



President's Corner

By Lioness Beth Sundberg, LOW Lioness President

www.lowlioness.org

No doubt there was a “red hot” sale going on somewhere! After all it was late July. My 5th birthday arrived at last. It was my first “real” party that included a few friends, cousins, and yes, my brother. My Dad caught much of the grand occasion on film; the cake being brought in, me blowing out the candles, and especially me opening my presents. I was in heaven! I opened my first gift and obviously was delighted to find a bright red shiny patent leather purse! And then it came time to open my second gift, it was another one only styled a bit differently. Well I guess I could use two. The total bright red shiny patent leather purses I received eventually totaled 6 by the time it was all over! You could see my crest fallen face as the ordeal continued.

Have you ever noticed how expectations often run higher than the real thing? Years ago maybe you were tempted to think:

“When I go back to school, I’m going to look like this!” (as you paged through the fall issue of Seventeen Magazine). Or . . . when I grow up, I’m going to be . . . and your career turned

out to be quite different than you imagined! Or. . . “I’ll be much happier when I’m married!” Or. . . “I’m never going to look like that!” Or. . . “It isn’t going to happen to me!” On and on the list goes.

How special it was to encounter a person who went beyond what we anticipated and who exceeded our own expectations. How comforting it was to work with a boss who believed in you or a friend you could really count on.

We encounter people in our community who never expected to be in the situation they find themselves in, who never thought they would have to

scramble just to put food on the table! Or we know of a qualified student who really needs financial help in order to go on with his or her dream of higher education. Or we’re aware of little children who need a boost, or mentally challenged individuals who are thrilled to receive a small prize for bingo, or those who are in great need for the supplies we provide for S.A.F.E. House. Certainly their expectations in life have fallen short. And you bring hope by providing and encouraging with your beautiful smiling faces. Together “We Serve”. . . well past expectations! Together we care. . . above and beyond our own interests.

Thank you for all you do.



WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag—especially needed are packaged side items (Rice-a-roni, etc.), peanut butter and jelly, and canned fruit. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2013—2014 Board of Directors

President

Beth Sundberg
125 Gold Rush Drive
Locust Grove, VA 22508
(540) 972-9775

Secretary

Donalda Lovelace
1013 Eastover Parkway
Locust Grove, VA 22508
(540) 412-2857

Treasurers

Lucy Churchill & Elaine Freeland

1st Vice President

Karen Cakouros

2nd Vice President

Ann Walker

3rd Vice President

Karin Goetz

Lioness TAMERS

Jean Priest
Roselynn Edwards

Tail Twister

Joan King

Membership Director

Director—Linda Ogletree
Co-Director—Kathi Martin

Directors

Pat Berry
Connie LeMay
Maureen Otero

Past President

Carol Lee

Lion Liaison
Phyllis Taylor

The Insider's View

Minutes from the
March 27, 2014
BOD Meeting

PRESENT: Beth Sundberg, Lucille Churchill, Elaine Freeland, Karin Goetz, Linda Ogletree, Kathi Martin, Jean Priest, Roselynn Edwards, Maureen Otero, Connie LeMay, Ann Walker, Joan King, Pat Berry and Donalda Lovelace

CALL TO ORDER: President Sundberg called the meeting to order at 7:00pm.

SECRETARY'S REPORT- The minutes were approved as read. Motion and Second: Otero/Ogletree

TREASURER'S REPORT- Elaine Freeland presented the Treasurer's report for review, acceptance and filing for audit. Motion and Second: King/Berry

PRESIDENT'S REPORT-

- LOW Lioness was presented with two award flags at the recent Lions Zone meeting that President Sundberg and Roselynn Edwards attended in Madison, Virginia.
- Orange County High School Principal, Douglas Duncan and school librarian Faith Olen sent two thank you letters for our donation to the school library.

OFFICER'S REPORTS

2nd Vice President-

- Ann Walker reported that Germanna Heights project's March event was postponed to April due to illness and inclement weather.
- Melissa Daly, Publicity Chairman sent an article and pictures to the Lake Currents on the Cloggers Dance Group who performed at the March Membership meeting.

TAMERS- Jean Priest/ Roselynn Edwards

- At the request of The Tamers there was extensive discussion regarding members who are frequently absent from membership meetings without requesting MAL or AFFILIATE status. The Secretary was asked to write a letter to two members inquiring of their intentions to remain active members. It was determined that we would remind the membership of Article II of the Bylaws relative to attendance at monthly meetings as well as the procedures and timelines for canceling.
- Jean and Roselynn will present a draft of updated responsibilities of The Tamers at the next BOD meeting.

MEMBERSHIP- Linda Ogletree/Kathi Martin reported that the next Installation for two or three new members will be held in June.

DIRECTOR: Connie LeMay thanked Joan King on her ideas and efforts on the last Mixer. The Board of Directors followed up with Congratulations to Joan and Connie on making the March Mixer one of our most successful.

MORE

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NEW BUSINESS

- President Beth Sundberg reported that the Finance and Budget Chair Jean McLallen will be meeting with her committee to develop the FY 2015 Budget. All Directors will be encouraged by April 9th to meet with committee chairs to develop their individual committee budgetary projections both income generating revenue and committee expenses.

ADJOURNMENT There being no further business the meeting was adjourned at 8:30 pm.

Lioness Committees & Activities

Share and Care

By Lioness Connie LeMay

- We are sorry to report that Sherri Lasover's Father passed away in Florida. She will be down there for 3 weeks settling his affairs.
- Ann Walker's husband, Tom, is now under hospice care at the Golden Living Nursing Home and Ann continues caring for him there.
- Margaret Findel continues her treatment for cancer and she maintains her hopeful outlook.
- Cork Grandy, Martha's husband, continues his recovery at home and is feeling much better.

If you have any news of a Lioness who is ill or has lost a family member, please notify me at 972-6123.

April Program

By Lioness Barbara Strain

The program for the April 10th Lioness Dinner Meeting on the Civil War will be presented by Dr. Pete Rainey, Ph.D. Dr. Rainey is Chairman of the Civil War Study Group at Lake of the Woods. He had a 35 year career in national defense and intelligence, is an author and amateur historian, member Spotswood Family Descendants, Sons of the American Revolution, Friends of Wilderness Battlefield, and Orange County Historical Society.

White Cane

By Lioness Chairperson Joann Deem

This April we join, once again, with the Lions Club to collect donations for the White Cane campaign. This year the fundraiser will take place on Friday, April 25, and Saturday, April 26. There are several sites to choose from—Food Lion, CVS, Seven Eleven, Burger King, Exxon, TruValue hardware and a new addition, Walmart. The shifts are two hours long and can be shared by a buddy. Don't forget, our club receives a percentage of the contributions in accordance with our participation. Last year we received close to \$1,000.

Thank you to all members who have already signed up, but we need more. I will send copies of the grid periodically (EMAIL), so we can keep up with availability of time and place. Call me (9107) when you have selected and I will gratefully add your name. In addition, there will be sign up sheets at the next meeting.

If you have any questions or need clarification do not hesitate to ask.

Thank you for all your support of this Fund Raiser.

Did You Know — Pat Berry's Story

By Lioness President Beth Sundberg

By the time Pat was born, her sisters were already 12 and 16; thus cementing her position as baby in the family. Her parents managed a small farm in Delaware until her father's unfortunate death when Pat was only 8 years old. After his death she and her mother moved to Dover. By then, her sisters were already teaching school. They moved to an apartment house owned by her father's aunt. The apartment was located in the colonial section of Dover called 'The Green' as homes circled a large open green area. Various neighborhood events were held there including May Day celebrations which Pat participated in. The one drawback was their home was on the 3rd floor necessitating the family piano to be placed downstairs in her aunt's apartment. Her aunt, an unmarried retired school teacher, took it upon herself to keep close watch over Pat during her practice sessions every day.

During her high school years, Pat was on the tennis team and was a member of the honor society. She especially enjoyed her work on the year book staff. When it came time to think about college, she and her best friend attended the annual college night at their school. On a lark, they stopped by the Duke University booth largely because the best friend's last name was Duke. As it turned out, Pat was the one who attended Duke.

Majoring in Spanish she joined the Kappa Alpha Theta sorority and fittingly served as social chairman. Because the Duke campus was sprawling it was necessary to travel by campus bus to get to classes. As fate would have it, she met Alan on one of those bus trips to class.

After her junior year and Alan's graduation from Duke, they were married and headed to the University of Pennsylvania. Alan received his doctorate in Chemistry at Penn while Pat earned her B.A. degree. With a short sojourn at the University of IL where Alan continued post graduate work, they returned to Penn. While working as a teaching assistant, Alan also continued his post graduate research and studies. Eventually they made their way to Springfield, VA where Alan assumed his new position teaching chemistry at nearby George Mason University.

With her two little boys, Chris and Peter in tow, Pat took turns with other parents helping at their preschool. She also became active in the Junior Women's Club of Springfield. Making her own puppets, she performed in church and school programs. On one occasion while performing for the Springfield Elementary kindergarten class, the teacher asked her to stand up to be recognized. The kids were so involved in the show, they didn't care who she was and yelled, "Sit down" so the program could continue. Later she was active in Jefferson High School PTA and became president during her younger son's senior year. She instituted the popular Saturday movies in the school cafeteria which was an instant hit. After the kids were away at school, she became "Rainbow the Clown" performing at the Audrey Moore Recreational Center and other community events. After "clowning around" as a mother and community activist, it was time to go to work.

She spent a number of years at NTIS, a cost recovery agency of Congress where customers paid for technical information developed and stored after WWII. Then it was on to the Naval C-Systems command located in Crystal City. There she was involved in the procurement of non-weapon items for naval carriers and eventually opted to go to Carderock at the budget office. After retiring from the government, she became a contractor for a technical marine business which provided financial support for carriers. Meanwhile Alan changed careers from teaching to chemical research at the Naval Research Lab. They moved to LOW in 2007, but Pat kept working for 6 months commuting by van in heavy traffic. Deciding enough was enough, she retired at last.

Since moving to LOW Pat enjoys bridge and reading. Joining Lioness in 2009, she has served as treasurer and currently serves as a director on our board. Together they have been involved in our local Food Pantry and are active members at LOW Church. They adore their 2 granddaughters and love spending time with them.

From the Tamers

By Lionesses Jean Priest and Roselynn Edwards

The Lake of the Woods Lioness Club April 10th dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. Please remember to call or email the tamers by Monday, April 7th if you are not attending or need a special meal. Dinner will be buffet style. A no-call or no-show will cost you \$17.00 if you are unable to attend this meeting,

Tamers:

Jean Priest (540-446-0797) Email: sunnysez@gmail.com

Roselynn Edwards (972-2128) Email: rcdedwards@comcast.net

NOTICE: We RSVP e-mails & phone calls. If you can't attend, You may have your meal picked up.

Dinner

Garden Salad
Baked Virginia Ham
Au Gratin Potatoes
Vegetable Medley
Carrot Cake
Coffee or Tea

Vegetarian Menu

Oriental Salad **OR**
Small Garden Salad
Plus any sides from the buffet

In consideration of others at our dinner meetings, Lionesses are asked to kindly refrain from beginning their salad until after the invocation and introduction of guests. Thank you.

Twister's Corner

By Lioness Joan King

HAPPY SPRING!! April showers bring May Flowers so the saying goes. Let's hope it also brings warmer weather!

What year were the beautiful Cherry Trees planted around the Tidal Basin? Name the 1st lady that helped plant the first two trees. Did you know that those two trees are still standing today?

Name the 1st lady that had the spring bulbs planted in and around Washington, D.C. as a beautification project. What state was she from?

The Twister will be asking! Don't forget your name tag.

Greeters are: Millie Davis and Sherri Lasover

LOW Lioness 2013-2014 Calendar

April 10	Lioness Dinner Mtg.
April 24	BOD Meeting
April 25-26	White Cane Days
April 26	Lioness Book Sale

Happy Birthday Lionesses!

April 2	Joanne Hurst	April 13	Ellen (Soherr) Brauch
April 4	Carol Lee	April 13	Paula Hornaday
April 4	Catherine Rainey	April 18	Bonniebeth Foltz
April 6	Helen Desarmeaux	April 22	Nancy Strain
April 7	Marge Howard	April 24	Jean McLallen
April 9	Peggy Dowd		

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

Please get information and articles for the May LOW DOWN to me by April 20th or as soon thereafter as possible. April 28th is the deadline for submissions for the May newsletter. Forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

New E-Mail Address:

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