LOW DOWN

Volume 32. Number 6 — December 2016



President's Corner

By Lioness Barbara Hernan LOW Lioness President

www.lowlioness.org

December, the last month of the year. Don't you wonder how it got here so fast? It is the time of year that we lose a lot of Lionesses as they wander off to better weather. Some of them frolic in the sun while the rest of us stay here waiting for the ice and snow dilemmas we can tell them about when they return. Hopefully, we will just have stories of how beautiful the snow was and no dilemmas.

To me, the best part of December is the birth of the babe in the manger on December 25th. Those of us who celebrate Christmas all have different traditions. I remember as a child we would all go to midnight church service and then come home and trim the Christmas tree. Today a lot of people trim their tree on Thanksgiving or the day after.

Stores and parking lots become more crowded as we get closer to the 25th and some store employees are not even allowed to say "Merry Christmas" anymore. Many of us give and get too many gifts when the best part of holidays is really being able

to enjoy our family and friends.

Let us all try to reach out to someone alone or in need

during this wonderful Holiday Season.

I wish you all a wonderful Christmas.

Lioness who need a ride to the Dinner Meeting please call Lioness Donalda Lovelace 540-412-2857

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

SAFE House — See Pg. 4

Lake of the Woods Lioness Club The Insider's View

Post Office Box 811 Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2016—2017 Board of Directors

President Barbara Hernan 1104 Eastover Parkway Locust Grove, VA 22508 (540) 972-7575

Secretary Linda Sȟnayer 107 Fairfax Lane Locust Grove, VA 22508 (540) 412-1021

Treasurers Caroline Caldwell Barbara Tomayko

1st Vice President Donalda Lovelace

2nd Vice President Michelle Senft

3rd Vice President Joan Mills

Lioness TAMERS Ellen Bearden Nicki Buell

Tail Twister Kathy Walters

Membership Joyce Morlan Julie Phend

Directors Millie Davis Joann Deem Carolyn Gordon

Past President Maureen Otero

Minutes from the November 3, 2016 **BOD Meeting**

ATTENDANCE: Barbara Hernan, Linda Shnayer, Donalda Lovelace, Michelle Senft, Joan Mills, Nikki Buell, Ellen Bearden, Julie Phend, Millie Davis, JoAnn Deem, Maureen Otero, Su Bielmeier, and Carol Greeney. **CALL TO ORDER:** President Barbara Hernan called the meeting to order at 7:00PM.

SECRETARY'S REPORT: The September 2016 minutes were approved

TREASURER'S REPORT: A copy of the Benevolence financials for October were provided to the Board.

PRESIDENT'S REPORT:

- President Hernan received a resignation letter from Lioness Sarah Good which was accepted with regret. Member-at-Large (MAL) Requests were received from Lioness' Jan Lemieux and Susan DeMailo. An Affiliate request was received from Flo Clarke. Both MAL and the Affiliate requests were accepted.
- · A thank you card was received from Jessica Cannon, Scholarship Advisor, Germanna Community College, expressing gratitude for the scholarship opportunity afforded to the student body.
- A thank you and "Dog Bone" appreciation patch were received for our contribution to the Leader Dogs for the Blind.
- Motion passed to donate \$150 to LOWLINC and \$200 to American Diabetes Association.

OFFICER'S REPORTS

1st Vice President- Donalda Lovelace

Fundraising – Four fundraising opportunities were presented to include: Lioness/Lion Dinner Dance; Merchant Coupon Card; Spring Card Party; and Quarterly Hand & Foot Tournament. Due to the many competing LOW 50th Gala Events planned for next year, the Dinner Dance fundraiser is tabled until 2018. A motion was passed to support the Merchant Coupon Card fundraiser and Lioness' Nikki Buell and Ellen Bearden will lead a committee to plan and execute. Following discussion of an additional card party, a motion was passed to pursue the Hand and Foot tournament with Lioness' Maureen Otero and Linda Shnayer leading a committee.

2nd Vice President – Michelle Senft

-Food Pantry - Lioness Michelle Senft congratulated Lioness Claudia Low on the October food drive. The food drive resulted in 1,000 lbs. of food and \$380 donated.

3rd Vice President – Joan Mills

-Halloween on the Point - Lioness Joan Mills expressed the success of the Lioness participation in the LOW Halloween celebration.

Membership - Joyce Morlan and Julie Phend

-New Membership - Lioness Julie Phend presented a New Member Proposal. Following discussion, five of the eight suggestions were accepted by the Board. The five accepted include: 1) an updated Sponsor Responsibility Handout; 2) Sponsor introduction of guest to include more personal info about the new member; 3) Quarterly inductions in November or December, March, June, September; 4) Standing Ovation following **MORE** SEE Pg. 3

The Insider's View (Continued)

From Pg. 2

induction; and, 5) newly inducted members being greeters.

Directors - Carolyn Gordon, JoAnn Deem, and Millie Davis

-Lioness JoAnn Deem shared plans for the November Dinner Meeting mixer which are complete.

Lions Liaison – Su Bielmeier

-Lioness Su Bielmeier shared that the Wilderness Food Pantry served 159 families, 420 individuals with 19,155 lbs of food. In Su's upcoming absence, Lion Bill Feterle will replace her at Board Meetings.

Without further business the meeting was adjourned.

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

• Carol Lee's daughter, Cathy, is doing well as she continues her chemotherapy treatments, and we offer her our caring thoughts and prayers.

If you know of a Lioness in need of our well wishes, please contact Ann Walker: 972-4338.

SAFE House Collection

By Lionesses Phyllis Sakole and Susan Costanzo

We will be collecting donations for SAFE House at our December meeting. We will be parked in front of the Club House for collection before the meeting.

SAFE has a Secret Santa Shop for the children to pick presents for their family members each year. The mothers also shop for their children in a separate room. Former clients are invited back to the shelter to participate.

For the Holiday season there are some special needs. Children's gifts for the Secret Santa Shop would be most welcome. Boys and girls (ages 10-16). Safe House usually receives toy donations for the younger children but need more for this age range. Some suggestions are manicure sets, hair clips or headbands, makeup, sunglasses, scarves, jewelry (expandable bracelets, earrings) art supplies, wallets, ear buds, gloves, hats, games and sports related toys such as basketballs and footballs.

Let's not forget gifts for Moms such as slippers, robes, scarves, jewelry and spa sets, bath and body lotions, nail polish.

As always, other needs include powdered detergent, liquid dish soap, bleach, paper towels, and other paper products.

If you aren't able to shop, please consider donating a check made out to S.A.F.E., with "LOW Lioness" in the memo line.

Thanks, as always, for your generosity toward those less fortunate and the organizations providing them crucial support. Happy Holidays to you all!

Lioness Committees & Activities

New Member

By Lioness Joyce Morlan

Please welcome the newest Lioness who was inducted at the November meeting:

Kathy Fish 1431 Lakeview Parkway 540-972-3256

Email: Kathyfish540@yahoo.com

Birthday: October 10

Husband: Bob

White House Christmas Ornaments

By Lioness Gail Hardin

The White House Christmas Ornaments have arrived. They can be picked up at the December dinner meeting. If you will not be there, please call me (972-5698). I ordered a few extras so if you didn't place an order and would like to have one or more, please call me or email me at gail_hardin@yahoo.com.

December Program

By Lioness Gail Hardin

For the dinner program we will have the Youth Praise Band from the Lake of the Woods Church entertain us with our annual Christmas music.

Christkindlmarkt REMINDER

Drop off time for donations (including bake sale items)
Is Friday, December 2nd from 5-7 p.m.
At the Community Center.
Isabella Irwin & Karen Goetz will be there
Until 8 p.m., if you run late

Bake sale items will also be accepted until 9:30 a.m. Saturday

From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club December 8th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, December 5th if you are not attending or need a Special meal. Dinner will be buffet style. If you order the alternative menu for your meal the buffet items are not included. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Tuscan Chicken Broccoli Pasta House Salad Eclairs Coffee & Tea

Vegetarian Menu

Pasta Primavera

Twister's Corner

By Lioness Kathy Walters

Hope your holiday season is filled with laughter, joy and love.

Christmas Questions

When did the Christmas tree, hang a stocking, and the image of Santa Claus flying in a sleigh led by a red nose reindeer, find its way into the American Christmas tradition?

This months greeters are Kathy Fish and Betty Beck

Dec 12

LOW Lioness 2016-2017Calendar

Dec 3 Christkindlmarkt

Dec 8 Lioness Dinner Meeting

ppy Birthda Lionesses!

Dec 1	Sherry Standley	Dec 16	Pat Phillipo
Dec 6	Karen Cakouros	Dec 18	Dorothea Barnes
Dec 6	Elaine Freeland	Dec 21	Linda Shnayer
Dec 6	Kathy Walters	Dec 25	Roselynn Edwards

Mary Lou McFarland

From the Editor

By Lioness Gail Hardin Editor, Lioness LOW DOWN

Please get information and articles for the January LOW DOWN to me by December 28th or as soon thereafter as possible. The newsletter will be distributed on or about January 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com

Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Member: See Pg. 4

Resignation: Sallie Good

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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