

LAKE OF THE WOODS LIONESS LIONS

LOW DOWN

Volume 33, Number 10 — April 2018



President's Corner

www.lowlioness.org

By Lioness Lion Donalda Lovelace LOW Lioness Lions President

We had a very successful "Spring Thing" Craft Show. The most successful in 17 years. Members of the Steering Committee will report directly our success at our April Dinner Meeting. This was another example of Lioness/Lions showing class. There could be no way that you would not be impressed by the Bake Sale Presentation and the Bake Sale ladies, chaired by Claudia Low and JoAnn Zwickl. The display was magnificent, a wonderous presentation on many levels with all the food decorated, some in nice bags, with tablecloths in glorious Lioness purple. To top it off the bake sale ladies in aprons with Lake of the Woods Lioness Lions embroidered across the front embroidered by Claudia Low. You can't top that!



Attic Treasure's Committee worked over a two-day period. One of the most fun times I have had this year was with some of the ladies working on Friday night. We must have had at least fifteen women who worked over this two-day period. This subcommittee was chaired by Helene Burns and Karin Goetz. We really had a variety of interesting vendors. Gail out did herself with almost 50 vendors who were selling jewelry, tea, soaps, floral arrangements and so much more.

If fruit was the first temptation, pork was probably the second! Chef Earl, better half of our 1st VP, Linda Shnayer smoked one of the highlights of the day. Earl smoked over 77 lbs. of pork, ten hours of effort with buddies helping to pull the pork. Our concessions stand rocked we ran out of BBQ and Millie' famous Coleslaw too! We had customers throughout the day. Chef Earl I crown you "King of Pork".



However, let me not forget the ladies of the day, Jayne Owiesny who chaired the Concession Committee with able volunteers like the Lionesses in the picture. All in all, a success, a great fun day all the while helping to support those in need in our community, county, State and Country.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

New Bra (with tag on) — See pg. 5-6

Cont'd on Page 3

**Lake of the Woods Lioness
Lions Club**

Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club
House on the 2nd Thursday of each
month. Social hour at 5:15 p.m.

2017—2018 Board of Directors

President

Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Secretary

Janite Hamilton
202 Stratford Circle
Locust Grove, VA 22508
(540) 809-0193

Treasurers

Karin Mollard
Jane Owiesny

1st Vice President

Linda Shnayer

2nd Vice President

Nikki Buell

3rd Vice President

Vacant

Lioness TAMERS

Karen Cakouros
Carol Lee

Tail Twister

Jonnie Feterle

Membership

Joyce Morlan
Julie Phend

Directors

Millie Davis
Carol Greeney
Carolyn Gordon

Past President

Karen Cakouros

The Insider's View

Minutes from the
March 22, 2018
BOD Meeting

ATTENDANCE: Donalda Lovelace, Janite Hamilton, Karin Mollard, Jayne Owiesny, Nikki Buell, Karen Cakouros, Joyce Morlan, Carolyn Gordon, Millie Davis, and JoAnn Zwicki

CALL TO ORDER: President Donalda Lovelace called the meeting to order at 7:00 P.M.

- **SECRETARY'S REPORT:** The March minutes, which were previously distributed, were approved.

- **TREASURER'S REPORT:** The Administrative and Benevolence Financial statements were presented and accepted for filing.

- **PRESIDENT'S REPORT:**

Donalda Lovelace announced that the club would be able to send up to eight delegates to the 95th Virginia State Convention May 17-20, 2018 in Glen Allen, Virginia. The decision was made to provide funds for two officers to attend the State Convention. Registration, two meals, and one night of lodging because of events, some of which are semi-formal. Due to the new boundaries of the region expanding with the addition of new counties of Fairfax, King George, Culpeper, Westmoreland, Manassas and the towns of Vienna, The Plains, Middleburg, Leesburg, Hamilton and Haymarket to name a few, the decision was made to add a Line Item to the budget for next year of \$700.00 for conferences.

A resignation was received from Shelly Gravel. The resignation was accepted with regret.

The motion was made and passed that starting July 1, 2018 all members will pay the full dues of \$80.00 by July 31, 2018.

A motion was made and passed to allow Jayne Owiesny to move forward with acquiring two Square Credit Card readers. One will be used for the club dues and one will be used by the Foundation for benevolence income. These will include a surcharge of less than 3% on each purchase.

OFFICER'S REPORTS:

- 2nd VICE PRESIDENT-Nikki Buell

- Nikki announced that replacements had been found for the Wilderness Pantry home delivery couple, Lioness Michelle and husband, who are retiring after more than a decade of food delivery for the Pantry. Nikki has been named co-director/manager of the wilderness food Pantry.

- TAMERS-Karen Cakouros

- Karen announced that our Dinner Meetings were coming out slightly ahead financially if the historic charter night is taken out of the mix.

- MEMBERSHIP-Joyce Morlan

- Three new members will be inducted at the April 12 dinner meeting.
- Joyce and Wendy Gwaltney are making plans for some interesting day trips for members of the club.
- The board approved a representative from the LOW Players will have ten minutes prior to the dinner meeting in April to promote the new play. Two tickets will be given away in a second raffle for the performance after the 50/50 raffle.

- DIRECTORS-Carolyn Gordon and Millie Davis

- A mixer is being planned for April.

MORE—See pg. 3

The Insider's View, Cont'd

From Pg. 2

JoAnn Zwickl of the Budget Committee is starting the process for planning the 2018-2019 budget. This year we will have a different process for budget approval because we will have two different entities.

Without further business the meeting was adjourned.
Respectfully submitted,

Janite Hamilton
Secretary

President's Letter Cont'd

From Pg. 1

On another note, I attended a Lions of Virginia three-day Leadership Institute in Charlottesville. Thirty Lions converged with five trainers. We were in sessions from 8:00 in the morning to 8:00 in the evening. We had assignments that had to be completed prior to arrival and assignments during the three days. I have been to a few Lions training and this Institute was exceptional. There were only 30 spaces and Lions came from clubs throughout Virginia. I walked away impressed, one club had an outreach project in Kenya, one club raised \$42,000 in one event, in one year. Both projects were headed by women in my team. We were divided into five teams, my team had two female doctors. I was in good company. To graduate we had to give a speech with only notes about Lionism. Of course, I spoke about our journey. You will be pleased I graduated with a score of 99.5%. If you get an opportunity this is a training that is worth your time.



On another note, the board voted to suspend collecting dues bi-annually. It required a lot of work from too many people. We did authorize our treasurers to purchase a device that would allow you to charge your dues. It was our hope that this would alleviate any hardship. Yours in Service, Lioness Lion Donaldda.

Lioness Lions Committees & Activities

Share and Care

By Lioness Lion Ann Walker

Paula Hornaday suffered a minor stroke, and after a brief time in the hospital and Health South is now recovering at home.

Marue Biggs husband, Jim, is recuperating after a stay at Mary Washington Hospital for a serious infection.

Helene Burns is home after lung surgery on March 20, and we are all so glad it was successful.

Finally, it is with great sadness that I report the passing of former Lioness Lois Ward, who was a very active member of our club for many years.

If you know of a Lioness in need of our caring thoughts, please contact Ann Walker: 972-4338

Lioness Lions Committees & Activities

Semi-Annual Food Drive

By Lioness Lions Claudia Low and Norma Ervin

Our club is once again helping to re-stock the Lions Lioness Wilderness Food Pantry.

The date is Saturday May 5 at the front gate from 8 a.m. until 1p.m.

This is one of our largest endeavors to support our community and your assistance is needed.

In addition to donations we need people to accept items at the front gate.

Sign-up sheets will be at the April meeting.

Boxed dinners and instant potatoes, canned vegetables [pork and beans], peanut butter and jelly, canned fruit and applesauce, canned meats, cereal and oatmeal, pasta and sauces and granola bars are some items that are needed. Monetary donations, either cash or checks made out to Lions Wilderness Food Pantry are greatly appreciated.

Contact Norma or Claudia for any questions.



LOW Lions' Golf Tournament
Lake of the Woods Golf Course

Save the date!

Saturday, Sept. 29, 2018
1 PM



Lioness Lions Committees & Activities

Program Speaker for April

By Lioness Lion Theresa DiCicco

Our speaker for the April 12 meeting will be Karen Brown, Director of Safe House. April is child abuse and sexual assault awareness month. Karen has been with Safe House for six years, working to restore power and hope to victims who experience domestic violence.

Lioness Website Volunteers Needed

By Lioness Lion Su Bielmeier

Do you have a current computer and internet? If so, please consider becoming one of the editors of the Lioness Website. We need a couple of Lionesses who could post on the Website pictures and event flyers (taken/created by other Lioness) and the monthly Lowdown. To see the website, go to: lowlioness.org Gone are the days when you needed to write code to enter items on the website. I will teach and assist you how to do this. It is easy and there are videos to teach you how too. Please contact me for questions and more information.

Su Bielmeier 1-540-208-1914 or subielmeier@gmail.com



KICKOFF – BRA INITIATIVE WOMEN SUPPORTING WOMEN

By Lioness Lion Kathy Merritt
Chair, Women Supporting Women

Please bring a **New Bra (with tag on)** to the next **Lioness meeting on April 12** to Kick Off our campaign to collect bras for the women in Southern Virginia and Safe House in Culpeper. The Bras can be of any size, style or color.
Thanks for contributing a New Bra and making our Kickoff a Successful Event!

See the full flyer on the following page.



WSW

Women Supporting Women ***Sponsored by LOW Lioness***

**DONATE
BRAS
(WITH THE TAGS)
FOR A GREAT CAUSE**

LOW LIONESS “SUPPORTS”

**THE LIONESS HAVE IDENTIFIED THE NEED FOR NEW BRAS TO
BE DONATED FREE OF CHARGE TO DESERVING WOMEN IN
SOUTHWEST VIRGINIA.**

**THE BRAS WILL BE DISTRIBUTED AT THE
REMOTE AREA MEDICAL HEALTH FAIR IN WISE, VA IN JULY 2018
AND FOR THE WOMEN OF**

SAFE HOUSE, CULPEPER, VA

Serving Culpeper, Fauquier, Madison, Orange, and Rappahannock VA

**DROP OFF NEW BRAS WITH TAGS IN A BAG TO THE BELOW
DROP OFF LOCATIONS IN THE LOW AREA.**

**CASH DONATIONS ARE ALSO WELCOME. SEND CHECKS WITH
MEMO LINE NOTED “BRAS” PAYABLE TO
LOW LIONESS, P.O Box 811, LOCUST GROVE, VA 22508**



NOTE:

**BRAS CAN BE IN ANY SIZE —
SMALL TO LARGE IN ANY COLOR.**

**For Information Contact:
Kathy Merritt
540/538-6605**

DROP-OFF LOCATIONS:

**COLDWELL BANKER ELITE REAL ESTATE
4702A GERMANNA HIGHWAY
ACROSS FROM LOW GATE (MON-FRI 9-5PM)**

**FAIRWAYS/WOODS CENTER (LOW)
PRO SHOP & LADIES RM (ALL DAYS)
(LOOK FOR THE GREEN CONTAINER)**

**LIONS FLEA MARKET (LOW VELONA BLDG)
SATURDAYS, 9:00 AM-12:00 NOON
(LOOK FOR THE RED CONTAINER)**

From the Tamers

By Karen Cakouros and Carol Lee

The Lake of the Woods Lioness Lions Club April 12th Dinner meeting will be held at the Clubhouse with a 5:15 p.m. social gathering followed by dinner at 6:00 p.m. Please remember to call or email the Tamers by Monday, April 9th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$18.00 if you are unable to attend this meeting,

Tamers:

Karen Cakouros (972-9043) Email: karencak@comcast.net

Carol Lee (972-8920) Email: carol.lee4@comcast.net

NOTICE: We RSVP E-mails & phone calls. If you can't attend, you may have your meal picked up.

Dinner

Caesar salad
Classic or vegetarian
Lasagna
Green beans with almonds
Garlic sticks
Fresh baked cookies and brownies

Call Carol or Karen if vegetarian meal required

In consideration of others at our dinner meetings, you are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Twister's Corner

By Lioness Jonnie Feterle

Spring is officially here:

Flowers popping 🌸	Birds nesting 🐦
Bees buzzing 🐝	April showers ☁️
May flowers 🌺	Spring in full bloom 🌸
Warm sunshine ☀️	Life growing 🌱
Blue skies 🌤️	Rain and puddles 🌧️

On April 1st we celebrated Easter 🐰. Easter is meant to be a symbol of hope, renewal, and new life.

Can you name the six flowers that are mostly given at Easter?

Our greeters will be: Claudia Low and Doris Williams

LOW Lioness Lions 2017-2018 Calendar

April 12	Dinner Meeting
April 26	BOD Meeting
April 28	Book Salle
May 5	Semi-Annual Food Drive

Happy Birthday Lioness Lions

April 4	Carol Lee	April 22	Nancy Strain
April 9	Karin Mollard	April 23	Barbara Francis
April 9	Beth Ross	April 24	Jean McLallen
April 13	Paula Hornaday	April 27	Arlene Rich
April 14	Cheryl Brown		

From the Editor

By Lioness Lions Gail Hardin
Editor, Lioness Lions LOW DOWN

Please get information and articles for the May LOW DOWN to me by April 27th or as soon thereafter as possible. The newsletter will be distributed on or about May 1st. Forward them by email at the address below, or call me if you don't have access to email..

Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:

Shelly Gravel

The Lake of the Woods Lioness Lions LOW DOWN is published monthly by the Lake of the Woods Lioness Lions Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

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