

LAKE OF THE WOODS LIONESS LOW DOWN

Volume 33, Number 2 — August 2017



President's Corner

By Lioness Donalda Lovelace LOW Lioness President

www.lowlioness.org



I know, I know, the picture to the left is not presidential but I wanted to share with you the fun I felt being with the Lioness's on Independence Day. When I first became a Lioness, and was told that we would walk in a parade I said, "Who me?" not this lady. I barely walk around my house. I was never an athlete. But I tried it, I made it and even better I look forward to doing it every year. With six rows of ladies by my side I feel I can do anything. That's the way I feel being a Lioness, confident and supported. Service is our motto but this year I want to stress the fun! **Lioness Joan Mills** is to be commended for all her hard work on the parade

and sticking with the spinners. You see I enjoyed them! After the parade, many of us met with our families and some of us continued Lioness service to the community having fun at the same time. **Lionesses Ellen Bearden, Nikki Buell, Betty Beck and Jayne Owiesny** signed up to oversee the Adult and Jr Striker Game. We had the opportunity to see a determined little boy about 10 that inspired us all, there is no doubt in our mind that he will conquer his dreams. He would not give up. He must have spent at least six dollars on the Striker game with about 18 tries. Finally, after much encouragement from four Lioness he rang the bell. In our small way, we provided him the support he needed. It was an opportunity for us to be a village and support a youth of Orange County. Remember sometimes all you can do is be a beacon of light for one person at a time. When that young man achieved his goal, we felt jubilant for that one moment and forgot our worries. Remember that in helping others, we rise together.



Right in front of the Striker game was the rock climb, **Lioness Ellen Bearden** looked at it all during her two-hour shift and finally said I can do this! Here is our Ellen B. taking it on. Now don't say we don't have **MORE—See Pg. 3**



WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

School Supplies — Claudia Low will be collecting Baby wipes, tissues, hand sanitizer, disinfectant wipes, zip lock bags—gallon, quart, sandwich and snack size to supplement the school supplies already received.

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2017—2018 Board of Directors

President
Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Secretary
Janite Hamilton
202 Stratford Circle
Locust Grove, VA 22508
(540) 809-0193

Treasurers
Karin Mollard
Jane Owiesny

1st Vice President
Linda Shnayer

2nd Vice President
Nikki Buell

3rd Vice President
Vacant

Lioness TAMERS
Karen Cakouros
Carol Lee

Tail Twister
Jonnie Feterle

Membership
Joyce Morlan
Julie Phend

Directors
Millie Davis
Carolyn Gordon
Carol Greeney

Past President
Maureen Otero

The Insider's View

Minutes from the
July 27, 2017
BOD Meeting

ATTENDANCE: Donalda Lovelace, Janite Hamilton, Linda Shnayer, Jonnie Feterle, Maureen Otero, Joyce Morlan, Carolyn Gordon, Millie Davis, Jayne Owiesny, Karen Cakouros, Karin Mollard, Su Bielmeier, Carol Greeney, Kathy Walters, and Ellen Bearden.

CALL TO ORDER: President Donalda Lovelace called the meeting to order at 7:00 P.M.

SECRETARY'S REPORT: The July minutes, which were previously distributed, were approved.

TREASURER'S REPORT:

- The Administrative Financial Statement was provided. The Administrative Financial was accepted for filing. Audit questions were raised. President Donalda Lovelace will inquire about this to the Lions Club and report results at next meeting.
- Holiday House Tour Co-Chairperson Ellen Bearden came before the board to give a status report and ask a few brief questions.

PRESIDENT'S REPORT:

- Resignations were received from Phyllis Sakole, Sue Merna, Gwen Mallman, Margarita Rodriguez, Carol Bohrer, Dorothea Barnes, and Ellen Brauch. All resignations were accepted with regret.
- A thank you note was received from Orange County Animal Shelter for our recent donation.
- Charter Night is set for September 14 with many Lion representatives expected to attend.
- The LOW Players offered two tickets to their first performance in recognition of the Lioness Club's contribution to the community. The motion was made and approved to raffle the tickets off at the Card Party in September.
- Concert on the Point will be hosted by the Lioness Club on Friday August 25. This is a Lioness Fundraiser and volunteers are needed. Carolyn Gordon, Janite Hamilton, Joyce Morlan, Karen Cakouros, volunteered for the event. A few more volunteers will be needed for the event.

OFFICER'S REPORTS:

- 1ST Vice President-Linda Shnayer
 - Card Party and Luncheon are on track for September fund raiser.
 - Linda asked Kathy Walters and Carol Greeney Chairpersons of the February 17, 2018 dance to talk about plans. A motion was made and approved to make a \$200 deposit for the Reunion Band to perform at the dance.
- Holiday House Tour Co-Chairperson Ellen Bearden came before the board to give a status report and ask a few brief questions
- TAMERS-Karen Cakouros
 - Karen Cakouros spoke with the Clubhouse manager and shared that he had developed a new and appetizing menu for the coming year.

MORE - See Pg. 3

BOD Minutes, Cont'd (from pg. 2)

MEMBERSHIP-Joyce Morlan

An induction of at least one person possibly three people is planned for September.

DIRECTORS-Carolyn Gordon and Millie Davis

A mixer is being planned for November.

IMMEDIATE PAST PRESIDENT- Maureen Otero

A motion was made and approved to appoint Carol Greeney as a replacement for Joann Deem as Director.

Other Business-

A motion was made by Karen Cakouros and unanimously passed to support the LOW Lion's Club Golf Tournament in September by sponsoring a \$100.00 Hole Sign. Lioness members were urged to volunteer in support of this tournament.

Without further business, the meeting was adjourned.

President's Letter (Cont'd—From pg. 1)

fun while supporting the community. Go to our website www.lowlioness.com and see more pictures of Lioness's on Independence Day at LOW.

NEWS FLASH! Our charter application to Lions Club International was approved. Thanks to 1st Vice President Lioness **Linda Shnayer** for her leadership in getting 100 documents completed and compiled. We will receive our charter as a Lions Club at our September 14, 2017 meeting. The Tamers are planning a festive meeting to celebrate not only our new charter but our 30-year Anniversary of service as well. Our plans also call for an induction of new members. Our speaker is a dynamic and charismatic Past International Director. We will have a sit-down dinner, piano playing in the background. If you wanted to invite a friend or a hubby this is the meeting to do so. We will invite representatives from surrounding Lions Club even a Lioness Lions Club. I promise it will be fun!

One last thing, the Guest Speaker for the August dinner meeting Kay Bransford is fantastic. Lioness Linda Shnayer and I heard her at a Lions Conference and we couldn't wait to invite her to our meeting so you can hear about a system she developed to support you and your family. By the way, as a result of hearing her my hubby and I found over \$500. This could be you! See you on the 10th!

Helping one person might not change the world, but it could change the world for one person -unknown

Lioness Committees & Activities

Share and Care

By Lioness Ann Walker

Carol Greeney is recovering well after undergoing surgery to remove a kidney stone. The pelvic fracture she experienced has healed; however, she is now dealing with sciatica. She commented that things seem to come in three's; so she's done!

Wendy Gwaltney has been dealing with pneumonia. She is feeling better and asks for your continued prayers.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338

Lioness Committees & Activities

Hand and Foot Tournament

By Lioness Linda Shnayer

A big Thank You to all the Hand and Foot Players who joined in the fun in July! Those who attended were very pleased with our new location - a lot of room to spread out and more quiet.

Next Game: August 9th

Where: Lower Level of Lake of the Woods Clubhouse

Time: 1PM to 4PM

The cost to enter the tournament will remain \$20 per table (\$5 per person). Three-fourths of the entry fees collected go to the LOW Lioness Club Benevolence Fund which is used to support our many community programs. The remainder of the tournament entry-fee will go to the three highest scorers (1st-60%, 2nd-30%, 3rd-10%). The more players, the larger the winning pot!

To reserve a table, please contact Linda Shnayer, 540-412-1021 or email at lshnayer@hotmail.com. If you wish to play and do not have a team, please email Gail Stoner, gstoner65@gmail.com, or Helene Burns, hburns60@comcast.net. Gail and Helene will maintain a list of players looking for a team.

Lioness Card Party, Luncheon and Fashion Show

By Lioness Sharon Kaltenmark

Mark your calendars now for the Lioness Card Party and Fashion Show. The date is Friday, September 22, 2017. This annual event, for the benefit of the Benevolence Fund, will be at the LOW Clubhouse from 9 a.m. to 3 p.m. Again this year, tickets are \$26.00 per person. **Details**, a women's shop, in Occoquan will present the fashion show. The outfits should be just what we will need to update our fall wardrobes!

We will be raffling off gift baskets filled with many wonderful items and gift certificates. We encourage all Lionesses to bring a donation for the baskets to the September meeting. A few suggestions: theme basket items for an Italian dinner, Christmas or Thanksgiving Holiday, Spa Retreat, gourmet, gardening, or golf. Many of you are very creative and will come up with other great ideas also. Wine is always a wonderful addition to any basket! Please visit local merchants and ask for gift cards, certificates or merchandise. All business donors will be listed in the program. Theresa DiCicco is planning a wonderful silent auction with great items again this year.

At the card party, guests may choose to play bridge or other games. Bridge players must sign up with a partner. If you need help finding a partner, please contact Jan Lemieux. All other game players please sign up as a group so that you will be seated correctly. Tables will be provided also for those who choose to come to enjoy the luncheon and fashion show only.

The clubhouse chef is planning a delicious lunch of a green salad topped with chicken and fresh fruit, rolls and a warm apple torte for dessert. Beverages and snacks will be available throughout the day. There will also be a cash bar from 11:30-12:30.

Please invite your friends and neighbors to join us for this fun event. For all reservations call Jan Lemieux at 972-8888 beginning August 20. But don't wait too long as this event is always a sell out! See you September 22.

Lioness Food Drive

By Lioness Claudia Low

Attached to the email transmitting the newsletter is a flyer for the Lioness Food Drive to be held Saturday, August 19th from 8 a.m.—1 pm., parking area across from Front Gate Security Office. Please support the Food Drive and pass the flyer around to family, friends, and neighbors. If you have questions, call Claudia Low at 540-412-1304.

From the Tamers

By Karen Cakouros and Carol Lee

The Lake of the Woods Lioness Club August 10th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, August 7th, if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Carol Lee (972-8920) Email: carol.lee4@comcast.net

Karen Cakouros (972-9043) Email: karencak@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Dinner Great American Soup and Sandwich Bar

- Sliced Deli Meat Display to include Virginia baked ham, roast beef and oven roasted turkey breast
- Curried Chicken Salad and Tuna Salad
- Caesar Salad
- Cold Gazpacho Soup
- Freshly baked cookies and brownies
- Coffee & Tea

Vegetarian Menu

For vegetarian meal, please call the Tamers

Twister's Corner

By Lioness Jonnie Feterle

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had. Previously named Sextilis in Latin, it was the sixth month of the Roman calendar.

1. How many Presidents of the United States were born in the month of August?
2. Can you name the Presidents of the United States that were born in August?
3. What are the traditional flowers for August?

This month's greeters will be:

Marian Rood (new member) and her sponsor Jean McLallen

LOW Lioness 2017-2018 Calendar

- | | |
|---------|---|
| Aug 9 | Hand & Foot Tournament |
| Aug 10 | Lioness Dinner Meeting |
| Aug 19 | Lioness Food Drive |
| Aug 24 | Lioness BOD Meeting |
| Aug 26 | Lioness Book Sale |
| Sept 22 | Lioness Card Party, Luncheon & Fashion Show |

Happy Birthday
Lionesses!

August 5	Barbara Young
August 6	Carleen Delio
August 14	Jean Ann Daniels
August 18	Emily Slunt

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the September LOW DOWN to me by August 28th or as soon thereafter as possible. The newsletter will be distributed on or about September 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignations:

Dorothea Barnes
Carol Bohrer
Ellen Brauch
Gwen Mallman
Sue Merna
Margarida Rodriguez
Phyllis Sakole

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

PO Box 811, Locust Grove, VA 22508

www.lowlioness.org