LOW DOWN





Volume 34, Number 12 — June 2019

President's Corner

By Lioness Lion Linda Shnayer LOW Lioness Lions President

www.lowlioness.org

First and foremost –THANK YOU!! What a wonderful year we have had together. It has been my pleasure to get to know and work with so many of you. Each of you deserve a big hug for making this such a prosperous year. At our June dinner meeting, I will share a review of this year and all YOU have accomplished to provide for our community. It's been so much fun, I look forward to another year!

I also want to thank the 2018-2019 Lioness Lions Club Board of Directors. These 16 board members spent countless hours in meetings serving as advisors, decision makers, and problem solvers. Our Club benefitted every day from the dedicated energies and time devoted by the members of our board. Their contributions reflect a year-round commitment. Our Lioness Lions Club is very fortunate to have such thoughtful and dedicated members guiding and supporting our organization. Thank you for all that you did!

Briefly – For your information:

- 1. Our May focus on relieving hunger in our local community was a huge success. It started with the Food Drive led by Claudia Low and Nan Lamb. Their energetic committee collected 1,604 pounds of food and \$1,112 in donations for the Wilderness Pantry. In an email received from Lion Stan Lasover: "As usual the LOW Lioness Club have out done themselves, the team lead by Claudia Low was outstanding. You had to be there to see the energy, camaraderie was all over the security parking lot. As I am sure Claudia has reported it was a tonnage day, with our neighbors donating over 1604 lbs, and many dollars to go with the food donations. We are proud to be called, "THE LOW LIONESS FOOD PANTRY". Please give the Lionesses a heartfelt thank you. We Serve."
- 2. Later in the month, a committee of 16 Lionesses, led by Ellen Bearden, along with the LOW Lions, participated in the planning and execution of the Lions Lioness Golf Tournament to, again, benefit the Wilderness Pantry. Fortunately, it was a beautiful day and everyone, golfers and non-golfers, had a wonderful time. Thanks to everyone who participated in making the Golf Tournament a huge success. The event net approximately \$8,000!
- 3. I also want to give a special thank you to Emily Slunt and Connie Skelton-Devens and their scholar-ship committee who all participated in reviewing applications, interviewing, and making selections for the Germanna Community College and Orange County High School scholarships. What an amazing group of scholarship recipients we had this year from Germanna Community College! At our June dinner, we will meet our high school recipients.
- We need more volunteers for White Cane Days. Call Claudia Low at 412-1304 or Val Protiva at 972-7975 to volunteer a few hours of time on the 7th or 8th of June.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—Plastic bags, double bagged if possible which saves the workers time when they are helping the clients.

SAFE House — See Pg. 3

School Supplies — See Pg. 8

MORE—See Pg. 3

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2018—2019 Board of Directors

President Linda Shnayer 107 Fairfax Lane Locust Grove, VA 22508 (540) 412-1021

Secretary Claudia Low 116 Eagle Court Locust Grove, VA 22508 (540) 412-1304

Treasurers Jean McLallen Jayne Owiesny

1st Vice President Nicki Buell

2nd Vice President Ann Walker

3rd Vice President Sharon Thornton

Lioness TAMERS Nancy Fogg Marian Rood

Tail Twister Jonnie Feterle

Membership Arlene Rich Doris Williams

Directors Betty Beck Carolyn Gordon Carol Greeney

Past President Donalda Lovelace The Insider's View

Minutes from the May 23, 2019 BOD Meeting

FOUNDATION AND ADMINISTRATIVE

The meeting was called to order at 7:00pm on Thursday, May 23, 2019 by President Linda Shnayer. The following members were present: President Linda Shnayer, Secretary Claudia Low, Treasurers Jean McLallen and Jayne Owiesny, 2nd Vice President Ann Walker, Tamers Nancy Fogg & Marian Rood, Tail Twister, Jonnie Feterle, Membership Doris Williams, Directors, Betty Beck and Carolyn Gordon and Immediate Past President Donalda Lovelace.

SECRETARY'S REPORT: The minutes of the April 25, 2019 meeting, which were previously distributed were approved.

TREASURER'S REPORT: Jayne Owiesny

 The 2019/2020 Foundation Budget was unanimously approved and accepted for audit.

TREASURER'S REPORT: Jane McLallen

 The 2019/2020 Administrative Budget was unanimously approved and accepted for audit.

PRESIDENT'S REPORT: Linda Shnayer

- White Cane will be held on June 7 and 8. We have several Lionesses who have stepped up to help.
- The board has unanimously approved the donation of \$1,500 to the Orange County High School Nursing Program. This program has grown in popularity and is in need of additional equipment.
- The Locust Grove Middle School presented the Lioness Club with the Mustang Partner in Education Award. Because Linda was in a board meeting, Joyce Morlan accepted the award on our behalf.
- We received thank you notes from the following groups: Leo's at OCHS, Orange County, Virginia, Office of the Youth and Services to Abused Families, Inc. (SAFE)
- We received a letter from Virginia Lions Hearing Foundation & Research Center, Inc. with an application from a gentleman residing at Germanna Heights Apartments. He is requesting help for Hearing Aid Assistance. We are going to research this project to see if the Lioness and possibly the Lions can help this gentleman.
- We received a Milestone Chevron Award for Mary Altman to commemorate and recognize 30 years of Service to the Lioness. Congratulations Mary.
- On May 12th via email the board voted YES to go forward with the 50's/60's Sock Hop to benefit the Lioness Foundation. Due to the ChildHelp benefit on October 5 the date for our event is now September 7, 2019.

OFFICERS REPORTS:

2nd VICE PRESIDENT – Ann Walker

- · Safe House Collection will be held at the June meeting
- High School Scholarships will be awarded at the June meeting. We will be awarding three \$1,500 scholarships and a \$1,500 Bridge Scholarship to four deserving students.

MORE — See Pg. 3

President's Corner (Cont'd)

June 2019

Calendarpedia

Special Dates in June

4th – Germanna Heights Luncheon

7th & 8th – White Cane Days

13th – Lioness Dinner Meeting with Installation of 2019/2020 Officers; Orange High School Scholarships; Presentation of Presidents Appreciation Award Humanitarian Award

19th – Casino Trip

27th – BOD Meeting (Joint)

29th - Book Sale

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 My	5	6	7 Zmi	8 My
9	10	11	12	13 M	14	15
16	17	18	19 M. 3	20	21	22
23	24	25	26	27 M	28	29 Zwi
30						
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The Insider's View — Minutes from the May 23, 2019 BOD Meeting (Cont'd)

Immediate Past President - Donalda Lovelace\

The board unanimously approved to send \$50 to LCI for the club excellence award.

There being no further business to come before the LOW Lioness Lions Board of Directors at this time, the meeting adjourned at 7:30. Motion made to adjourn.

Respectfully submitted,

Claudia Low

Secretary

Lioness Lions Committees & Activities

SAFE House

By Lionesses Val Protiva & Mary Szadvari, co-chairs

Time flys! And it's time for our quarterly collection for SAFE HOUSE again. Please give to this shelter for abused parents and children. Paper products, laundry soap, personal toiletries, etc. are always needed. If you don't have time to shop, a monetary donation is always welcome.

Thanks a bunch!

DUES ARE DUE

We will be collecting dues at the June meeting. If you are paying with cash or a check, the amount is \$80.00. If you would like to pay by credit card, the charge will be \$82.25 because we are charged a fee for processing.

We need to have all dues paid by June 17th, so if you will not be at the June meeting, please get your check to me before the deadline. If we do not receive your dues, Lions Clubs International will drop your name from our membership list. We DON'T WANT that to happen.

I really appreciate your cooperation! Jean McLallen, Treasurer

Mustang Partner in Education Award

By Lioness Linda Shnayer

The LOW Lioness Lions Club is honored to have received the Mustang Partner in Education Award from Locust Grove Middle School (LGMS). The evening of May 23rd, Lioness Joyce Morlan, on behalf of every member of the Lioness Lions Club, attended the 8th grade graduation and accepted this award. The award was for our continued support to LGMS above and beyond what was expected. Joyce reported it was stated in the ceremony that we [Lioness] have willingly and cheerfully given to whatever needs LGMS presented. The award presenter specifically identified our contributions made to each of the last two 8th Grade Dances. The speaker said: "...This group of ladies is amazing and their love of service to our overall community is evident..."

A big thank you to Joyce for attending the ceremony!



LIONESS LIONS ADMIN BUDGET 2019-2020

By Lioness Jean McLallen, Treasurer

7,200

24,200

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Dues (90 @ \$80)

Total Disbursements

New Membership Induction Fees & Dues, Name Badges	500
Dinner Meetings	15,000
50/50 and Tail Twister Fines	600
Directory Ads	500
Zone Meeting	400
Total Receipts	24,200
DISBURSEMENTS	
Badges - Members and New Members	165
Birthday Flowers	300
Club Supplies	60
Decorations for Special Programs *	100
Dinner Meetings	15,000
Dinner Guests - Paid by Lioness Club	400
Directory Printing	250
District Conferences and Seminars	300
State Convention Attendance	200
Dues to LCI (90 @ \$47)	4,230
Dues to State (90 @ \$16)	1,440
Memorials	50
Sharing and Caring	50
Post Office Box Rental	54
State Corporation Commission Annual Fee	25
Tax filing fee	100
Unallocated	1,076
Zone Meeting	400

LIONESS LIONS FOUNDATION BUDGET 2019-2020

Receipts from Fundraisers Bake Sales Book Sales Bridge Lessons Card Party Casino Trips (4) Dinner/Dance Craft Show/Flea Market Christkindlmarkt White Cane White House Ornaments Concert on the Point	\$1,000 \$4,000 \$1,500 \$7,400 \$6,300 \$14,000 \$2,500 \$700 \$250 \$8,300 \$300	\$46,250
Expenses of Fundraisers/Service Projects • Bake Sale • Book Sale • Card Party • Casino Trips • Christkindlmarkt • Craft Show/Flea Market • Dinner Dance • Trick or Treat on the Point • White House Ornaments Total	\$60 \$50 \$4,500 \$5,200 \$90 \$500 \$7,200 \$200 \$6,900	\$24,700
Vision and Hearing • Lions Sight Foundation • Lions Sight & Hearing Van • Lions Hearing Foundation Total Diabetes • American Diabetes Association Total	\$700 \$350 \$500 \$500	\$1,550 \$500
Hunger ● Wilderness Food Pantry Total	\$2,000	\$2,000

LIONESS LIONS FOUNDATION BUDGET 2019-2020 (Cont'd)

Other Lions • Leo Club High School • Leo Club Middle School • Lions Leader Dogs • Lions Service Dogs • Lions RAM Project • Lions of Virginia (LOVF) Disaster Relief (Hole	lumanitarian Award)	\$150 \$150 \$500 \$300 \$400 \$250 \$100	\$1,850
Local Community	ent (\$100)	\$150 \$200 \$750 \$250 \$2,000 \$600 \$200 \$750 \$200	\$5,100
Education/Schools	tary,Middle,High)	\$200 \$100 \$100 \$800	\$1,200
Higher Education Scholarships • Germanna Community College(3) • Orange County High School (2) • Bridge Scholarship(1) Total		\$4,500 \$3,000 \$1,500	\$9,000
	Total Expenses Unallocated		\$45,900 \$350 \$46,250



THE SCHOOL BELLS ARE ABOUT TO START RINGING!

Orange County Public Schools will be starting on Wednesday, August 12, 2018
SCHOOL STARTS EARLY AGAIN THIS YEAR



Even though my contact has been transferred to another Walmart he has again offered to give us a 50% discount on backpacks. I will go to his new store in Ferry Farms to get the backpacks and our supplies. Please bring a check (made out to Claudia Low) or cash to the May 9 or June 13 meeting if you would like to donate a backpack. The prices of the backpack this year range from \$15 to \$35.

So that the children will be prepared for this school year, please consider donating something from the following lists. Let's get them off to a good start and make learning a fun experience.

Supplies needed for the Locust Grove Primary School Grades K – 2

Backpacks — non-rolling Composition Books (bound) Folders with pockets (solid

For boys and girls Wide Rule colors)

Crayons Spiral Notebooks —Wide Rule 1" binders (no trapper keepers)

Glue Sticks Index Cards — 3x5 white Yellow Highlighters
Scissors — blunt point Index Card boxes Pencil cap erasers

Pencils #2 Colored Pencils Wide-ruled lose-leaf paper Pencils cap erasers

Supplies needed for the Locust Grove Elementary School Grades 3-5

Pencil box Folders with pockets Pencil cap erasers

Pencils #2 w/fasteners in solid color 1" binders (no trapper keepers)

Crayons Scissors Notebook dividers 5 — 8

Yellow Highlighters Backpacks — non-rolling for Colored Pencils
Composition books (bound) boys and girls Index cards — 3x5 white

Wide rule

2 1/2" and 3" binders

Index card boxes

Wide ruled notebook paper Spiral notebooks — solid colors Dry erase markers

— wide rule

The schools would also appreciate the donation of the following items:

Hand sanitizer Hand held pencil sharpeners

Boxes of tissues Pairs of headphones/ear buds (Dollar Store are Disinfectant wipes sufficient. Foam earbuds tend to fit the

Zip lock bags — gallon and snack sizes — small ears better

***Claudia Low will need to have all supplies by Monday, July 29, 2019, so she can get the items organized and delivered to the schools

If you are unable to bring your donations to the June 13 or July 11 meetings, please call Claudia Low at 540/412-1304 to arrange pick up of your donations or you can drop your donations off at her home at 116 Eagle Court

Thanks for supporting this project!

Pictures of Successful Food Drive



Support our Veterans

By Lioness Linda Shnayer

An **Honor Flight** is conducted by non-profit organizations dedicated to transporting as many United States military veterans as possible to see the memorials of the respective war(s) they fought in Washington, DC, at no cost to the veterans. Currently these organizations are focused on bringing veterans of World War II to the National World War II Memorial, and any veteran with a terminal illness to see the memorial of the war they fought in.

There is a group of veterans going on an Honor Flight from Winchester VA to DC on **June 8**th. To surprise the vets on the bus ride home with a "Mail Call", a group is collecting thank you cards thanking them for their service. The address to mail the thank you cards is:

HFTOV P.O. Box 163 Middletown, VA 22645

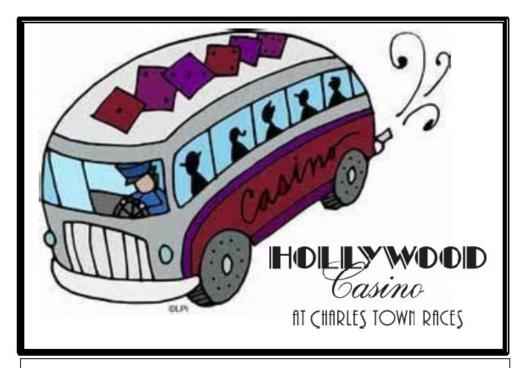
Please consider sending a card or cards to the address above to thank these veterans for their service. Cards should be mailed to arrive NLT June 7th.

This information and request came from Lion Vicki Davies, District Cabinet

Casino Bus Trip - June 19th

By Lioness Linda Shnayer

We have empty bus seats we would like to fill—see flyer below for information.



Wednesday, June 19, 2019

\$38.00 (checks made out to LOW Lioness Lions)

7:45 AM Bus Leaves Lower Level of Clubhouse

9:45 AM Bus Arrives at Casino 2:45 PM Bus Departs Casino

4:45 PM Bus Returns to Lower Level Clubhouse

\$20 Free Play from Casino! 50/50 Raffle!

For more information, contact Mary Ryan at 972-9392 or email maryryan7040@yahoo.com.

50/50 raffle proceeds benefit SAFE House for Abused Women & Children



Did You Know — Susan Oldach By Lioness Mary Simmons



"Oh, the places you'll go." - Dr. Seuss. This quote sure describes Susan's odyssey and life prior to her arrival at Lake of the Woods (LOW). Growing up with a father who was in the Navy and marrying two Navy men meant Susan has moved 23 times (so far!).

The drama started early. After her father graduated from the Naval Academy, he spent some time in Sydney, Australia and met her mother! When she was nine months old, the family was living in Hawaii when Pearl Harbor was attacked. After her brother was born three months later, she, her mother and brother were evacuated on a Navy ship to Los Angeles, California. Her father, who was serving on Patrol Torpedo (PT) boats in the Pacific during WWII (PT 109 and JFK come quickly to mind when you hear this), eventually joined them.

When her father went on to serve on PT boats in Europe, the family lived near her father's family in Massachusetts. After the war the family moved to Albuquerque, New Mexico and later to Coronado, California where they spent 5 years. Moving East they spent time in Newport, Rhode Island, returned to Coronado and then pushed northward to San Francisco, California for the next two years.

During these years Susan matured, and it was off to college. The first year was at San Francisco College for Women (now co-ed). When her father retired as a rear admiral from the navy they moved to Long Island, NY so she started getting to know the east coast. Susan changed schools and finished college in Elmira, NY at Elmira College, graduating with a degree in elementary education.

Susan's first job was in Annapolis, Maryland where her brother was attending the Naval Academy. She then returned to Long Island for a new teaching job. When she wasn't teaching, she spent time with college friends and roommates. California called and she returned to her former home where she reunited with her brother's roommate, got married and moved to San Diego. Then it was back to Newport, Rhode Island, where her first child Stephanie was born. With an overseas move to accompany her husband, her second child, Juli was born in Naples, Italy.

The family moved stateside when her husband was stationed to Washington, DC and then to Charlottesville, Virginia to attend UVA. Stephanie and Juli started their schooling in Charlottesville, then two years in CA and then it was back to DC where Susan and her husband went their separate ways.

Living in Northern Virginia, Susan enrolled in computer classes at Northern Virginia Community College. During this period, she worked as a substitute teacher and met Bob who was also in the Navy. They married in 1980. Then it was off to Germany where the family lived in Munich, which gave them an opportunity to travel to Austria and the eastern part of Europe, and then Stuttgart where they visited locations in Western Europe.

Returning to the states in 1984, she spent some time at home with the girls. Reentering the workforce, she started by teaching Atari computer classes to the students at an elementary school and computer skills to the teachers. Then spent several years as a regular teacher. Took another break before working at temp jobs and luckily had a temp job in a preschool office which became permanent. She really enjoyed the position and the interaction with the parents and the children. She was temporally hired as a preschool teacher there, a position she loved. To this day she says that job was the perfect preparation to be a grandmother--it gave her a refresher in dealing with little kids.

MORE — See Pg. 12

Did You Know—Susan Olldach (Cont'd)

During this time Bob was working for the Navy in Suitland, Maryland while on active duty and then as a civilian from 1984-2007 (boy you don't see that kind of job longevity much anymore!). Realizing he was soon going to be wrapping up his career, as was Susan, they began researching where they wanted to live in retirement. After much research, and travel to different places in Western Virginia, West Virginia and North Carolina, they saw a flyer for Lake of the Woods (LOW) and checked it out. They settled on Lake of the Woods and a house on the lake. After renting out the house for several years, they completed a remodel and in 2007 moved full time to the Lake.

Joining the Sailing Club got them in contact with many folks at the Lake. Bob taught the sailing classes for youngsters here for many years, with Susan helping with the race planning and preparation and race social events. Susan is a member of the LOW Garden Club and was recruited into Lioness by Carol Lee and Kathy Walters and has enjoyed supporting Lioness initiatives and participating in dinners and events.

And just to illustrate that walking is good for you in so many ways... It was while out walking that Susan met friends and neighbors who were active at Mary Washington presentations and introduced her and Bob to the programs. Susan and Bob particularly enjoy the many cultural offerings available at Mary Washington and in Culpeper. As season ticket holders, they've enjoyed plays, dinner theater, the Richmond Symphony, singers like Maureen McGovern and many other singers, pianists, dancers and entertainers. If you aren't familiar with these local gems, Susan highly recommends you check them out as the presentations are top-notch, frequent and reasonably priced.

Susan and Bob are approaching their 40-year anniversary. They enjoy family time and seeing the grand-kids, so are exploring options for moving closer to be able to spend more time with Juli, Stephanie and their families who all live in California and to Michael and Gretchen and families in Colorado. Then have more time to do other long trips!

SAVE THE DATE— Sock Hop

By Lioness Linda Shnayer

On September 7th, the Lioness Lions will sponsor a Sock Hop at the LOW Community Center. Thanks to Sherri Lasover and Bill Feterle, the community will again enjoy the music and dances from the 50's and 60's.

This will be a fun event but require a large Lioness committee! Please contact Jayne Owiesny at 708-224-8897 or Jayne.owiesney@gmail.com or Linda Shnayer at 412-1021 or Lshnayer@hotmail, to volunteer to help make this event a huge success.



From the Tamers

By Nancy Fogg and Marian Rood

The Lake of the Woods Lioness Lions Club June 13th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by Monday, June 10th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$20.00 if you are unable to attend this meeting,

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up—contact Tamers only. Please DO NOT Contact the Clubhouse. Also, if you are bringing a guest, please call the Tamers.

Nancy Fogg (540-755-2957) Email: entredeux3@hotmail.com Marian Rood (540-412-0214 Email: bfrood@earthlink.net

Dinner

Beef Taco meat
Fajita chicken strips
Soft flour & crunchy
corn tortilla's
Refried beans
Spanish Rice
Guacamole, sour cream,
black olives, jalapeno
peppers, cheddar
cheese, shredded lettuce
and salsa
Churros & sugar cookies

OUT OF RESPECT AND COURTESY TO ALL, PLEASE REFRAIN FROM TALKING WHEN ANYONE IS AT THE PODIUM, ESPECIALLY OUR GUEST SPEAKER.

In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning the salad until after the invocation and introduction of guests. Thank you.

Twister's Corner

By Lioness Lion Jonnie Feterle

Summer, after all, is a time when wonderful things can happen. For those few months, you're not required to be who everyone thinks you are, and that cut-grass smell in the air and the chance to dive into the deep end of a pool give you a courage you don't have the rest of the year. Summer just opens the door and lets you out.

Happy Father's Day to all our Fathers out there! Father's Day is a great chance to celebrate the dads in our lives. From our husbands to our own dads and our grandfathers, being a dad is a hard but rewarding job.

Our greeters for this month with be: Arlene Rich and Debby Attiliis

LOW Lioness Lions 2018-2019 Calendar

June 4 Germanna Heights
Luncheon
June 7&8 White Cane Days
June 13 Dinner Meeting
June 19 Casino Trip
June 27 BOD Meeting
June 29 Book Sale

Lioness Lions

June 5 Connie Buttimer June 21 Gail Hardin

June 7 Nancy Doseff June 29 Carolyn Gordon

June 19 Caroline Caldwell

From the Editor

By Lioness Lions Gail Hardin Editor, Lioness Lions LOW DOWN

Please get information and articles for the July LOW DOWN to me by June 29th or as soon thereafter as possible. The newsletter will be distributed on or about July 1st. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

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www.lowlioness.org