

# LAKE OF THE WOODS LIONESS

## LOW DOWN

Volume 26, Number 1 — July 2010



### President's Corner

By Lioness Marge Howard, LOW Lioness President

*Some succeed because they are destined to, but most succeed because they are determined to.* Recently I heard someone say..."service is the rent you pay for living." I think this is quite poignant.

*Unknown writer*

As this is my first article in the LOW DOWN, I want to thank you all, in advance, for your support. The monthly agenda will be printed in the LOW DOWN each month rather than sheets put on word, a smile.

I hope that in the next months I will be able to successfully carry on the projects that our past President, Pat See, had so ably handled. I will try my best and, with your support, I am sure we will be able to accomplish what we set our minds to do. Also, I want to thank Lioness Pat for her support in coaching me on procedures, etc.

Our first project is the 4<sup>th</sup> of July parade which is headed up by Lioness Carol Lee. She will be contacting you shortly requesting your participation. It would be nice to have a big turnout of Lionesses on Saturday, July 3.

I would like each of you to think about what you would like to volunteer to do in the coming months. A composite sign up sheet will be circulated at the July meeting.

I would like to end this article by

saying... The best things in life are free---a warm hug, a kind word, a smile.

#### Agenda

Lake of the Woods Lioness Club  
July 8, 2010

Pledge of Allegiance

Invocation by Beth Sundberg

Introduction of Guests

Dinner

Program—Director of Culpeper Museum

Announcements and Committee Reports

Announcement of Birthdays

50/50 Raffle

Food Bank Raffle

Adjournment

### WHAT DO I BRING CHECKLIST?

#### Wilderness Pantry:

At least 2 food items in a reusable bag or double plastic bag, especially needed are sides and canned vegetables (other than green beans, corn, and baked beans)

NO COLLECTIONS FOR **SHELTERING ARMS** AND **SAFE HOUSE** IN JULY. LOOK FOR COLLECTION INFORMATION IN THE AUGUST NEWSLETTER.

**Lake of the Woods Lioness Club**

Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

**2010-2011 Board of Directors**

**President**

**Marge Howard**  
230 Birchside Circle  
Locust Grove, VA 22508  
(540) 972-7640

**Secretary**

**Ann Walker**  
1224 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-4338

**Treasurers**

**Ann Wood & Jean McLallen**

**1st Vice President**

**Zoila Ortega**

**2nd Vice President**

**Marti Martin**

**3rd Vice President**

**Janet Berge**

**Lioness TAMERS**

**Karen Cakouros and Carol Lee**

**Tail Twister**

**Pat Watterworth**

**Membership Director**

**Linda Ogletree**

**Directors**

**Pat Confroy**  
**Donna Crawley**  
**Barbara York**

**Past President**

**Pat See**

**Lion Liaison**  
**Tom Walker**

**The Insider's View**

Highlights from the  
June 24, 2010  
Lioness BOD Meeting

The Board of Directors meeting was called to order by President Pat See. In attendance were Pat See, Kathi Martin, Pat Confroy, Ann Walker, Linda Ogletree, Barbara Rakes, Donna Crawley, Jean Taylor, Marge Howard, Zoila Ortega, Karen Cakouros, and Barbara York.

Minutes of the last meeting were published in the June Lowdown. Pat Confroy moved, and Ann Walker 2<sup>nd</sup>, that they be approved as printed. Motion passed.

**PRESIDENT'S REPORT:**

**Correspondence:**

- A letter was received from Safe House, thanking the LOW Lionesses for their donation of \$1000.00. This donation was funded entirely by the Spring Fashion Show and Luncheon.
- A letter was received from the Orange County Office on Youth, thanking us for our donation to the "After Prom" party held at Orange High School following the Senior Prom. We were mentioned in the Orange County newspaper.

**Business:**

- Joyce Hite sent a letter of resignation. Kathi Martin moved that it be accepted with regret, Pat Confroy 2<sup>nd</sup> the motion, and it was passed unanimously.
- Corky Thomas sent a letter stating that she was moving, but has paid her dues for 2010-2011, and requested MAL status. Donna Crawley moved that she be granted AFFILIATE status, Kathi Martin 2<sup>nd</sup> the motion and it was passed unanimously. Look for Corky's new address and telephone number in the 2010-2011 Member's Handbook.

**OFFICER'S REPORTS:**

**1<sup>st</sup> VP**

- Marge Howard reported that the House Tour committee is trying to get houses. Zoila Ortega will check dates with the LOW Church.
- A "Duffer Golf Tournament" may be held in the fall as a new fund-raiser. A committee will be formed for this event.
- Plans for the 4<sup>th</sup> of July Parade are complete.

**2<sup>nd</sup> VP**

- Ann Walker reported that the June 8 picnic at Germanna Heights was a success. Also, the Child Help East ice cream social was held on June 23.

**UNFINISHED BUSINESS**

- The three Lioness highway signs have been installed, and are totally paid for.
- A nomination has been made for the LOW Honors event.. President Pat See passed the LOW Lioness Gavel to Vice-President Marge Howard, who will be President during 2010-2011.

There being no further business, the meeting was adjourned.

# Lioness Committees & Activities

## 2010 Lioness Card Party, Luncheon and Fashion Show

By Lioness Sharon Kaltenmark

The annual Lioness Card Party, Luncheon and Fashion Show will be held at the LOW Clubhouse on Friday, September 24. The Cameleer Shop of Culpeper will supply the fashions and commentary for the Fashion Show. They offer a line of clothing that is both unique and very wearable and, also, a wonderful variety of accessories to complete the outfits. As in past years, there will be bridge and other games, or, guests may choose to come for just lunch and the fashion show. Jan Lemieux will begin taking reservations in August.

Call your friends and begin making plans to attend this year's event.

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## Germanna Heights Apartments Committee

By Lioness Michelle Senft

We held our Summer picnic on Tuesday evening, June 8 and a grand time was had by all. Norma had made arrangements for the Flat Run Ramblers to perform and they were a huge success. The familiar music was lively and toe tapping, allowing everyone to join in. There was an abundance of good food, so nobody left hungry. Our committee members enjoy our visits to the apartments as much as the residents. I want to thank all the committee members for the work and time they give to the success of our service. The committee members are: Marie Bojinoff, Laurel Buongiovanni, Karen Cakouros, Donna Crawley, Norma Ervin, Billie Patterson and Barbara Rakes.

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## MEMBERSHIP NEWS

By Lioness Linda Ogletree  
Membership Director

As we begin our new Lioness Year, let's all keep in mind that to continue the wonderful work -- all the projects, we need new members to help us out. In addition, it is so much fun to meet new ladies and have them become part of our great service organization. Should you have any questions, please give me a call.

# Lioness Committees & Activities

## SHARE AND CARE

By Lioness Jean Stutz

Tom Walker, our Lioness Liaison, is now home convalescing and doing well after being admitted to MWH with pneumonia.

Barbara Rakes is struggling with a case of possible shingles. She will be seeing a specialist for a diagnostic evaluation. At the present, Barbara is taking it one day at a time.

Jean Priest underwent surgery June 1 for a growth on her left cheek. The surgery was successful, and Jean is waiting on biopsy results to determine further treatment.

Our dear friend and Lioness, Sarah Pitts, passed away May 21 after a long struggle with cancer. A card expressing our deep and sincere sympathy was sent to Sarah's husband, Michael.

Please remember these Lionesses and family members. It is comforting and reassuring to know you are remembered in others daily thoughts and prayers.

## **DUES ARE DUE!**

Your membership dues for 2010-2011 year are now due!

The Treasurers will be on hand at the July dinner meeting to accept  
Payment (\$30.00) of your dues.

If you cannot attend the July dinner meeting,  
Please submit them via mail to:

LOW Lioness Club  
Attn: Ann Wood/Jean McLallen, Treasurers  
P.O. Box 811  
Locust Grove, VA 22508

## 2010-2011 Lioness Chairpersons

Bake Sale	Christine Wyant	Pat Berry	
Bland Contest	Paula Hornaday		
Book Sale	Pat See	Catherine Rainey	
Bridge Lessons	Jan Lemieux		
Card Party & Fashion Show	Sharon Kaltenmark	Emily Slunt	
Chaplain	Beth Sundberg		
Child Help East	Zoila Ortega		
Communication Network	OPEN		
Community Outreach	Norma Ervin		
Constitution and By Laws	Millie Davis		
Fashion Show	Bonniebeth Foltz		
Fifty-Fifty	Flo Clarke		
Finance & Budget	Betsy Flanigan	Joann Deem	
Fire & Rescue	Maureen Otero		
Flea Market	Joan Johns		
Food Pantry/Drives	Susan Costanzo		
Food Pantry Lion Liaisons	Betty Beck		
Food Pantry – Staffing	Karen Cakouros		
Germanna Heights	Michelle Senft		
Germanna Scholarships	Mary Lou McFarland		
Gift Sales	Bobbie Griggs	Gail Hardin	
Health Awareness	Barbara Strain		
Hearing	Nancy Rauch		
Holiday House Tour	Christine Wyant	Janet Berge	Michelle Senft
Lions Activities	Lois Powell		
Lions Golf Tournament	Peggy Dowd		
Membership	Linda Ogletree		
NeoNatal Caps	Janet Berge		
Nominations and Elections	Carol Greeney		
Parade	Carol Lee		
Programs	Connie LeMay		
Publications - Handbook	Christine Getty		
LOW DOWN	Gail Hardin		
Publicity	Zoila Ortega		
SAFE House	Sharon Allen	Phyllis Sakole	
Safety	Marti Martin		
Share & Care	Jean Stutz		
Sheltering Arms	Nancy Arnold		
Sight – Eyeglass Recycling (Mondays)	Linda Fischer Kavanagh		
Sight – Eyeglass Recycling (Thursdays)	Paula Hornaday		
White Cane	Margaret Findell		
Youth Outreach	Connie Buttimer		

## **Proposed Admin Budget**

By Lionesses Joanne Deem & Betsy Flanigan  
Finance and Budget Committee

### **RECEIPTS**

Dues (126 @\$30)	\$3,780
New Membership Induction Fees & Dues	445
50/50 and Tail Twister Fines	750
FY 2009-2010 Carryover	2492
<b>Total Receipts</b>	<b>\$7,467</b>

### **DISBURSEMENTS**

Bartender for monthly dinner meetings	250
Charter Night (Program & Decorations)	100
Christmas Party (Program & Decorations)	100
Club Supplies	200
Club Membership & Svc Pins *	150
Conventions, Conferences, Schools	250
Dinner Guests - Paid by Lioness Club	450
Flowers for monthly dinner meetings	300
Fourth of July Parade	100
Gifts	150
Handbooks	400
Lioness Tamer Decorations Fund	100
Memorials for Lionesses & Spouses (\$25)	100
Newsletter Printing	300
Newsletter Postage	150
Post Office Box Rental	40
Programs (other than above)	100
Sharing & Caring	100
State Dues (126@5)	630
Unallocated	1497
Transfer to Benevolence	2000
<b>Total Disbursements</b>	<b>\$7,467</b>

Proposed Benevolence Budget

By Lionesses Joann Deem & Betsy Flanigan  
Finance and Budget Committee

RECEIPTS	Budgeted
Bake Sales	1000
Book Sales	3000
Bridge Lessons	1200
Card Party Luncheon	1700
House Tour	3000
Cook Books	200
Flea Market	700
LOVF Raffle & bank interest	200
T-Shirts, mugs, glasses, cards	200
White Cane Days	1000
White House Ornaments	500
Transfer from Admin	2000
Fiscal Year 2009-2010 Carryover	3753
<b>Total Receipts</b>	<b>18453</b>

DISBURSEMENTS	
Bland Contest	100
Child Help	300
Community Outreach :	
Orange County Animal Shelter	200
Orange County Free Health Clinic	150
Orange County Healthy Families	200
Orange County High School After Prom Party	100
Orange County 4H camp scholarship	275
Diabetes Association	300
Germanna Heights Senior Community	250
Libraries: Wilderness - large print & audio books	200
Locust Grove Elementary School Library	400
Locust Grove Middle School Library	400
Lions Hearing Foundation	700
Lions Leader Dog	200
Lions Leo Club	150
Lions RAM Project	400
Lions Sight Foundation	700
Lions Sight & Hearing Van	350
Lions of VA Fund (LOVF) Disaster Relief	200
LOW Equestrian Center	100
LOW Fire & Rescue	2000
LOW Girl Scouts / Brownies	100
LOW Lake Youth & Fishing Tournament	600
LOW Ski Team (\$150) & LOW Swim Team (\$100)	250
LOW Teen Center	250
Recording for the Blind	100
SAFE House	750
Scholarships:	
Germanna C. College Scholarships (4)	4000
Lioness LOW Youth Scholarship (1)	1000
Sheltering Arms Homeless Shelter in Orange	750
Wilderness Food Pantry	1500
Unallocated	1478
<b>Total Disbursements</b>	<b>18453</b>

**AD HOC COMMITTEE MEETING MINUTES**  
**JUNE 23, 2010**

An ad hoc committee to examine and evaluate LOW Lioness Club projects and fundraisers convened on Wednesday, June 23, 2010, at the Lake of the Woods Clubhouse. Chairman Betty Girman called the meeting to order at 10:00 a.m., and the following committee members were present: Marue Biggs, Donna Crawley, Pat See and Ann Walker.

Betty stated that she wished her observations and comments to be viewed strictly as recommendations; that the function of this committee was to present suggestions, not to pass restrictions and policies, and all were in agreement with this viewpoint.

With respect to the Monte Carlo Night fundraiser held last fall, it was the overwhelming opinion of the committee that due to the lack of support and participation, and in consideration of the costs incurred to hold this event, it would be in the best interests of the club to forego any future endeavors of this kind and to sell the equipment. Therefore, the committee will recommend this to the 2010-2011 LOW Lioness board of directors.

The luncheon and fashion show held last month has been deemed an overwhelming success and the committee strongly recommends the continuation of this annual fund-raiser.

With respect to the book sale, Pat See is in hopes of locating a permanent storage facility for the books that are collected, where possibly sales throughout the year may be conducted as well.

Furthermore, after a brief discussion, it was the opinion of the committee that no two fundraisers be held in the same month. This should alleviate any undue burden being placed on the Lioness Club members.

In considering the possibility of future fund-raising efforts, the committee recommended that anyone wishing to undertake a particular project present her proposal to the board in writing. The proposal should include the date and time of the event and the name or names of those chairing this venture.

The committee then proceeded to review the Lioness benevolent projects and was in full agreement that all of these service programs are most worthwhile and should continue.

With respect to the Food Pantry, it was suggested that a regular place, with a sign, should be designated to drop off food donations prior to the monthly meeting, and the bench outside the clubhouse door seemed most logical and convenient, with tickets for the free dinner available on the table in the presidents' room. Additionally, someone would be appointed to stand by the bench to receive the donated goods. Furthermore, the *LOW Down* announcement should be amended to encourage Lionesses to bring their donations in reusable bags.

Betty then asked if there were any other recommendations the committee wished to consider, and there being no further business to come before the ad hoc committee at this time, the meeting was adjourned.



## From the Tamers

By Lionesses Karen Cakouros and Carol Lee

The Lioness July 8 dinner meeting will be held at the Lake of the Woods Clubhouse starting with social time at 5:45 p.m., followed by dinner at 6:30 p.m. If you are unable to attend this meeting, are bringing guests, or need a special meal, you must phone Carol Lee at 972-8920 or Karen Cakouros at 972-9043 by Saturday, July 3. Please remember that this is a set meal and if you have any special needs, you must let us know by July 3.

Also, please remember that "no shows" (members who do not attend and have not called to cancel) and those calling after the July 3 deadline will be billed for their dinner. Dinners are \$16.00.

The July dinner will be seated.

As your new tamers, we look forward to serving you. We want to thank Marue Biggs and Betty Girman for a great year and for all the help they have given us.

### July Dinner

Plated salad  
Virginia honey ham with rum sauce  
Scalloped potatoes  
Corn  
Rolls and butter  
Chef's cake choice  
Coffee, Hot or Iced tea

## Twister's Corner

By Lioness Pat Watterworth

HAPPY BIRTHDAY AMERICA!

227 years ago... on July 4th, 1776, this great Nation, in a struggle for what was right and free, was proudly born. May we celebrate that precious freedom for which our fore bearers fought so bravely. The freedom that is inherent in the Stars and Stripes, our revered flag. Celebrate Freedom this Fourth of July!!!

Greeters for July are  
Lionesses Laurel Buongiovanni and Janet Berge

## LOW Lioness 2010 Calendar

July 8                      Lioness Dinner Meeting

July 22                    Lioness BOD Meeting

September 24      Card Party and Fashion Show

Happy Birthday  
Lionesses!

July 11                    Rima Laviano

July 15                   Pat Logan

July 16                   Madelyn Turley

July 20                   Maureen Otero

July 21                   Diane Weller

July 25                   Beth Sundberg

July 26                   Carol Greeney

July 27                   Patricia Arntson

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the August LOW DOWN is July 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignations:  
Joyce Hite

New Address and Phone Number:  
Corky Thomas  
21125 Cardinal Pond Terrace #111  
Ashburn, VA 20147  
(703) 723-7107

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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