

# LAKE OF THE WOODS LIONESS

## LOW DOWN

Volume 32, Number 2 — August 2016



### President's Corner

By Lioness Barbara Hernan LOW Lioness President

[www.lowlioness.org](http://www.lowlioness.org)

#### What is August?

It is the second month for all new officers, board members and committee chair people that are all trying hard to make this a very successful year for our Lake of the Woods Lioness Club. Some of us are just learning so please give us patience and support. I know we will make it a great year.

August is the hottest month of summer. After July's temperatures I hope the records are wrong. If it is a dry August some of the leaves on our trees begin to change color.

August is the last month of summer vacation for the school children and for parents time to start thinking about their children's school clothes. A lot of us may be seniors but can still remember what we did on summer vacations. (My favorite memories of summer vacations were the years that my father shipped my mother, my two sisters and I to the seashore for the summer. I still love to put my feet in the sand and stare at the ocean in awe of creation.)

Here are some suggestions from an article of what to do in August by Caitlin Thornton: "Watch some baseball, Spend time swimming, Go to a festival, Take a mini vacation, Have a fling" (I think that could lead to

trouble), "See the sun."

How fortunate we are here at Lake of the Woods. We can do just about all of this without even going out of our community. Our club is reaching out in

many ways to help people in our community and are always looking for suggestions from our members.

Remember We Serve,

**DUES ARE DUE—See Pg. 4**

#### WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

**Baskets** (medium or large) & items to go in the baskets for Card Party and Fashion Show—See Pg. 3

**School Supplies** — See Pg. 3

**Cat Food for Cause 4 Paws** — See Pg. 3

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

**2016—2017 Board of Directors**

**President**  
**Barbara Hernan**  
1104 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-7575

**Secretary**  
**Linda Shnayer**  
107 Fairfax Lane  
Locust Grove, VA 22508  
(540) 412-1021

**Treasurers**  
**Caroline Carlwel**  
**Barbara Tomayko**

**1st Vice President**  
**Donalda Lovelace**

**2nd Vice President**  
**Michelle Senft**

**3rd Vice President**  
**Joan Mills**

**Lioness TAMERS**  
**Ellen Bearden**  
**Nicki Buell**

**Tail Twister**  
**Kathy Walters**

**Membership**  
**Joyce Morlan**  
**Julie Phend**

**Directors**  
**Millie Davis**  
**Joann Deem**  
**Carolyn Gordon**

**Past President**  
**Maureen Otero**

**The Insider's View**

Minutes from the  
July 28, 2016  
BOD Meeting

**ATTENDANCE:** Barbara Hernan, Linda Shnayer, Caroline Caldwell, Donalda Lovelace, Michelle Senft, Joan Mills, Nicki Buell,, Joyce Morlan, Millie Davis, Joann Deem, Carolyn Gordon, Maureen Otero, and Su Bielmeier.

**SECRETARY'S REPORT:** The June 2016 minutes were approved.

**PRESIDENT'S REPORT:** President Hernan received resignation letters from Lioness Donna Crawley and Lioness Rosalie Ekstron. Both resignations were accepted with regret. President Hernan also reported a storage unit to be used for Lioness signs, equipment, supplies, and legal historical documents has been rented and will soon be available for use. A special thank you goes to Lioness Ann Walker for donating shelving for the unit.

**OFFICER'S REPORTS**

**1<sup>st</sup> Vice President- Donalda Lovelace**

-The Fall Card Party & Luncheon Committee, chaired by Jan Lemieux, reported to Donalda that plans are well underway for another successful event to be held on September 23<sup>rd</sup>. This year Dress Barn will provide the fashions for the fashion show and Lioness models have been selected. Donations are being accepted for the prize baskets.

-Lioness Nicki Buell, Golf Tournament Committee Chair, reported plans for the Lioness Golf Tournament are going well and more hole sponsors are needed. At the August dinner, Nicki will be requesting volunteers to work the event to be held on October 8<sup>th</sup>.

**2<sup>nd</sup> Vice President -Michelle Senft**

-Youth Outreach - Carolyn Gordon, Child Help East Chairperson, reported an Ice Cream Social will be held on Friday, September 16<sup>th</sup>, 1PM-3PM.

-Publications. Su Bielmeier reported new pictures for the Lioness Directory have been taken over the last four months for 109 members. To enable timely publication of the Directory, Board members agreed no further opportunities will be available for new pictures. It was further agreed, should a member have a previously used picture, that picture will be used in the new directory.

-Constitution & Bylaws Committee. Donalda Lovelace, Chairperson, reported the committee will meet in September to review, revise, and, if required, update the Lioness Bylaws. The last revision was completed May 11<sup>th</sup>, 2006.

**Tamers— Ellen Bearden and Nicki Buell**

-Nicki provided a reminder that the monthly dinner price is currently \$18.00.

**Directors - Carolyn Gordon, Joann Deem, and Millie Davis**

-Following Board discussion, it was decided we will have three dinner meeting mixers. Mixers will be at the November, February, and April dinner meetings.

**Lions Liaison— Su Bielmeier**

-Food Pantry. Su reported last month 159 families visited the Food Pantry. She gave kudos to Walmart for donating 2200 pounds of meat to the Pantry.

-Insurance Coverage. In response to a question received from Lioness Norma Ervin regarding insurance coverage for Lionesses, Lion Dick Gullickson confirmed as an Lions organization, our Lioness dues provide a \$1 million liability policy for bodily and property damage.

Without further business the meeting was adjourned.

# Lioness Committees & Activities

## Card Party & Fashion Show

By Lioness Theresa DiCicco

The 24th annual card party-fashion show will be held at the club house on September 23, 9 am to 3 pm. Presenting this year's fashions will be The Dress Barn of Central Park. Gift baskets for raffles and auction items will be available as well as taking orders for game table covers. If anyone has any other ideas for fund raising please call the chairman, Theresa DiCicco at 540-548-3500. Tickets/reservations will go on sale August 22nd through Jan Lemieux at 540-972-8888. Bridge players should sign up with a partner: other game players should have the names of all their party when they make their reservations.

## Baskets, Baskets, Baskets

By Lioness Carol Greeney

Please bring any *medium* or *large* **baskets** that you may have to the August and/or September meetings for our ever popular gift baskets which will be raffled at our **Card Party and Fashion Show** on Friday, September 23. In addition, we need **items** to fill those baskets! When procuring these items, please think in terms of themes such as Gardening, Romantic Dinner, Kitchen, Golf, Tennis, Automobile, Spa., Books, Movie Night, Gourmet Food, etc. You get the idea! And remember, wine is *always* welcome and will fit into most baskets!

Call me at 972-6739 if you wish to make other arrangements to get baskets and items to me. Thanks, ladies. We DO serve!

## School Supplies

By Lioness Michelle Senft

Below is a list of school supplies needed that Michelle Senft will be taking to the local schools. You can call her at 972-1964.

Backpacks **no rolling ones**, number 2 pencils, glue sticks, scissors, marble composition notebooks sewn pages, loose leaf paper, spiral notebooks wide ruled, 4-pack dry erase markers, 2 pocket plastic folders, 3x5 index cards, 5x8 pencil boxes, crayons, zip lock bags, tissues, and hand sanitizers

## Program - Cause 4 Paws

By Lioness Gail Hardin

Mary Kay Wilks, with **Cause 4 Paws**, will be the August speaker. *Cause 4 Paws* is a local rescue group for cats and kittens based in Lake of the Woods, VA and serving many surrounding counties. Their mission is to help homeless kittens and cats by getting them necessary veterinary treatment and then finding forever homes for them. The cats will receive their basic shots and be spayed or neutered prior to being released (if feral) or placed for adoption. You can check out their website at: <http://cause4pawslocustgrove.com>.

# Lioness Committees & Activities

## Child Help Ice Cream Social

By Lioness Carolyn Gordon

Child Help Ice Cream Social will be held Friday, September 16th from 1:00 p.m. - 3:00 p.m. Volunteers will meet at the lower level of the clubhouse parking lot at 12:15 p.m. There will be sign-up sheets on dinner tables at the August Lioness meeting. For information you may call Carolyn Gordon, Child Help Committee Chair at 972-4656.

## DUES ARE DUE

Your membership dues for 2016-2017 are now due!

Caroline Caldwell will be on hand at the August dinner meeting to accept payment (\$30.00) of your dues.

**Please pay by check made out to: LOW Lioness**

If you cannot attend the August dinner meeting, please submit them via mail to:

LOW Lioness Club  
Attn: Caroline Caldwell/Barbara Tomayko Treasurers  
P.O. Box 811  
Locust Grove, VA 22508

Lioness who need a ride to the Dinner  
Meeting please call Lioness  
Donalda Lovelace  
540-412-2857

## From the Tamers

By Ellen Bearden and Nikki Buell

The Lake of the Woods Lioness Club August 11th Dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the Tamers by Monday, August 8th, if you are not attending or need a special meal. Dinner will be buffet style. **\*If you order the alternative salad for your meal, the house salad and the buffet items are not included.** A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Ellen Bearden (972-9595) Email: bebearden@verizon.net

Nikki Buell (412-0104) Email: nbuell113@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

### Dinner

House Salad  
Stuffed Peppers  
Honey Glazed Carrots  
Au Gratin Potatoes  
Lemon Cake  
Coffee & Tea

### Vegetarian Menu \*

Chicken Strawberry Spinach Salad

**In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.**

## Twister's Corner

By Lioness Kathy Walters

August is a great month for a family vacation. With that in mind, Here are the Twister questions for August.

How many National State Parks are there in the United States?

Which State has the most National Parks?

What year was Smokey Bear, advertising campaign created?  
What is his slogan?

## LOW Lioness 2016-2017Calendar

Aug 11	Lioness Dinner Meeting
Aug 25	BOD Meeting
Aug 27	Lioness Book Sale
Sept 16	Child Help Ice Cream Social
Sept 23	Card Party and Fashion Show
Oct. 8	Lioness Golf Tournament

## Happy Birthday Lionesses!

August 5 Barbara Young

August 6 Carleen Delio

August 11 Pat Berry

August 14 Jean Ann Daniels

August 17 Pat Watterworth

August 18 Nancy Rauch

August 18 Emily Slunt

August 28 Mary Villalobos

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

Please get information and articles for the September LOW DOWN to me by August 27th or as soon thereafter as possible. The newsletter will be distributed on or about September 1. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**RESIGNATIONS:**

**Donna Crawley**  
**Rosalie Ekstron**

**Beth Sundberg — NEWPHONE NUMBER**  
**540-847-0116.**

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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