LOW DOWN

Volume 32, Number 11 — May 2017

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President's Corner

By Lioness Donalda Lovelace LOW Lioness President

Α fond farewell to our Barbara Hernan, Lioness President 2016-2017 and member since 1997. Barbara, we wish you well in your next journey sunny California

and trust you will find a Lionesses Club with the zeal for service as the LOW Lionesses.

This is not how I expected to assume the Presidency, nor was the time frame quite right, but I will take it! I would like to thank the board for their confidence in me. I hope to prove worthy of their trust. I would like to tell you a little about what I hope we accomplish now and then more at the June induction ceremony.

My main goal for us this year is to have fun, bond with one another, support each other and all the while expand our service to others. With your support, we will increase the recognition and statue of the club both within LOW and Orange County as well as in the larger Lion Community. I intend to recognize the service of Lionesses not only in chapter events but events



that contribute to the larger good of LOW and Orange. County. So please don't be shy, call or send me an email about a recent accomplishment recognition or if you know a Lioness who has been honored in some way. With your help, not only will we continue to be the largest Lioness or Lions Club in the Commonwealth of Virginia but we will be recognized for our commitment to service and fundraising in the community. Toward that end let's have a shout out for Lioness Su Bielmeier who has been

named AARP State Director of Driver Safety. Congratulations have been in order for some time for our own **Joann Ziewkl** who continues to provide the financial leadership on the LOWA Board. And another shout out for **Wendy Gwaltney** and her contribution to LOWA 50th Anniversary Celebration the weekend of April 21st. A little closer to home, thank you, **Gail Stoner, Betty Beck** and all the ladies who helped with the Flea Market.

We have our 30th Anniversary this year and an excellent reason to have a party. We will congratulate ourselves on our service to the community since 1987. More details to follow. One final note, please remember to bring nonperishable food to our next dinner meeting it is so needed and an easy way to serve our community.

I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy."

- Rabindranath Tagore

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Lake of the Woods Lioness Club The Insider's View

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2016—2017 Board of Directors

President Donalda Lovelace 1013 Eastover Parkway Locust Grove, VA 22508 (540) 412-2857

Secretary Linda Shnayer 107 Fairfax Lane Locust Grove, VA 22508 (540) 412-1021

Treasurers Caroline Caldwell Barbara Tomayko

1st Vice President Donalda Lovelace

2nd Vice President Michelle Senft

3rd Vice President Joan Mills

Lioness TAMERS Ellen Bearden Nicki Buell

Tail Twister **Kathy Walters**

Membership Joyce Morlan Julie Phend

Directors Millie Davis Joann Deem Carolyn Gordon

Past President Maureen Otero

Minutes from the April 27, 2017 **BOD Meeting**

ATTENDANCE: Donalda Lovelace, Linda Shnayer, Karin Mollard, Caroline Caldwell, Michele Senft, Joan Mills, Ellen Bearden, Kathy Walters, Joyce Morlan, Millie Davis, Carolyn Gordon, Maureen Otero, Su Bielmeier, and Janite Hamilton.

CALL TO ORDER: 1st Vice President Donalda Lovelace called the meeting to order at 7:00PM.

SECRETARY'S REPORT: The March minutes were approved.

PRESIDENT'S REPORT: Due to the recent resignation of President Barbara Hernan, 1st Vice President Lovelace reported resignations were also received from Lioness Pat Berry and Lioness Mary Villalobos. All resignations were accepted with regret. Thank you cards for recent donations were received from Locust Grove Middle School Library, Locust Grove Elementary School Library, Locust Grove Primary School Library, Wilderness Branch Library, Lake of the Woods Fire and Rescue Company, Piedmont Regional Dental Clinic, and Healthy Families Orange.

TREASURER'S REPORT: The Administrative and Benevolence Financial Statements were provided and accepted for filing.

Immediate Past President - Maureen Otero - In accordance with LOW Lioness By-Laws, "Replacement of any elected member of the Board who is unable to complete the year will be made by majority vote of the Board of Directors for the balance of the fiscal year." Nominations were requested and by unanimous vote of the Board of Directors, Lioness Donalda Lovelace was elected to the office of President. Immediate Past President Maureen Otero installed Lioness Lovelace who agreed to perform the duties to the best of her ability.

OFFICER'S REPORTS

President- Donalda Lovelace

- -Lions Foundation of Virginia Additional books of raffle coupons have been received and are available for sales.
- -White Cane As of this date, 18 Lioness have volunteered to participate in White Cane.
- -LOW 50th Anniversary on the Point In addition to participating in the Independence Day Parade, Lioness' will support our community by hosting two carnival activities to include a Striker for Adults and a Striker for Youth. The Board voted approval for participation and purchase of prizes (trinkets) for winners.
- -30th Anniversary of LOW Lioness Discussion was held regarding activities to celebrate the 30th Anniversary in November.

2nd Vice President – Michelle Senft – Three people have been selected for Germanna Scholarships.

Membership - Joyce Morlan - An induction ceremony is planned for June.

Without further business the meeting was adjourned. Respectfully Submitted, Linda Shnayer, Secretary

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

- A\fter her fall in February, Lucy Churchill is gradually improving and receiving physical therapy.
- Helen Desarmeaux has had considerable difficulty with her leg and hip. She is using a walker now and says that she is doing better.
- Carol Lee's daughter, Cathy, is home resting, as she recovers from her surgery last month.
- We extend our deepest sympathy to Loretta LaTerra and her family on the loss of her father.

If you know of a Lioness in need of our well wishes, please contact Ann Walker: 972-4338.

White Cane Days

By Lioness President Donalda Lovelace

In 1921, James Biggs, a photographer from Bristol, England, became blind following an accident. Because he was feeling uncomfortable with the amount of traffic around his home, he painted his walking stick white to be more easily visible. In 1930, Lion George A. Bonham, President of the Peoria Lions Club (Illinois) introduced the idea of using the white cane with a red band as a means of assisting the blind in independent mobility. Overwhelming acceptance of the white cane idea by the blind and sighted alike quickly gave cane users a unique method of identifying their special need for travel consideration among their sighted counterparts.

Today white cane laws are on the books of every state in the US and in a few other countries, providing persons who are blind a legal status in traffic. The white cane universally acknowledges that the bearer is blind. Since 1925 Lions International and all Lion Clubs and Lioness Clubs have worked tireless to aid the blind and visually impaired. LOW LIONESS CLUB supports LOW LIONS Club in on White Cane Day by helping to make our communities more aware of how the white cane became a symbol of independence, confidence and skills of those who rely on it to guide their walk-through life. For our Lioness Club, it is also a fundraiser to support various programs who serve persons with visual impairments. Lions have their first round of sign-ups, for their members to stand or sit in front of a storefront the sign-up sheets will go to the Lionesses who will also be signing up. The proceeds of the fund drive will be split between the two clubs based on how many shifts each club fills. Members stand outside of local businesses that have agreed to support us and solicit funds from the people entering or leaving the businesses. People will have an apron, a bucket, a large sign on an easel and small white canes to hand out to donors,. This year we will also have a small hand out that identifies the charities we support and provide information for membership recruiting. Some people bring lawn chairs for their shift.

This year as in past years we plan to solicit on Friday May 12th and Saturday May 13th at LOW Hardware, 7-11, CVS, the Exxon Station at Locust Grove Center, Walmart and Food Lion. If you haven't signed up please check with Val Protiva or Donalda Lovelace so your name can be added to the White Cane Day.

Hand & Foot Tournament

By Lioness Linda Shnayer

Congratulations to Maureen Otero for winning the April Hand & Foot Tournament!

The next Hand and Foot Tournament will be held on Wednesday, May 10th, 1-4PM, in Classroom #1 at the Community Center. Please reach out to your friends and form your table. All players are welcome and do not have to be a Lioness. The cost to enter the tournament will be \$5 per person (\$20 per table). Proceeds from this event go to our benevolence fund for scholarships and other community programs. To sign up, please call Linda Shnayer, 540-412-1021 or email at Lishnayer@hotmail.com.

From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club May 11th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, May 8th, if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Taco Salad Ice Cream Sundae Coffee & Tea

Vegetarian MenuPasta Primavera

Twister's Corner

By Lioness Kathy Walters

This month is a very special months for all of us, we get to celebrate Mother's Day. I hope all of you have a wonderful Mother's Day.

M ... is for moments together,

O is for your optimism,

T is for your tenderness,

H is for happiness you bring,

E is for your everlasting love,

R is for the respect you deserve.

The greeters for May, are Janet Himmelberger, a new member and Joyce Morian, her sponsor

LOW Lioness 2016-2017Calendar

May 10 Hand & Foot Tourna-

ment

May 11 Lioness Dinner Meeting

May 12- White Cane Days

13

May 25 BOD Meeting

May 27 Lioness Book Sale

uppy Birthday Lionesses!

May 8	Val Protiva	May 20	Marue Biggs
May 9	Janet Himmelberger	May 23	Jayne Owiensny
May 10	Christine Getty	May 27	Claudia Low
May 12	Rani Manhard	May 28	Joann Deem
May 18	Linda Ogletree		

From the Editor

By Lioness Gail Hardin Editor, Lioness LOW DOWN

Please get information and articles for the June LOW DOWN to me by May 28th or as soon thereafter as possible. The newsletter will be distributed on or about June 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignations:

Pat Berry Barbara Hernan Mary Villalobos

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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