LOW DOWN





Volume 33, Number 11 — May 2018

President's Corner

By Lioness Donalda Lovelace LOW Lioness Lions President

www.lowlioness.org

It's May, thank goodness! I never thought the warmth of Spring would ever arrive. For me personally, April was a disaster. I am sure you don't want to hear my tales of woe but seriously, two episodes of vertigo, a computer crash, lost all documents and pictures from December 2017 to present. I really couldn't wait on May, it has to be better.

But before leaving April, I need to congratulate the Membership Committee Chairs, Joyce Morlan and Julie Phend; Sponsors, Jean Ann Daniels, Linda Shnayer, and Carol Greeney, for the wonderful induction of three new Lionesses: Pat Licata, Mary Simmons and Nancy Johnson. All very accomplished women who will support us in our service in Lionism. Great job ladies! Don't forget the contest by Lions Club International to bring in the more members by June 30th and you can compete for \$750. We are having an induction in June for new members. We are at 87 members now still down from the strong 105 of last year. Pictures of the newly inducted Lionesses to come next month.

A Shout Out to Theresa DiCicco next year's Program Chair for presenting one of the best programs we have had all year. Theresa provided us an opportunity to hear from one of the local nonprofits—SAFE House that we support both financially and with personal supplies. Karen Brown, Executive Director was an informative and inspiring speaker. I really felt proud of all us for our support of this worthy organization.

Kathy Merritt's Bra Campaign is doing well. If you forgot your bra ⓐ at our last Dinner Meeting please bring one in May. Remember it's our effort to support women of SAFE House and poor women in the Appalachian Mountains through RAM of Virginia (Remete Area Medical and Lione Assisted Medical)

of Virginia (Remote Area Medical and Lions Assisted Medical Project).



In addition, we have a Food Drive coming up on Saturday May 5th. Please help Lionesses Claudia Low and Norma Ervin.

Yours in Lion Service, Lioness Donalda Lovelace

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2017—2018 Board of Directors

President Donalda Lovelace 1013 Eastover Parkway Locust Grove, VA 22508 (540) 412-2857

Secretary Janite Hamilton 202 Stratford Circle Locust Grove, VA 22508 (540) 809-0193

Treasurers Karin Mollard Jane Owiesny

1st Vice President Linda Shnayer

2nd Vice President Nikki Buell

3rd Vice President Vacant

Lioness TAMERS Karen Cakouros Carol Lee

Tail Twister Jonnie Feterle

Membership Joyce Morlan Julie Phend

Directors Millie Davis Carol Greeney Carolyn Gordon

Past President Karen Cakouros The Insider's View

Minutes from the April 26, 2018 BOD Meeting

The meeting was called to order by President Donalda Lovelace.

Attending were Lioness Lions board members Karen Cakouros, Millie Davis, Carol Greeney, Karin Mollard, Joyce Morlan, Jayne Owiesny, and Linda Shnayer, as well as Budget Committee Chairs JoAnn Zwickl and Jean McLallen, and club member Ann Walker.

Minutes from the March 22, 2018, meeting had been previously distributed, and the board accepted them as written.

The Treasurer's report was accepted and filed for audit.

Budget Committee Chairs Joan Zwickl and Jean McLallen presented the LOW Lioness Lions Club 2018-2019 proposed administrative and foundation budgets, which will be published in the *LOW DOWN* for the members' review, as well as in the club handout, and presented at our club meeting. Furthermore, IT WAS MOVED by Carol Greeney and DULY SECONDED by Millie Davis that the proposed foundation budget be approved. MOTION CARRIED. The board expressed their appreciation to the Budget Committee for their very thorough and professional efforts.

President's Report - Donalda Lovelace

- The new club bylaws have a provision for a President's Award, and potential candidates were discussed. Furthermore, President Lovelace encouraged the board's thoughts regarding a potential Lioness candidate to be proposed for the LOW Honors Award, and it was decided that the name of this individual will be determined at the next board meeting.
- We have come across a quantity of coffee mugs that will be given as a gift of appreciation to future program speakers.

First Vice President's Report – Linda Shnayer

- First Vice President Linda Shnayer reported that in culling through our storage area, she has come across three bins of bake sale items that need to be consolidated. It was determined that plaques, as well as secretary and treasurer notes, will be eliminated. JoAnn Zwickl has kindly offered space in her basement for some of our club's supplies.
- Our club will be participating in the LOW 4th of July parade, which will take place on Saturday, July 7.
- Raw scores from the survey in which the club members were recently asked to participate resulted in a 70 percent return. Both overall club and meeting satisfaction were positive, as was the alignment of activity vs. expectations. An article regarding the outcome of the survey that will present an overall view will appear in an upcoming newsletter.
- In July, we will bring back the newsletter article that spotlights a particular Lioness to engender better acquaintance, especially for new members.

Tamer's Report – Karen Cakouros

Plans are underway to hold a Mexican fiesta dinner for our May meeting.
 The Tamer also reported that expenses are currently well aligned, as long as we continue to do buffet dinners.

MORE See Pg. 3

The Insider's View (Cont'd)

Membership Report – Joyce Morlan

Three inductees will be welcomed into our club. Joyce stated that she and Julie Phend will have all materials well organized to pass on to the new membership chairs; however, they are in need of new induction packets, which President Lovelace will obtain for them.

New Business

• JoAnn Zwickl reported that we are in need of an individual to take over the club's website duties and a search for a computer-literate individual willing to handle this responsibility continues. An announcement and presentation of the position will be made at the next meeting.

There being no further business to come before the LOW Lioness Lions Board at this time, the meeting was adjourned.

Respectfully submitted, Ann Walker

Lioness Lions Committees & Activities

Lioness New Members—April 12 Induction

By Lionesses Joyce Morlan & Julie Phend

Nancy Johnston

137 Washington Street Mobile: 860-306-4483

Email: hellhounds888@hotmail.com

DOB: 3/14

Spouse: Paul Johnston Sponsor: Jean Ann Daniels

Mary Simmons

103 Mansion Court, Locust Grove, VA 703-231-6297

Mary.g.simmons@comcast.net

DOB - 3/5

Spouse: Mark Hunter Sponsor: Linda Shnayer

Pat Licata

301 Hillside Drive Cell 540-735-7998 Off 540-388-2541

Email: pat@licatagroup.com

DOB: 3/17

Spouse: John Licata

Sponsor: Donalda Lovelace



By Lioness Claudia Low

Lionesses please don't forget this very important community service project, the LIONESS FOOD DRIVE on Saturday, May5, 8am – 1pm in the parking area directly across from the security gate.

Any questions please call Claudia at 540/412-1304 or Norma 540/972-0652.

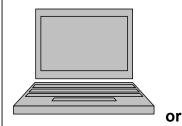
Look forward to seeing your there!

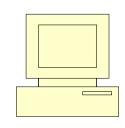
Lioness Lions Committees & Activities

Assistance with Lioness Website

By Lioness Su Bielmeier

Do you have a





& 20 or 5 minutes a month?

If so, please consider posting the monthly Lioness LOWDOWN newsletter and the Program Schedule on the Lioness website. lowlioness.org

Gone are the days when you needed to write code to enter items on the website.

Do you only have **5** minutes a month; we also need someone to **upload** pictures of Lioness activities to the slideshow on the Lioness website. Many Lionesses take pictures at Lioness functions and would email pictures to you to post. Please consider volunteering to do this. Save them on your computer and upload to website.

I will assist and teach you how to do these. Please contact Su Bielmeier at 1-540-208-1914 cell

Independence Day Parate

By Lioness Linda Shnayer



Reserve the date! The LOW Lioness Lions will participate in the Lake of the Woods Independence Day Parade to be held on Saturday, July 7th. In addition to carrying our benevolence signs to highlight our monthly book sale, the Lioness Lions theme will be the "Bookworm".

This decoration project is underway and expected to be colorful and fun. If able, please plan to participate by walking and handing out candy to the children. Our dress will be a Lioness t-shirt (or purple t-shirt) and any style white pant, and comfortable shoes. If you own a convertible car and are available to drive in the parade, please contact Linda Shnayer at 540-412-1021 or Lishnayer@hotmail.com. A sign up sheet and specific time and location details will be available at our May dinner meeting.

Candy Sales

By Lioness Linda Shnayer

A big thank you to Claudia Low for spearheading the Lioness Candy Sales. Due to her dedication and hard work over the Christmas and Easter holidays, she sold \$2,500 of candy for our Lioness Lions benevolence fund. Bravo Claudia!

Lioness Lions Committees & Activities

LOW Lioness Lions Assessment Survey Results

A special thank you to everyone who took the time and made the effort to respond to our LOW Lioness Lions Assessment Survey. We had 58 members, or 70%, of our Club complete the survey. This is an excellent return for a internal survey and allows us to feel confident in the conclusions of what our Club is doing well and what areas may need attention. Overall, the results are very positive.

Our survey was based on the Lions Club International (LCI) How Are Your Ratings Evaluation Tool. To determine our results, we followed the process identified in its accompanying How Are Your Ratings Administrative Guide. The completed surveys provide your opinions on twelve (12) questions covering areas such as: Volunteer Activity Importance; Lioness Club Evaluation and Satisfaction; Lioness Meeting Satisfaction; and Lioness Frustrations and Wishes. A comment section was provided.

Five of the survey questions had several statements with five selections for the answer (i.e., Strongly Disagree, Disagree, Neutral, Agree, and Strongly Agree). To show us how strong your feelings are about a question with multiple statements, and to simplify the results, the Top 2 and Bottom 2 categories were grouped. For example:

- The **Does Well** list is the Top 2 (Agree/Strongly Agree) percentage
- The Could Improve list is the Bottom 2 (Strongly Disagree/Disagree) percentage

All other questions were Yes/No or multiple choice.

An initial assessment of our survey results shows:

- 1. We had no Bottom 2 percentages greater than 19% (11 people).
- 2. We are a service-minded Club and serve first in our community. Our members believe volunteerism is important and our Lioness Club is exceeding expectations. Our five highest Top 2 percentage scores in this area are:

Raises significant funds for various charitable projects	100%
• Gives me a real sense of accomplishment in the services that we provide	97%
Provides valuable services that directly help others	97%
 Makes me feel as though I am doing something positive to help others 	95%
Ensures that the activity helps the local community where I live	93%

3. We have good communications. The five highest Top 2 percentage scores are:

Guests are properly introduced	91%
 Club members have the opportunity to participate and communicate 	90%
Our Club embraces technology whenever possible	90%
Our Club welcomes diversity in our membership	90%
Our Club seeks input and ideas from members	88%

4. We have a strong membership program and strong probability of member retention. The five highest Top 2 percentage scores are:

 There is a friendly atmosphere during club meetings 	98%
 I would not hesitate to recommend that friends and family join 	97%
Is something that I really enjoy	95%
 I plan to continue to be an active member for the foreseeable future 	91%
Gives me a sense of pride	90%

Lioness Lions Committees & Activities

LOW Lioness Lions Assessment Survey Results (Cont'd)

5. We have effective leadership and club operations. The highest Top 2 percentages are:

Our Club allows members to serve in leadership roles	97%
 The leaders of my club allow me to be as active as I desire 	97%
 Sufficient protections exist to ensure club funds are used properly 	90%
 Sufficient protections exist to ensure club elections are run fairly 	88%
The club provides interesting and varied programs	79%

6. Meeting Satisfaction. Several meeting satisfaction Top 2 percentage statements have been previously shown. Below are additional Top 2 Percentages:

•	Meetings start and end on time	91%
		0170
	The "mixers" provide me an opportunity to get to know other members	
•	The club president follows an agenda	83%
•	The club provides interesting and varied programs	80%

Additional questions under Meeting Satisfaction:

- Do you prefer for Club meetings to include a meal? Yes 90%; No 10%
- · What time would you prefer our monthly meeting begin?

5:15PM Social and 6:00PM Dinner – 76% 5:45PM Social and 6:30PM Dinner – 24%

- Would you like to vary the monthly Club meeting to include a different location (other than Clubhouse)? Yes – 16%; No – 84%
- Would you like to vary the monthly meeting to include a pot luck, barbecue, or similar option?
 Yes 40%; No 60%
- Would you be willing to travel outside of Lake of the Woods for a Club meeting?
 Yes 45% (26 people); No 55%
- If you answered yes to question 9, how far are you willing to travel?
 5-10 miles 42% (11 people); 11-20 miles 50% (13 people); More than 20 miles 8% (2 people)

Where do we have concerns and need to explore possible changes?

Although none of the statements in the survey had a high percentage of Bottom 2 percentages, a few statements did have a lower percentage of Top 2 percentages than we'd like. These are therefore of concern. These statements, listed below, will be discussed with our members and, where necessary, action plans developed:

Our club is at the optimum size for our current activities	60%
 Our club offers opportunities for individual members to receive awards for 	
a job well done	57%
Mentoring is available to members who desire it	56%
I have real influence in my club	43%
 Provides networking opportunities that can help me with my career/business 	35%

We are working to have the survey results posted to our Lioness website and determine the best way to share more about the results at a Club meeting.



STATE CORPORATION COMMISSION

Richmond, March 29, 2018

This is to certify that the certificate of incorporation of

Lake of the Woods Lioness Lions Club Foundation, Inc.

was this day issued and admitted to record in this office and that the said corporation is authorized to transact its business subject to all Virginia laws applicable to the corporation and its business. Effective date: March 29, 2018



State Corporation Commission Attest:

Clerk of the Commission

CIS0362

From the Tamers

By Karen Cakouros and Carol Lee

The Lake of the Woods Lioness Lions Club May 10th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by Monday, May 9th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Karen Cakouros (972-9043) Email: karencak@comcast.net Carol Lee (972-8920) Email: carol.lee4@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Mexican Fiesta
Strips of Chicken &
Beef Fajitas
Soft flour & crunchy
Tortilla shells
Served with sour cream,
guacomole, black olives,
jalapeno peppers, cheddar
cheese, lettuce, and salsa
Spanish Rice
Refried Beans
Churros & Mexican Sugar
Cookies

Twister's Corner

By Lioness Jonnie Feterle

May is one of the most gorgeous months of the year. All winter long we've been hibernating from the cold and waiting for the sun to come out from behind the clouds. The bees are buzzing, the flowers are blooming, the birds are chirping... it's time to celebrate May!

Happy Mother's Day to you and to all the moms out there. May all your dreams and desires come true!

What two flowers symbolize the month of May?

According to an old Cornish superstition, it is unlucky to buy a __ in May

Greeters for May are: Karin Gretzky and Theresa DiCicco

LOW Lioness Lions 2017-2018 Calendar

May 5 Food Drive
May 10 Dinner Meeting
May 24 BOD Meeting
May 26 Book Sale

July 7 Independence Day

Parade

lappy Birthday Lioness Lions

May 8	Val Protiva	May 18	Linda Ogletree
May 9	Janet Himmelberger	May 20	Marue Biggs
May 10	Christine Getty	May 23	Jayne Owiesny
May 12	Rani Manhard	May 27	Claudia Low

From the Editor

By Lioness Lions Gail Hardin Editor, Lioness Lions LOW DOWN

Please get information and articles for the June LOW DOWN to me by May 31st or as soon thereafter as possible. The newsletter will be distributed on or about June 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

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