



President's Corner

By Lioness Zoila Ortega, LOW Lioness President

Words and Music

“A rose by any other name would smell as sweet.” But thank God it was named a ROSE. Four short letters, they sound just as they appear and almost trip off the tongue BEAUTIFULLY!

A LIONESS, by any other name, would still protect her cubs and be both gentle and fierce. The word LIONESS sounds soft with its lyric “L” and yet forceful and strong with the ending double “ss”.

Words have intrinsic meanings. But they also have meaning by how they are spelled, and how they sound, and the feelings their sound inspire. In a sense, words are lyrical and thus they are musical

Therefore, here are two thoughts for the month...

Kind words are a form of
Music in the World.
And

Music is the fruit of love.
So Lionesses, play on!

Agenda

Lake of the Woods Lioness Club

April 12, 2012

Pledge of Allegiance

Invocation by Phyllis Jones

Introduction of Guests

Dinner

Program—Dr. Scott Urquhart

***Dr. Urquhart is an endocrinologist,
Specializing in diabetes and thyroid***

Induction of New Members

Announcements and Committee Reports

Announcement of Birthdays

50/50 Raffle

Food Bank Raffle

Adjournment

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. Especially needed cereal and side dishes (hamburger helper, boxed potato dishes, etc.)

Bridges — Plain terracotta pot with a saucer.
More info see pg. 4

Lake of the Woods Lioness Club
Post Office Box 811
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

2011-2012 Board of Directors

President
Zoila Ortega
1010 Lakeview Parkway
Locust Grove, VA 22508
(540) 972-3040

Secretary
Ann Walker
1224 Eastover Parkway
Locust Grove, VA 22508
(540) 972-4338

Treasurers
Patricia Berry and Emily Slunt

1st Vice President
Carol Lee

2nd Vice President
Beth Sundberg

3rd Vice President
Christine Wyant

Lioness TAMERS
Carol Greeney
Sue Merna
Janice Wright

Tail Twister
Nora Simpson

Membership Director
Michelle Senft

Directors
Mary Altman
Maureen Otero
Barbara York

Past President
Marge Howard

Lion Liaison
Mary Dee

The Insider's View

Minutes from the
March 22, 2012
Lioness BOD Meeting

Attending were Lioness board members Pat Berry, Mary Dee, Carol Lee, Sue Merna, Zoila Ortega, Maureen Otero, Michelle Senft, Nora Simpson, Emily Slunt, Beth Sundberg, Ann Walker, Christine Wyant, and Barbara York.

Minutes from the February 23, 2012, meeting had been previously distributed, and the board accepted them as written.

The Treasurer's report was accepted and filed for audit. A discussion ensued with respect to the benefits of the Gift Card Program and IT WAS MOVED by Beth Sundberg and DULY SECONDED by Nora Simpson that the Gift Card Program be discontinued, with the completion of the sale of those cards in our inventory. MOTION CARRIED.

The Budget Committee will meet and develop our 2012-2013 budget in early April.

President's Report – Zoila Ortega

- President Zoila Ortega announced that the Germanna Foundation held a reception on March 16 and that Mary Lou McFarland represented our club. She was also proud to state that our club's name appears in the college's publication that contains the listing of donors that are acknowledged each year.
- The LOW Garden Club has requested permission to sell Garden Tour tickets at the clubhouse during our April meeting, which the board granted.
- President Zoila Ortega suggested that, with Mother's Day in mind, it might be advantageous to sell the gift cards we currently have at an upcoming LOW Lions Club meeting, and everyone felt this would be beneficial.
- Correspondence included a thank-you letter from the LOW Fire and Rescue Squad for a recent donation and a letter of resignation from Kathy George, which was accepted with regret.
- The club will be receiving a nomination form for the LOW Honors Award for volunteer service and the board was urged to consider worthy recipients within our organization.

First Vice President's Report – Carol Lee

- The cruise fund-raising endeavor still stands at six cabins sold.
- First Vice President Carol Lee stated that she is in the process of filling the committee chair positions. After a review of the merits of certain committees, IT WAS MOVED by Carol Lee and DULY SECONDED by Barbara York that the following committees be eliminated: Community Outreach, Safety, and Health Awareness. MOTION MORE

See pg. 3

CARRIED. Furthermore, IT WAS MOVED by Carol Lee and DULY SECONDED by Maureen Otero that the following committees be added to our club's roster: Bridges, Head Start, and the Spring Fashion Show. MOTION CARRIED.

Second Vice President's Report – Beth Sundberg

- With respect to the LOW handbook, which is provided to members and newcomers, Second Vice President Beth Sundberg reported that our timing could not be more perfect in providing a write-up about our organization. After several years, LOW will be publishing a new handbook this spring that will be ready for Real Estate Day on May 6.

Third Vice President's Report – Christine Wyant

- Mary Lou McFarland is requesting that members bring a plain terra cotta pot with a saucer to the next meeting for Bridges Day Center, which serves the mentally disabled.
- Third Vice President Christine Wyant displayed a proof of the proposed Lioness banner and everyone felt it was both attractive and appropriate.

Tamers' Report

- Sue Merna stated that there were nine no-shows for our March dinner meeting.

Membership Report – Michelle Senft

- There will be one new member for the induction ceremony at our April meeting, with the possibility of at least one more individual. Also, it was decided that members who resign will receive a letter from our club thanking them for their friendship and service.

Directors' Report

- A mixer is planned for our club's April dinner meeting.

Committee Reports

- With respect to the Lioness Flea Market, scheduled for Saturday, March 31, from 9:00 a.m. to 1:00 p.m., all but two spaces have been sold. Chairperson Carol Greeney reported via email that everything is in place; however, she is still in need of assistance late Friday with the White Elephant Sale, and urged the board members to come and bring a friend to help.

Old Business

- The subject of program length at dinner meetings was discussed and it was pointed out that programs are not to run longer than 20 minutes, including the question and answer session. If a program runs longer than this and the questions continue, it is the responsibility of the program chair to step in and announce that the guest speaker will entertain further questions after the meeting has concluded.

There being no further business to come before the LOW Lioness Board of Directors at this time, the meeting was adjourned.

Lioness Committees & Activities

Spring Luncheon and Fashion Show

By Lioness Barbara Hernan

LOW Lioness Club is celebrating spring with our Luncheon and Fashion Show. It will be on May 4th at 12 noon at the Clubhouse. "Springtime Under the Tuscan Sun" should be a lot of fun so invite your friends, neighbors and relatives. Tickets are \$25. Call Joann Deem @972-9107 to order tickets. Proceeds will go to Orange County Free Clinic and Piedmont Regional Dental Clinic.

Orange County Bridges

By Lioness Mary Lou McFarland

Orange County Bridges is a day center for people with disabilities who live in our area. The six people, who live at the Lake of the Woods Group Home, attend Bridges Monday through Friday. Each day they are divided into groups of six and their recreation specialist finds either outings for them or leads them in crafts or games at the center. This month one of the LOW music groups will be entertaining them. Next month they are going to be decorating flower pots with paint and hope to sell them at a local farmer's market. If you bring a plain terracotta pot with a saucer, they will make them beautiful.

Eyeglass Recycling Center

By Lioness Carol Lee

I want to thank everyone who has participated in the eyeglass recycling center project. As I have said before, this is an important project, especially since it is in conjunction with the Lions, who donate their time to help us. Think about the upcoming Flea Market and their help with parking, as one example.

Find a Friend!

Call your friend(s) and set up a time to go. If you are a new Lioness or just want to meet some Lionesses you may not know, come and check us out. Just give us an hour, an hour and a half, or two hours, once a month or every other month. We meet every Monday from 9:30 to 11, the fourth Monday from 1 to 2:30 and every Thursday from 9 to 11. It all adds up, and you will feel like you are giving back and having fun at the same time. You just might meet a new friend. And remember, We Serve!

2012-2013 Budget

By Lioness Jean McLallen

The Finance Committee is currently preparing the 2012-2013 Budget. It will be presented to the Board at its May meeting, and to the general membership for their approval in June. If you have any topics you would like to have the committee consider, please notify Jean McLallen or Ann Wood. We are requesting that all committee chairs submit any outstanding bills to the co-treasurers to provide an accurate picture of our current position.

Lioness Committees & Activities

Important Cruise Update

By Lioness Carol Lee

If anyone is still thinking about our Lioness cruise to Bermuda and Boston and Newport, R.I., it is not too late. Please call Skip Poole at 972-7354. The cruise ship leaves Baltimore on May 31 and returns on June 8. What a perfect time to travel!

Also, since Skip is a Lion, he has offered to contribute money back to the Lioness Club, in the traveler's name, for any cruise or land package that is booked through him. The amount would depend on the accommodations. This will be an ongoing project for him so any time you are considering traveling, please talk to Skip to see what he can offer you. He is now booking land packages through Collette and other companies. This will be a great benefit for our benevolence fund.

Membership Information

By Lioness Michelle Senft

I have listed requirements of a sponsor below to answer some questions I have been asked.

Sponsoring a new member means helping the club maintain its vitality with new outlooks and a new enthusiasm. However, sponsorship of a new member also demands additional responsibilities.

- * Accompany the prospective member to two dinner meetings and two activities before her induction.
- * Introduce her to the club's members and make certain to identify the various officers and their responsibilities
- * Give her a "Lioness Proposal For Membership" form from the Membership Director. Give the Director her name and telephone number.
- * Answer any questions she might have on the operation of the club and its goals.
- * Attend the new member's orientation before the induction ceremony.
- * Attend the induction ceremony with her.
- Review the membership kit that she receives upon induction with her and answer any questions she may have.
- * Assist her in developing her Lionistic potential.

New Member Inductions

By Lioness Michelle Senft

The following five new members will be inducted at the April meeting:

Bonita Doubleday—Sponsor Carol Lee

Roselynn Edwards—Sponsor Christine Wyant

Sherri Lasover—Sponsor Kathy Merritt

Joan Litschert—Sponsor Connie LeMay

Donalda Lovelace—Sponsor Zoila Ortega

From the Tamers

By Lionesses Carol Greeney and Sue Merna

The Lake of the Woods Lioness Club April 12 dinner meeting will be held at the clubhouse with a 5:45 p.m. social time, followed by dinner at 6:30 p.m. Once again, if you are not going to attend the dinner meeting, please call or e-mail Carol Greeney (972-6730) or Sue Merna (973-3600) or you will be billed \$16.00. Also, if you are requesting a special meal, please let us know. Dinner will be served buffet style.

Dinner

Plated Caesar Salad
Lasagna
French Bread
Chocolate Cake
Tea or Coffee

Twister's Corner

By Lioness Nora Simpson

March pulled an April Fool on us! Instead of April Showers bringing Spring Flowers, March brought them in all their glory, with mild showers. Let's enjoy, and work hard on all of our upcoming projects: White Cane, Fashion Show, Cruise, etc. Tell the Twister which one you have signed up for!

Greeters for April dinner meeting:

Judi O'Neill
Val Protiva

Do what you love, it's what you were meant to do.

LOW Lioness 2012 Calendar

April 12	Lioness Dinner Meeting
April 26	Lioness BOD Meeting
April 13-14	White Cane Days
May 4	Spring Luncheon & Fashion Show
May 31	Bermuda/New England Cruise
June 12	Lions Golf Tournament

Happy Birthday Lionesses!

April 2	Joanne Hurst	April 13	Ellen (Soherr) Brauch
April 4	Carol Lee	April 13	Paula Hornaday
April 4	Catherine Rainey	April 16	Barbara Lee
April 5	Nona Moskal	April 18	Bonniebeth Foltz
April 6	Helen Desarmeaux	April 22	Nancy Strain
April 7	Marge Howard	April 24	Jean McLallen
April 9	Peggy Dowd	April 30	Joan Johns

From the Editor

By Lioness Gail Hardin
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the May LOW DOWN is April 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive
Email: gail_hardin@yahoo.com
Phone: (540) 972-5698

Handbook Corrections

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:

Kathy George

New Members—See pg. 5

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