

LAKE OF THE WOODS LIONESS

LOW DOWN

Volume 30, Number 7 — January 2015



President's Corner

By Lioness Karen Cakouros LOW Lioness President

www.lowlioness.org



“Write it on your heart that every day is the best day in the year.” Ralph Waldo Emerson

This is the time of year when things slow down and travel south to warmer weather begins for many.

I want to thank all of you for a successful first half of our LOW Lioness fiscal year. We've reported on our numerous very successful fund raising events, and we have given generously to those included in our budget.

We have welcomed four new members: Susan DeMailo, Joyce Morlan, Susan Oldach and JoAnn Zwickl.

A special thanks goes to your Board of Directors who work so diligently and serve so graciously. They are Maureen Otero,

Donalda Lovelace, Norma Ervin, Elaine Freeland, Mary Altman, Linda Shnayer, Pat Berry, Sherri Lassoover, Arlene DiSimone, Carolyn Gordon, Roselynn Edwards, Carol Greeney, Kathi Martin, Betty Beck, and Beth Sundberg.

It is a pleasure to work with all these capable ladies.

We look forward to the next 6 months. We will be selling raffle tickets for the quilt, holding our annual Flea Market/Bake Sale, White Cane Days, monthly book sales, and the May 16th Golf Tournament (our newest fundraiser) here at the LOW Golf Course.

Food Pantry and Eyeglass Recycling continue. Please call Nancy Strain or Paula Hornaday if you would like to help out on Monday or Thursdays at the Eyeglass Recycling facility.

We will not have a dinner meeting in January. I look forward to seeing you at the February 12th dinner meeting.

HAPPY NEW YEAR TO YOU ALL!

NO DINNER MEETING IN JANUARY

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2014—2015 Board of Directors

President
Karen Cakouros
106 Tallwood Trail
Locust Grove, VA 22508
(540) 972-9043

Secretary
Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Treasurers
Elaine Freeland & Norma Ervin

1st Vice President
Maureen Otero

2nd Vice President
Mary Altman

3rd Vice President
Linda Shnayer

Lioness TAMERS
Roselynn Edwards
Carolyn Gordon

Tail Twister
Carol Greeney

Membership Director
Kathi Martin

Directors
Pat Berry
Sherri Lasover
Arlene DeSimone

Past President
Beth Sundberg

Lion Liaison
Betty Beck

The Insider's View

Minutes from the
December 4, 2014
BOD Meeting

The meeting was called to order by President Karen Cakouros. Attending were Lioness board members Mary Altman, Karen Cakouros, Arlene DeSimone, Roselynn Edwards, Norma Ervin, Carolyn Gordon, Kathi Martin, Maureen Otero, Linda Shnayer, and Beth Sundberg. Lioness member Ann Walker was also in attendance to record the meeting minutes.

Minutes from the October 23, 2014, meeting had been previously distributed, and the board accepted them as written.

The Treasurer's report was accepted and filed for audit. It was noted that late dinner payments have improved considerably.

President's Report – Karen Cakouros

- Correspondence included a thank you note from LOW Fire & Rescue for our donation in memory of Margaret Findell, and from the Orange County Free Clinic for our donation of supplies. Additionally, the Piedmont Regional Dental Clinic sent a copy of their most recent newsletter in thanking us for our support. A letter of resignation was submitted by Jean Peterson and was accepted, with regret.
- A request was submitted to disseminate by Lioness email information on the December 13 "Visit with Santa" event sponsored by the Lake Youth Foundation, and it was decided it would be appropriate to do so.
- We will soon commence the process of nominating board members for 2014-15. As Immediate Past President, Beth Sundberg will chair the nominating committee.

First Vice President's Report – Maureen Otero

- First Vice President Maureen Otero reported that the May 16, 2015, Golf Tournament fundraiser is moving along well, with 16 people signed up to volunteer. A committee meeting will be held on December 11. A discussion ensued with respect to the provision of refreshments. The pro shop will receive any profits from such sales; however, the Lioness Club will be dispensing water.
- Our club's plans for the December 6 Christkindlmarkt are coming along nicely; it was pointed out, however, that in the future we should attempt to obtain more tables.

Membership Report – Kathi Martin

- Membership chairperson Kathi Martin requested permission to order **more tags with the Lioness logo. Therefore, IT WAS MOVED by Mary Altman, and DULY SECONDED by Maureen Otero that the LOW Lioness Club order 20 Lioness logo tags at a cost of \$3.50 each. MOTION CARRIED.**

MORE

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Committee Reports

- With respect to the James River trip, Kathi Martin reported that the club received a profit of \$328.00. No further trips are planned until spring. The possibility of a trip to Bizarre Bazaar in Richmond will be given serious consideration.
- Child Help – Carolyn Gordon reported that the wrapping of Christmas gifts is on schedule for Wednesday, December 17, with 15 Lionesses signed up to help.

There being no further business to come before the LOW Lioness Board at this time, the meeting was adjourned.

Lioness Committees & Activities

**Share and Care****By Lioness Connie LeMay**

- Lois Ward has recovered from her hip replacement and on Dec. 26 moved permanently into an apartment at Chancellor Village.
- Jean Ann Daniels has now recovered from a 5 week bout with the flu. Yes – she did have a flu shot but it did not stop this virus from hitting her hard.
- Millie Davis's husband, Jerry, had a stroke on Dec. 26 and, as of this writing, is being treated at Mary Washington Hospital. She is very grateful to everyone for their warm wishes but has requested that there be no visitors at this time.
- Martha Grandy's husband Cork, who has been residing in Dogwood Nursing Home in Orange, has become seriously ill. Our thoughts and prayers are with Martha and Cork at this time.

If you know of a Lioness who is ill, or a member of their family, please contact Connie LeMay – 972-6123 – in order that a card can be mailed to them letting the individual know that we are thinking of them.

Lioness Committees & Activities

Happy Birthday
Lionesses!

January 4 Lois Ward
January 5 Lorette LaTerra
January 22 Suzanne Bielmeier
January 29 Gayla Gamble
January 31 Phyllis Sakole

LOW Lioness 2014-2015 Calendar

Jan 22 Lioness BOD Meeting
Feb 6-7 Lions Mid-Winter Conference
Feb 12 Lioness Dinner Meeting
March 28 Lioness Flea Market & Book
and Bake Sale
May 16 Lioness Golf Tournament

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the February LOW DOWN to me by January 20th or as soon thereafter as possible. January 29th is the deadline for submissions for the February newsletter. Forward them by email or contact me at the phone number below..

Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:

Jean Peterson

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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