is well on its way to be another successful event.
- Linda and the board had a discussion of the needs of the Orange County Public Schools school system. Due to the increase in the enrollment for the nursing program they are in need of additional items to make this a successful program.
- Casino Trip June 19, flyer will be available soon
- White Cane will be held on June 6 and 7th. Sign-up sheets will be on the table at the May dinner meeting.

2nd VICE PRESIDENT – Ann Walker.

Our scholarship committee will be presenting four, \$1,500 scholarships at our May dinner meeting. The committee is currently interviewing high school students for three \$1.500 scholarships.

ADMINISTRATIVE

The meeting was called to order at 7:00pm on Thursday, April 25, 2019 by President Linda Shnayer. The following members were present: President Linda Shnayer, Secretary Claudia Low, Treasurer Jean McLallen, 2nd Vice President Ann Walker, Tamer Marian Rood, Tail Twister, Jonnie Feterle, Membership Arlene Rich, Director, Carol Greeney. Debby Attiliis attended to work towards her new member Proud Lion pin.

MORE — See Pg. 3

President's Corner (Cont'd)

but don't want to "strong arm" members to continue another year if they are ready to step down. I encourage every member, especially newer members, to ask where they might contribute. There is nothing to be afraid of – remember, we all have a vested interest in every member and event being successful. Former chair/co-chairs are happy to share their processes and lessons learned. Quoting Babe Ruth, "The way a team plays as a whole determines it success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the Club won't be worth a dime."

In closing, Happy Mother's Day to each of you whether a mother or a mother figure.



The Insider's View — Minutes from the April 25, 2019 BOD Meeting (Cont'd)

SECRETARY'S REPORT: The minutes of the March 28, 2019 meeting, which were previously distributed, were amended to reflect the change in the Slate of Officers for 2019-2020. Motion made by Ann Walker and seconded by Carol Greeney to accept the minutes as corrected.

TREASURER'S REPORT: Jean McLellan

The Administrative budget report was accepted for audit.

PRESIDENT'S REPORT: Linda Shnayer

Please save your Lions Magazines and bring them to the meeting. A great membership marketing tool.
 Please remove your address label.

OFFICERS REPORTS:

MEMBERSHIP: Arlene Rich

We had 12 new members inducted this year. Great job everyone!

TAIL TWISTER:

Jonnie Feterle gave Jean McClellan \$10 collected from the April dinner meeting.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting adjourned at 7:45. Motion made to adjourn.

Respectfully submitted,

Claudia Low

Secretary

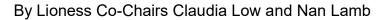
Lioness Lions Committees & Activities

Share and Care

By Lioness Jean Ann Daniels

Our sympathy to Lynne Travis whose mother recently passed away. Please remember Lynne in your thoughts and prayers.

Please contact me at 540-412-2872 if there is any Lioness that should be included.





The Lions Lioness Wilderness Food Pantry needs your help re-stocking the shelves with all the food items you donate and helping those in our community that are in need. Please bring your donations to the FOOD DRIVE on **Saturday, May 4 from 8am – 1pm in the parking area across from the security gate**. We appreciate everyone's help that participates in this very important project. See you on Saturday, May 4!!!

Any questions please call co-chairs, Claudia Low 540/412-1304 or Nan Lam 540/388-2875

List of Possible Donations Needed in the Pantry:

- Fruit Cocktail
- Canned Vegetables
- Baked Beans
- Pinto Beans Northern Brown/White
- Spaghetti O's
- Ravioli
- Applesauce (small plastic containers)
- Mayo
- Ketchup
- · Juices, quart size

- · Fruit cups (plastic containers
- Saltines
- Ritz Crackers
- Jam-strawberry or grape
- Jelly strawberry or grape
- Preserves strawberry or grape
- Hamburger helper all kinds
- Knorr's all kinds
- Cereals all kinds
- Monetary Donations, either cash or checks made payable to the Lions Wilderness Food Pantry

White Cane Days

By Lioness Claudia Low

Please save the date, June 7 – 8, 2019 for Lions Lioness White Cane Day

Lions and Lioness International White Cane Safety Day



International White Cane Safety Day is an opportunity to increase awareness about the white cane, which:

- Signifies that the pedestrian using it is blind or visually impaired;
- Alerts motorists of the need to exercise special caution and provide the user the right of way;
- Symbolizes the independence, confidence, and skills of the person who
 is using it.

In 1964 the U.S. Congress approved a resolution authorizing the President of the US to annually issue a proclamation designating October 15th as "National White Can Safety Day."

In 1969 the International Federation of the Blind adopted October 15th as "International White Cane Safety Day."

The Lions and Lioness usually hold our White Cane Days in June. The detailed schedule and collection locations will be available on the table at the dinner meeting on May 9th. We will need several volunteers (2 hour shift) to collect donations and hand out White Canes. It is a very enjoyable day and a great way to meet our neighbors and share the day with another volunteer.

If you need any additional information or would like to volunteer please contact one of our co-chairs, Val Protiva 540/972-7975 or Claudia Low 540/412-1304.

April Inductees

By Lioness Arlene Rich

Debby Attiliis 412 Yorktown Blvd ddattiliis@gmail.com 703-772-2356 DOB 10/24

Debby moved to Lake of the Woods from Falls Church, Virginia. She and her husband Jim built their home here in 2001 and moved here full time in 2011. Debby was born and was raised in North Quincy, Massachusetts.

Debby and her husband Jim have two sons & one daughter. They have five grandchildren.

Before retiring Debby had been an office manager and did payroll for a non-profit for over 30 years. Debby had volunteered at her church in Falls Church by working in the food kitchen.

Among her hobbies Debby loves to play Mahjong, as well as play hand and foot cards. She and Jim own a house in the Villages in Florida and is a snow bird in winter and loves to travel.

We'd like to welcome Debby to our club! It looks like she's already fit right in!

Darcy Jennings703-772-2080419 Wilderness Dr.DOB 3/24

2darcyj@cox.net

Darcy moved to Lake of the Woods from Annandale, Virginia a year and a half ago. Darcy was born in Englewood, New Jersey and then was raised in Connecticut.

Darcy and her husband Bob have 1 son who lives in Richmond, & 2 Daughters, 1 in Alexandria and the other daughter lives in Long Island, New York. They have 4 grandchildren.

She had been a Preschool Director as well as worked in Food Allergy Network Communications. She volunteers at her church and has been the PTA President. Recently, she helped us set up for the Lioness Spring Fair.

Among her hobbies Darcy loves to make cards and gift baskets as well as do scrapbooking. She also loves playing Mahjong, as well as cards, both bridge and hand and foot.

We'd like to welcome Darcy to our club! It looks like she's already fit right in!





Dues Collection

By Lioness Jean McLallen

We will be collecting dues at the May meeting. If you are paying with cash or a check, the amount is \$80.00. If you would like to pay by credit card, the charge will be \$82.25 because we are charged a fee for processing.



Wednesday, June 19, 2019

\$38.00 (checks made out to LOW Lioness Lions)

7:45 AM Bus Leaves Lower Level of Clubhouse

9:45 AM Bus Arrives at Casino 2:45 PM Bus Departs Casino

4:45 PM Bus Returns to Lower Level Clubhouse

\$20 Free Play from Casino! 50/50 Raffle!

For more information, contact Mary Ryan at 972-9392 or email maryryan7040@yahoo.com.

50/50 raffle proceeds benefit SAFE House for Abused Women & Children



THE SCHOOL BELLS ARE ABOUT TO START RINGING!

Orange County Public Schools will be starting on Wednesday, August 12, 2018
SCHOOL STARTS EARLY AGAIN THIS YEAR



Even though my contact has been transferred to another Walmart he has again offered to give us a 50% discount on backpacks. I will go to his new store in Ferry Farms to get the backpacks and our supplies. Please bring a check (made out to Claudia Low) or cash to the May 9 or June 13 meeting if you would like to donate a backpack. The prices of the backpack this year range from \$15 to \$35.

So that the children will be prepared for this school year, please consider donating something from the following lists. Let's get them off to a good start and make learning a fun experience.

Supplies needed for the Locust Grove Primary School Grades K – 2

Backpacks — non-rolling Composition Books (bound) Folders with pockets (solid For boys and girls Wide Rule colors) Spiral Notebooks —Wide Rule Crayons 1" binders (no trapper keepers) Glue Sticks Index Cards — 3x5 white Yellow Highlighters Scissors — blunt point Index Card boxes Pencil cap erasers Pencils #2 Colored Pencils Wide-ruled lose-leaf paper Pencils cap erasers

Supplies needed for the Locust Grove Elementary School Grades 3-5

Pencil box Folders with pockets Pencil cap erasers Pencils #2 w/fasteners in solid color 1" binders (no trapper keepers) Cravons Scissors Notebook dividers 5 — 8 **Colored Pencils** Yellow Highlighters Backpacks — non-rolling for boys and girls Index cards — 3x5 white Composition books (bound) Wide rule 2 1/2" and 3" binders Index card boxes Spiral notebooks — solid colors Wide ruled notebook paper Dry erase markers – wide rule

The schools would also appreciate the donation of the following items:

Hand sanitizer

Boxes of tissues

Disinfectant wipes

Zip lock bags — gallon and snack sizes

Hand held pencil sharpeners

Pairs of headphones/ear buds (Dollar Store are sufficient. Foam earbuds tend to fit the small ears better

***Claudia will need to have all supplies by Monday, July 29, 2019, so she can get the items organized and delivered to the schools

If you are unable to bring your donations to the June 13 or July 11 meetings, please call Claudia Low at 540/412-1304 to arrange pick up of your donations or you can drop your donations off at her home at 116 Eagle Court

Thanks for supporting this project!

Did You Know—Joyce Morlan

By Lioness Mary Simmons



Our own Joyce Morlan is from the state of Missouri. She's in good company as Missouri has produced a lot of famous people, including a President (Harry Truman), actors (Dick Van Dyke, Don Johnson), poets (Langston Hughes, T.S. Eliot), entertainers (Josephine Baker, Ginger Rogers) to name a few. Growing up in Fulton, Missouri Joyce didn't fully realize the significance of events taking place in her state the first ten years of her life. It was 1954, when Joyce was 10, that Missouri, a border state, was moving forward with civil rights and public-school integration saying good-bye to



the separate facilities that had existed for so many years for blacks and whites.

While history was being made around her, Joyce started her working career at the age of 11 as a "water pourer" for summer conferences at William Woods College. By high school she was their Head Waitress. At Fulton High School, Joyce participated in Band, Future Teachers, French and Latin Clubs. *Est-ce que tu parles français*, anyone?

Joyce went on to graduate from Southwest Missouri State Teacher's College (now Missouri State) where she was active in the Sigma Sigma Sigma Sorority and President, National Organization for Women. Post college she taught English in her first teaching job in Lee's Summit, Missouri. There she developed a coordinated curriculum between English lit and history. This was the first of several innovations she'd initiate during a long and successful career as a teacher.

In 1969 Joyce began teaching English at Lawrence High School in Lawrence KS. In 1979 she graduated Kansas University with a Master of Science in Education degree as a Reading Specialist. Another career innovation follows when Joyce developed a Reading Lab for Lawrence High as part of the thesis project for her Master's degree. The lab was designed to be integrated into the sophomore curriculum.

It was in Lawrence that she met her husband Larry and they married in 1973. Their son Clif's interest in competitive swimming saw Joyce and Larry become Co-Presidents of the Lawrence Aquahawks to support Clif's undertakings.

In 1990 Larry accepted a job in Missoula, Montana and the family moved west. Joyce taught a variety of Education Methods courses at the University of Montana. Joyce and Larry again took on the job of copresidents for Missoula Aquatics Club as Clif continued his successful venture in swimming.

1999 found the family in Bloomington, Illinois where Joyce taught Education Method courses at Illinois State University until she was hired as Coordinator of Student Teaching and Field Experiences. As coordinator, Joyce was overseer of student teachers placed in the NE quadrant of Illinois and in off-campus sites in San Antonio, Texas, the Rosebud Indian Reservation (South Dakota), and Eastbourne England. She particularly enjoyed her annual visits to students at these sites. As administrator, she was responsible for up to 40 supervisors, 500 student teachers and 500 educational interns each semester. This challenging job took her to 2008 and retirement. Larry retired in 2009.

When son Clif and his wife Bridget moved to Oxford, Pennsylvania in 2012, Joyce and Larry, decided to move closer to them and chose Lake of the Woods (LOW) to settle. Since moving to LOW Joyce has been very involved in the community. She is a past chair of the Honor Awards Committee and a former member of the Elections Committee.

Joining the Lioness, Joyce co-chaired the last Holiday House Tour, was the Co-Membership Director for two years and worked on Amore I and II committees and more... When she isn't busy with community and volunteer activities Joyce can be found playing bunco, hand and foot and participating in the Flaming Mames Red Hat Group.

MORE—See pg. 9

Did You Know—Joyce Morlan (Cont'd)

Son Clif, wife Bridget and grandsons Cormac, 6 and Sean, 3 moved last year to Indianapolis with a job transfer, and though dealing with a much longer commute (Oxford, Pennsylvania was 3.5-hour drive, the trip to Indianapolis takes over 10 hours), Joyce and Larry visit them as often as they can. Time at home is spent enjoying life at the Lake and with their rescue dog, Bindi, a sweet and lovely Cavalier King Charles Spaniel.

Joyce is proud to be a LOW Lioness and support worthwhile causes dear to all our hearts. She is grateful for all her friends in Lioness and the LOW Community. Always upbeat and outgoing, Joyce looks forward to making more contributions and having more fun with all her friends in Lioness and LOW.

Hilda Seary Recognition

By Lioness Linda Shnayer

At our April meeting, District Governor Wilma Murphy awarded Lioness Hilda Valenta Seary her 40 year service pin. Hilda joined the Lioness in 1978 as one of the charter members of the Oxen Hill Lioness Club. After moving to Lake of the Woods in 1991, she transferred to Lake of the Woods Lioness Club. Hilda has served as a LIONESS Club Vice President multiple times, chairperson of the Holiday House Tours, chairperson of the Candy Making Fundraising event (making several hundred pounds of candy), as well as Chair of the Holiday Parade and Model in the fashion show at the annual Card Party. Congratulations to Hilda!





From the Tamers

By Nancy Fogg and Marian Rood

The Lake of the Woods Lioness Lions Club May 9th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by Monday, May 6th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$20.00 if you are unable to attend this meeting,

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up. Also, if you are bringing a guest, please call the Tamers.

Nancy Fogg (540-755-2957) Email: entredeux3@hotmail.com Marian Rood (540-412-0214 Email: bfrood@earthlink.net Dinner
Clubhouse Salad w/
Ranch & Toasted
Sesame Dressings
Chicken Bruschetta
Broccoli
Rice Pilaf
Rolls & Butter
Rainbow Sherbet
Coffee & Tea

Alternate Meal Stuffed Peppers

OUT OF RESPECT AND COURTESY TO ALL, PLEASE REFRAIN FROM TALKING WHEN ANYONE IS AT THE PODIUM, ESPECIALLY OUR GUEST SPEAKER.

In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning the salad until after the invocation and introduction of guests. Thank you.

Twister's Corner

By Lioness Lion Jonnie Feterle

"Happy Mother's Day to all of our Mothers out there"

May is the month
Of sunshine and flowers
Birds in their nest
And one or two showers
Games to play and kites to fly
Or just looking to the sky
We could spend a year this way
If the year were made of May

May 12

Our greeters for this month will be: Helene Burns and Nan Lamb

Rani Manhard

What do Mayflowers bring?

LOW Lioness Lions 2018-2019 Calendar

May 4 Food Drive

May 9 Dinner Meeting

May 17 Lions/Lionesses Golf

Tournament

May 23 BOD Meeting

May 25 Book Sale

Iappy Birthday Lioness Lions

May 8	Val Protiva	May 18	Linda Ogletree
May 9	Janet Himmelberger	May 23	Jayne Owiesny
May 10	Christine Getty	May 27	Claudia Low

From the Editor

By Lioness Lions Gail Hardin Editor, Lioness Lions LOW DOWN

Please get information and articles for the DOWN to me by or as soon thereafter as possible. The newsletter will be distributed on or about 1. Forward them by email at the address below, or call me if you don't have access to email.

Email: gail hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Members — See Pg. 5

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

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