



President's Corner

By Lioness Carol Lee, LOW Lioness President

Yeah, spring is just around the corner and hopefully some nice sunny days. It has been a gloomy winter, even though we did not get any snow. I don't know about you but I just felt really cold all winter.

March also means that we need to do an election of officers for the 2013-14 year. Where has the year gone? As I am writing this message, we have all of the positions filled except first vice president. This is, of course, our most important position on the board. Hopefully by the time this newsletter gets to you we will have been successful in filling this position; however, if not, we really need for one of our members to step up and volunteer. Our board is very important to our club as it is the key to make all of the functions of our club work. Please consider this very important position.

Important message regarding the Flea Market. Unfortunately, we are still in the process of finding a date for the

flea market. We are going to need a lot of help getting out flyers, helping at the school, etc. We will let everyone know as soon as we get a confirmation from Locust Grove Middle School. I should know by our Lioness meeting on Thursday. Tables are still available so all of you creative Lionesses out there, get all your arts and crafts and jewelry and scarves together and reserve a table.

I want to thank Ann Walker and Sherry Lasover for volunteering to maintain the Book Sale fundraiser while Pat See is on MAL for a while. Pat has thoroughly trained both of them (and all of the main committee members) in the function of this very important project and they

are ready to handle the task. Everything will continue as before. So be sure and stop by on March 30 and all of the other last Saturdays of the month that they are open. It is just unbelievable what they have done in their very limited space.

Have you ordered your new shirts yet? The deadline for ordering for the first shipment is March 13. Get in touch with Margaret Findell at 972-9419 so you will have your new shirt in time for the Flea Market. We will look great!

I look forward to seeing everyone at our March meeting. Sounds like a really fun program.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

SAFE HOUSE — see pg. 3

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2012—2013 Board of Directors

President
Carol Lee
1216 Eastover Parkway
Locust Grove, VA 22508
(540) 972-8920

Secretary
Ellen Bearden
120 Eagle Court
Locust Grove, VA 22508
(540) 972-9595

Treasurers
Patricia Berry and Emily Slunt

1st Vice President
Beth Sundberg

2nd Vice President
Christine Wyant

3rd Vice President
Karen Cakouros

Lioness TAMERS
Karen Cakouros
Jean Priest

Tail Twister
Norma Ervin

Membership Director
Michelle Senft

Directors
Mary Altman
Connie LeMay
Maureen Otero

Past President
Zoila Ortega

Lion Liaison
Phyllis Taylor

The Insider's View

Minutes from the
February 28, 2013
BOD Meeting

The meeting was called to order by First Vice President Beth Sundberg at 7:00 p.m. Those in attendance were Mary Altman, Ellen Bearden, Pat Berry, Connie LeMay, Maureen Otero, Jean Priest, Michelle Senft, Emily Slunt, Beth Sundberg, Phyllis Taylor, Chris Wyant

Second Vice President Chris Wyant introduced web designer Kerry Sipe. Mr. Sipe demonstrated the new site LOWLioness.org. The very user friendly site includes current news, membership information and application, slide show of club events, program schedule, link to Lion site, constitution and by-laws, past LOWDOWNS, calendar, contact information and more. The site will be available soon.

The Minutes of the January 24, 2013 meeting, which were previously distributed, were accepted.

The Treasurer's Report, given by Emily Slunt, was accepted and filed for audit.

- The choral director at Orange High School has requested that the \$100 donation, originally approved to purchase t-shirts, be sent to OC Fine Arts Boosters to be used to help fund a trip for the group for an event at Disney World.

President's Report: Beth Sundberg for Carol Lee

- A note from Lioness Pat See requesting MAL status for six months beginning March 1, 2013 was read. Motion by Connie LeMay to accept was seconded and passed.
- The Saturday book sale will be held on March 30, 2013.
- At this time, no spring fund raiser has been planned.

OFFICER'S REPORTS

First Vice President's Report: Beth Sundberg

- The flea market, expected to be held on March 23, was discussed.

Lion's Liason: Phyllis Taylor

- The Lions will be meeting to discuss new fund raising possibilities.

Director's Report: Mary Altman, Maureen Otero and Connie LeMay

- Directors reported that there were some complaints regarding the mixer at the February meeting. Following discussion, motion by Maureen Otero to reduce the number of mixers from three to one was seconded and passed.

Adjournment

There being no further business, the meeting was adjourned at 8:23 PM.

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

We extend our deepest sympathy to the following Lionesses and their families: To Gayla Gamble on the loss of her mother; to Phyllis Jones who has lost her brother; to Martha Grandy whose daughter Cheryl recently passed away; and to Betty and Bob May upon the passing of their daughter-in-law.

If you know of a Lioness or her spouse who would appreciate a card from our club, please let me know: 972-4338 or amwalk66@aol.com. Thank you for caring.

SAFE House Collection

**By Lionesses Phyllis Sakole, Sharon Allen
and Betsy Flanigan**

Thanks to all who contributed towels to SAFE House at our last meeting. Gina Mullins, who is Outreach Coordinator for SAFE and spoke at our February meeting, was blown away by this display of your generosity!

Now, at our March meeting, we will be having our first general collection for SAFE House since last November. Suggested donations include powdered laundry detergent, liquid dish soap, paper towels, bathroom tissue, and plastic tall kitchen bags.

Another possibility is to donate a gift card from Culpeper stores such as Wal-mart, Target, Kohl's, CVS, Food Lion, or Martins. Finally, as always, you might consider contributing a check made out to SAFE with "LOW Lioness" in the memo line.

Whichever way you choose to help, we thank you in advance for your support of this worthwhile organization.

March Program

By Lioness Zoila Ortega

Erin Go Bragh! The Orange Cloggers will be performing in anticipation of the St. Patty's Day celebration at the March Lioness Dinner meeting.

Lioness Committees & Activities

White Cane

By Lioness Ann Walker

Every year in the spring we join with the Lions Club to collect donations for the White Cane Program to assist the visually impaired. This year the fund-raiser will take place on Friday, April 12, and Saturday, April 13. When you sign up to help, you have several sites to choose from, such as Food Lion, Burger King, the hardware store, etc., and the shifts are two hours long. There are generally two volunteers per location. You meet so many nice and generous people doing this and you know that it is going to a good cause.

Last year, our participation was quite low. And that's unfortunate, as our club receives a percentage of the contributions in accordance with our volunteer hours. These funds are then applied to the projects we select that assist the visually impaired.

This year, let's show the Lions our support, by joining them in collecting for White Cane. The Lions Club here at the Lake has been so very kind in helping us out in several of our endeavors. Now it's our turn to help them!

To those who have already volunteered, many thanks! For those of you who have not had the opportunity as yet, I will be at the table in the Presidents' Room at the March dinner meeting with the sign-up sheets, and sincerely hope you will consider participating.

New Member Information

By Lioness Michelle Senft

The following new member was inducted at the February meeting, but her information was not included in the February LOW DOWN.

Claudia Low

116 Eagle Court

Phone: 540-412-1304

Birthday: May 27

E-mail: Claudia.low@comcast.net

Sponsor: Betsy Flanigan

Also, note there was a mistake for the sponsor of Jan Thompson in the February LOW DOWN. Jan's sponsor is Barbara York.

From the Tamers

By Lionesses Jean Priest and Karen Cakouros

The Lake of the Woods Lioness Club March 14 dinner meeting will be held at the Clubhouse with a 5:45 social gathering followed by dinner at 6:30 p.m.

If you are unable to attend this meeting, need a special meal, or are bringing a guest, please call or email Jean Priest at 540-446-0797 (sunnysez@gmail.com) or Karen Cakouros at 540-972-9043 by Monday, March 11. No shows and those calling after the deadline will be billed for dinner.

Dinner is \$17.00. It is requested, for accounting purposes, that dinner is paid for by check.

The dinner will be a buffet.

Dinner

Garden Salad
Stuffed Flounder
Rice
Green Beans Almandine
Apple Pie
Coffee or Tea

Twister's Corner

By Lioness Norma Ervin

March means Spring is almost here.
Easter will be celebrated on March 31st.
St. Patrick's Day must be celebrated first.
All Lionesses should wear a wee bit of green
And be prepared to answer a few questions.
The twister will be happy to take money
If you fail to answer the requests.

The greeters this month are:

Kathi Martin
Helene Burns

LOW Lioness 2012-13 Calendar

March 14	Lioness Dinner Meeting
March 28	Lioness BOD Meeting
March 30	Lioness Book Sale
April 12 & 13	White Cane Days

Happy Birthday Lionesses!

March 2	Joann Buttimer
March 4	Phyllis Pulice
March 5	Nora Simpson
March 5	Jan Thompson
March 10	Corky Thomas
March 13	Margarida Rodriguez

March 14	Betty Girman
March 14	Phyllis Jones
March 25	Arlene DeSimone
March 25	Barbara Hernan
March 31	Norma Ervin

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the April LOW DOWN is March 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Correction to name of new member:

Helene Burns name was misspelled in the February LOW DOWN. Please note the correct spelling of her first name—Helene. Apologies to Helene.

New Member:

See pg. 4

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

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