

LAKE OF THE WOODS LIONESS

LOW DOWN



Volume 26, Number 2— August 2010

President's Corner

By Lioness Marge Howard, LOW Lioness President

To handle yourself, use your head; to handle others, use your heart. Unknown writer

Lioness participation in the 4th of July parade earned us a trophy for "Best Appearance Float." This was accomplished by the effort put forth by Lioness Carol Lee and her many volunteers. Team work has always been LOW Lioness Club major strength.

I became a Lioness on January 16, 1988. There were 68 ladies who joined on that date. The certificate was signed by our first President, Barbara A. Story. She was a strong leader and we, as Lionesses, were to adhere to an established criteria, as follows:

In our Volume 1, No. 3 LOW DOWN, it spelled out what was required of us as Lionesses.

"What does this mean? I serve human needs wherever they exist as a member of the largest woman's service organization in the world. I enjoy the fellowship and friendship with Lionesses at

What is expected of me? I wear my pin with joy and pride – often. I wear my name tag at Lioness and Lions meetings and when I represent our club. I participate in all functions of my club: attend monthly dinner meetings regularly, accept assignments given me, and contribute my share to the program of the club.

What club policies should I know? I have an automatic reservation for every dinner meeting. If I am unable to attend the dinner, I notify the Lioness Tamer two days in advance. I try to make the business meeting at 8 p.m. even if I cannot attend the

dinner. I pay the club for my dinner if I did not cancel in advance. I am expected to have 100 percent attendance at monthly meetings. If I miss a meeting, I will make it up by attending a Board meeting, another Lions or Lioness club meeting, zone, district, state, or international meeting, participating in a club activity or service project within three weeks of the meeting I missed. Absences can be excused if you are ill or if your absence is work related. Please note, however, that work related absences are not excused if they are recurring. I will pay my annual dues at the June dinner meeting. I am responsible for requesting member at large status in writing. I am

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WHAT DO I BRING CHECKLIST?

WILDERNESS PANTRY: At least 2 food items in a reusable bag or double plastic bag. For more information see Special Needs for August, pg. 6.

SHELTERING ARMS and SAFE HOUSE: School supplies. For more information, see Special Needs for August, pg. 6

Lake of the Woods Lioness Club

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2010-2011 Board of Directors

President

Marge Howard
230 Birchside Circle
Locust Grove, VA 22508
(540) 972-7640

Secretary

Ann Walker
1224 Eastover Parkway
Locust Grove, VA 22508
(540) 972-4338

Treasurers

Ann Wood & Jean McLallen

1st Vice President

Zoila Ortega

2nd Vice President

Marti Martin

3rd Vice President

Janet Berge

Lioness TAMERS

Karen Cakouros and Carol Lee

Tail Twister

Pat Watterworth

Membership Director

Linda Ogletree

Directors

Pat Confroy
Donna Crawley
Barbara York

Past President

Pat See

Lion Liaison

Lois Powell

The Insider's View

Highlights from the
July 22, 2010
Lioness BOD Meeting

The meeting was called to order by President Marge Howard. Attending were Lionesses Karen Cakouros, Carol Lee, Ann Wood, Linda Ogletree, Zoila Ortega, Marti Martin, Janet Berge, Pat Confroy, Barbara York, Kathi Martin and Pat See.

Kathi Martin moved that the minutes from the June meeting be approved as printed in the July LOWDOWN; Janet Berge 2nd the motion, which passed unanimously.

The Treasurers' report was read, and there being no questions, was filed for audit.

PRESIDENT'S REPORT:

- A letter of resignation was received from Carmi Gryniewicz; Kathi Martin moved that the letter be accepted with regret, Barbara York 2nd the motion, which passed unanimously.
- The Lioness 4th of July Parade entry won 1st place. Thanks were given to Carol Lee and the committee for such a wonderful entry.

1ST VICE PRESIDENT'S REPORT (ZOILA ORTEGA)

- Cookbooks, mugs, and glasses were sold at the 4th of July Fair. The price for cookbooks is now \$7.00/2 for \$12.00.
- Gail Hardin has ordered White House Christmas Ornaments, to be sold at the same price as 2009. It was suggested that they also be sold at the Holiday House Tour.

2nd VICE PRESIDENT'S REPORT (MARTI MARTIN)

- Locust Grove Elementary School is in need of school supplies because of budget cuts. It was decided by the Board to ask that school supplies be brought to the August meeting; these will be divided among the school, Safe House and Sheltering Arms. Food will also be requested for the Food Pantry. Marti Martin will place an article in the LOWDOWN concerning this.
- Food Pantry's requested items this month are side dishes and canned vegetables (but not corn or beans). Peas, canned meats and chicken noodle soup (canned) are needed.
- Gail Hardin has reported that 13 Lionesses are receiving the LOWDOWN by mail. It was decided that Board members would print out the LOWDOWN and hand deliver it to these members.

MORE see pg. 3

President

from pg. 1

responsible for the cost of the meal of my guest unless I arrange for my guest to pay at the door."

Our policies have changed only slightly over the years. The changes are minor. The change from 2 days to 5 days for dinner cancellation, to name one.

August is our no "Special Project" month. In September, we have our card party. Make your reservation early so you will not be left out.

Agenda

Lake of the Woods Lioness Club
August 12, 2010

Pledge of Allegiance
Invocation by Beth Sundberg
Introduction of Guests
Dinner
Program—To be Announced
Announcements and Committee Reports
Announcement of Birthdays
50/50 Raffle
Food Bank Raffle
Adjournment

The Insider's View

from pg. 2

- A potential problem has been brought to Marti Martin's attention regarding committees, in that some Lionesses haven't been contacted to participate. She suggests that all committee chairs be reminded to contact ANY and ALL Lionesses who have expressed an interest in serving on their particular committee.

3rd VICE PRESIDENT'S REPORT (Janet Berge)

- Baby Cap meetings will resume in the fall, at the Clubhouse. Date and time to be announced.
- There are 3 houses signed up for the Holiday House Tour; the committee hopes to have more signed up soon.

MORE see pg. 4

PAST PRESIDENT'S REPORT (Pat See)

- A discussion was held concerning the need for a published protocol concerning dispersal of Benevolence funds. Kathi Martin moved that if an emergency arose concerning ALLOCATED Benevolence funds (e.g., Food Pantry, Sheltering Arms, Safe House) the Chair of that committee would contact the President, who would make the decision on whether or not to disperse the funds, and would contact the Treasurer. The President would then advise the Board. The motion was seconded by Barbara York, and passed unanimously.
- Karen Cakouros moved that in the event that requests for emergency funds for UNALLOCATED funds were received, the Chair of that committee would contact the President, who would request a special meeting of the Board to approve or disapprove the funding. The Quorum for this Special Meeting would consist of AT LEAST the President or Vice President plus three (3) Board Members. Unallocated funds would include (but not be limited to) exceeding the already allocated funds for a particular project. Carol Lee 2nd the motion, which passed unanimously.
- Zoila Ortega moved that a description of how allocated Benevolence Funds (including above) and the Duties of Committee Chairs be printed in the Members' Handbook. Karen Cakouros 2nd the motion, which passed unanimously. The Directors were asked to work on this.

COMMITTEE REPORTS –

- Ann Wood reported that the September Card Party/Fashion Show committee has met. They have decided to NOT raise the cost of the event; it will remain \$25.00.

NEW BUSINESS – Marge Howard

- Sheltering Arms requested and received \$500.00 for air-conditioning repairs. This was approved and deducted from the budgeted amount already allocated to them.
- The LOW Lions have shown interest in purchasing the Casino Night equipment. It was decided that we can sell it to them for \$1000.00.

There being no further business, the meeting was adjourned.

Lioness Committees & Activities



Child Help Ice Cream Social

By Lioness Zoila Ortega

108 ice cream sundaes served, lots of smiling faces, and a good time was had by all at the LOW LIONESS ice cream social at Child Help on June 16th.

Share and Care

By Lioness Jean Stutz

A card of sympathy was sent to Sally Good on the passing of her daughter-in-law, Peggy Good, Friday, July 16th. Our deep and sincere sympathy go out to Sally and her family during this difficult time.

Our dear friend and Lioness, Virginia Bayer, has recovered nicely after a brief illness. Wishes for continued good health.

During times of illness and suffering it is reassuring to know that you are in the thoughts and prayers of others. Please remember these Lionesses and their family members during difficult times.

Lioness Committees & Activities

LOW Lioness Card Party, Luncheon and Fashion Show

By Lioness Sharon Kaltenmark
Co-chair

Mark your calendars now for the Lioness Card Party and Fashion Show. The date is Friday, September 24, 2010. This annual event, for the benefit of the Lioness Benevolence Fund, will be held at the LOW Clubhouse from 9 a.m. to 3 p.m. Again this year, tickets are \$25.00 per person. The Cameleer Shop of Culpeper will present the fashions. Their store manager will present the commentary. The clubhouse has recently upgraded and improved the sound system and Joey assures me that we should be able to hear much better throughout the entire room.

We will be raffling off gift baskets filled with many wonderful items and gift certificates. We encourage all Lionesses to plan to bring a donation for the baskets to the September 9th meeting. We will give you more information at the August meeting.

At the card party, guests may choose to play bridge or other games. Bridge players must sign up with a partner. If you need help finding a partner, please contact Jan Lemieux. All other game players, please sign up as a group so that you will be seated correctly. Tables will be provided also for those who choose to come to enjoy the luncheon and fashion show only.

Please invite your friends and neighbors to join us for this fun event. For all reservations please call Jan Lemieux at 972 8888. Don't wait too long to put your party together as this event is always a sell out! See you on September 24 for a fun filled day.

Special Needs for August

By Lioness Marti Martin

It might feel like summer, but we're not that far from the first day of the school year. Because of funding shortages across the county, SAFE House, Sheltering Arms, and Locust Grove Elementary School are in need of **school supplies**. Please bring donations of composition books, notebooks, pencils, pens, washable markers, crayons, backpacks, and other school supplies to the August dinner meeting. The chairs of the relevant committees will divide the supplies and distribute them.

If you're not able to shop, checks and gift cards are always appreciated. Please make checks out directly to Safe House or Sheltering Arms, noting LOW Lioness on the memo line.

The Wilderness Food Pantry is still in need of **side dishes and canned vegetables other than green beans and corn**. Rumor has it that Campbell's chicken noodle soup is also a popular food pantry item, even during the summer.

Thanks for all you do to help others in our community!

From the Tamers

By Lionesses Karen Cakouros and Carol Lee

The Lioness August 12 dinner meeting will be held at the Lake of the Woods Clubhouse starting with social time at 5:45 p.m., followed by dinner at 6:30 p.m. If you are unable to attend this meeting, are bringing guests, or need a special meal, you must phone Carol Lee at 972-8920 or Karen Cakouros at 972-9043 by Saturday, August 7. Please remember that this is a set meal and if you have any special needs, you must let us know by August 7.

Also, please remember that "no shows" (members who do not attend and have not called to cancel) and those calling after the August 7 deadline will be billed for their dinner. Dinners are \$16.00.

The August dinner will be a buffet.

August Dinner

Plated salad
Broiled tilapia w/
raspberry sauce
Sweet mashed potatoes
Vegetable medley
Rolls and butter
Pound cake with topping
Coffee, hot or Iced tea

Twister's Corner

By Lioness Pat Watterworth

August is the best month of the year
 We reflect on what's happened since we stood here
 Salt in our hair and feet in the sand
 I wouldn't expect anyone else to understand

Greeter's: Janet Buccola
 Nancy Doseff

LOW Lioness 2010 Calendar

August 12	Lioness Dinner Meeting
August 26	Lioness BOD Meeting
September 24	Card Party and Fashion Show

Happy Birthday Lionesses!

August 3	Betty May	August 17	Pat Watterworth
August 3	Toni Ruther	August 18	Nancy Rauch
August 5	Barbara Young	August 18	Emily Slunt
August 11	Pat Berry	August 26	Connie LeMay
August 14	Jean Ann Daniels	August 28	Mary Villalobos
August 14	Janice Wright		

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the September LOW DOWN is August 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:

Carmi Gryniewicz

New e-mail address:

Judy Ayers—jbayers21@gmail.com

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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