LOW DOWN

Volume 32, Number 9 — March 2017



President's Corner

By Lioness Barbara Hernan LOW Lioness President

www.lowlioness.org

Well here we are in the time of year that we are usually waiting for spring. February has tried to confuse us by giving us temperatures in the 60's and 70's. I might also add thunder storms. Let us not forget though, that we could still get some snow in March. Not that it matters, but I was born the end of March in a real blizzard on a Palm Sunday. Also, just a few years ago I remember waking up on Easter morning with snow on the ground. But regardless of all that, spring IS just around the corner and what a beautiful season it is. Mother Nature brings our beautiful community alive with lots of greenery and spring flowers. How could we not love that.

It will be wonderful to get back to our monthly dinner meetings now that the clubhouse is open. There is a saying about not knowing how lucky we are with certain things, until we no longer have them. I would definitely say that really works.

The board has still been meeting to discuss business and projects. A lot of Lionesses competed in our first Hand and Foot Contest, and a good time was had by all. There will be one a month, so watch for the dates. Kudos to Linda

Shnayer and Maureen Otero for making it successful!

Our next big Lioness project is April 1st when we will have our Flea Market/Bake Sale. Gail Stoner and Betty Beck have all our vendor spots sold and have things well under control. Claudia Low and JoAnn Zwickl are also planning the Bake Sale. Let us all back them with our support and call any one of them if you can help. Let's all try to make it the best one ever! Remember "We Serve".

Stay safe and well and hope to see you all at the March meeting.

URGENT!! – INFO NEEDED FOR 50TH ANNIVERSARY OF LOW

If you have any memorabilia (old photos, programs, awards, etc.) celebrating our club, please get in touch with Barbara Hernan, Donalda Lovelace, or Linda Shnayer. They will gladly pick it up.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

SAFE House—See Pg. 4

Lake of the Woods Lioness Club The Insider's View

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2016—2017 Board of Directors

President Barbara Hernan 1104 Eastover Parkway Locust Grove, VA 22508 (540) 972-7575

Secretary Linda Sȟnayer 107 Fairfax Lane Locust Grove, VA 22508 (540) 412-1021

Treasurers Caroline Caldwell Karin Mollard

1st Vice President Donalda Lovelace

2nd Vice President Michelle Senft

3rd Vice President Joan Mills

Lioness TAMERS Ellen Bearden Nicki Buell

Tail Twister Kathy Walters

Membership Joyce Morlan Julie Phend

Directors Millie Davis Joann Deem **Carolyn Gordon**

Past President Maureen Otero

Minutes from the February 23, 2017 **BOD Meeting**

ATTENDANCE: Barbara Hernan, Linda Shnayer, Donalda Lovelace, Joan Mills, Nikki Buell, JoAnn Deem, Joyce Morlan, Julie Phend, Carolyn Gordon, Maureen Otero, Bill Feterle, and Ann Walker.

CALL TO ORDER: President Barbara Hernan called the meeting to order at 7:00PM.

SECRETARY'S REPORT: The January minutes were approved.

PRESIDENT'S REPORT:

- President Hernan reported Lioness Mary Szadvari resigned. Her resignation is accepted with regret.
- Lioness Loretta LaTerra requested Affiliate status which was accepted.
- A thank you was received from LOWLINC for our recent donation.

TREASURER'S REPORT: The Administrative Budget was provided and accepted.

OFFICER'S REPORTS

1st Vice President- Donalda Lovelace

- Flea Market The Lioness Spring Flea Market and Craft Sale will be held April 1st. Lioness Betty Beck and Lioness Gail Stoner have reserved all vendor tables and Lioness Helene Burns is selling gently used items on the LOW Treasures Facebook page.
- Hand and Foot Tournament The first Hand & Foot tournament was held February 21st and all tables were sold. We will hold a monthly tournament on the third Monday of each month. More information will be provided.
- Eyeglass Recycling Lioness Donalda Lovelace reported kudos from the Lions for the excellent support received in February from Lioness volunteers with eyeglass recycling.

3rd Vice President – Joan Mills

- · Motion was passed to donate \$100 to the Veterans Club to support the 50th Anniversary 4th of July Parade.
- Share & Care Lioness Ann Walker requested Board approval to send Share & Care time sensitive information directly to Lioness. Motion was passed.

Membership - Joyce Morlan and Julie Phend

 Four, possibly five, new members will be inducted at the March dinner meetina.

Directors – JoAnn Deem and Carolyn Gordon

• Mixer – The next mixer is scheduled for the April dinner meeting.

Lions Liaison - Bill Feterle

White Cane will be held May 12th and 13th.

Without further business the meeting was adjourned.

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

- Lucy Churchill fell down the stairs and broke several vertebrae. She was hospitalized and had surgery on February 21. She is now at home recuperating, but is experiencing considerable discomfort.
- Paula Hornaday will be completing her physical therapy and is happy to be getting out and about. She
 appreciates all the wonderful support she has received from her fellow Lionesses during her confinement.
- Isabella Irwin continues to struggle with a broken heel. She is wearing a boot and is on crutches, but is pleased to say she is gradually making progress.

If you know of a Lioness in need of our well wishes, please contact Ann Walker: 972-4338.

LOW Lioness Indoor Spring Flea Market and Craft Sale

By Lioness Gail Stoner

The Spring Flea Market is scheduled for Saturday, April 1st from 8:30 am - 1:00 pm at the Locust Grove Middle School at 6368 Flat Run Rd., Locust Grove.

We have all spaces booked with over 40 vendors! Many returning vendors from previous years have spots, plus many new vendors have booked for the first time. We will have our Lioness Treasures tables with gently used housewares and "Treasures"; our bake sale tables; and a concession stand with hot dogs, chips and drinks.

Remember to start a box of nice items for our Treasures tables. Helene Burns has offered to sell nicer items and jewelry online in Lake of the Woods. Call Helene soon if you have special items she can sell online at 540-412-0798. Bring donations for Treasures tables to Helene Burns or Carol Greeney (540-972 -6739) whenever you have items ready. You can also bring items to the school Friday, March 31 from 4:00 - 6:00 pm or Saturday, April 1st from 7:00 - 8:00 am before the flea market opens at 8:30 am.

The bake sale is a wonderful fundraiser at our Flea Market. The Lionesses have always been generous in providing a wide variety of cakes, cookies, candy, and any baked goods. Please bring your baked donation to the school on Friday, March 31 from 4:00 - 6:00 pm or the Saturday morning of the event. Items must be marked Nuts or No Nuts. Contact Claudia Low (540-412-1304) or Joanne Zwickl (540-412-1666) if you need to arrange another time for your donation. If you are unable to bake, a monetary donation would be welcomed. Thank you so much!

Sign-up sheets will be on the tables at our March meeting if you wish to volunteer to work. Be sure to tell your friends about the Flea Market!! Lets hope for a beautiful spring day for our event. Thank you so much for your participation!!

Call co-chairs Gail Stoner (540-388-2540) or Betty Beck (540-972-1872) if you can help or if you have any questions.

Lioness Committees & Activities

Hand & Foot Tournament

By Lioness Linda Shnayer

Thank you to everyone who made our first Hand & Foot Tournament a huge success! All tables were sold and our highest scoring winner was Laurel Buongiovanni. Congratulations to Laurel!

Based on the consensus of Tuesday's tournament players, we will be offering a monthly game. The game will be held on the third Monday of every month from 2-5 PM at the Woods Center. The cost to enter the tournament will be \$5.

The next game will be held Monday, March 20th. Please reach out to your friends and form your tables. All players are welcomed and do not have to be a Lioness. To sign up, please call Linda Shnayer, 540-412-1021 or email at Lshnayer@hotmail.com.

Would you like to learn how to play Hand & Foot? At our next dinner meeting, we will provide a sign-up sheet for those who would like to learn how to play and join in the fun.

Membership News

By Lionesses Joyce Morlan and Julie Phend

Time is flying—we are now into February 2017! Some Lionesses are relaxing in the South, but for all of us, time keeps marching on! As an organization, we understand the importance of keeping our membership strong and we are pleased to announce that in March, we be inducting five new Lionesses into our organization: Nancy Fogg, Barbara Francis, Shelley Gravel, Janet Himmelberger, and Terry Salis. Let's continue this effort to reach out and invite others to join us. The next Induction Ceremony is scheduled for our June meeting. We hope to have more inductees ready then. If you have questions about starting the process for your guest, please call either of us. Joyce @ 309-533-9227; Julie @ 630-854-4126 or 540-412-9952.

SAFE House Collection

By Phyllis Sakole and Susan Costanzo

We will be collecting donations for SAFE House at our March meeting. We will be parked in front of the Club House for collection before the meeting.

Needs include powdered laundry detergent, liquid dish soap, bleach, paper towels, and other paper products. Cleaning supplies such as antibacterial wipes.

If you aren't able to shop, please consider donating a check made out to S.A.F.E., with "LOW Lioness" in the memo line.

Thanks, as always, for your generosity toward those less fortunate and the organizations providing them crucial support.

March Program

By Lioness Gail Hardin

The National Audiovisual Conservation Center, also known as the Packard Campus for Audio-Visual Conservation, is the Library of Congress' audiovisual archive located inside Mount Pony in Culpeper, Virginia. From 1969 to 1988, the facility was a high-security storage facility operated by the Federal Reserve Board. With the approval of the United States Congress in 1997, it was purchased by the David and Lucile Packard Foundation from the Federal Reserve Bank of Richmond via a \$5.5 million dollar grant, done on behalf of the Library of Congress. Mr. Patrick Kennedy, Datacine Operator, Library of Congress, Packard Campus will present information about this special facility we have in our backyard.

From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club March 9th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, March 6h, if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Salad Corned Beef & Cabbage Parslied Potatoes Apple Spice Cake Coffee & Tea

Vegetarian Menu

Pasta Primavera

Twister's Corner

By Lioness Kathy Walters

Can you believe it is time for Day Light Savings? Spring ahead on Sunday, March 12th

Day Light Savings is used to save energy and make better use of daylight. It was first used in 1908 in Thunder Bay, Canada

Greeters for March are Jean Ann Daniels and Susan Costanzo

LOW Lioness 2016-2017Calendar

March 9 Lioness Dinner Meeting
March 20 Hand & Foot Tournament
March 23 BOD Meeting
March 25 Lioness Book Sale
April 1 Lioness Flea Market
May 12-& Lions White Cane Day
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appy Birthda Lionesses!

March 2	Joann Buttimer	March 23	JoAnn Zwickl
March 3	Sharon Thornton	March 25	Arlene DeSimone
March 10	Cocky Thomas	March 25	Barbara Hernan
March 13	Margarida Rodriguez	March 31	Norma Ervin
March 19	Gail Stoner		

From the Editor

By Lioness Gail Hardin Editor, Lioness LOW DOWN

Please get information and articles for the April LOW DOWN to me by March 29th or as soon thereafter as possible. The newsletter will be distributed on or about April 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation: Mary Szadvari

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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