



## President's Corner

By Lioness Carol Lee, LOW Lioness President

I cannot believe that this is my final message to you as president of this wonderful Lioness Club. What a year this has been! I have felt every emotion possible during this year from high to low and I would not change one thing. This has been one of the most memorable experiences of my life.

If you were at my first meeting as president, you will remember that I was scared to death. You all have been so kind to me in your best wishes and comments that you have given me a confidence I just never knew I had. You have all been so wonderful to me that I can never thank you enough. I am so happy and so sad that my year is almost over. What an experience this has been for me! Thank you all again from the bottom of my heart.

A huge "thank you" to everyone involved in our successful flea market. A very nice amount was raised for our benevolence fund. I will let our chairladies give you the final count. It was just so nice to see so many of you there participating in this very important event.

You really showed the public what a commitment you have to our club.

The May book sale was, once again, very successful. What a great group of ladies makes this work. There is no way we could have predicted that this new project would be so beneficial to our club. Great job, ladies! Keep up the good work.

I also want to thank everyone who participated in all of our activities this year, from our fund raisers to our service commitments, especially our chairladies who, without them, we could not function as a club.

Each and every one of you is very important to our club and I feel privileged to be a part of it.

At the June meeting we will have the installation of our new officers. I wish them all the very best for a successful year, as I know all of you do also. I thank them for agreeing to serve, especially the ones we may have had to twist their arm just a little. You have a great board to work with this year and I am proud to be a part of it as past president.

Thank you again for allowing me to serve as your president. It truly was a wonderful experience.

Remember our slogan "We Serve."

## WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

**SAFE HOUSE**—Suggested donations include kitchen size garbage bags, paper towels, toilet paper, tissues, SOS pads, dish and laundry detergent, and other cleaning supplies, as well as baby shampoo and body wash. Finally, as always, you might consider contributing a gift card to a Culpeper store, or a check made out to SAFE, with "LOW Lioness" in the memo line.

We thank you in advance for your generosity!

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

#### **2012—2013 Board of Directors**

**President**  
**Carol Lee**  
1216 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-8920

**Secretary**  
**Ellen Bearden**  
120 Eagle Court  
Locust Grove, VA 22508  
(540) 972-9595

**Treasurers**  
**Patricia Berry and Emily Slunt**

**1st Vice President**  
**Beth Sundberg**

**2nd Vice President**  
**Christine Wyant**

**3rd Vice President**  
**Karen Cakouros**

**Lioness TAMERS**  
**Karen Cakouros**  
**Jean Priest**

**Tail Twister**  
**Norma Ervin**

**Membership Director**  
**Michelle Senft**

**Directors**  
**Mary Altman**  
**Connie LeMay**  
**Maureen Otero**

**Past President**  
**Zoila Ortega**

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**Lion Liaison**  
**Phyllis Taylor**

#### **The Insider's View**

Minutes from the  
May 23,, 2013  
BOD Meeting

The meeting was called to order by President Carol Lee at 7:00 PM. Those in attendance were Mary Altman, Ellen Bearden, Pat Berry, Karen Cakouros, Carol Lee, Zoila Ortega, Maureen Otero, Jean Priest, Michelle Senft, Emily Slunt, Beth Sundberg, Phyllis Taylor, Chris Wyant

The Minutes of the April 25, 2013 meeting, which were previously distributed, were accepted.

The Treasurer's Report, given by Pat Berry, was accepted and filed for audit.

Lionesses Ann Wood and Jean McLallen presented the proposed 2013-2014 budget. Line items were discussed. Motion by Karen Cakouros to accept was seconded and passed. This budget will be presented to the membership at the June meeting. A hard copy of the proposal is attached to these minutes and filed.

#### President's Report: Carol Lee

- The bill from the Locust Grove Middle School for the flea market in the amount of \$345 was addressed. This is an increase from last year. Motion by Beth Sundberg to give a \$50 tip to the custodian was seconded and passed.
- A letter of resignation from Janet Berge was read. Motion by Zoila Ortega to accept with regret was seconded and passed.
- Thank you notes from Piedmont Regional Dental Clinic and Healthy Families Orange for donations were read.

#### **OFFICER'S REPORTS**

##### First Vice President's Report: Beth Sundberg

- Funds from the sale of Lions raffle tickets in the amount of \$117 were given to Lion President Lois Powell for the drawing to be held on June 2, 2013.

##### Second Vice President's Report Chris Wyant

- Pat Berry will chair the committee for web page maintenance as Chris will be moving from the area. Motion by Mary Altman to formally add a web page committee was seconded and passed.

##### Membership: Michelle Senft

- Michelle suggested that donations to Head Start in the spring be dropped but keep the monetary donation and one supply donation.

##### Lion's Liaison: Phyllis Taylor

- Lion Tom Walker has notified the Lioness that the Sight and Hearing van at the flea market saw only 5 people this year. Due to continuing low numbers at this event, the Lions will be discussing whether or not to continue.

MORE

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Director's Report: Mary Altman, Maureen Otero

- Mary Altman suggested that there is a need to update the Lioness Constitution.

Immediate Past President: Zoila Ortega

- A thank you note will be sent to Dr. David Sam by Ellen Bearden
- The Bridge Scholarship will be presented to Lauren Neely at the June meeting.
- Lifeline, a heart health screening group, has notified Lioness to ask if the club is interested in sponsoring an event.

Unfinished Business

- Samples of Lioness address labels were distributed for approval.
- Lioness will participate in the LOW July 4th celebration with cars in the parade, a table on the point to sell quilt raffle tickets and hand out Lioness info.

There being no further business, the meeting was adjourned at 8:13 PM.

## Lioness Committees & Activities

### Share and Care

**By Lioness Ann Walker**

- We extend our deepest sympathy to Joann Deem and her family on the loss of her mother.
- Past President Marge Howard was hospitalized due to complications from an elevated blood sugar level and as of this writing (May 29) hopes to be discharged soon.
- We offer our warm thoughts and prayers to Beth Sundberg's daughter, Sara, who recently received radiation treatments for brain tumors.
- Past President Doris Velona is doing relatively well, considering her persistent health problems, but it is quite difficult for her to get around.

If you know of a Lioness or her spouse who would appreciate a card from our club, please let me know: 972-4338.

### New Member

**By Lioness Michelle Senft**

Jean Peterson was inducted at the May meeting, but her information was not in the LOW DOWN. Below is her information:

Jean Peterson  
109 Pleasant Grove Road  
Phone: 540-972-8141  
E-mail: lakeluvr109@comcast.net  
Birthday: July 6  
Sponsor: Ann Walker

### Program

**By Lioness Zoila Ortega**

At the June meeting, there will be a presentation of the Bridge Scholarship to graduating senior, Lauren Neely.

# Lioness Committees & Activities

**Following is the new Board for 2013-2014 that will be inducted at the June meeting:**

President—Beth Sundberg	3rd VP—Karin Goetz	Directors—Pat Berry
Secretary —Donalda Lovelace	Tamers—Jean Priest	Connie LeMay
Treasurers—Elaine Freeland	Roselynn Edwards	Maureen Otero
Lucy Churchill	Tail Twister—Joan King	Past President—Carol Lee
1st VP—Karen Cakouros	Membership Director—Linda Ogletree	Lions Liaison—Phyllis Taylor
2nd VP—Ann Walker	Co-Director—Kathi Martin	

## 2013-2014 Budget

**By Lioness Jean McLallen**

The proposed Lioness Budget for the fiscal year July 1, 2013—June 30, 2014 has been approved by the Board of Directors. The general membership will be asked to vote on it at the June dinner meeting. It was developed by the Finance Committee with input from the committee representing the membership. (see detailed budgets below and on the following page.) If you have any questions, please contact Ann Wood 972-3326 or Jean McLallen 972-5793.

### Proposed LOW Lioness Administration Budget 2013-2014

<b>RECEIPTS</b>	<b>Proposed 2013-14</b>
Dues (125 @ \$30)	3,750
New Membership Induction Fees & Dues, Name Badges	440
50/50 and Tail Twister Fines	1,000
<b>Total Receipts</b>	<b>5,190</b>

<b>DISBURSEMENTS</b>	
Bartender for monthly dinner meetings	225
Birthday Flowers	200
Club Supplies	250
Club Membership & New Member Badges	125
Conventions & Conferences	200
Decorations for Special Programs*	250
Dinner Guests - Paid by Lioness Club	450
Fourth of July Parade	150
Gifts/Honoraria	250
Halloween Candy	100
Handbooks	350
Post Office Box Rental	50
Sharing & Caring & Memorials	150
State Dues	600
Unallocated	840
Transfer to Benevolence	1,000
<b>Total Disbursements</b>	<b>5,190</b>

\*Charter Night, Christmas Party, Mixers, Installation of New Members

## Proposed LOW Lioness Benevolence Budget 2013-2014

<b>RECEIPTS</b>	<b>Proposed 2013-14</b>
Bake Sales	600
Book Sales	4,500
Bridge Lessons	1,500
Card Party Luncheon	2,250
Carry-over	3,000
Flea Market	1,000
Christkindlemarkt	400
LOVF Raffle & bank interest	50
White Cane Days	800
White House Ornaments	550
Transfer from Admin	1,000
Handbook Ads	150
<b>Total Receipts</b>	<b>15,800</b>

Miscellaneous

<b>DISBURSEMENTS</b>	
Child Help	100
Community Outreach	
Orange County Animal Shelter	200
Orange County Free Health Clinic	750
Orange County Healthy Families	100
Piedmont Dental Clinic	250
Diabetes Association	200
Head Start	200
Germanna Heights Senior Community	150
Libraries	
Wilderness--large print & audio books	200
Locust Grove Primary School Library	200
Locust Grove Elementary School Library	200
Locust Grove Middle School Library	200
Orange County High School Library	200
Lions Hearing Foundation	500
Lions Leader Dog	200
Lions Leo Club	150
Lions RAM Project	400
Lions Sight Foundation	500
Lions Sight & Hearing Van	350
Lions of VA Fund (LOVF) Disaster Relief	100
LOW Fire & Rescue	2,000
LOW Lake Youth (\$500) & Fishing Tournament (\$100)	600
SAFE House	750
Scholarships	
Germanna Comm. College Scholarships (3)	3,000
Lioness LOW Bridge Scholarship (1)	1,500
Wilderness Food Pantry	1,800
Unallocated	1,000
<b>Total Disbursements</b>	<b>15,800</b>

## From the Tamers

By Lionesses Jean Priest and Karen Cakouros

The Lake of the Woods Lioness Club June 13<sup>th</sup> dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. If you are unable to attend this meeting, need a special meal, or are bringing a guest, please call Jean Priest at 540-446-0797 (sunnysez@gmail.com) or Karen Cakouros at 540-972-9043 (karencak@verizon.net) by Monday, June 10<sup>th</sup>. No shows and those calling after the deadline will be billed for dinner. Dinner is \$17.00. It is requested, for accounting purposes, that dinner is paid for by check.

The dinner will be a buffet.

### Dinner

Garden Salad  
Baked Cod  
Mashed Potatoes  
Broccoli  
Strawberry Shortcake  
Coffee or Tea

**In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.**

## Twister's Corner

By Lioness Norma Ervin

June brings many dates to celebrate.  
Flag Day will be the 14<sup>th</sup>.  
Please wear a flag pin or our  
American flag colors.  
Thank You to Sally Good and  
Barbara Rakes for being  
Greeters on such short notice.  
Trivial Pursuit will be back!!!  
Remember your nametags.

The greeters this month are:

Beth Sundberg  
Melissa Daley

## LOW Lioness 2012-13 Calendar

June 13	Lioness Dinner Meeting
June 27	BOD Meeting
June 29	Lioness Book Sale
July 6	4th of July Parade

## Happy Birthday Lionesses!

June 5	Connie Buttimer	June 19	Caroline Caldwell
June 5	Michelle Senft	June 21	Gail Hardin
June 7	Nancy Doseff	June 25	Marie Bojinoff
June 11	Lucille Churchill	June 29	Carolyn Gordon
June 12	Sallie Good		

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the July LOW DOWN is June 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**New email address:****Millie Davis new email address:**

**DavisJerry913@comcast.net**

**New Member: See pg. 3**

**Resignation: Janet Berge**

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

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