

LAKE OF THE WOODS LIONESS LOW DOWN



Volume 28, Number 11—May 2013

President's Corner

www.lowlioness.org

By Lioness Carol Lee, LOW Lioness President

As I sit here writing this message to you, I have on jeans and a sweatshirt and am freezing. It is the end of April, for heaven's sake! When are we going to have Spring???

At our March meeting the new slate of officers for 2013-14 was presented and approved. At our May meeting, we will formally approve the slate of officers. As a reminder, the board that was announced at the March meeting is as follows: President, Beth Sundberg; 1st Vice President, Karen Cakouros; 2nd Vice President, Ann Walker; 3rd Vice President, Karin Goetz; Secretary, Donalda Lovelace; Treasurers, Lucy Churchill and Elaine Freeland; Tamers, Roselynn Edwards and Jean Priest; Tail Twister, Joan King; Membership Director, Linda Ogletree and Co-Director, Kathi Martin; Directors, Pat Berry, Connie LeMay and Maureen Otero; Past President, Carol Lee; and Lions Liaison, Phyllis Taylor.

We will have a busy month

in May with the Flea Market. It will be on Saturday, May 18, with setup on Friday, May 17, beginning at 4 p.m. There will be plenty to do so help out wherever you can. And don't forget to show off your baking ability for the Bake Sale (or make a donation if you are not able to bake for any reason). This is a very important part of our Flea Market. Also don't forget to clean out your closets and get your White Elephant Sale items together. Invite your friends and let's make this a very successful event.

A big "thank you" to all who worked at the White Cane Days. It was very successful. Ann Walker will let us all know

the final results at our May meeting. We had a wonderful participation from our club and I am so very proud of all of you. Great job, ladies!

Don't forget to look at our new website. Many thanks to Chris Wyant for all her work in getting this set up for us. Also thanks to Gail Hardin for putting our back issues of the LOW-DOWN on the site and to Karen Cakouros, Mary Lou McFarland and Sue Bielmeier for volunteering to help with the maintenance. You all have done a great service for our club.

That's it for this month. I hope to see all of you at our meeting in May.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Orange Free Clinic—The clinic has a need for donation of **toilet paper** and **paper towels**. Zoila Ortega will collect them at the back table.

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2012—2013 Board of Directors

President

Carol Lee
1216 Eastover Parkway
Locust Grove, VA 22508
(540) 972-8920

Secretary

Ellen Bearden
120 Eagle Court
Locust Grove, VA 22508
(540) 972-9595

Treasurers

Patricia Berry and Emily Slunt

1st Vice President

Beth Sundberg

2nd Vice President

Christine Wyant

3rd Vice President

Karen Cakouros

Lioness TAMERS

Karen Cakouros
Jean Priest

Tail Twister

Norma Ervin

Membership Director

Michelle Senft

Directors

Mary Altman
Connie LeMay
Maureen Otero

Past President

Zoila Ortega

Lion Liaison
Phyllis Taylor

The Insider's View

Minutes from the
April 25, 2013
BOD Meeting

Those in attendance were Mary Altman, Ellen Bearden, Pat Berry, Karen Cakouros, Connie Lemay, Maureen Otero, Jean Priest, Michelle Senft, Beth Sundberg, Phyllis Taylor, Chris Wyant. Pat Phillip also attended.

The Minutes of the March 28, 2013 meeting, which were previously distributed, were accepted.

The Treasurer's Report, given by Pat Berry, was accepted and filed for audit.

- Following a discussion regarding stationery printing, motion by Jean Priest to purchase peel and stick return address labels was seconded and passed.

President's Report: Beth Sundberg for Carol Lee

- Thank you notes from the Orange County Animal Shelter and the American Diabetes Association for our donations of \$200 each were shared.
- Judi O'Neill is no longer on MAL status.

OFFICER'S REPORTS

First Vice President's Report: Beth Sundberg

- Ads for the upcoming flea market on May 18th will be in the Lake Currents as well as other area publications.
- A search is underway for the signs used for the flea market last year. Members are asked to contact Beth with any information.
- Lioness Claudia Low is constructing a queen size quilt to be raffled, with proceeds going to the Food Pantry. Connie LeMay will sell tickets at the first Lion meeting in May. Tickets will also be sold at the Lioness meeting in May and at the flea market. The drawing will occur at the flea market. Motion by Karen Cakouros to charge \$5 per ticket or 3 for \$10 was seconded and passed. Michelle Senft and Maureen Otero will chair the ticket sales at the Lioness meeting and the flea market. Because the quilt will not be completed until the flea market event, pictures of its progress will be shared at the Lion and Lioness meetings.

Third Vice President's Report: Karen Cakouros:

- Lioness participation in the LOW July 4th parade and celebration was discussed. Citing low turnout in recent years due to weather conditions, it was decided to limit the participation to cars driven in the parade with Lioness signs and a table on the point where brochures describing Lioness activities will be distributed.

Membership: Michelle Senft

- An induction ceremony will be held in May. Those being inducted are Julie Phend sponsored by Jean Ann Daniels, Jean Peterson sponsored by Ann Walker, and Sherry Standley sponsored by Carol Stanley.

MORE

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Lion's Liaison: Phyllis Taylor

- The Lions have developed a list of possible fund raising activities. This list is shared with the Lioness and can be seen on the Lion's website.

Immediate Past President: Zoila Ortega

- Zoila could not attend the meeting but sent a report that Dr. David Sam, President of Germanna Community College, will attend the Lioness May meeting which will honor the Scholarship recipients.

Adjournment

There being no further business, the meeting was adjourned at 8:12 PM.

Lioness Committees & Activities

Bake Sale at the Flea Market — Goal 100% Participation

By Lioness Kathi Martin

A tradition with LOW Lioness is our bake sale, held twice a year. These events contribute a lot to our benevolence fund. We did nicely at the Christmas Bake Sale, and now we're gearing up for the Flea Market on Saturday, May 18.

We're looking for all kinds of HOMEMADE goods, ranging from cakes through cookies, breads, candies and snacks. BUT since we understand that some of our members "don't do" bake sales, or might be out of town, we ask that those members donate the cost of what they would pay to bake a goody, usually about \$10.00. This is one way we can ALL SERVE, which, after all, is the purpose of the whole thing!

Bring your donation (goodies or \$\$) to the Middle School Friday, May 17 between 6-7 p.m., or to the sale on the morning of the Flea Market, or call Kathi Martin (5242) or Norma Ervin (0652) to arrange for pick-up or delivery.

Sign-up sheets will be on the tables at the May meeting. Come on, Ladies, let's have 100% and SERVE!

White Elephant Sale

By Lioness Carol Greeney

If you haven't cleaned out those closets, drawers, basements and attics yet, now is the time. We need those slightly used items for the White Elephant table at the Flea Market on May 18. Decorative pieces, linens, games, lamps, pictures and working electronic small appliances are the best sellers. Please no clothes, although purses, scarves and jewelry are welcome. We say it each year, but it is true--"your trash can be someone else's treasure". The more we have to sell, the more we make for our Benevolence Fund!

Items should be dropped off at the Locust Grove Middle School between 4-7 P.M. on Friday, May 17. If this does not work for you, please call Carol Greeney at 972-6739 to make other arrangements.

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

- We welcome back to our club Judi O'Neill, who took a leave of absence to care for her husband, who suffers from Alzheimer's. He is now in a memory care unit at a nursing facility and Judi visits him every day.
- Lioness Barbara York is recovering after suffering a compound fracture of the arm. Her mobility is very limited, but she says she is feeling much better.
- Val Protiva was hospitalized in North Carolina and underwent laparoscopic surgery on April 25. As of this writing (April 26), her recovery is going well and she should be home soon.
- George Hernan, husband of Lioness Barbara Hernan, is receiving radiation treatments once again, and we wish him well.

If you know of a Lioness or her spouse who would appreciate a card from our club, please let me know: 972-4338.

New Lioness Web Site

By Lioness Chris Wyant

The Web Site Committee would like to invite you to check out the new Lioness web site at www.lowlioness.org. Designed by LOW resident, Kerry Sipe, it is easy to navigate and contains Yearly Calendar, Low Down Newsletters, and Photos.

In order to keep the site current and fresh, you are encouraged to submit items of interest to any one of the following committee members. We are especially looking for digital photos taken at Lioness events. Chris Wyant, Pat Berry, Karen Cakouros, Su Bielmeier

Induction of New Members

By Lioness Michelle Senft

The following new members will be inducted at the May dinner meeting.

Julie Phend
107 Jefferson Ave.
Phone: 540-412-9952
E-mail: julie.phend@gmail.com
Birthday: July 9
Husband: Jack
Sponsor: Jean Ann Daniels

Sherry Standley
521 Mt. Pleasant Drive
Phone: 540-972-4318
E-mail: sstandley35@gmail.com
Birthday: December 1
Sponsor: Carol Stanley

From the Tamers

By Lionesses Jean Priest and Karen Cakouros

The Lake of the Woods Lioness Club May 9th dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. If you are unable to attend this meeting, need a special meal, or are bringing a guest, please call Karen Cakouros at 540-972-9043 (karencak@verizon.net) by Monday, May 6th. No shows and those calling after the deadline will be billed for dinner. Dinner is \$17.00. It is requested, for accounting purposes, that dinner is paid for by check.

The dinner will be a buffet.

Dinner

Garden Salad
Ham with Raisin Sauce
Scalloped Potatoes
Mixed Vegetables
Key Lime Pie
Coffee or Tea

Twister's Corner

By Lioness Norma Ervin

The month of May brings our beautiful Flowers and foliage for a new Spring. Be sure to wear a flowery frock or hat. Questions regarding flowers will need Your thoughtful answers. Remember your nametags.

The greeters this month are:

Beth Sundberg
Melissa Daley

LOW Lioness 2012-13 Calendar

May 9	Lioness Dinner Meeting
May 18	Lioness Flea Market & Bake Sale
May 23	Lioness BOD Meeting
May 25	Lioness Book Sale

Happy Birthday Lionesses!

May 1	Zoila Ortega	May 12	Rani Manhard
May 3	Janey Beebe	May 16	Margaret Findell
May 4	Marion Dumais	May 18	Linda Ogletree
May 8	Val Protiva	May 20	Marue Biggs
May 9	Janet Berge	May 27	Claudia Low
May 9	Judi O'Neill	May 28	Joann Deem
May 10	Christine Getty		

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the June LOW DOWN is May 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Email address:

Mary Villalobos has a new email address:
MCV8216@yahoo.com

New Members:

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The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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