



## President's Corner

By Lioness Marge Howard, LOW Lioness President

*How strange that nature does not knock, and yet does not intrude.*  
Emily Dickinson

In going through papers that I want to destroy, I found the following. It's an excerpt of a message George Carlin (comedian of the 70's and 80's) wrote shortly after his wife died. *"The paradox of our time in history is that we have taller buildings, but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees, but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness.*

*These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes, but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time*

*when there is much in the showroom window and nothing in the stockroom. A time when technology can bring this letter to you, and a time when you can choose either to share this insight, or to just hit delete."*

Now that we are back on daylight saving time, we will have more time to spend outside. Some time for pleasure—some time for work in the yard. I especially look forward to time looking at the beautiful flowers.

White Cane Day is coming up soon, and the Lions are asking for our participation. Please consider signing up for a couple hours.

Our District Governor will be visiting us on April 14<sup>th</sup>. Looking forward to seeing you at this special dinner meeting.

*"The old believe everything; the middle-aged suspect everything; the young know everything.."*  
Oscar Wilde

### SPRING FASHION SHOW AND LUNCHEON

May 19

Cash bar —noon, followed by lunch

Fashions by Coldwater Creek and Saxon Shoes

MORE INFORMATION see pg. 6

### WHAT DO I BRING CHECKLIST?

**Wilderness Pantry:** At least 2 food items in a reusable bag or double plastic bag. Especially needed are cereal or pasta sauce/tomato products.

SAFE HOUSE—See pg. 6

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

**2010-2011 Board of Directors**

**President**  
**Marge Howard**  
230 Birchside Circle  
Locust Grove, VA 22508  
(540) 972-7640

**Secretary**  
**Ann Walker**  
1224 Eastover Parkway  
Locust Grove, VA 22508  
(540) 972-4338

**Treasurers**  
**Ann Wood & Jean McLallen**

**1st Vice President**  
**Zoila Ortega**

**2nd Vice President**  
**Marti Martin**

**3rd Vice President**  
**Janet Berge**

**Lioness TAMERS**  
**Karen Cakouros and Carol Lee**

**Tail Twister**  
**Pat Watterworth**

**Membership Director**  
**Linda Ogletree**

**Directors**  
**Mary Altman**  
**Donna Crawley**  
**Barbara York**

**Past President**  
**Pat See**

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**Lion Liaison**  
**Lois Powell**

**The Insider's View**

Minutes from the  
March 24, 2011  
Lioness BOD Meeting

Attending were Lioness board members Mary Altman, Janet Berge, Karen Cakouros, Donna Crawley, Marge Howard, Carol Lee, Marti Martin, Jean McLallen, Linda Ogletree, Zoila Ortega, Pat See, Ann Walker, Pat Watterworth, Ann Wood, and Barbara York. Also attending were Lionesses Club members Joann Deem, Betsy Flanigan, Mary Lou McFarland and Jean Priest.

Minutes from the February 24, 2011, meeting had been previously distributed, and the Board accepted them as written. Additionally, Secretary Ann Walker announced that she had received an information packet on the Annual Virginia Lions State Convention, to be held in Richmond, May 19-22, that she will be happy to share with anyone interested in attending.

The Treasurer's report was accepted and filed for audit.

**President's Report** – Marge Howard

- Letters thanking the club for recent donations were received from the following organizations: the Leo Club of Orange High School, Lions Sight Foundation of Virginia, SAFE House, Leader Dogs for the Blind, the American Diabetes Association, Healthy Families of Orange, Orange County Free Clinic, and the Wilderness Branch of the Orange County Public Library.
- A request was forwarded from the Lions Club to the Lionesses to participate in a career and community service fair on April 8 at Orange County High School; the purpose would be to recruit members. Inasmuch as this would not be a viable venue for recruitment, IT WAS MOVED by Director Donna Crawley and DULY SECONDED by Karen Cakouros that we regretfully decline the invitation to participate.  
*Secretary's Note: A later clarification of the fair's purpose was e-mailed to the board in which it was stated that the invitation to participate was in order to share career experiences with students who might be interested in certain fields of study. First Vice President Zoila Ortega offered to represent our club and speak with those interested in nursing and psychology.*
- District Governor Ray McDonald will visit our club on April 14, accompanied by his wife Micki and Zone Chairman Suzanne Long.
- With respect to membership no longer being restricted to residents of Lake of the Woods, an addendum to the constitution will be distributed to all club members via the club newsletter; in that manner, all will be aware of the change that was passed by the membership at its May 13, 2010, meeting, and the addendum will mark this change until such time as the constitution and bylaws are reprinted.

MORE See pg. 3

- A request for life membership status was submitted by Doris Velona; however, inasmuch as this form of membership is not available through our constitution and bylaws, it was agreed that the status of affiliate member be offered to her for her consideration as an appropriate alternative.

First Vice President's Report – Zoila Ortega

- The Gift Card Program that was instituted earlier this month has gotten off to a most successful start. First Vice President Zoila Ortega urged everyone to take advantage of this excellent fund-raiser. She has contacted Costco and Wegmans, but they have declined to participate; however, Blooms is taking this under consideration.
- Continuing, First Vice President Zoila Ortega stated that she would like to provide flyers at the upcoming flea market to promote the sale of cupcakes in quantity orders from Sweet Reasons, whereby the club would receive 25 percent of any sales made through this promotional. Her proposal was approved by the board.
- With respect to a further fund-raising effort, First Vice President Zoila Ortega presented a sales plan defined by Krispy Creme whereby the club purchases 25 dozen doughnuts and sells them at a profit during the flea market. This purchase was approved by the board and it was determined that individual doughnuts would be sold for \$1.00; a dozen for \$8.00.
- In conclusion, First Vice President Zoila Ortega stated that the Luncheon and Fashion Show Committee has requested that proceeds from this upcoming fund-raiser be given to Sheltering Arms for a large -item purchase. After a brief discussion, IT WAS MOVED by Zoila Ortega and DULY SECONDED by Pat See that this designation be approved. MOTION CARRIED.

Second Vice President's Report – Marti Martin

- Lionesses will be asked to bring donated items for SAFE House to the April meeting.
- Consideration was given to ordering more LOW stickers to sell in the community; however, the minimum order would be 250, and it was the consensus of the board that the quantity was too large to be feasible.
- The Lioness cookbooks will be available for sale at the flea market, and the board felt the best place for successful sales would be at the white elephant table.
- The Lake Youth Foundation (LYF) reports that Orange County High School students are seeking community service projects, should our club have any ideas in mind. Furthermore, plans are to contact school board member and LOW resident Jim Hopkins to see what can be done to help the new school. In conclusion, Second Vice President Marti Martin reported that the LYF has several upcoming activities, including an Easter egg hunt, a fishing tournament, and a scholarship award brunch.

Membership Chairman's Report – Linda Ogletree

- Orientation was held yesterday and four new members, Theresa DiCicco, Louise Hoh, Kay Nibert, and Diane Ogranovitch, will be inducted at our April dinner meeting.
- With respect to the certificate of membership, IT WAS MOVED by Pat See and DULY SECONDED by Donna Crawley that these no longer be provided in consideration of the expense to the club and the lack of usage.

Tail Twister – Pat Watterworth

- A mixer is planned for our May meeting, which will be particularly appropriate in consideration of our new members.

MORE see pg. 4

Immediate Past President – Pat See

- Immediate Past President Pat See wished to take this opportunity to extend her heartfelt appreciation to the LOW Lions Club for their helpful and supportive efforts during preparation for the book sale.

Committee Reports

- Germanna Scholarship Program – Chairman Mary Lou McFarland stated that there are four candidates to receive scholarships, and the board gave its approval to the selection. With respect to this outstanding program, Pat Watterworth commented that she had the opportunity to meet one of our past scholarship winners at Health South. She was in a management position and credited our Lioness Club for its help in her education at Germanna.
- Budget Committee – Co-Chairpersons Joann Deem and Betsy Flanigan reported that the budget is currently being prepared and will be presented to the board at its May meeting, and to the general membership for their approval in June. They urged all committee chairs to submit any outstanding bills.
- Continuing, Betsy Flanigan reported that Locust Grove Elementary School is seeking funds to assist students, kindergarten through third grade, to attend summer school, inasmuch as Orange County no longer provides funds for this program. The expense per child is \$250.00, and the school is asking for a contribution of \$125.00 per child. After a brief discussion, IT WAS MOVED by Karen Cakouros and DULY SECONDED by Zoila Ortega that the club provide \$500.00 in unallocated funds to sponsor four students in need of financial assistance to attend summer school. MOTION CARRIED.

Member Comments

An objection was presented by a member with respect to outside solicitation. This was noted by the board and will be given further consideration at its May meeting.

There being no further business to come before the LOW Lioness Board at this time, the meeting was adjourned.

**Agenda**

Lake of the Woods Lioness Club

April 14, 2011

Pledge of Allegiance

Invocation by Beth Sundberg

Introduction of Guests

Dinner

Program

1. Germanna Community College Scholarships – Mary Lou McFarland

2. Induction of new members – Carol Greeney

3. Message from District Governor – Ray McDonald

Announcements and Committee Reports

Announcement of Birthdays

50/50 Raffle

Food Bank Raffle

Adjournment

## ADDENDUM TO BYLAWS

**Addendum to the Lake of the Woods Lioness Club Constitution and Bylaws**, proposed by the Board of Directors on February 25, 2010, and voted on and approved by the Club at its May 13, 2010, monthly membership meeting:

Page 1

Article V

Membership

First Sentence: Remove the words: "a resident of Lake of the Woods."

Therefore, the sentence will read:

*"Membership in this Club shall be granted to any person who is at least 18 years of age, and who, upon sponsorship by a member of this Club with the approval of the Club's Board of Directors, accepts a written invitation to join and pays the required fees of this Club."*

Please attach this addendum to your copy of the Club's Constitution and Bylaws.

Thank you.

Marge Howard

LOW Lioness Club President

## Lioness Committees & Activities

### Lioness Budget for 2011-2012

By Lioness Betsy Flanigan

The Budget Committee is currently planning for the year July 1, 2011 to June 30, 2012. This process involves reviewing our income and expenditures for the past year, and forecasting figures for the coming year.

We welcome any input from our members. Please call either Joann Deem (972-9107) or Betsy Flanigan (972-9998) with suggestions. You can find the current benevolence and administrative budgets in your Lioness handbooks.

### White Cane Days

By Lioness Margaret Findell

White Cane Days are May 13 and 14. Please consider giving 2 hours of your time for this valuable service to assist the LOW Lions in the collection of donations from the public at various locations in our community. Margaret Findell is the Chair, and she doesn't have e-mail. There will be sign up sheets at the April 14 dinner meeting, or you can call Margaret at 972-9419 to volunteer.

# Lioness Committees & Activities

## **Fashion Show and Luncheon—*Spring Time in Paris* By Lioness Carol Greeney, Publicity**

Our annual Fashion Show and Luncheon will have a French theme this year, *Spring Time in Paris*. The event will be held at the Clubhouse on Thursday, May 19 with a cash bar starting at noon. The social hour will be followed by a *dejeuner* of quiche, salad, croissants, dessert, tea and café. For the second year Coldwater Creek and Saxon Shoes will present their newest spring and summer fashions. There will be a raffle among other fun surprises. All the proceeds from this event will benefit Sheltering Arms.

Tickets are \$25.00 and can be purchased by calling Nora Simpson at 972-0334. Don't delay on getting your tables together as we sold out quickly last year! You don't want to be disappointed.

Kathy Walters (972-8428) and Val Protiva (972-7975) are chairing the event this year—if you would like to help, or have questions, give them a call.

## **Membership News**

**By Lioness Linda Ogletree**

Our next induction of new members will be at our April 14th dinner meeting. Carol Greeney will conduct the ceremony. Please add the following info to your handbook. Also, stop by on Thursday evening and greet our new members. We are delighted to welcome:

<u>Name</u>	<u>e-mail</u>	<u>Phone No.</u>	<u>Sponsor</u>
Theresa DiCicco 10902 Jarvis Court Fredericksburg, VA 22407	dicicco363@comcast.net	548-5500	Billie Patterson
Louise Hoh 132 Madison Circle	louisehoh@comcast.net	972-1726	Jan Lemieux
Kay Nibert 109 Tallwood Trail	Knibert@comcast.net	972 -9825	Karen Cakouros
Diane M. Ogranovitch 206 Birdie Road	ODSNET@aol.com	972-5960	Ellen Bearden

## **SAFE House Collection**

**By Lionesses Phyllis Sakole and Sharon Allen**

We will be collecting donations for SAFE House at our April meeting. Suggested needs include powdered detergent, liquid dish soap, bleach, paper towels, and other paper products.

If you aren't able to shop, please consider donating a check made out to S.A.F.E., with "LOW Lioness" in the memo line.

We will be parked in front of the Club House for collection before the April meeting.

Thanks, as always, for your generosity toward those less fortunate and the organizations providing them crucial support.

# Lioness Committees & Activities

## Gift Card Program

By Lioness Zoila Ortega

The Gift Card Program was announced at our March 10<sup>th</sup> meeting and already orders of over \$500 have been placed. Clearly, it promises to be a major fundraising project for our club. So, Lionesses when you are giving a gift, give a gift card. The card will be for and from the retailers that you select. There are 10 pages worth of retailers that participate in the program and you should have received the retailer list by email already. Read the list over and purchase your cards from us. The cards cost no more than the face value of the cards purchased. Order your cards on the **Order Form** included **here**. You can email your orders to Zoila Ortega and send your order form and your check made out to LOW Lioness Club to Zoila Ortega at 1010 Lakeview Parkway, Locust Grove, VA. 22508. Your ordered cards will be available for you at the next Lioness Meeting. Then the card issuing company will return a percentage of the value of the cards purchased to the LOW Lioness Club. It is that easy! What a great way to support our LOW LIONESS Club when we:

- buy gas, food, or clothes, (Sheetz, Giant, Target, Wal-Mart, Kmart, Sears ...)
- purchase and give gifts (Macy's, JC Penney's...)
- travel or stay at hotels (Marriott Hotels, airlines ...)
- go to the movies (AMC, Regal theatres ...)
- get dinner out (Subways, Panera, Outback, Red Lobster, Olive Garden, IHOP, Bonefish...)

There is even more good NEWS. **Bloom** has joined the L.O.W. Lioness Club gift card program. So, please place your orders for Bloom and any of the other retailers on the list.

## L.O.W. Lioness Club *Gift Card Program* Order Form

Member Name	Card	Amount	Number Ordered	Payment

## From the Tamers

By Lionesses Karen Cakouros and Carol Lee

The Lioness April 14 dinner meeting will be held at the Lake of the Woods Clubhouse starting with social time at 5:45 p.m., followed by dinner at 6:30 p.m. If you are unable to attend this meeting, are bringing guests, or need a special meal, you must phone Carol Lee at 972-8920 or Karen Cakouros at 972-9043 by Sunday, April 10. Please remember that this is a set meal and if you have any special needs, you must let us know by April 10. Also, please remember that "no shows" (members who do not attend and have not called to cancel) and those calling after the April 10 deadline will be billed for their dinner. Dinners are \$16.

The dinner will be buffet.

### April Dinner

Fried chicken  
Mashed potatoes and gravy  
Cole slaw  
Biscuits  
Sherbet  
Coffee, hot or iced tea

## Twister's Corner

By Lioness Pat Watterworth

### Spring

Its almost here, it's safe to say,  
I saw a Crocus yesterday  
Its colors bright - a lovely thing,  
My heart rejoiced, twil  
soon be Spring!

Greeters for April Meeting  
Millie Davis  
Rani Manhard

## LOW Lioness 2011 Calendar

April 14	Lioness Dinner Meeting
April 28	Lioness BOD Meeting
May 13 & 14	White Cane Days
May 19	Fashion Show and Luncheon

## Happy Birthday Lionesses!

April 2	Joanne Hurst	April 13	Paula Hornaday
April 4	Carol Lee	April 16	Barbara Lee
April 4	Catherine Rainey	April 18	Bonniebeth Foltz
April 5	Norma Moskal	April 19	Ginny Bayer
April 6	Helen Desarmeaux	April 20	Billie Patterson
April 7	Marge Howard	April 22	Nancy Strain
April 9	Peggy Dowd	April 24	Jean McLallen
April 13	Ellen (Soherr) Brauch	April 30	Joan Johns



**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the May LOW DOWN is April 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

Resignation:  
Elaine Sibley

New Members  
See pg. 6

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

LOW DOWN

PO Box 811, Locust Grove, VA 22508