



## President's Corner

By Lioness Carol Lee, LOW Lioness President

It does not seem possible that nine months have gone by since I became President of this wonderful club. Time is moving so quickly.

And now at our April meeting we have the privilege of electing our new board for 2013-14. The slate is as follows: Beth Sundberg, President; Donaldal Lovelace, Secretary; Elaine Freeland and Lucy Churchill, Treasurers; Karen Cakouros, 1<sup>st</sup> Vice President; Ann Walker, 2<sup>nd</sup> Vice President; Karin Goetz, 3<sup>rd</sup> Vice President; Jean Priest and Roselynn Edwards, Tamers; Joan King, Tail Twister; Linda Ogletree, Membership Director, with Kathi Martin, as co-Director; Pat Berry, Connie LeMay and Maureen Otero, Directors; and Phyllis Taylor, Lions Liaison. I will serve as Immediate Past President. I am so proud that we have a mix of long-time and newer members making up our board and I look forward to being a part of this board. Thank you to all of you for volunteering to serve. It is going to be a great year!

We now have our flea market in place for May 18. I encourage all of you to partici-

pate in some way (donating to the bake sale and white elephant table, volunteering to work setting up or working at a table, purchasing a table for your crafts or other items, etc.). We need everyone to make this successful.

At this time, I would like all of you to put your thinking caps on. We need to find some new fundraisers for the coming year(s). We really do need some new ideas. If you have any suggestions at all, please let me or Beth Sundberg know. We appreciate any and all ideas.

Thank you to Zoila Ortega, our program chairperson, for the great program at our March

14 meeting. The Orange Cloggers were truly fantastic. If you ever see that they are dancing anywhere, you should make an effort to see them. It was a fun evening and they got a standing ovation.

Don't forget that the Lions White Cane Day is Friday-Saturday, April 13-14, so if you see them or any of your fellow Lionesses out that day collecting, please stop by and make a donation. We do get a percentage of what they collect so it helps our benevolence fund.

I look forward to seeing all of you at our April meeting. Most importantly, think SPRING and some nice weather ahead. We deserve it.

## WHAT DO I BRING CHECKLIST?

**Wilderness Food Pantry**—At least 2 food items in a reusable bag or double plastic bag. Side dishes (e.g., hamburger helper, rice-a-roni, etc.) are especially needed. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

**Head Start:** Children's stickers & glue sticks

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

#### **2012—2013 Board of Directors**

**President**  
**Carol Lee**  
1216 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-8920

**Secretary**  
**Ellen Bearden**  
120 Eagle Court  
Locust Grove, VA 22508  
(540) 972-9595

**Treasurers**  
**Patricia Berry and Emily Slunt**

**1st Vice President**  
**Beth Sundberg**

**2nd Vice President**  
**Christine Wyant**

**3rd Vice President**  
**Karen Cakouros**

**Lioness TAMERS**  
**Karen Cakouros**  
**Jean Priest**

**Tail Twister**  
**Norma Ervin**

**Membership Director**  
**Michelle Senft**

**Directors**  
**Mary Altman**  
**Connie LeMay**  
**Maureen Otero**

**Past President**  
**Zoila Ortega**

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**Lion Liaison**  
**Phyllis Taylor**

#### **The Insider's View**

Minutes from the  
March 28,, 2013  
BOD Meeting

The meeting was called to order by President Carol Lee at 7:00 PM. Those in attendance were Mary Altman, Ellen Bearden, Pat Berry, Karen Cakouros, Carol Lee, Connie Lemay, Zoila Ortega, Maureen Otero, Jean Priest, Michelle Senft, Emily Slunt, Beth Sundberg, Phyllis Taylor, Chris Wyant

The Minutes of the February 28, 2013 meeting, which were previously distributed, were accepted.

The Treasurer's Report, given by Emily Slunt, was accepted and filed for audit.

#### President's Report: Carol Lee

- President Carol Lee expressed her deep disappointment that a motion was passed in her absence to reduce the number of mixers from three to only one annually. These mixers are a reflection of our club's friendliness and are a gracious welcoming gesture to our newest members, who are the club's future. With these considerations in mind, she hopes that perhaps this issue may be revisited at a later date. The Board members agreed and the issue will be revisited by the incoming Board for next year.
- We have received a request from Tammy Toombs, a jewelry maker, to sell her jewelry in exchange for 40% of the sale. The request was denied.
- The LOW Co-Op Preschool has requested baked goods to be sold at their BINGO event on April 13th. This will not be an organized Lioness activity, but any members who would like to contribute may contact the preschool.
- Thank you notes for donations were received from Wilderness Branch Library \$200, Lions Sight Foundation of Virginia \$500, Lions of Virginia Foundation \$100, Locust Grove Middle School Lions Leo Club \$150, Orange County HS scholarship \$200, Lake Youth Foundation/Lioness Bridge Scholarship \$1500

#### **OFFICER'S REPORTS:**

##### First Vice President's Report: Beth Sundberg

- Plans for the May 18, 2013, flea market are now on track. Flyers will be delivered to local businesses this week.
- All chair positions for next year have been filled.
- Plans for a Fall Card Party/Jewelry Show are underway.

##### Second Vice President's Report Chris Wyant

- Lionesses Karen Cakouros, Mary Lou McFarland, and Sue Bielmeier have volunteered to help with the maintenance of the new web site.

##### Third Vice President's Report: Karen Cakouros:

- Volunteers are still needed for White Cane Days on April 12th and 13th. Members are asked to contact Ann Walker to volunteer.

**MORE**

**See pg. 3**

- Buffet dinners, rather than plated dinners, will continue due to costs.

Membership: Michelle Senft

- Lionesses will be collecting supplies for Head Start at the April meeting.

Director's Report: Mary Altman, Maureen Otero and Connie Lemay

- Mary Altman requested updated list of members and the committees/activities they will work on.

New Business

- Carol Lee reported that Walmart does outreach activities with local groups. It is suggested that we request their help with food pantry donations and, possibly, raffle items.
- Suggestions for new fund raising activities are requested.
- Decisions will be made regarding recognition of members who have done exceptional work for the Lioness Club to be presented at the June meeting.
- Emily Slunt suggested an invitation be extended to the Geramanna Community College President for attendance at our Scholarship Awards Dinner.

Adjournment

There being no further business, the meeting was adjourned at 7:45 PM.

## Lioness Committees & Activities

### Share and Care

**By Lioness Ann Walker**

- We extend our deepest sympathy to Lioness Lois Ward and her family on the loss of her husband, Bill.
- Jimmy Lee, husband of Lioness President Carol Lee, is currently receiving radiation treatments. We wish him well, and hope this is all soon behind him.
- Lioness Barbara York is recovering at her son's home nearby after suffering a broken arm as a result of a fall.
- Cork Grandy, husband of Lioness Martha Grandy, is home recuperating after being hospitalized recently with a blood infection.

If you know of a Lioness or her spouse who would appreciate a card from our club, please let me know: 972-4338.

### April Program

**By Lioness Mary Lou McFarland**

The LOW Lionesses have been extremely generous to the group home in Lake of the Woods and their day center for people with disabilities. This home is operated by Rappahannock Rapidan Community Services (RRCS). Our guest speaker on April 11 is Paula Stone, Director of Community Support for RRCS. Paula runs so many different programs in our region that it would be difficult to list them. If you have questions about the clients in our group home, please ask Paula. She will be very happy to answer them.

# Lioness Committees & Activities

## **LOW Lioness Flea Market**

**By Lioness Sharon Kaltenmark**

Spring is fast approaching and it is time to put the date for the annual LOW Lioness Flea Market on your calendar. The event is scheduled for Saturday, May 18, 2013, from 8:30 am until 12:30 p.m. at Locust Grove Middle School. Both buyers and sellers are welcome. If you wish to participate and sell gently used household goods, collectibles, or other items, reserve your table and space now by contacting Gayla Gamble at 972 3379. The cost is \$20 per table. This is a win-win situation as everyone benefits and all profits go to the Lioness Benevolence fund to support local and national charities. Clean out those closets and join us on May 18.

## **White Elephants**

**By Lioness Carol Greeney**

Yes, we all have them and no matter how often we donate them to our Lioness Club or Goodwill, they just keep accumulating year after year. I can help you with this. Just head into those closets and dig through those drawers and set aside all those items that you no longer need, want, or use.

I will again be collecting and pricing these items the night before the Flea Market. Bring your "finds" to the Locust Grove Middle School on route 601 between 4 p.m. and 7 p.m. on Friday night, May 17. Alert friends and neighbors; the more we have, the more we sell, and the more we can contribute to our Benevolence Fund.

## **Bake Sale at the Flea Market — Goal 100% Participation**

**By Lioness Kathi Martin**

A tradition with LOW Lioness is our bake sale, held twice a year. These events contribute a lot to our benevolence fund. We did nicely at the Christmas Bake Sale, and now we're gearing up for the Flea Market on Saturday, May 18.

We're looking for all kinds of HOMEMADE goods, ranging from cakes through cookies, breads, candies and snacks. BUT since we understand that some of our members "don't do" bake sales, or might be out of town, we ask that those members donate the cost of what they would pay to bake a goody, usually about \$10.00. This is one way we can ALL SERVE, which, after all, is the purpose of the whole thing!

Bring your donation (goodies or \$\$) to the Middle School Friday, May 17 between 6-7 p.m., or to the sale on the morning of the Flea Market, or call Kathi Martin (5242) or Norma Ervin (0652) to arrange for pick-up or delivery.

Come on, Ladies, let's have 100% and SERVE!

## **White Cane Days**

**By Lioness Ann Walker**

White Cane Days are fast approaching, with collections on Friday, April 12, and Saturday, the 13th. If you have not had the opportunity to sign up for this excellent fund-raising event for our club, please contact Ann Walker: 972-4338. It would just require two hours of your time and will do much to help the visually impaired.

## From the Tamers

By Lionesses Jean Priest and Karen Cakouros

The Lake of the Woods Lioness Club April 11 dinner meeting will be held at the Clubhouse with a 5:45 social gathering followed by dinner at 6:30 p.m. If you are unable to attend this meeting, need a special meal, or are bringing a guest, please call Jean Priest at 540-446-0797 (sunnysez@gmail.com) or Karen Cakouros at 540-972-9043 (karencak@verizon.net) by Monday, April 8th. No shows and those calling after the deadline will be billed for dinner. Also, if there is a problem with your dinner or service, please let Jean or Karen know. We will relay the information to the staff and Joey. Dinner is \$17.00. It is requested, for accounting purposes, that dinner is paid for by check.

The dinner will be a buffet.

### Dinner

**Garden Salad**  
**Chicken Breast Roulade**  
**Garlic Mashed Potatoes**  
**Buttered Corn**  
**Eclairs**  
**Coffee or Tea**

## Twister's Corner

By Lioness Norma Ervin

April Showers plus the  
 March Snow should make  
 Wonderful Flowers for May.  
 April is a tricky month.  
 The Twister will have some  
 New questions to challenge all.  
 Remember your nametags.

The greeters this month are:

Janey Beebe  
 Suzanne Bielmeier

## LOW Lioness 2012-13 Calendar

April 11	Lioness Dinner Meeting
April 12 & 13	White Cane Days
April 25	Lioness BOD Meeting
April 27	Lioness Book Sale
May 18	Lioness Flea Market & Bake Sale

## Happy Birthday Lionesses!

May 1	Zoila Ortega	May 12	Rani Manhard
May 3	Janey Beebe	May 16	Margaret Findell
May 4	Marion Dumais	May 18	Linda Ogletree
May 8	Val Protiva	May 20	Marue Biggs
May 9	Janet Berge	May 27	Claudia Low
May 9	Judi O'Neill	May 28	Joann Deem
May 10	Christine Getty		

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the May LOW DOWN is April 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**Correction to email address:**

Correct email address for Jan Thompson is:  
beachmom3564@gmail.com

**Correction to phone number:**

New phone number for Frances Bloss:  
540-693-5283

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Lake of the Woods Lioness

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