



President's Corner

By Lioness Karen Cakouros LOW Lioness President

www.lowlioness.org



“Without kindness, there can be no true joy.” - Thomas Carlyle

It is such a busy time of year for everyone. I appreciate all your efforts to contribute and help at the very busy Food Pantry and participate in the LOW annual Kriskindlemarkt. Caroline Caldwell is ably handling the sale of your donations. Val Protiva and Theresa DiCicco have made their wonderful denim aprons, and Claudia Low will be selling raffle tickets on her newly finished quilt. The bake sale will be held as usual. Please call me (972-9043) if you can spend some time helping at the bake sale table. I know you will contribute some yummy, wrapped baked goods. If you missed the sign-up sheet, just bring your items Friday, Dec 5, from 5 to 7pm or Saturday morning. It should be a good and profitable time. The monthly booksale

was successful...great group effort ladies. Mary Szadvari sold and delivered lots of White House Ornaments again this year.

I think our meeting last month was wonderful. Our new Lionesses were welcomed by past President Donna Crawley. The entertainment, arranged by Carol Lee and Flo Clarke, was spectacular. What talent in that group! They are already scheduled for December, 2015 to “wow” us again. Dinner planning and seating was well handled by Carolyn and Roselynn. Thanks for the delicious dessert, Roselynn.

I have neglected to mention Gail Hardin's continued excellence as editor of our LOW-DOWN. She does a terrific job each and every month. Thank you, Gail.

The first trip planned by our new Excursion Committee was a big success. Thank you to Kathi Martin and her committee.

Hope to see you December 11th at our dinner meeting.

Merry Christmas and Happy Hanukkah!

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

SAFE House—See Page 2

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2014—2015 Board of Directors

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No BOD meeting held in November. The next BOD meeting will be December 4 for November/December and the notes will be included in the January LOWDOWN.

Lioness Committees & Activities

SAFE House

By Lionesses Phillis Sakole & Susan Costanzo

We will be collecting donations for SAFE House at our December meeting. We will be parked in front of the Club House for collection before the meeting.

For the Holiday season there are some special needs. Children's sizes of both underwear and socks have been requested. These should fit children ages 1 to 12 years of age and are needed for both boys and girls.

SAFE has a Secret Santa Shop for the children to pick presents for their family members each year. Former clients are invited back to the shelter to participate. They are in need of some rolls of wrapping paper and tape to complete their shopping experience. Please consider donating a roll of paper or tape.

As always, other needs include powdered detergent, liquid dish soap, bleach, paper towels, and other paper products.

If you aren't able to shop, please consider donating a check made out to S.A.F.E., with "LOW Lioness" in the memo line.

Thanks, as always, for your generosity toward those less fortunate and the organizations providing them crucial support.

December Program

By Lionesses Flo Clarke and Carol Lee

Archer Di Peppe will be presenting a program on Dec. 11 to the Lake of the Woods Lionesses. His program is entitled "Current Trends in Antiques. What's Hot and What's Not." This program promises to be informative and entertaining.

He owned and operated "Neat Stuff Antiques" at 109 Amelia Street in downtown Fredericksburg for fifteen years. He has conducted hundreds of certified appraisals over the last 18 years. He has appraised the contents of Brompton, the historic home of the President of the University of Mary Washington, and the antique church silver for Aquia Episcopal Church, one of the oldest churches in America. He has done consulting work for Stratford Hall, Robert E. Lee's birthplace, and the Hanover County Historical Society.

Lioness Committees & Activities

Share and Care

By Lioness Connie LeMay

- Jean Priest is recovering from her operation and hopes to make the December meeting. She will have another operation in February and our thoughts and prayers will be with her during that procedure.
- Lois Ward had her hip replaced on Nov. 17th and now is in rehab recovering.
- Jean McLallen had a terrible reaction to a drug and was ill throughout Thanksgiving week. The good news is that she is recovering and plans to attend the December meeting.
- Betsy Rath had the respiratory flu throughout Thanksgiving week but is now on the road to complete recovery.
- Mary Villalobos's son-in-law had multiple heart surgeries at the Uni. of Va. hospital but is slowly gaining his strength back.

If you know of a lioness who is ill, or a member of their family, please contact Connie LeMay – 972-6123 – in order that a card can be mailed to them letting the individual know that we are thinking of them.

REMINDER –

Christkindlmarkt – Christmas Items & Bake Sale

Christkindlmarkt is Saturday, December 6th

9:00 a.m. to 3:00 p.m. at the Community Center

Set up is Friday, December 5th, 5:00 – 8:00 p.m.

Bring **Bake Sale** items to the Community Center
Friday evening (5—7 p.m.) or Saturday morning.

You can also bring Christmas items on Friday evening or Saturday morning

Theresa began her life in Seattle, Washington in July of 1945 in a hospital overlooking the Puget Sound. As a child, she was totally aware of the power of the high mountains and mighty trees that surrounded her, thus her dream was to someday be a royal Canadian mounted police or at least, a forest ranger. As it turned out, her early life was more complicated than that as her parents were divorced when she was only 5. She had a sister 2 years younger and two older sisters 14 and 16 years older than herself. Theresa's mother was a seamstress and though she did not teach her to sew, Theresa carefully observed her and felt a lasting connection with her mother's work. Regrettably, her mother died of emphysema after years of illness when Theresa was only 12. Her father passed away some years later of lung cancer, both parents having lost their lives as a result of smoking.

After her mother's death, she and her younger sister lived with their older sister. Then at age 17, she went to Boston to live with the younger of her 2 older sisters. While there she met her future husband and his great big wonderful Italian family! Her life was never the same. Theresa became acquainted with the family through dating the youngest son but, after 6 months, he left home to join the navy. At his mother's insistence, Theresa continued to have dinner with the family every Thursday evening which was a highlight of her week. She remembers walking into the house filled with the aroma of all sorts of Italian dishes. It didn't take long before her love interest transferred to the 3rd son, Michael, and they were married in April 1965. Michael was the type of wonderful husband who encouraged her to do everything she wanted to do. They were blessed with a daughter and Theresa loved being a stay at home mom. Michael continued working in the family business, the well known Paul DiCicco Painting and Wallpapering Company in Boston. Her father-in-law, originally from the Apennines mountains area east of Rome was an artist and it was he who encouraged Theresa to study art. She adored her father in law and later in his life, she was the one who was his caregiver after his stroke for some years until his death. Theresa was always interested in learning new things and continued educating herself. She was very active studying classical piano for 5 years and obtained a museum degree in art. She belonged to the Boston Philosophic Society and took many sewing courses.

In 1996 as her husband was becoming ill, she was offered an opportunity to promote Lebanese food products for Cedars from New Hampshire at the Harris Teeter store in Carey, NC. Sadly Michael's health continued to decline until his death from liver cancer in 2007. It was determined that his cancer was a result of his years of exposure to lead, cadmium, and arsenic unknown to be so dangerous at the time in his line of work. Because her daughter, Michelle and husband, Jeffrey Hall move to Fredericksburg, she also decided to move to Virginia in 2000 to be near them. They have two wonderful children Annika Lee, 10 and Tanner Jeffrey 2 ½ and have a home building business company, J.Hall Homes.

Her hobbies today are

bridge, writing limericks, memorizing poetry, and just about every kind of dance including line, ballroom, and country western partner dancing. Having met her boyfriend, George Colvin, at a Remington Lions Club dance, they go out dancing several times a week. He has an electrical engineering background and was in the air force.

Theresa's artistic endeavors have led her into her own fabrication business, 'Draperies of Distinction' and she has been in business for 20 years. She joined the LOW Lioness in 2011 and served as one of our co-program chairs last year. She has met so many interesting people through Lioness and loves sharing her talents to help raise money for the scholarships we provide. Theresa feels blessed in her life and she is grateful for all of life's experiences. Her strong faith in the Lord and enthusiasm for life is contagious. Recently she traveled to Paris with her daughter's godmother and her 10 year old granddaughter, Annika. Not surprisingly, they ended up dancing under the Eiffel tower!

From the Tamers

By Roselynn Edwards and Carolyn Gordon

The Lake of the Woods Lioness Club Dec. 11th dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, Dec. 8th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$17.00 if you are unable to attend this meeting,

Tamers:

Roselynn Edwards (972-2128) Email: rcdedwards@comcast.net
Carolyn Gordon (972-4656) Email: wpcegordon@aol.com

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner

Garden Salad
Chicken Piccata
Honey Glazed Carrots
Pasta
Pumpkin Pie
Coffee or Tea

Vegetarian Menu

Oriental Salad—fresh
Greens w/almonds, scal-
lions, Man. Org., edama-
me & crisp noodles

OR

Garden Salad
Plus sides from the Buffet

Twister's Corner

By Lioness Carol Greeney

A CHRISTMAS POEM

There is so much more to Christmas
Than candlelight and cheer.
It's the spirit of great friendships
That are with us throughout the year.
It's thoughtfulness and kindness.
It's hope reborn again
For peace, for understanding
And goodwill to all good men.

DID YOU KNOW? Xmas is not simply a new, rather secular way to abbreviate Christmas. It actually began in Ancient Greece! The X is the symbol for the Greek letter Chi, the first letter in Christ's name. I have always avoided using this abbreviated word for this most wonderful holiday—I did not want to leave Christ out of Christmas. Now I know that I can abbreviate without guilt!

GREETERS: If you would like to be a Greeter at the December meeting, please call Carol Greeney at 972-6739 or email cgreeney@comcast.net.

DON'T FORGET TO WEAR YOUR NAMETAG!

Happy Birthday Lionesses!

Dec 1	Sherry Standley	Dec 18	Dorothea Barnes
Dec 6	Karen Cakouros	Dec 21	Linda Shnayer
Dec 6	Elaine Freeland	Dec 22	Joan King
Dec 6	Kathy Walters	Dec 23	Donna Crawley
Dec 12	Mary Lou McFarland	Dec 25	Roselynn Edwards
Dec 16	Pat Phillip		

LOW Lioness 2014-2015 Calendar

Dec 4	BOD Meeting
Dec 6	Christkindlmarkt
Dec 11	Lioness Dinner Meeting
Dec 17	ChildHelp Christmas Wrapping

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the January LOW DOWN to me by Dec. 20 or as soon thereafter as possible. Dec. 29th is the deadline for submissions for the January newsletter. Forward them by email or contact me at the phone number below.

Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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