LOW DOWN





Volume 33, Number 12 — June 2018

President's Corner

By Lioness Lion Donalda Lovelace LOW Lioness Lions President

www.lowlioness.org

I had begun to hear the rumors about the fun time that could be had at the eyeglass recycling center in the Velona Building. I didn't believe it, until last Monday when I dropped by. There were eight women washing glasses and sitting around the table processing them. They were laughing and telling tall tales.



It was obvious that they were having so much fun I promised to join them. This is an example of the Lake of the Woods Lioness Lions providing service while having fun. Did you know that more than a billion people around the world need eyeglasses but don't have them? These include thousands of nearsighted Nigerian truck drivers who strain to see pedestrians darting across the road. Millions of children in India, South Africa, and Mexico are classified as poor learners or just dumb and therefore don't progress at school, all because they need eyeglasses. Until last year, Liberia did not have a single eye clinic and Uganda has only 45 eye doctors for a nation of 41 million people. Clearly, there is a world health need that appears not to be a top priority for anyone other than the Lions. We have volunteered at the LOW Lions Recycling Center al-

most from our establishment in 1987. Our efforts along with countless Lions clubs across the country have helped to improve the eye health and eye care for hundreds of millions of people around the world. Please join this group of women or better yet start another of day of service at the recycling center. I, bet you will have fun too!

Just came back from the Lions of Virginia State Conference the last one ever for us in 24-C. Beginning in July we will be in 24-L. It was a good conference, some great speakers, our District Governor John Knepper was impressive and made us all proud. Wilma Murphy was elected District Governor for 24-L, she lives in Culpeper so we might see her often and come July the International President will be a female, Gudrun Bjort Yngvadottir, from Iceland (I have no idea how to pronounce her name) but I am so happy that we will have women on every level and even our Zone Chairman will be a women. Guess who?

Can you believe this is my last President's letter? I have been doing them for 15 months, perhaps longer than any former President. I want to thank you all for your encouragement during this transition year. I will be giving remarks. short, short, I promise on the state of the club at our Annual Meeting. I wish Lion-

ess Lion Linda Shnayer much success as your next President. Let me assure you we are in good hands.

Thank you for all you do!

Yours in Service, Donalda M. Lovelace

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great.

SAFE House—See Pg. 5

New Bra Initiative — see Pg. 4

Lake of the Woods Lioness Lions Club

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:15 p.m.

2017—2018 Board of Directors

President Donalda Lovelace 1013 Eastover Parkway Locust Grove, VA 22508 (540) 412-2857

Secretary Janite Hamilton 202 Stratford Circle Locust Grove, VA 22508 (540) 809-0193

Treasurers Karin Mollard Jane Owiesny

1st Vice President Linda Shnayer

2nd Vice President Nikki Buell

3rd Vice President Vacant

Lioness TAMERS Karen Cakouros Carol Lee

Tail Twister Jonnie Feterle

Membership Joyce Morlan Julie Phend

Directors Millie Davis Carol Greeney Carolyn Gordon

Past President Karen Cakouros The Insider's View

Minutes from the May 24, 2018 BOD Meeting

ATTENDANCE: Donalda Lovelace, Janite Hamilton, Linda Shnayer, Nikki Buell, Karen Cakouros, Joyce Morlan, Carolyn Gordon, Millie Davis, Carol Greeney, and Joann Zwicki.

CALL TO ORDER: President Donalda Lovelace called the meeting to order at 7:00 P.M.

SECRETARY'S REPORT: The April minutes, which were previously distributed, were approve.

BUDGET: Lioness Lion Joann Zwicki explained some additions to the 2018-2019 budget that will be presented to the membership at the June 14, 2018 dinner meeting.

PRESIDENT'S REPORT:

- A thank you note was received from Shannon Soloman, a recipient of one of the Lioness scholarships at the May 10 dinner meeting.
- The membership voted unanimously to approve the slate of new officers for 2018-2019.
- The installation of new officers will take place at the June 14 dinner meeting.
- The application for 501c3 has been submitted to the IRS. This process can take from 2 months up to 27 months to receive the certification. But it is effective the date of the submission.
- President Donalda Lovelace attended the Lions of Virginia State Convention in May. 387 people were in attendance. Wilma Murphy was elected District Governor. Effective July 1, 2018 we will be in a new combined region. 24 –L.
- A letter was received from the LOW Honors Award Committee. Names of Lioness's were discussed for nomination who had been exceptional members of the Lioness Lions Club during the year.

OFFICERS REPORTS:

1ST VICE PRESIDENT-Linda Shnayer

 The Lioness Lions Club membership will participate in the LOW 4th of July parade July 7.

TAMERS-Karen Cakouros

- Karen presented the menu for the June dinner meeting.
- A motion was made and approved to send out an announcement for the Garden Club Tour.
- The Bra Campaign will continue for the next two months.

MEMBERSHIP—Joyce Morlan

• There will be an induction of one new member in June.

DIRECTORS-Carolyn Gordon, Millie Davis, and Carol Greeney

A mixer is being planned for August.

OTHER BUSINESS:

 A \$2.20 service charge per transaction for members who want to pay their dues by credit card has been approved.

Without further business the meeting was adjourned. Respectfully submitted,

Janite Hamilton Secretary

Dues for 2018-2019

By Lioness Lion Donalda Lovelace

Pay Your Dues (\$80) at The June Meeting

We have been informed by Lions Club International that we are responsible for dues of members who are on the rolls on June 30, 2018 with no exceptions. In years past, dues were due in July and sometimes we didn't receive dues until December and sometimes people decided to drop their membership without having paid their dues. In those cases, the club had to fork over a membership to LCI with no way to collect. In the past July was a month of grace, no more. To ensure that we have no shortfall dues must be collected by June 20th. This will give us enough time to ensure that no member is dropped without prior notice. However, delaying your payment until June 20th is a lot of work for your club Treasurer's and President to wait to collect checks and those not collected dropped by June 30th.

Our board worked very hard to set in place an easy method to pay your dues. We now can allow you to use a charge card to pay your dues. Unfortunately, when using a credit card, the Club incurs a \$2.50 transaction fee which we will need to pass along to our member. Therefore, for those who use a charge card, your dues will be \$82.50. So, help your club by bringing your checks or credit card to our June Dinner Meeting.

Independence Day Parade

By Lioness Lion Linda Shnayer



Reserve the date! The LOW Lioness Lions will participate in the Lake of the Woods Independence Day Pacarrying our benevolence ess Lions theme will be a signs, to highlight our monthly book sale, the Lionthe "Bookworm".

This decoration project is underway and expected to be colorful and fun. If able, please plan to participate by walking and handing out candy to the children. Our dress will be a Lioness t-shirt (or purple t-shirt) and any style white pant, and comfortable shoes. If you own a convertible car and are available to drive in the parade, please contact Linda Shnayer at 540-412-1021 or Lshnayer@hotmail.com. We will meet on Yorktown at 8:15AM, no later than 8:30AM. Since there is no parking, plan to be dropped off at Liberty and Yorktown. Normally, someone will be at Liberty and Yorktown intersection to let you know where we are lined up – we will be behind the Lions and Miss Orange. A sign up sheet will be available at our June dinner meeting.

Survey Results

By Lioness Lion Linda Shnayer

The results of our recent Lioness survey are posted on our Lioness website (www.lowlioness.org) under a May 11 article, "LOW Lioness Lions Assessment Survey". At the end of the survey, a link to the survey can be found.

Share and Care

By Lioness Lion Ann Walker

Paula Hornaday is now residing at Sunrise of Leesburg, an assisted living facility, which is close to her daughter. I'm sure she would enjoy hearing from her Lioness friends. The address is: Sunrise of Leesburg, 246 W. Market St., Leesburg, VA 20176.

Marue Biggs' husband, Jim, is in INOVA Fairfax Hospital due to an infection; he is improving and will soon enter rehabilitation. Marue's children are currently caring for her.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338

Slate of Officers 2018-2019 To be Inducted

President Linda Shnayer
First Vice President Nicki Buell
Second Vice President Ann Walker

Third Vide President Sharon Thornton Secretary Claudia Low

Treasurers Joyne Owiesny and Jean McLallen

Tamers Nancy Fogg and Marian Rood

Tail Twister Jonnie Feterle

Directors Bety Beck, Carolyn Gordon, and Carol Greeney

Immediate Past President Donalda Lovelace

Congratulations to All



KICKOFF – BRA INITIATIVE WOMEN SUPPORTING WOMEN

By Lioness Lion Kathy Merritt Chair, Women Supporting Women

We are still collecting **New Bras (with tag on)**, and you can bring them to the June meeting to Kick Off our campaign to collect bras for the women in Southern Virginia and Safe House in Culpeper. The Bras can be of any size, style or color.

Thanks for contributing a New Bra and making our Kickoff a Successful Event!

ALSO—SAVE THE DATE — June 22nd, 5—7 PM at Fairways

Fund raiser for the Bra Initiative. Entrance by bringing a New bra or a donation of \$5.00 or more. Free hors d'oeuvres, and entertainment and a small program are being worked on



Providing Shelter, Support and Advocacy to Survivors of Domestic Violence and Sexual Assault

WISH LIST

We ask that all personal hygiene products and toiletry items please be unopened

HOUSEHOLD SUPPLIES

Aluminum Foil/Plastic Wrap

Batteries (AA, AAA, C, D)

Disinfectant Spray

Air Freshener

Laundry Detergent (HE only)

Bleach/Dryer Sheets

Trash bags Hand Soap

Dish Soap

ITEMS FOR CHILDREN

Baby Food/Formula

Baby Wash/Shampoo/Lotion

Diaper Rash Cream

Baby Wipes

Diapers and Pull-Ups (All Sizes)

FOOD

Canned Juice/Fruit

Canned Meat

Canned Pasta with Meat

Canned Vegetables

Coffee/Tea

Macaroni and Cheese

Peanut Butter/Jelly

Spaghetti Sauce

OFFICE

Tape

Pens

Postage Stamps

Post-Its

Light Bulbs

Copy Paper

Grocery Store and Gas Gift Cards

PERSONAL/HYGIENE HEALTH

First Aid Supplies

Non-Alcohol Cold Medicines

Acetaminophen (Tylenol)

Ibuprofen (Advil)

Feminine Hygiene Products

African American and Hispanic

Hair Products

Shampoo/Conditioner

Deodorant/Body Wash

Toothbrushes/Toothpaste



Your investment allows us to provide these services:

- 24-Hour Hotline: 800.825.8876
- 24-Hour Emergency Shelter
- Crisis Intervention and Safety Planning
- Community Partnerships

- Children/Teen Services
- **Public Awareness Programs**
- Court Advocacy
- Individual and Group Support

Scholarships Presented at May Meeting

Last month we presented a \$1,000 scholarship to three Germanna Community College students who are a single parent in pursuit of an education. Scholarships went to Meliza Villagomez whose major is Applied Science in Nursing. Her long range goal is to become a registered nurse and then pursue a Bachelor's Degree; Grace Humberger, in her final year at Germanna, is in the Nursing Program and will graduate in December, 2018; and, Shannon Solomon, returning to school after 23 years, is currently in her second semester at Germanna with a major in General Studies and a Certificate in Paraprofessional Counseling and her long range goal is to work with special needs and abused children.

By Lioness Lion Cheryl Brown



Food Drive Results

By Lioness Lions Claudia Low and Norma Ervin

We would like to thank the following Lioness for helping with the Food Drive on Saturday, May 5, 2018: Nicki Buell, Norma Ervin, Susan DeMalio, Donalda Lovelace, Karen Cakouros, Gail Hardin, Jayne Owiesny, Gail Stoner, Ann Walker, Marian Rood, Shellee Williams, Linda Ogletree, Mary Simmons, Loretta LaTerra and soon to be Lioness Lynne Travis.

We would also like to thank those Lioness who donated to the food drive.

With all the wonderful donations from our community we collected 863 lbs of food and \$489 in cash/checks. All proceeds will be donated directly to the Lions Lioness Wilderness Food Pantry.

We had a great day.

OUR COMMUNITY ROCKS!!

House and Garden Tour—June 2nd

The Lake of the Woods Garden Club is having a Home and Garden tour here on Saturday, June 2nd from 10 a.m. to 3 p.m. There are 5 homes and 5 gardens on the tour.

For tickets (\$20,), call Deborah Kratzer at 571-499-0460

LIONESS LIONS NEW BUDGET PROCESS SUMMARY

By Lioness Lions JoAnn Zwickl and Jean McLallen, Budget Co-Chairs

Our June Dinner Meeting is the usual time of year for approving our budgets for the new fiscal year that begins July 1, 2018. Those of you who have been members a long time are going to see big changes in the way our budgets are proposed and approved now that we are officially part of Lions Clubs International (LCI). Also, our dues must be collected much sooner than in the past - no later than June 20 - since we now have an obligation to LCI by July 1.

In the past 30 years, our members have seen and approved two budgets - Administrative and Benevolence. Administrative covered our dues and costs associated with our own operations, such as dinner meetings, attendance at seminars, state Lions fees, copies and postage, handbook, etc. Benevolence covered the money raised by our activities that was used for donations to the Food Pantry, Lions projects, local school libraries, service dogs, etc.

When we became part of Lions Clubs International, we had to change the way our club was set up to handle donations to our club and donations from our club. Our members now belong to our Lioness Lions club, pay dues, approve the Administrative Budget and work on our fundraising projects. Associated with our new club is our Foundation, which is a totally separate 501(c) organization. This means that anyone who donates or pays cash to the Foundation in exchange for goods and/or services is able to deduct that donation on their personal tax returns. This Foundation has no members other than the elected Board of Directors of our Lioness Lions Club. Our Benevolence Budget is now being called the Foundation Budget. Since our Board of Directors are the only members of the Foundation, they are now responsible for discussing and approving the Foundation Budget.

In this LOWDOWN issue, you will find both the Administrative Budget and the Foundation Budget, but you will be asked at our June dinner meeting to approve only the Administrative Budget. If, after you have seen the Foundation Budget, you have questions or suggestions, please feel free to bring them to the attention of our newly-elected Board of Directors for discussion at their meeting, which is usually on the fourth Thursday of every month at the LOW Church. Thank you all for your support of our activities and our Foundation.

ADMINISTRATIVE BUDGET

Proposed 2018-19 Budget

RECEIPTS

| Dues (83@ \$80) | 6,640 |
|--|--------|
| New Member Induction Fees, Dues & Badges | 375 |
| Dinner meetings | 16,000 |
| 50/50 and Tail Twister Fines | 600 |
| Directory Ads | 200 |
| Total Receipts | 23.815 |

Admin Budget Cont'd on Pg. 8

ADMINISTRATIVE BUDGET (Cont'd)

DISBURSEMENTS

| 5.0501.022.11.0 | | |
|---|--------|--|
| Badges - Members and New Members | 130 | |
| Birthday Flowers | 300 | |
| Club Supplies | 60 | |
| Decorations for Special Programs* | 150 | |
| Dinner Meetings | 16,000 | |
| Dinner Guests - Paid by Lioness Club | 500 | |
| Directory Printing | 400 | |
| District Conferences & Seminars | 300 | |
| State Convention Attendance | 450 | |
| Dues to LCI (83 @ \$47) | 3,901 | |
| Dues to State (83 @ \$16) | 1,328 | |
| Fourth of July Celebration | 0 | |
| Gifts/Honoraria | 0 | |
| Memorials | 50 | |
| Sharing & Caring | 50 | |
| Board Meeting Room - LOW Church | 100 | |
| Post Office Box Rental | 52 | |
| State Corporation Commission Annual Fee | 25 | |
| Unallocated | 19 | |
| | 22.24= | |
| TOTAL EXPENSES | 23,815 | |

^{*}Charter Night, Christmas Party, Mixers, Installation of New Members

FOUNDATION BUDGET

Adopted 2018-19 Budget

RECEIPTS

| Bake Sales Book Sales Bridge Lessons Candy Sales Card Party Luncheon Concert on the Point February Dinner Dance Flea Market Kriskindlemarkt LOVF Donations White Cane Days White House Ornaments | 1,000 4,500 1,500 1,000 7,500 300 14,000 2,500 700 100 250 6,500 |
|--|---|
| Total Receipts | 39,850 |

Foundation Budget Cont'd on Pg. 9

FOUNDATION BUDGET (Cont'd)

DISBURSEMENTS

| DIODORGENIENTO | |
|---|--------|
| Book Sale expense | 50 |
| Child Help | 150 |
| Candy Sale expense | 800 |
| Card Party Luncheon expense | 4,500 |
| Community Outreach - OC Animal Shelter | 200 |
| Community Outreach - OC Free Health Clinic | 750 |
| Community Outreach - OC HS After Prom Party | 100 |
| Community Outreach - OC HS Robotics Team | 100 |
| Community Outreach - Piedmont Dental Clinic | 250 |
| Diabetes Association | 500 |
| February Dinner Dance expense | 7,200 |
| Flea Market expense | 500 |
| Foundation Fees | 100 |
| Germanna Heights Senior Community | 200 |
| HeadStart | 200 |
| Junior Golf League | 200 |
| Kriskindlemarkt expense | 130 |
| Libraries - Locust Grove Primary School | 200 |
| Libraries - Locust Grove Elementary School | 200 |
| Libraries - Locust Grove Middle School | 200 |
| Libraries - Orange County High School | 200 |
| Lions Hearing Foundation | 500 |
| Lions Leader Dog | 500 |
| Lions Service Dogs | 300 |
| Lions Leo Club - Orange County High School | 150 |
| Lions Leo Club - LG Middle School | 150 |
| Lions Leo Club - Prospect Middle School | 200 |
| Lions RAM Project | 400 |
| Lions Sight Foundation | 700 |
| Lions Sight & Hearing Van | 350 |
| Lions of VA Fund (LOVF) Disaster Relief | 200 |
| LOW Fire & Rescue | 2,000 |
| LOW Lake Youth (\$500) & Fishing Tournament (\$100) | 600 |
| SAFE House | 750 |
| Scholarships - Germanna Students | 3,000 |
| Scholarships - High School: 3 @ \$1,000 | 3,000 |
| Scholarships - LOW Lioness Bridge Scholarship (1) | 1,500 |
| Trick or Treat on the Point | 200 |
| White House Ornaments purchase | 5,500 |
| Wilderness Food Pantry | 2,000 |
| Unallocated | 1,120 |
| | |
| Total Disbursements | 39,850 |
| | |

From the Tamers

By Karen Cakouros and Carol Lee

The Lake of the Woods Lioness Lions Club June 14th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by **Monday**, **June 11th** if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Karen Cakouros (972-9043) Email: karencak@comcast.net Carol Lee (972-8920) Email: carol.lee4@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

Dinner

Garden Salad with
Ranch & Blueberry
Pomegranate
Dressings
Lemon Caper Chicken
Rice Pilaf
Brocolini
Pound Cake with
Strawberry Sauce

OUT OF RESPECT AND COURTESY TO ALL, PLEASE REFRAIN FROM TALKING WHEN ANYONE IS AT THE PODIUM. ESPECIALLY OUR GUEST SPEAKER.

In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning your salad until after the invocation and introduction of guests.

Thank You

Twister's Corner

By Lioness Lion Jonnie Feterle

School is over and summer is beginning, June is the month when we really start feeling like winter is over. The weather is warmer and the sun is shining almost every day! Now it is time to have picnics, take boat rides, enjoy our beaches, go swimming or spend time with family and friends enjoying our beautiful community.

Happy Father's Day to all our Fathers out there.

Who wrote: "It is better to be a young June bug than an old bird of paradise"

June is regarded as the luckiest month for what?

LOW Lioness Lions 2017-2018 Calendar

June 14 Dinner Meeting June 28 BOD Meeting

June 30 Book Sale

July 7 Independence Day

Parade

Iappy Birthday Lioness Lions

| June 5 | Connie Buttimer | June 19 | Caroline Caldwell |
|--------|-----------------|---------|-------------------|
| June 5 | Michelle Senft | June 21 | Gail Hardin |
| June 7 | Nancy Doseff | June 29 | Carolyn Gordon |

From the Editor

By Lioness Lions Gail Hardin Editor, Lioness Lions LOW DOWN

Please get information and articles for the July LOW DOWN to me by June 26th or as soon thereafter as possible. The newsletter will be distributed on or about June 28th. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Arlene Rich—new address & cell number

129 Monticello Circle Cell—973-670-9678

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness Lions

LOW DOWN

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