



## President's Corner

By Lioness Pat See, LOW Lioness President

*"Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom."*

Theodore Rubin

Well, here it is almost May. This beautiful spring has worked wonders on restoring my spirit and energy. Memories of this snowy winter are fading fast. The gutters that fell this winter have been replaced and the last of the leaves in my yard have been removed. My yard and I are ready for summer at the lake.

I would like to start this message by saying what a wonderful job the Scholarship Committee did in selecting the recipients of our Germanna Scholarships. I was so impressed by each and every one of these young ladies. It is these kinds of programs that make all of our hard work raising money so rewarding. Great job ladies!!

In reviewing our calendar of upcoming events, our newest project – the Mission of Mercy free dental clinic - is taking place Friday, April 29<sup>th</sup> and Saturday, May 1<sup>st</sup> in Barboursville, VA. Your

club will be well represented by 14 LOW Lionesses. Then, May 14<sup>th</sup> and 15<sup>th</sup> are White Cane Days headed once again by our Chair, Riva Laviano. Finally, May 26<sup>th</sup> is our first ever Fashion Show/Luncheon cochaired by Kathy Walters and Val Protiva. I have no worries that with these ladies in charge it will be a great success. Heading up a brand new project is no easy task and takes a lot of thought and planning. Thank you ladies for making this an innovative, fun fund raiser. I am especially impressed by their idea of making this a benefit for SAFE House. As we as a group continue to age we are finding it harder and harder to participate in some of our more strenuous fund raisers. New ideas in trying out new fund raisers that aren't quite so hard on

our bodies are welcomed!! Please, if any of our members have new ideas for fund raising, please present them to our 1<sup>st</sup> Vice President, Marge Howard (thru June) or Zoila Ortega starting in July.

During our May dinner we will be presenting a \$1,000 Scholarship to the recipient of the Jan Lemieux Bridge Scholarship. This scholarship is awarded to a Lake of the Woods High School Senior on his or her way to college. The LYF graciously works with us in the selection process for this scholarship. Also part of the May dinner meeting will be the induction of one new member, Phyllis Sakole. Phyllis is sponsored by Lioness Joann Deem. Phyllis' roots originate from the Arlington, **MORE see President pg. 3**

### WHAT DO I BRING CHECKLIST?

**SAFE House** --See pg. 4

**WILDERNESS FOOD PANTRY**—At least 2 food items in a double plastic bag.

**Lake of the Woods Lioness Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

**2009-2010 Board of Directors**

**President**

Pat See  
103 Windy Lane  
Locust Grove, VA 22508  
(540) 972-5727

**Secretary**

Kathi Martin  
101 Windy Lane  
Locust Grove, VA 22508  
(540) 972-5242

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**1st Vice President**

Marge Howard

**2nd Vice President**

Ann Walker

**3rd Vice President**

Carol Lee

**Lioness TAMERS**

Marue Biggs & Better Girman

**Tail Twister**

Laurel Buongiovanni

**Membership Director**

Linda Ogletree

**Directors**

Donna Crawley  
Barbara Rakes

**Past President**

Carol Greeney

**Lion Liaison**

Tom Walker

**The Insider's View**

Highlights from the  
April 22, 2010  
Lioness BOD Meeting

In attendance were Pat See, Marge Howard, Donna Crawley, Carol Lee, Linda Ogletree and Barbara Rakes.

**SECRETARY'S REPORT:** The minutes of the March meeting were published in the April LOWDOWN. The minutes were accepted.

**TREASURER'S REPORT:** The report is attached to the hard copy of the minutes. The report has been filed for audit.

**PRESIDENT'S REPORT:**

- Jeanne Stoll submitted her resignation. Her request was approved, with regret.
- Thank you notes were read from Paula Hornaday, LOW Fire & Rescue, Sheltering Arms, S.A.F.E., Orange County Animal Shelter, Boy Scouts, LOWA Association Teen Center, Orange County Literacy volunteers, Lions Sight Foundation, Orange County Public Library, Swim Club, Piedmont Dental Clinic, RFB&D, Diabetes Association, and Leader Dog.
- The Lions LEO program is beginning at the Orange County High School. They have already begun a chapter at the Locust Grove Middle School. A letter was sent asking if anyone would like to participate in the program. It was suggested that this may be a good program for one of our Lionesses meetings.

**1<sup>st</sup> VICE PRESIDENT**

- White Cane is being held May 14 and 15.
- The May 26 Fashion Show is almost sold out.

**MEMBERSHIP**

- There will be a new member, Phyllis Sakole, inducted at the May meeting.

**DIRECTORS**

- The ballot for changing the By Laws and Constitution regarding the LOW residency requirement will be taken at the May meeting.

There being no further business, the meeting was adjourned.

VA area. How rare is that? Take a good look at Phyllis during her induction and please make it a point to introduce yourself to her sometime in the next few meetings. Let's show her what a warm, welcoming club we are.

I also want to take this opportunity to thank our Membership Director, Linda Ogletree for the outstanding job she has done this year in preparing the pre-induction meetings and making our new members feel welcome and knowledgeable about our club.

Finally, let's not forget the continued efforts exerted by so many of you on a regular basis working the Food Pantry and Eyeglass Recycling. For those of you who "meant" to contribute your time to these projects, it is not too late. The Eyeglass Recycling is always open to drop in help. Just show up any Monday and Thursday morning from 9:00 a.m. to 11:30 a.m. at the Ferris Bldg. If you can't make it at exactly 9:00 a.m. it is no problem, just show up as soon as you can. It is a great way to catch up on just about anything while "serving" your club.

In closing I want to wish each and every mother in our club, and their mother's too, a wonderful "Mother's Day". I will not be at our May meeting as my husband and I are going on our first cruise ever to the Caribbean. We are very much looking forward to it, but I will miss seeing all of you at our dinner meeting. I do leave you, however, in the very capable hands of our 1<sup>st</sup> Vice President, Marge Howard. If she is anything like me she sure could use some words of encouragement before the meeting begins.

Always remember, WE SERVE!!

*"You cannot do a kindness too soon, for you never know how soon it will be too late."*

Ralph Waldo Emerson

# Lioness Committees & Activities

## MEMBERSHIP NEWS

By Lioness Linda Ogletree  
Membership Director

We will have a new member induction at our May dinner meeting. Past President Donna Crawley will do the induction of PHYLLIS SAKOLE. Phyllis and her husband have been weekenders/owned property for a long time and now have settled in as permanent residents. Phyllis enjoys artwork, scrap-booking, gardening, flower arranging, bowling, and golf. Also of special interest is graphic art and design.

Phyllis Sakole  
126 Edgemont Circle  
972-5331

Sponsor: Joann Deem  
Birthday: January 31  
[phyllis.sakole@gmail.com](mailto:phyllis.sakole@gmail.com)

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## SAFE House

By Lionesses Betsy Flanigan and Sharon Allen

Once again, the SAFE House in Culpeper truly appreciated the generosity of the Lionesses for their collection in March. Thank you, Ladies!

Requests for May donations (tax receipt available) include :

Laundry detergent, Dishwashing liquid, Kitchen trash can liners (tall white), Towels (terry cloth) and Pillows.

As always, they also appreciate checks (made out to SAFE House, with LOW Lioness in the memo line) or gift cards from Walmart, Target, etc.

THANKS AGAIN FOR ALL YOU DO!

## From the Tamers

By Lionesses Marue Biggs and Betty Girman

The Lioness May 13 dinner meeting will be held at the Lake of the Woods Clubhouse starting with social hour at 5:45 p.m., followed by dinner at 6:30 p.m. If you are unable to attend the meeting, are bringing guests, or need a special meal, you must phone Marue Biggs (972-2374) or Betty Girman (972-2882). The cut-off date is May 9.

Please remember "no shows" (members who do not attend and have not called to cancel) and those calling after May 9 deadline, will be billed for their dinner. Dinners are \$16.00.

The May dinner will be a buffet

### May Dinner

**Fried Chicken**  
**Macaroni & Cheese**  
**Cole Slaw**  
**Rolls and Butter**  
**Peanut Butter Pie**  
**Coffee, Hot or Iced Tea**

## Twister's Corner

By Lioness Laurel Buongiovanni

**SPRING--IT MEDICATES THE BONES  
AND REVIVES THE SPIRIT.**

**The Twister asks that everyone wear a flower  
Or  
The consequences will be dower.**

**Greeters: Arlene DeSimone and Sharon Kaltenmark**

## LOW Lioness 2010 Calendar

May 14 & 15 White Cane Days  
May 26 Fashion Show/Luncheon  
May 27 Lioness BOD Meeting

## Happy Birthday Lionesses!

May 1	Zoila Ortega	May 12	Rani Manhard
May 3	Janey Beebe	May 16	Margaret Findell
May 4	Marion Dumais	May 18	Linda Ogletree
May 8	Linda Fisher Kavanagh	May 20	Marue Biggs
May 8	Val Protiva	May 28	Joann Deem
May 9	Janet Berge	May 30	Bobbie Griggs
May 9	Judi O'Neill	May 31	Jean Stutz
May 10	Christine Getty		

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletter articles for the June LOW DOWN is May 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Member—See page 4

Resignation: Jeanne Stoll

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Lake of the Woods Lioness

LOW DOWN

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