



President's Corner

By Lioness Zoila Ortega, LOW Lioness President

Oh, August

Août . It is the French word for August and it is pronounced "Oh". For many years that is precisely how I felt about August. Oh, summer is ending. Oh, school is starting. Oh, the cold is on its way. Now, however, I see August differently.

August is the 'enjoy and plan' month. Enjoy the last days of the LOW pools being open. Enjoy the HEAT. Enjoy the Luau at the Clubhouse. Plan for Fall ... Plan Winter activities...Plan the Lioness Fall Card Party and Fashion Show...Plan for the Wrapping of Christmas gifts at Childhelp....

August also gives us an opportunity to account for all of the "going ons" of the summer. In 2011 for Lioness Members that means the:

- Seventy-Six ice cream sundaes prepared and served to happy and grateful children at Childhelp East.
- The FUN of participating in the LOW 4th of July Parade.
- Reaching of the goal of raising our first \$100. via the gift card program.

So now, **Août** stands for "OMG" August is wonderful, and "OMG" the time has come to prepare for Fall.



Quote for August..

"Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time."

[John Lubbock](#)

Agenda

Lake of the Woods Lioness Club
August 11, 2011
Pledge of Allegiance
Invocation by Phyllis Jones
Introduction of Guests

Acknowledgement of L.O.W. Lioness Contribution
Mr. Ed Childress, Executive Director, Sheltering Arms

Dinner

Program: An Invitation to Ellwood and the Taming of the Wilderness
Mr. Dale Brown, Member, Board of Directors
Friends of the Wilderness Battlefield

Announcements and Committee Reports
Announcement of Birthdays
50/50 Raffle
Food Bank Raffle
Adjournment

WHAT DO I BRING CHECKLIST?

Wilderness Pantry-- At least 2 food items in a reusable bag or double plastic bag; especially needed sides and soups.

ANNUAL DRIVE FOR SCHOOL SUPPLES—See pg. 5

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2011-2012 Board of Directors

President
Zoila Ortega
1010 Lakeview Parkway
Locust Grove, VA 22508
(540) 972-3040

Secretary
Ann Walker
1224 Eastover Parkway
Locust Grove, VA 22508
(540) 972-4338

Treasurers
Patricia Berry and Emily Slunt

1st Vice President
Carol Lee

2nd Vice President
Beth Sundberg

3rd Vice President
Christine Wyant

Lioness TAMERS
Carol Greeney and Janice Wright

Tail Twister
Nora Simpson

Membership Director
Michelle Senft

Directors
Mary Altman
Maureen Otero
Barbara York

Past President
Marge Howard

Lion Liaison
Mary Dee

The Insider's View

Minutes from the
July 28, 2011
Lioness BOD Meeting

Attending were Lioness board members Mary Altman, Pat Berry, Mary Dee, Carol Greeney, Marge Howard, Carol Lee, Zoila Ortega, Maureen Otero, Nora Simpson, Emily Slunt, Beth Sundberg, Ann Walker, Christine Wyant, and Barbara York.

First Vice President Carol Lee introduced LOW resident Skip Poole of CruiseOne, who presented a proposal for an eight-day fund-raising cruise that would depart May 31, 2012, from Baltimore and include ports of call in Bermuda and New England. Bus transportation would be provided from the clubhouse parking lot to the ship. Mr. Poole stated that he had conducted three cruises for the LOW Lions Club, which raised approximately \$16,000. Following his presentation and a question and answer period, Mr. Poole departed, and the board discussed the merits of this undertaking. First Vice President Carol Lee reported that she had done a price comparison between Mr. Poole's agency and Travel Leaders in Fredericksburg, and found that the most advantageous trip with respect to passenger cost and monetary benefit to the club, would be through CruiseOne. After reviewing the proposal, IT WAS MOVED BY Ann Walker and DULY SECONDED BY Carol Greeney to proceed with the fund-raiser proposed by CruiseOne. MOTION CARRIED.

Minutes from the June 23, 2011, meeting had been previously distributed, and the board accepted them as written.

The Treasurer's report was accepted and filed for audit.

President's Report – Zoila Ortega

- The procedure for handling birthday announcements at our dinner meetings was discussed and it was decided that this would be conducted as in the past, with each honoree's name being announced by the club president or her elected representative.
- Consideration was given to a policy with respect to guest speakers, and after a brief discussion, IT WAS MOVED by Beth Sundberg and DULY SECONDED by Marge Howard that the following restriction be observed for future dinner speakers: "No club member should be a featured speaker if such an occasion would result in that member's profiting from the sale of goods and/or services." MOTION CARRIED.

Furthermore, Christine Wyant suggested that we sell advertising space in future membership handbooks for Lionesses to promote their products and services, and President Zoila Ortega asked her to pursue this excellent concept further.

- With respect to our fund-raising luncheon and fashion show in May, President Zoila Ortega reported that the Executive Director of Sheltering Arms will be attending our August dinner meeting to express

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appreciation for our donation, which will result in a photo opportunity to publicize this most successful fund-raising effort.

Second Vice President's Report – Beth Sundberg

- Our next dinner meeting will provide an opportunity for collection of school supplies for the children of Safe House and Sheltering Arms, as well as for the students of Locust Grove Elementary School. An article will be placed in the *LOW DOWN* to that effect, with a listing of desired items. Additionally, Connie Buttimer is in the process of contacting the new middle school to see if they have any special needs.

Third Vice President's Report – Christine Wyant

- Third Vice President Christine Wyant reported that she had received two suggestions. One was to promote the purchase of gift cards to Blooms for Lionesses to donate to the Wilderness Food Pantry; the other concerned a new venue for our book and bake sales, inasmuch as the Lions will no longer be holding their annual yard sale. This is being investigated by the Book Sale co-chairs.

Tamer's Report – Carol Greeney

- There were ten no-shows at the July meeting; Tamer Carol Greeney will coordinate with the treasurers with respect to collecting these dinner fee obligations.

Tail Twister's Report – Nora Simpson

- Tail Twister Nora Simpson said that she would see that the treasurers receive the collected finds in a timely manner. She also stated that she had developed a good working relationship with Pittman Florist and finds them most accommodating.

Lions Liaison's Report – Mary Dee

- All Lionesses are invited to a special Lions event on August 4 at 7:00 p.m. in the Community Center. A delegation from Germany who are Lions Club members will be in attendance. The LOW Players will be presenting a skit, and there will be square dance entertainment as well. President Zoila Ortega thanked the Lions and urged our club members to take advantage of this gracious invitation.

Past President's Report

- Immediate Past President Marge Howard shared with the board a request from Habitat for Humanity for our club members to sell floral bulbs this fall to assist the organization in fund-raising. It was the decision of the board to decline this request.

Committee Reports

- Eye-glass Recycling Center – Carol Lee, co-chair of the Sight Committee, reported that they have set a goal to increase Lioness participation at the Lions Eye-glass Recycling Center on Mondays and Thursdays. In that regard, all club members will be contacted by phone and asked to commit to assisting at the center. Furthermore, the morning start time will be changed to 9:30 a.m. and one afternoon a month will be tried to see if this would be more convenient for some. In conclusion, she stated that her committee has made a commitment to always have someone in place at the center the days Lionesses are assigned to work.

There being no further business to come before the LOW Lioness Board at this time, the meeting was adjourned.

Lioness Committees & Activities

DUES ARE DUE!

By Lioness Pat Berry

Your Membership dues for 2011-2012 are now due! At the July meeting, approximately half of the members paid their dues.

The Treasurers will be on hand at the August dinner meeting to accept Payment (\$30.00) of dues from members who have not paid.

If you cannot attend the August dinner meeting,
Please submit them via mail to:

LOW Lioness Club
Attn: Pat Berry/Emily Slunt, Treasurers
P.O. Box 811
Locust Grove, VA 22508

New copies of the handbook will be available in September, but will not be issued to those with outstanding obligations.

Eyeglass Recycling Center

By Lioness Carol Lee

I am the Lioness chairperson for the Eyeglass Recycling Center and have been working with my committee (Paula Hornaday, Kay Nibert and Pat Phillipo) to get more volunteers to work on this very worthy project. We really need your help. One of us will be calling you in the next several weeks to personally invite you to come and help at the center. We will be asking for one or two hours a month or as many as you can, if you would like to work more.

We need volunteers for Monday and Thursday mornings. We are also planning to be open on a Monday afternoon if we get enough Lionesses that are interested in this time period (maybe you are not a morning person!). We will also need to have a list of subs.

One new thing we have planned is to open at 9:30 a.m. so you have a little more time in the morning. Our commitment to you will be that one of us will be there to open each day.

To all the Lionesses that have faithfully volunteered in the past, we thank you and hope you will continue. We hope that many more of our Lionesses will be willing to participate. We look forward to talking to each of you.

Lioness Committees & Activities

Annual Drive for School Supplies

By Lionesses Norma Ervin, Sharon Allen,
Phyllis Sakole, and Betsy Flanigan

Again this year we will be collecting school supplies at our August meeting and dividing them among Locust Gove Elementary School, SAFE House and Sheltering Arms. We know our members will help get the school year off to a great start with generous support for needy students and their teachers!

Please limit donations to the following items, which have been gleaned from teacher lists for 2011, and are the only items students are permitted to use:

- Backpacks (to fit 12x15 space—NO ROLLING ONES)
- #2 pencils (12, 24, and/or 48-pack), packages of pencil-top erasers
- Large or small glue sticks, scissors, highlighters
- Composition notebooks (sewn pages), one-inch 3-ring binders
- Spiral notebooks, 2-pocket plastic folders (no prongs)
- 3x5 index cards, pencil (school) boxes 5"x 8"
- Boxes of crayons (48 or 24 count), colored pencils, blue or black pens
- Ziplock bags (quart and gallon), tissues, hand sanitizer, Clorox wipes

Membership Director

By Lioness Michelle Senft

As the new Membership Director, I wanted to let everyone know, you may reach me by telephone, e-mail, or at a dinner meeting with any new prospects for membership. I look forward to meeting new people and helping them become a Lioness. We do such wonderful projects though out the year and have so much fun doing them with our friends.

Germanna Heights Committee

By Lioness Michelle Senft

We have finished another successful year of doing activities with our friends at the Germanna Heights Apartments. Norma Ervin and Barbara Rakes planned a wonderful evening picnic in June. Everyone had a great time and the fantastic entertainment was by the Flat Run Ramblers, whom we can't thank enough. I want to thank everyone on the committee for all of their help, the residents appreciate everything we do for them. If anyone would like to become a member, please contact me by telephone, e-mail or at a meeting.

Lioness Committees & Activities

LOW Lioness Annual Card Party, Fashion Show and Luncheon

By Lioness Sharon Kaltenmark

Mark Friday, September 30, 2011, on your calendars now and plan to attend the annual LOW Lioness Club Card Party, Fashion Show and Luncheon at the Lake of the Woods Clubhouse. The event will take place from 9:00 a.m. until 3:00 p.m. Chicos of Central Park will present the fashion show and they promise that the outfits will be just what we need to update our fall wardrobes!

The Clubhouse chef will prepare a delicious lunch of a Green Salad topped with chicken breast strips, cheese and a variety of fruit. In addition, rolls and a fabulous dessert will be served. As in the past, beverages and other sweets will be available throughout the day. A cash bar will be open from 11:30-12:30.

The cost will be \$25.00 per person. Jan Lemieux will take reservations beginning in September.

Share and Care

By Lioness Jean Stutz

Lioness Barbara Rakes who was diagnosed with Lupus continues to struggle with ongoing problems. Please keep Barbara in your thoughts and prayers.

Lioness Virginia Bayer was admitted to Culpeper Hospital with Pneumonia and has recently been discharged to Dogwood Nursing Home for rehabilitation. Virginia has been battling health issues for some time. Our wishes are for a speedy recovery and return to good health.

Lioness Doris Velona has been discharged from Culpeper Hospital after being admitted with Pneumonia and heart failure. She is now home recovering and receiving physical therapy. We wish her a speedy recovery.

Please remember those who are suffering and in need of your kindness and prayers.

New Member

By Lioness Michelle Senft

The following new member was inducted at the July dinner meeting.

Name	e-mail	Phone No.	Sponsor
Karin Goetz 104 Woodlawn Trail	wgoetz@glsm.com	972-0955	Bonnie Foltz

Lioness Committees & Activities

Announcement of Additional Chairpersons

By Lioness Zoila Ortega

Flea Market.....	Joan Johns (Co-Chair).....	(703) 628-7169
Spring Fashion Show.....	Kathy Walters.....	972-8428
Gift Card Program.....	Donna Crawley (Co-Chair).....	972-1512
	Zoila Ortega (Co-Chair).....	972-3040

A Re-introduction to the Gift Card Program

By Zoila Ortega, Lioness Club President

The Gift Card Program was announced at our March 10th meeting and orders started coming in soon thereafter. Clearly, this program could be a major fundraising project for our club. So, Lionesses when you are buying groceries, getting gas, or giving a gift, consider using a gift card purchased from the Lioness Club.

The card will be for and from the retailers that you select. There are 10 pages worth of retailers that participate in the program and you should receive the retailer list by email with this issue of the LOW DOWN. Read the list over and purchase your cards from us. The cards cost no more than the face value of the cards purchased.

How do you order a gift card?

1. Review the retailer list and fill out the **Order Form** included **here**.
2. Email your orders to Zoila Ortega at nileperch @aol.com or **bring it to the next Lioness Meeting** or send your order form and your check made out to LOW Lioness Club to Zoila Ortega at 1010 Lakeview Parkway, Locust Grove, VA. 22508.
3. Your ordered cards will be available for you at the Lioness Meeting following the placement of your order.

How does the Lioness Club benefit from the gift card program?

The card issuing company will then rebate a percentage of the value of the cards purchased to the LOW Lioness Club. **It is that easy!**

It is a great way, that costs us nothing extra, to support our LOW LIONESS Club when we:

- buy food, gas or clothes, (**Bloom**, Giant, Sheetz, Target, Wal-Mart, K mart , Sears ...)
- purchase and give gifts (Macy's, JC Penney's...)
- travel or stay at hotels (Marriott Hotels, airlines ...)
- go to the movies (AMC, Regal theatres ...)
- get dinner out (Subways, Panera, Outback, Red Lobster, Olive Garden, IHOP, Bonefish...)

L.O.W. Lioness Club *Gift Card Program*

Order Form

[illegible]

From the Tamers

By Lionesses Carol Ctrney and Janice Wright

The Lioness August 11th dinner meeting will be held at the Lake of the Woods Clubhouse starting with social time at 5:45 pm followed by dinner at 6:30 pm. If you are unable to attend this meeting, are bringing guests, or need a special meal, you must phone Carol Greeney (540-972-6739) or Jan Wright (607-592-3125) by Friday, August 5th. Please remember that this is a set meal and if you have any special needs, you must let us know by August 5th. Also, please remember that "no shows" (members who do not attend and have not called to cancel) and those calling after the August 5th deadline will be billed for their dinner. Dinners are \$16.

The dinner will be buffet

August Dinner

Gazpacho

**Salad Bar with Meats
and Cheeses**

Choice of 2 Salad Dressings

Variety of Breads

Sherbet and Plated Cookies

Twister's Corner

By Lioness Nora Simpson

To " Twist the Tail of the Lion(ess) is to face or defy the opposition in it's own territory or home."

We Lioness' are much "tamer", so all you have to do is name and greet one of our birthday Leos', and to name a famous one!

Greeters for August dinner meeting

Ellen Bearden
Bonniebeth Foltz

"Friendship? Yes, please" Charles Dickens

LOW Lioness 2011 Calendar

August 11	Lioness Dinner Meeting
August 25	Lioness BOD Meeting
September 30	Lioness Annual Card Party, Fashion Show & Luncheon

**Happy Birthday
Lionesses!**

August 3	Betty May	August 14	Janice Wright
August 3	Toni Ruther	August 17	Pat Watterworth
August 5	Barbara Young	August 18	Nancy Rauch
August 11	Pat Berry	August 18	Emily Slunt
August 11	Louise Hoh	August 26	Connie LeMay
August 14	Jean Ann Daniels	August 28	Mary Villalobos

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the September LOW DOWN is August 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New Member—see pg. 6

New e-mail address
Joanne Hurst—jahurst108@gmail.com

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

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